

HEALTH AND WELLBEING


COVID-19 HELPLINE

HAVE YOU GOT CONCERNS RELATING TO COVID-19?



staff wellbeing • health conditions • basic HR queries

our helpline is open to all staff and managers • depending on the nature of your call, you may be signposted onto other sources of advice

 **01522 308885** available from 8am-8pm • 7 days a week

please do not call until you have spoken to your line manager/practice manager in the first instance and checked the FAQs on your intranet page, the answer to your question may well be there

Emotional Wellbeing Helpline

The emotional wellbeing helpline will offer brief therapeutic interventions to support you to maintain your wellbeing during this time. Call 01522 518609 and 01522 569512 or you can email at lpn-tr.staffwell-being@nhs.net there

Monday to Friday from 8:30am-7pm • Saturday and Sunday from 9:30am-12noon

In partnership with • United Lincolnshire Hospitals Trust • Lincolnshire Community Health Services • Lincolnshire CCG • Primary Care