



Tees, Esk and Wear Valleys  
NHS Foundation Trust

# Principal York Hotel - Thursday, 9<sup>th</sup> December, 2021

## Programme of Events

<b>08.45</b>	Registration and Refreshments	
<b>09.45</b>	Welcome	Jane Leigh & Brent Kilmurray
<b>10.00</b>	Keynote: <i>To be Determined</i>	
<b>10.45</b>	Refreshments	
<b>11.15 – 12.30</b>	<b>WORKSHOP 1</b>	
A	<i>Managing challenging behaviour in learning disability</i>	Neel Murugesan/Andrew Kay
B	<i>Behavioural presentations and needs in young people</i>	Kaylee Anderson/Emma Rogan
C	<i>Long Covid and Mental Health</i>	Philippa Bolton
D	<i>Managing depression and anxiety in Primary Care</i>	Ranjeet Shah
<b>12.30</b>	Lunch	
<b>13.30 – 14.45</b>	<b>WORKSHOP 2</b>	
A	<i>Eating disorders for GPs</i>	Nick Wolstenholme
B	<i>Managing self-harm in adolescents</i>	Clare Fenton
C	<i>Mental health consultation skills for GPs</i>	Antony Stones
D	<i>Working with patients who have a diagnosis of emotionally unstable personality disorder (EUPD within GP settings)</i>	James Bowness-Clarke
E	<i>Responses to Trauma for Professionals</i>	Sally Smith/Amanda Hall/Ollie O'Mara
<b>14.45</b>	Refreshments	
<b>15.15 – 16.30</b>	<b>WORKSHOP 3</b>	
A	<i>Adult ADHD for GPs</i>	Lesley Campbell, Maria Mazfari & Tina Profit
B	<i>Problem Gambling – What GP's need to Know</i>	Matt Gaskell
C	<i>Suicide – awareness and prevention</i>	James Sampford
D	<i>Introduction to CFD/IPT and how they are used in IAPT</i>	Anne Found
E	<i>Dementia in people with learning disability</i>	Nicola Baylis