

Lincolnshire LMC Weekly Update - 16/07/2021

Lincolnshire LMC's weekly update is an overview of our published information relevant to practices.

Our Weekly update is categorised as follows:

- LMC Important Updates
- New Guidance & News
- COVID-19 FAQ Updates
- Webinars and Podcasts
- Training and Upcoming Events
- Newsletter
- LMC Committee Meeting

All of our weekly updates can be found on our website: www.lincslmc.co.uk/weeklyupdates

LMC Important Updates

Pharmaceutical needs assessment: The Health and Wellbeing Board are working on delivering the 2022 Pharmaceutical Needs Assessment (PNA) report. As part of the process, they would like to gather some relevant data from dispensing GP practices in Lincolnshire using the survey below:

<https://snaps.lincolnshire.gov.uk/snapwebhost/s.asp?k=162453087796>

We encourage your practice to complete the survey as the outcome will affect the provision of pharmacy services across the county in the future years.

NEW Infographics added: This week we have added two more infographics for practices to use, these can be found on our webpage: www.lincslmc.co.uk/generalpracticeinfographics

Infographics added: **'Using Pharmacies', 'COVID-19 Symptoms & PCR Tests'** and **'Help us to keep everyone safe'**

If you have symptoms of possible Covid-19 you must get a PCR test

Do **NOT** do a lateral flow test if you have symptoms



A negative a lateral flow test does **NOT** mean that you are free of coronavirus



If you have a new continuous cough, fever 37.8 or higher, or have a change in your sense of smell or taste you must get a PCR test



Get your PCR test by contacting 119 or visiting <https://www.gov.uk/get-coronavirus-test>

hw | lincs healthwatch
Lincolnshire
Proud to deliver...

lincolnshire lmc

Help us to keep everyone safe

Although COVID-19 restrictions end on 19th July we will still be wearing masks & other PPE to help protect you.

We ask that you also wear a mask & observe social distancing when visiting the practice. This is to protect the many vulnerable patients & those who cannot be vaccinated when they need to attend for appointments.

Wearing a mask also protects our staff, so they are here to help you & not having to isolate.



hw | lincs healthwatch
Lincolnshire
Proud to deliver...

lincolnshire lmc

If you have ideas for new infographics that other practices could use, please email us at: info@lincslmc.co.uk

The BMA have also published some useful posters about wearing face masks and continuing to take precautions to stay safe, see attached.

Reminder - with the heatwave that is expected over this weekend dont forget we have a useful **sunburn infographic** available to download on our infographics page: www.lincslmc.co.uk/generalpracticeinfographics

New Guidance

Our Guidance section is updated weekly and can be found at: www.lincslmc.co.uk/guidance. Our News section is also updated regularly with headlines and hot topics and can be found at: www.lincslmc.co.uk/news.

This week's guidance articles are as follows, for the full guidance please click on the links below:

- **Onward referral from Emergency Departments - [Lincolnshire LMC: Onward referral from Emergency Departments](#)**
- **Enhanced Services for Long-Covid and Weight Management - [Lincolnshire LMC article: Enhanced Services...](#)**

FAQ Updates

COVID-19 FAQs

We regularly update our COVID-19 FAQ document with relevant and helpful information. To view our past and current COVID-19 FAQ documents please go to: www.lincslmc.co.uk/covid19

Most recent COVID-19 FAQ Document: [Lincolnshire LMC FAQs Updated 15.07.2021](#)

FAQs updated in this most recent document:

- Should practices be going back to normal on 19th July "opening up day"?
- Should practices continue to require people to wear face coverings in practice premises?

Webinars & Podcasts

Lincolnshire LMC has produced a range of educational webinars and podcast directed at practice members. To find out more please go to: www.lincslmc.co.uk/educationalwebinars for webinars and www.lincslmc.co.uk/podcasts for our podcasts.

Our most recent webinars and podcasts:

- **Podcast - Episode 13: The Take-30 service (part 2) - www.lincslmc.co.uk/podcasts**

- **Webinar - SystmOne Training (Part 2) : Creating templates -**
www.linclsmc.co.uk/nonclinicalwebinars
- **Webinar - Managing Depression in Primary Care -**
www.linclsmc.co.uk/mentalhealthwebinars

Training and Upcoming Events

You can book onto any of our training or events through: www.linclsmc.co.uk/events

Below are our upcoming events, to book onto these events please click the links below:

- **Thursday 16th September** at 7pm: **An evening with Consultant psychiatrist, Dr Beena Rajkumar: 10-minute CBT** How and when you can use CBT when consulting in General Practice, an interactive virtual session for GPs via Microsoft teams.
- **Tuesday 7th September** or **Tuesday 19th October** at 7pm: **Active Bystander training** - Bookings now open! Bystander intervention is about recognising a potentially harmful situation or interaction, and choosing to respond in a way that could positively influence the outcome.
- **Thursday 25th November: Lincolnshire LMC GP Conference : Managing the unmanageable!** - This conference will be focusing on managing workload. Bookings now open, agenda to follow soon.

LMC Monthly Newsletter

To view our **June 2021 newsletter** please go to: www.linclsmc.co.uk/newsletters

Lincolnshire LMC Committee Meeting:

The next Lincolnshire LMC committee meeting is scheduled for: **Thursday 9th September 2021.**

If you would like to attend the next committee meeting, please contact: info@linclsmc.co.uk

There is a limited number of attendees for each committee meeting so please contact us as soon as possible.

The June 2021 committee meeting report can be found at: www.linclsmc.co.uk/lmccommitteemeetingreports