



To: Bradford, Airedale, Wharfedale & Craven GPs
cc. Practice Managers

11 April 2021

Dear colleagues

I wrote to you in February following our meeting with CAMHS regarding GPs being asked to perform physical health checks and monitoring of children with ADHD and eating disorders. I said that we would also be meeting with the adult community mental health team regarding requests coming to GPs to arrange physical health checks and investigations for initiation and titration of medication.

This meeting has taken place and we are pleased to clarify that no requests should be coming to GP from the CMHT for GPs to arrange investigations on their behalf.

The shared care protocol for antipsychotic medication is quite clear on the responsibilities of both secondary care and primary care, should you wish to take on the shared care once the patient has been stabilised.

If there are further requests please flag these to Fiona Cooke at BDCFT and Kate Mackenzie at YORLMC. Additional training is being arranged for psychiatry clinicians to ensure requests for bloods and ECGs are not sent to general practice.

Physical health monitoring of adults with eating disorders is often requested by CONNECT, it is our view that these vulnerable patients should be fully monitored by the ED services and not by general practice unless otherwise agreed. There appears to be a commissioning gap for ED services and this is being taken up at ICS level.

If there are ongoing problems please contact us.

With best wishes

A handwritten signature in black ink that reads 'Steve Patterson'.

Dr Steve Patterson
Chair, Bradford & Airedale Branch, YORLMC Ltd