

## Things to consider before making your referral:

- Is the mother taking any medication in relation to her mental health? Please provide details when referring.
- Is the mother open to other services, such as steps2change? If so a discussion with professionals currently involved would be the first step.
- Would the mother benefit from an Early Help Assessment?
- Is a referral to Crisis Team appropriate?
- Is the mother the primary carer for the child? If not unfortunately the team are unable to offer support.

### Contact the team:

The Archway, Lincoln : 01522 340160

To make a referral please email:  
[lpn.tr.perinatalCMHT@nhs.net](mailto:lpn.tr.perinatalCMHT@nhs.net)

For advice please email :  
[perinatal.lincs@nhs.net](mailto:perinatal.lincs@nhs.net)

If you would like this leaflet in another language or format, such as Braille, large print or audio, please contact:

如果您想要將本傳單用其他語言或格式，例如盲文、大號字體或音頻來顯示，請聯繫：

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Jeżeli chcieliby Państwo otrzymać kopię ulotki w innym języku lub formacie, np. w alfabecie Braille'a, w powiększonym druku lub jako nagranie audio, prosimy skontaktować się z:

Se pretende una cópia deste folheto nou tro idioma ou formato, tal como Braille, letra de imprensa ou áudio, contacte por favor:

Если вам нужна данная информация на другом языке или в ином формате, как, например, шрифтом Брайля, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь:

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Every effort has been made to ensure that the information in this leaflet was correct at the time of print. However, changes in law may mean that in time some details in this leaflet may be out of date.

Anyone using our services will be treated with dignity at all times and their faith and cultural needs will be accommodated where practically possible.

The Trust is fully compliant with the Data Protection and Confidentiality: NHS Code of Practice requirements.

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NHS Foundation Trust

## Perinatal mental health service



## Information for healthcare professionals

[www.lpft.nhs.uk](http://www.lpft.nhs.uk)