

Dear Lead/Practice Nurse

My name is Paula Messenger and I am the Nurse Advisor to the Somerset LMC (Local Medical Committee).

It is my job to help you where and when I can.

If you are looking for education or training, Somerset GP Education Trust an umbrella organisation of Somerset LMC, emails out every 2 weeks a Nurse Update which includes the upcoming few weeks training, also a bulletin board, which gives further information that may be of help to you. It is important that we have your email address so that you receive this and any other emails that we need to send you.

The SGPET Website lists all of the training available, plus offers many other resources. To book any training you will need to create an account with the website first and you must ensure you have the backing of your practice manager, before booking. When you have created an account you can then access and book sessions with either the SGPET ([Somerset GP Educational Trust](#)) or [LMC website](#).

I am also here in a pastoral role if you should need it. Please don't feel that you are on your own. The practice nurses job is a very demanding role and often nurses are glad to have some help and advice. If I am unable to help you directly I often know someone who can so please contact me either by email or telephone. The details are below.

If you have taken up the post as Lead Practice Nurse, I also hold 2 Lead Practice Nurse Meetings one in Taunton and one in Street You are most welcome to come along to which ever one you prefer. The nurses that attend find this meeting the most helpful as they are able to network with each other. They are all very friendly so please give it a chance.

I look forward to hearing from you and meeting up at some point.

Best Wishes

Paula

Paula Messenger
Nurse Advisor
Somerset LMC
Crown Medical Centre
Venture Way, Taunton, TA2 8QY

Tel: (01823) 331 428
Mobile: 07816 511313
Paula.Messenger1@nhs.net