

SESSIONAL GP BULLETIN: September 2021

Dear Colleagues

As GPs we are all very aware that the pandemic is not over and although there are relaxed guidelines currently, we know respiratory infections will rise. Covid infections will also likely rise as schools and universities return, and we face logistical challenges in delivering the booster programme alongside the flu programme.

Whilst navigating this challenging background it is important to make sure that we are mindful of our own wellbeing and that of our colleagues and the teams around us. GP and practice staff wellbeing continues to be a major part of the activity at YORLMC. We have several workstreams focussing on wellbeing and have secured national level grant funding to support the work we are undertaking in this area.



GPMplus, is a free mentoring service for GPs, Practice Managers, Nurses, and other practice staff with leadership responsibilities, details can be found [here](#). In addition, GPMplus, the trading name of LMC Services Yorkshire CIC is also offering a range of wellbeing education sessions, details of these can be found [here](#).

Individual pastoral support is also available, please contact the office info@yorlmcltd.co.uk if you need to access this service. We plan to further develop and expand the support we offer and the YORLMC [website](#) contains further detail about all our wellbeing and pastoral services – please do contact us let us know if we can be of help.

With best wishes, Brian

Q&A Session with Brian McGregor

GPs and practice staff across the YORLMC area are invited to join a monthly Q&A session hosted by YORLMC Medical Secretary and COVID-19 lead Dr Brian McGregor. Brian, is the elected General Practitioners Committee (GPC) member for North Yorkshire & York and Bradford & Airedale.

Each Q&A session will start with a brief update on a range of topics. Issues discussed at recent sessions have included: • GPDRP • Medical Examiners • PCSE • Workload and appointment data • Vaccinations/boosters • RSV • EU Settlement scheme. Time will also be given to individual questions and discussion on any topic.

This Q&A event will take place on a monthly basis. For information on this and other forthcoming events please visit <https://www.yorlmcltd.co.uk/events>

YOR Local Medical Committee Limited (YORLMC Ltd)

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Chief Executive: Mrs Angela Foulston

Medical Secretary: Dr Brian McGregor

YORLMC Locality Meetings

YORLMC locality meetings continue to be held virtually and provide opportunity to engage in discussions with CCG, local Trusts, GP colleagues and Practice Managers across the locality on a range of topics. If you are interested in attending a meeting, please contact the relevant Executive Officer listed below to request a copy of the agenda and the joining details.

- **Bradford:** 20th October 13:30 – 15:30 Kate.mackenzie@yorlmltd.co.uk
- **Airedale/Wharfedale/Craven:** 13th October 12:30 – 14:30 Kate.mackenzie@yorlmltd.co.uk
- **Vale of York:** 14th October 14:00 – 16:00 Ariana.Frankis@yorlmltd.co.uk
- **Scarborough/Ryedale:** 7th October 15:00 – 17:00 Ariana.Frankis@yorlmltd.co.uk
- **Hambleton/Richmondshire/Whitby:** 21st September 13:00 – 14:00
sandra.warriner@yorlmltd.co.uk
- **Harrogate & Rural District** – 21st October 12:00 – 14:00 sandra.warriner@yorlmltd.co.uk

YORLMC Locality Roadshows

YORLMC is hosting locality roadshows during September/October in Scarborough & Ryedale (S&R) and the Vale of York (VOY), further roadshows will be rolled out across the other localities at a later date. The S&R and VOY roadshows will provide you with:

- the opportunity to meet your Locality Officer, Dr Catherine Chapman (S&R) or Dr Andrew Moriarty (VOY) and interact with your fellow GPs and Practice Managers to raise and discuss how the key issues affecting General Practice are impacting you and your practice
- insight and guidance from Dr Brian McGregor & Dr Sally Tyrer (Chair of the North Yorkshire and York LMC) about what the ICS changes mean for the GP community in the locality where you work – the threats and the opportunities
- the chance to hear more about the work YORLMC is undertaking on your behalf and to learn more about our wellbeing and mentoring services and support from our wellbeing clinical leads
- a forum to ask questions, meet with colleagues and network.

The Scarborough & Ryedale Roadshow will take place on 23rd September 6:30pm – 9:00pm at the Downe Arms, Wykeham.

Two Vale of York events will take place, one on Thursday 30th September 6:30pm – 9:30pm at York Sports Club and Thursday 7th October 6:30pm – 9:00pm at Burn Hall Hotel, Huby, York.

For more details about these events please visit <https://www.yorlmltd.co.uk/events>

DDRB pay uplift

Following the DDRB announcement made in July, a 3% pay rise has been applied to the pay ranges of salaried GPs, and the GP appraiser's grant. This BMA [guidance](#) provides practical advice and examples of factors to consider when negotiating a salary uplift. The BMA locum handbook also provides a chapter on working for banks and platforms, outlining the benefits and disadvantages as part of a bank or platform arrangement, as well as helping locums assess employment or potential employment opportunities.

