



HUMBERSIDE
LMCs

The professional voice of general practice

Information for Registrars

LMC Factsheet

What is an LMC?

An LMC (or Local Medical Committee) is a statutory body that represents and supports GPs and their practices. The Humberside Group of Local Medical Committees Ltd, or Humberside LMCs, is made up of Hull and East Yorkshire LMC and North and North East Lincolnshire LMC. We are here to help all GPs in our area.

What do we do?

- We offer GPs and their practice teams advice on a diverse range of issues including remuneration, contracts, performance concerns, premises and disputes.
- Our team provides personal, confidential support to GPs who need guidance on quality or performance issues.
- We produce information, newsletters and advice sheets, and host events focussing on current issues of concern for GPs
- We work with commissioners and other providers to influence decision-making, service provision and clinical pathways – all things that affect the lives of every GP working locally

How can we help you?

Being a GP is increasingly complex in today's NHS. We can help and advise you on a wide range of issues including:

- Contractual, employment and partnership matters
- GMS/PMS regulations
- Patient lists and allocations
- Professional standards, ethics, conduct and performance
- Complaints and disputes
- Appraisal and revalidation
- Inspection

The LMC has specialist knowledge and expertise in medico-legal issues relevant to GPs so we are always a good place to start when you are seeking advice.

Why does the LMC matter?

We are the professional voice of general practice and represent the interests of GPs at local level. We are truly independent and answerable only to our local GPs. We do not commission services and have no conflicts of interest. We focus on what our local GPs tell us is important and provide practical help and support as well. We have strong links to the General Practitioners Committee of the BMA through which we can raise issues nationally.

The LMC is your organisation and will be there for you throughout your GP career.

How are we run?

Humberside LMCs is funded by a levy collected from practices, based on an amount per patient. This is reviewed annually.

We are a democratic organisation. Every three years all GPs in our area are invited to stand and vote in elections for our committee. A place is reserved on the committee for a GP undergoing training.

We have a team of staff who are responsible for the day to day operations of the LMC.

How to get the best out of your LMC

Whatever your immediate career plans after completing your GP training, the LMC should be on your radar. We support all GPs – partners, salaried and locum – and are committed to promoting a positive culture of ‘one profession’. To get the best out of the LMC, we suggest that you:

- **Make sure we have your contact details so that we can keep in touch with you** – this will include sending you our helpful newsletter, details of training and events and other essential information about which local GPs should be aware
- **Attend an LMC meeting** – think about doing this whilst you are still a Registrar. (We often have registrars attending meetings as observers either with or without their trainer.)
- **Use our website** which contains lots of helpful information you may need at some point – www.humbersidelmc.org.uk
- **Follow us on social media** - Twitter @HumbersideLMC and Facebook @HumbersideLMC
- **Contact us** – any time you need help, advice or support

And finally..... If you are interested in medico –politics and influencing national policy, involvement with the LMC is a great place to start. It is through the annual conference of LMCs that the BMA makes its policy on general practice and that informs all national negotiations. If you’re passionate about influencing the future of general practice, you may be interested in joining the Committee and regularly attending LMC meetings so please get in touch to find out more.



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