



Briefing Note: Out of Hours

REQUIREMENT

The OOH competences have been mapped to the RCGP curriculum and competences as described in the COGPED position paper on Out of Hours (OOH) Training for GP Specialty Registrars.

<https://www.cogped.org.uk/publications/cogped-out-of-hours-position-paper.html>

Military trainees are not required to fulfil local LETB/deanery contractual requirements but must demonstrate competence in delivering out of hours' care at the final ARCP.

In order to meet these requirements, their Educational Supervisor must sign off a trainee as having met the OOH sessional requirements. This is a qualitative judgement and not merely attending a certain number of hours/sessions. ***It is considered that a trainee will not gain adequate exposure to OOH and unscheduled care curriculum requirements to gain competence in under 72 hours.***

OOH sessions are undertaken whilst in a Primary care placement. There is geographical variation on availability and in which specialty year a trainee can access OOH training. The Defence Deanery is aware of this and works closely to ensure trainees gain adequate exposure prior to final sign off.

Military trainees should have equity to accessing OOH training with their NHS counterparts. England, agreed this formally with all OOH providers.

Up to 3 sessions of innovative OOH exposure is permissible: examples may include ambulance shifts, walk in centres, observation roles with ambulance staff or an OOH district nurse, police and forensic work. Induction session(s) can also count towards the total but should not exceed 10% of the maximum time. At least 70% of the OOH training should be with a commissioned and training approved GP OOH service.

Trainees on extensions to training (outcome3) must demonstrate how they meet or maintain OOH competencies during the period of extension.

GOOD PRACTICE: Trainees

A trainee should record each OOH session contemporaneously as a learning log entry with a copy of the OOH form completed at the time of the session scanned in to the ePortfolio. LLE titles and shifts should have the number of hours clearly visible so that Educational Supervisors and ARCP panels can readily confirm that a sufficient number of hours have been completed. Prior to an ARCP the trainee should provide a running total of hours completed in the title of the log entry as well as a summary of shifts. **OOH shifts should be spread throughout training period pro-rata.** If OOH shifts are outstanding at the time of the final ARCP, this should be clearly recorded in the ePortfolio.

The final ARCP will allow up to 2 outstanding shifts planned, however there must be a clear record within the ePortfolio of when these shifts are to be undertaken. The panel will review that these have been completed by the time of final sign off and any failure to comply will call professional responsibility and probity into question.

GOOD PRACTICE: Educational Supervisors:

At the final ESR the ES should ensure that the requirements for OOHs have been met and are visible to the ARCP panel.