

FRESHNEY GREEN PCWTH TRAINING CALENDAR 2020

Welcome to our 2020 training calendar. Course details can be found on the following pages. New training and dates will be added throughout the year. **Prices are PER DELEGATE.**

Course costs are based on MINIMUM delegate numbers being booked. Extra costs or cancellation may occur should these numbers not be reached. (Not all training is supported by funding; however, if successful, placements will be informed and costs reduced).

All training will be held at Freshney Green primary Care centre unless otherwise stated

If you can not see training you would like; please do not hesitate to contact me on sara.dockray@nhs.net or FreshneyGreen.PCWTH@nhs.net

Training	Date	Time	Price per delegate	Deadline for applications
Ear irrigation - UPDATES	Thurs 3rd September	10-12.30	£55	18.06.2020
Ear irrigation – NEW STAFF	Tue 12 th May	9.30-4pm	£90	28.03.2020
Introduction to Phlebotomy	Tue 30 th June	9-1pm	£55	16.05.2020
Pill & Contraception check	Wed 25 th March Or Wed 23 rd September	9.30-4.30pm	£75	08.02.2020 for March 31.07.2020 for Sept
Fire Warden	Thurs 26 th March	1.30-3.30pm	£25	-
Introduction to Diabetes	Turs 23 rd April	9.30-4.30pm	£70	07.03.2020
Immunisation and Vaccination- New staff	Thurs 30 th April & Fri 1 st May 2020	9.30-4.30 Both days	£150	-
Immunisation and Vaccination - UPDATE	Fri 15 th May Or Fri 12 th June Or Thurs 9 th July Or Fri 4 th September	9.30-12.30	£55	-
Travel Health	Tue/Wed 29 th & 30 th September	9-4.30pm	£160	08.08.2020
BLS	Through-out the year Please email for availability	12-1.30pm	£25	-

Cancellation fees will apply

50% of course fees will be charged for cancellations 14 working days prior to delivery
100% course fees will be charged for cancellations 5 working days or less prior to delivery

Introduction to Ear Irrigation for New staff and Updates

New staff - £90 / Updates - £55 per delegate

Aimed at

- Practice nurses
- District nurses
- Healthcare Assistants

Course content:

- Anatomy and physiology
- Examination of the ear and use of the otoscope
- The normal tympanic membrane and common ear problems
- Reasons for carrying out ear irrigation
- Contraindications to ear irrigation
- Potential problems and how to address them
- Relevant policies and procedures
- Equipment used locally
- Assessment of and communication with patients
- Obtaining informed consent
- Health and safety
- Infection control, safe disposal and cleaning of equipment
- Appropriate documentation
- Patient advice

Demonstrations of competences using a teaching model.
Discussions and sharing of good practices.

NEW STAFF

New staff will have practical sessions in how to use, maintain and clean the irrigation Equipment.

On completion of the course, all staff will have to undergo a period of supervised practice in their workplace and formal assessment of competency.



Introduction to Travel Health

£160 per delegate

Aimed at:
Practice Nurses

Course content:

- Risk assessment
- Disease awareness
- Travel vaccines - including the different vaccines available and the various schedules
- Travel advice
- Information sources
- Potential problems and how to address them
- Relevant policies and procedures
- Assessment of and communication with patients
- Obtaining informed consent
- Malaria - including the importance of bite prevention, chemoprophylaxis and patient education
- Infection control and safe disposal of equipment
- Legal aspects of vaccination including the use of PGDs and PSDs
- Documentation, record keeping and reporting
- The law relating to practice, accountability and prescribing
- Case studies
- Personal and professional development

On completion of the course, all staff will have to undergo a period of supervised practice in their workplace and formal assessment of competency.



Contraception and Pill Check training

£75 per delegate

Aimed at:

- Practice nurses
- Nurse Practitioners

Course content:

- LARC methods – implants, coils and injectables
- Hormonal methods (combined & progestogens) – advantages & disadvantages of both
- The consultation & minimum criteria before prescribing / repeating pill scripts
- Hypertension & the pill
- Thrombophilia & the pill
- Family history / Obesity / Long Haul Flights etc.
- Over 35s / Smokers
- Migraine (with or without aura)
- Efficacy of the pill and contraindications
- Missed pill recommendations
- Starting the pill
- Acne & Dianette
- Emergency contraception
- All other methods of contraception including new innovations and developments

This programme focuses on enabling HCPs to improve their contraceptive consultations, offering patients a breadth of choice and accurate information, being able to perform safe pill checks, discuss emergency contraception and offer the most appropriate method and safely administer injectable contraceptives.

Particular emphasis is paid to how to use the UKMEC (UK Medical Eligibility Criteria).



Introduction to Diabetes

£70 per delegate

This session aims to provide theoretical knowledge and practical experience for registered healthcare professionals in general practice who are new to diabetes care and wish to develop a basic understanding of diabetes; including related policies and guidelines and current evidence based diagnostic and treatment pathways, enabling them to undertake Diabetic Annual Reviews in a safe, confident manner according to current standards and guidelines.

