



OUTSTANDING CARE
personally DELIVERED

NHS

United Lincolnshire
Hospitals
NHS Trust



Staff daily COVID-19 health check

Your body temperature should be measured on arrival at work and leaving work, thereafter as clinically indicated two hourly.

When assessing body temperatures, it is important to consider environmental-based factors and recent environmental exposures. If you are feeling unwell, any other signs and symptoms should be assessed and any underlying health conditions considered.

We also need you to check for other signs and symptoms of COVID-19:

- Fever- high temperature above 37.8c
- New and continuous dry cough
- Change in taste or smell
- Other symptoms can include: Shortness of breath or difficulty breathing, muscle aches, tiredness, sore throat, headache.

Or have you been in contact with anyone with any of the above signs and symptoms?

If yes, inform your manager and Occupational Health, wear a mask and leave the area. Isolate for 10 days as per PHE guidance.



**CHECK YOUR
TEMPERATURE**

**CHECK YOUR
SYMPTOMS**

**CHECK YOUR
CONTACTS**

Recording of temperature and information included on the chart are to be retained by the ward manager and kept confidential.