

IMPACT

lincs

Mentoring and Coaching Service



"You`re the expert at what you do, be the best you can be, this service enables you to do exactly that. I would not be where I am today nor able to deal with the challenges I have faced had it not been for this service."

An excellent and timely service which helped me to keep working at a point when I felt I could cope any longer. A year later I am still a fully functional partner in my practice."

"A really useful resource focussed on YOU and YOUR needs, give it a go, you have nothing to lose and everything to gain."



Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you.

This service is available free of charge for Lincolnshire GPs, Nurses & Practice Managers

Contact us:

 **Tel: 01522 576659**

 **Email: info@lincslmc.co.uk**

 **Visit: www.lincslmc.co.uk/impactlincs**

Mentoring & Coaching Can Benefit You And Your Organisation In Many Ways

- Help to make improvements to your work life balance
- Allow you to manage transitions positively
- Create a positive focus on achieving your aspirations
- Improve your motivation
- Develop & enhance your leadership skills
- Improve your resilience
- Build your confidence

Lincolnshire
lmc