

Free training

Alcohol Identification & Brief Advice Training

Available to Health Care Professionals including GP's, Practice Nurses, Nurse Practitioners, Health Care Assistants, Health Workers and Doctors

Suitable for those who have good prior knowledge of the physiological effects of alcohol and an understanding of the evidence and impact of the IBA approach



Introduction

North Yorkshire County Council has developed an alcohol strategy which aims to galvanise partners (statutory and non-statutory organisations, the community and wider businesses) within North Yorkshire to collectively reduce the harms from alcohol.

Most alcohol related harm is caused by excessive drinkers whose consumption exceeds recommended drinking levels, but who are not yet dependent.

What is Alcohol Identification & Brief Advice?

Brief interventions involve offering simple brief advice and only take a few minutes to complete. Brief advice can be given in a variety of settings by non-alcohol specialists.

Aim of the Training

To increase early identification of problematic (hazardous, harmful and dependent) drinking, and to reduce the harm from alcohol for individuals, families and communities in North Yorkshire.

More information about the training can be found at:
www.drugtrain.org.uk/AIBA_NorthYorkshire.html

Why Should Healthcare Professionals Attend Brief Advice Training?

Staff working in Healthcare settings are in an ideal place to offer Brief Interventions.

- Results from the 2015 British Social Attitudes (BSA) Survey revealed that most people would feel comfortable discussing their alcohol consumption with their GP
- 85% of people would answer honestly if asked by their GP about their alcohol consumption
- **High quality brief interventions offered by non-alcohol specialists in the correct settings are crucial for an effective alcohol care pathway.**

£3.5 billion per year

Alcohol related costs to NHS England
(Alcohol Concern)

Can your surgery or health centre afford **NOT** to have this training?

When

10th or 12th April 2017
10am - 12pm

Where

10th - The Street, Scarborough
12th - LMC, Harrogate

Booking Your Place

Call 01226 738321

or email

admin@drugtrain.org.uk