

North Yorkshire News

Update from YORLMC for GPs and practice staff in
North Yorkshire & York - November 2021

Message from Dr Sally Tyrer, YORLMC NY Branch Chair

Dear colleagues

Over the past two years YORLMC has significantly expanded the range of wellbeing services we offer to GPs, practice managers and the wider practice team. From peer mentoring to wellbeing educational events, there is a huge amount available – much of it free of charge.

Attached is a flyer ([appendix 1](#)) with a summary of what is available and links to find out more and to access these services. Please have a look too at the wellbeing page on the YORLMC website at

<https://www.yorlmc.co.uk/wellbeing> where there is more detail about wellbeing support, GPMplus mentoring and pastoral services – please let us know if we can be of help.

These remain challenging times and it is especially important we each continue to think of our own wellbeing and also the wellbeing of our colleagues.

*With best wishes,
Sally*



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6th EPIC Mental Health Update Conference

Please find enclosed the Conference Programme ([appendix 2](#)) and Workshop Booking Form ([appendix 3](#)) for the 6th EPIC GP Mental Health Update Conference to be held on Thursday, 9th December 2021 (@ Principal York Hotel). This is a free conference for GPs and appropriate GP Practice Staff in NYY. The workshop booking form should be returned to Tim Metcalfe as soon as possible to ensure that you get your first choice preferences (tmcalfe@nhs.net).



Message from Bernie Judge

Practice Manager resource, North Yorkshire Branch, YORLMC



Just a reminder that I am the Practice Manager resource co-opted to the North Yorkshire Branch of YORLMC. My role is to use my experience to inform YORLMC discussions and negotiations with a range of organisations, including CCGs, hospital trusts and local authorities.

For clarity, my role is not to provide practice manager representation but instead is to provide a resource and expertise to the Committee by providing a practice manager perspective.

I attend Branch meetings and locality meetings so if you feel there are issues/themes emerging that would benefit from being highlighted at these meetings, please let me know.

The easiest way to contact me is by email on berni.judge@nhs.net. When emailing it would be helpful if you could also copy your email to Simon Berriman (simon.berriman@yorlmc.co.uk) at the Corporate Affairs Team.

Keep up to date with the YORLMC website

There's lots of information available on the website for GPs and practices.

The most recent addition is a special page of [guidance and resources](#) available for practice managers and there's also information about [YORLMC wellbeing services](#), [forthcoming events](#), and much more.

There's also a dedicated section for [environmental](#) resources and local initiatives.

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Invitation to YORLMC locality meetings

All GPs and practice managers are invited to attend their YORLMC locality meetings. These meetings take place bi-monthly and attendees include YORLMC members as well as senior representatives from the CCG and local hospital trust. It's a chance for practical discussions about the latest developments and to raise concerns. GPs and practice managers are also welcome to submit agenda items for the meetings.

Dates for remaining meetings in meetings 2021 are [here](#) and the dates for 2022 are available [here](#). The meetings are held on Zoom, or MS Teams making it even easier to attend. To attend a meeting, or for more information, please contact Ariana Frankis for VoY or SR (Ariana.frankis@yorlmc.co.uk) or Sandra Warriner for HaRD or HRW (Sandra.warriner@yorlmc.co.uk)



About YORLMC

Corporate Affairs Team

YORLMC's Corporate Affairs Team (CAT) is responsible for keeping GPs and practice teams informed of current issues relating to primary care and beyond. The CAT leads on communicating important messages, producing regular guidance and newsletters to keep all GPs and practice teams informed, involved and engaged. To help the CAT keep track of changes within practice teams it will be much appreciated if you can advise info@yorlmc.co.uk when email addresses change, when GPs join or leave your practice as well as when there is to be a change of Practice Manager. Ariana Frankis and Sandra Warriner are the first points of contact for all North Yorkshire & York matters and can be contacted on ariana.frankis@yorlmc.co.uk and sandra.warriner@yorlmc.co.uk Simon Berriman is also a first point of contact for North Yorkshire and Bradford matters and can be contacted on [si-mon.berriman@yorlmc.co.uk](mailto:simon.berriman@yorlmc.co.uk)

What YORLMC does

YORLMC represents and supports General Practice to all stakeholders who wish to work with or alongside General Practice.

YORLMC:

- supports and advises individual constituent GPs and practice teams on all matters that affect them in their professional lives.
- provides individual constituent GPs and practice teams with a variety of services to give modern General Practice the support needed.
- promotes the development of General Practice to ensure the delivery of high quality services to patients within the resources available.
- encourages equality, diversity and inclusion in all its activities.
- strives to be truly representative of all sections of General Practice, and for everyone to feel respected and able to give their best.

YORLMC's role is not just about GMS/PMS services but about the majority of things that GPs and practices do in their normal working day.

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FREE job advertising service for practices & GPs

YORLMC has a job page on the YORLMC website at <https://www.yorlmc.co.uk/jobs>. NHS Practices in the YORLMC area seeking to fill GP and staff vacancies and GPs seeking work in the YORLMC area can place adverts on the job page free of charge. To place an advert please contact the Corporate Affairs Team on [in-fo@yorlmc.co.uk](mailto:info@yorlmc.co.uk)

Pharmacy applications

The following applications have been received:

- No significant change relocation application to 19 Glebe House, Firby Road, Bedale, DL8 2AT by Norcham Healthcare Ltd.
- Application to consolidate premises at 100-101 Westborough and 3-4 York Place, Scarborough by Boots (UK) Ltd.

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