Appraisal payments

NHSE/I has confirmed the [standard appraisal fee](#) will be uplifted by 3% and applied from 1 April 2021. The September 2021 payment will reflect the new recalculated fee of £530 and NHSEI have confirmed the 2021-22 appraisal fee as £546. NHSE/I is in the process of calculating and paying arrears for appraisals in the current financial year but as this process is not yet complete, some GP appraisers are yet to see this uplift reflected in fees since April.

Sessional GPs webinar – contracts

A webinar will be held on 21 September, 6.30-8pm, about key contract issues for sessional GPs, including what to look out for when reading a new contract, common pitfalls to avoid and what support is available from the BMA. There will also be an update on NHS 111 contracts. Questions can be submitted in advance and there will also be an opportunity to ask questions during the event. Register your place [here](#)

BMA Survey Results reveal worrying levels of abuse towards GPs

A recent BMA survey identifies that a significant number of GPs have faced verbal abuse from patients, or those close to them. The survey has been widely reported in national and local media. Key findings from the survey which was completed by more than 2,400 doctors across England, Wales and Northern Ireland include:

- More than a third (37%) of all respondents had experienced verbal abuse first-hand in the most recent month – including 51% of GPs and 30% of hospital doctors.
- One in five GPs reported being threatened.
- Half of respondents (51%) had witnessed violence or abuse against other staff, which rose to 67% for doctors working in general practice.
- Hospital doctors were most likely to report abuse of nurses (87%) or other doctors (65%), while in general practice, 96% of those who had seen colleagues face abuse said this was directed at reception staff.
- Two-thirds of GPs (67%) said their experience of abuse, threatening behaviour or violence had got worse in the last year.
- The most common place for abuse experienced by GPs was in their consulting rooms (53%), while hospital doctors said it was on wards (49%).
- While respondents reported a number of factors they felt were behind the incidents, 64% (75% GP, 54% hospital) said the perpetrator was dissatisfied with the service or access.

Information on the BMA survey and its findings can be found [here](#).

BMA GP Survey

The BMA is conducting a survey of GPs about their experiences of working in general practice. This survey is primarily aimed at fully qualified GPs who are currently working. The survey responses will be used by the BMA to better understand the issues affecting GPs and to inform negotiations with the governments in England, Wales and Northern Ireland and in future BMA policy and lobbying work. The survey is open until 20 September and will take around 10-15 minutes to complete. If you would like to take part the link can be found [here](#).

The Cameron Fund

The [Cameron](#) Fund is the GPs' own charity. It is the only medical benevolent fund that solely supports general practitioners and their dependents. The fund provides support to GPs and their families in times of financial need, whether through ill-health, disability, death or loss of employment. It also

helps those who are already suffering from financial hardship and those who are facing it. This [video](#) gives a short introduction to the Cameron Fund. Whether you work as a salaried or locum GP or are now retired - if you are experiencing hardship due to a reduced income and are struggling with debts, please contact the Cameron fund on: info@cameronfund.org.uk

YORLMC website - Environmental page

YORLMC have developed a collection of links and resources relevant to GPs and practices which can be used to inform, develop and inspire environmentally friendly ways of working. These are available as an environmental page on the [YORLMC website](#).

Climate change and environmental sustainability is a matter that affects all our lives. These pages are intended to be a dynamic and evolving resource hub with new information added regularly and an emphasis placed on sharing local initiatives and celebrating success. Topics covered include:

- Directory of general resources for practices
- Clinical Resources
- Local environmental initiatives / groups and events
- Courses, Development and Training Opportunities
- Patient Resources
- YORLMC's Environmental Pledge
- Success and Feedback

Please contact sandra.warriner@yorlmc Ltd.co.uk if you have information of environmental initiatives which you feel may be useful to share with colleagues through this website page.

GP Payments and Pensions (GPPP) system:

GPPP have made recent updates to their systems and Locum GPs are now able to select the month for which they want to submit their Locum B form, as well being able to submit forms for additional months, for example, in August, locums will be able to submit their June and July Locum B forms by selecting the appropriate month. Additional data migration has also taken place to ensure that Locum GP information is visible. User guides are available here to navigate, download or print.

Locality CCG Bulletins

North Yorkshire, Vale of York and Bradford CCG's send out regular GP practice bulletins. These provide a useful source of local information for GPs and practices on a wide variety of matters including clinical updates, learning and development opportunities, practice management and local news and updates. These bulletins can be circulated to individual GPs by request. If you are interested in receiving the bulletin for your local area, please contact the relevant CCG on the following email address and ask to be added to the circulation list.

- Updates for GP Practices - Bradford District and Craven CCG. communications@bradford.nhs.uk
- Practice Bulletin - VOY CCG voycastlecommunications@nhs.net
- GP Practice Bulletin- NY CCG: nyccg.engagement@nhs.net

YORLMC - GP Vacancies Page

The YORLMC website includes a vacancies page at <https://www.yorlmc Ltd.co.uk/jobs>. This page is regularly updated with current vacancies and details of GPs seeking work. NHS Practices and GPs in the YORLMC area can place adverts on this page free of charge. To place an advert please email info@yorlmc Ltd.co.uk. You can also Follow [YORLMC](#) on Twitter for the latest updates and job listings.