Aimed at:

- Nursing associates
- Practice nurses new to practice
- Practice nurses new to diabetes care

Course content:

- What is diabetes?
- Symptoms associated with diabetes
- Understanding diet and lifestyle factors associated with diabetes
- National guidelines in diabetes diagnosis and management
- An overview of commonly used drugs in diabetes
- The role of annual review in optimal diabetes management
- How to encourage self-management
- Structured diabetes education
- Blood results and what they mean
- Blood glucose control and monitoring
- Recognising signs of vascular disease and neuropathic conditions
- Understanding foot checks and diabetic foot care

All new staff will still need to complete the required Training (usually a Diploma in Diabetes) to be able to manage and treat this chronic disease



An introduction to Phlebotomy (Venepuncture)

£55 per delegate

Aimed at:

- Practice Nurses
- District Nurses
- Healthcare Assistants
- Phlebotomists

Course Content:

- Anatomy and physiology
- Reasons for carrying out phlebotomy
- Different methods of phlebotomy
- Identification of veins suitable for phlebotomy
- Contraindications and unsuitable veins
- Potential problems and how to address them
- Review of relevant policies and procedures
- Familiarisation with equipment used locally
- Assessment of and communication with patients
- Obtaining informed consent
- Health and safety
- Infection control and safe disposal of equipment
- Practicing obtaining a venous blood sample from a teaching model
- Appropriate documentation of procedure

On completion of the course, all delegates will have to undergo a period of supervised practice in their workplace and formal assessment of competency.



Introduction to Immunisation and Vaccinations

£150 per delegate

This programme is based on the PHE National Minimum Standards for Immunisation Training and Core Curriculum for Immunisation Training, guidance of professional bodies and the Department of Health 'Immunisation against Infectious Disease' 2006 ('Green Book') online and PHE update letters.

Aimed at:

- Practice Nurses
- District Nurses

Course Content:

- Aims of immunisation: national policy and schedules
- The immune system and how vaccines work
- Vaccine preventable diseases
- The different types of vaccines used and their composition
- Current issues and controversies regarding immunisation
- Communicating with patients and parents
- Legal aspects of vaccination
- Storage and handling of vaccines
- Correct administration of vaccines
- Anaphylaxis and adverse events
- Documentation, record keeping and reporting
- Strategies for improving uptake rates
- New developments
- Personal and professional development

On completion of the course, all delegates will have to undergo a period of supervised practice in their workplace and formal assessment of competency.



Immunisation Update

£45 per delegate

Aimed at:

- General Practitioners
- Nurse Practitioners
- Practice Nurses
- District Nurses

Course content:

- Current issues in vaccination
- Recent epidemiology of vaccine preventable diseases
- Any relevant/recent changes to the National Immunisation schedule
- Any changes to legislation relevant to vaccination
- Review of current practice and identification of areas for improvement
- Case scenarios for commonly-encountered problems in practice

Discussions and sharing of good practice.



Fire Warden Training

£25 per delegate

Aimed at:

All staff within the organisation who are nominated fire wardens needing to refresh or be trained in Fire Safety Procedures within the workplace.

Course content:

- Awareness of key legislation and legal requirements to fire safety
- Knowledge of the fire triangle
- Knowledge of fire detection and warning systems and how to use and react to them
- Fire Preventions
- Key factors relating to evacuation in the event of a fire
- Knowledge of fire types and which extinguishers
- Precautions to minimise the risk of fire
- Awareness of fire warden role
- Fire action plans
- Emergency action plans
- Fire alarm test schedules
- Summary



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Terms and Conditions

Booking Procedure

You can request a place on any course by emailing FreshneyGreen.PCWTH@nhs.net

Places will be available on a first-come first-served basis.

Once we have verified availability and booked your place we will send you an invoice.

Pre-payment in full is required for all courses.

Cancellations

Due to penalties being applied by training providers, we have to enforce the following cancellation fees:

More than 30 working days before the course date you will receive a full refund.

Less than 30 working days before the course date – No refund of fees

Failure to attend the training without any notice - No refund of fees
(A substitute attendee may be nominated without charge).

In the event of a course being cancelled an alternative date may be offered where possible or a full refund of the course fee will be made.

No compensation will be paid for any additional costs incurred.

Who we are:

Freshney Green became an Advanced Training Practice (ATP) 'Hub' in 2009, now known as a Primary Care Workforce and Training Hub'. Freshney Green PCWTH Hub coordinates the development and delivery of quality training to GP practices across North and North East Lincolnshire.

What we do:

As a Primary Care Workforce and Training Hub in Humber Coast & Vale we provide training support to a growing network of local practices. We coordinate local schemes on behalf of Health Education England. This includes aiding practices to develop assessors/ supervisors, offer student placements to nurse undergraduates, employ and train newly qualified Nurses, HCA apprentices, Advanced Clinical Practitioners and Physician Associates.

Currently available schemes that we support in our area are:

- ✚ *HCA Ready Scheme (HCA Apprenticeship Scheme)*
Offers funding and support for practices to employ and train an Apprentice HCA, including a programme of study days. We have forged a new relationship with North Lindsey College for the delivery of this programme, which is delivered here at Freshney Green on a 'roll on roll off' basic to allow for more flexibility
- ✚ *Advanced Training Practice Scheme (ATP Scheme) for Student Nurses*
Offers funding and support for practices to take undergraduate student nurses on placement. The aim is to increase access to general practice placements for student nurses, to promote practice nursing as a career and help secure the primary care workforce of the future
- ✚ *TNA (Training Nurse Associate) Ready Scheme*
Offers support and guidance for practices to access the Trainee Nursing Associate apprenticeship course, develop a Nursing Associate and access funding
- ✚ *GPN Ready Scheme*
Offers funding and support for practices to employ and train a newly-qualified nurse or a return-to-practice nurse
Coordinated annually, information packs for expressions of interest are usually available between April-May
- ✚ *ACP Ready Scheme*
Offers funding and support for practices to employ and train an Advanced Clinical Practitioner, including financial support towards education and training over their first two years of employment whilst working towards completing the MSc in Advanced Clinical Practice. Available to practices within Humber, Coast and Vale
- ✚ *PA Ready Scheme*
Offers funding and support for practices to employ and develop a new Physician Associate over a two year preceptorship period. Available to practices within Humber, Coast and Vale

Contact us on FreshneyGreen.PCWTH@nhs.net for full details and the latest info.