



## A monthly newsletter for North Yorkshire & Bradford & Airedale practices



YORLMC represents all GPs and their practices in:

- [Bradford, Airedale, Wharfedale and Craven](#)
- [North Yorkshire and the City of York](#)

Providing:

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- ◆ [Training](#)
- ◆ [Events](#)
- ◆ [YORLMC News](#)
- ◆ [YORLMC Buying Group](#)
- ◆ [Regular updates](#)

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## Message from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



YORLMC

## 2018 Annual Conference Book your place now!

Following on from the success of the first YORLMC conference we would like to invite you to our 2018 event. We have invited speakers to discuss

*Primary Care - Today & Tomorrow*  
*Workforce Planning in Primary Care*  
*Planning Your Services - Tools & Techniques*  
*Local Initiatives*  
*New ways of working*

As well as inspirational talks from the 'Brilliant' Andy Cope who is back again this year by popular demand!

**THURSDAY**  
**18**  
**OCTOBER**  
**2018**

To book visit  
[www.yorlmcLtd.co.uk/events](http://www.yorlmcLtd.co.uk/events)

**09:30-16:30**  
**Buffet Lunch Included**

**Pavilions of Harrogate**  
**Great Yorkshire Showground**  
**Harrogate**  
**HG2 8NZ**

### Speakers Include

**Dr Krishna Kasaraneni** - GPC Executive and Chair of Education, Training & Workforce  
**Dr Pete Lane** - Clinical Lead Advanced Training Practice Scheme, Health Education England  
**David Bailey** - Accountant and best selling author  
**Ian Wilson** - Regional Liaison Adviser - GMC  
**Andy Cope** - Art Of Brilliance  
**Dr Richard Haddad** - GP & Chair of Bradford Care Alliance  
**Dr David Hickson** - GP & Chair of ECHO GP Federation  
**Ria Agarwal** - Physicians Associate & Lecturer at Sheffield Hallam  
**Andy King** - Physicians Associate & Lecturer at Sheffield Hallam  
**Katie Power** - Business Manager & Enhanced Training Practice Manager

The event is a real opportunity for practice managers and GPs to learn something new, contribute by raising questions and network with their colleagues. There is a great programme which will deliver a informative, inspirational, interactive and entertaining day. We already have really good representation across North Yorkshire & York and Bradford, Airedale, Wharfedale and Craven practices at the event but if you have not done so yet please do book your place at <https://www.yorlmcLtd.co.uk/events/6617>

## State-backed indemnity scheme

The BMA have had further meetings with NHS England and the Department of Health and Social Care about their plans for a state backed indemnity scheme which is still planned for April 2019. The BMA medical indemnity guidance has been updated to give some more information about the scheme and how it will impact on GPs. Read indemnity [guidance here](#) (see tab on state backed indemnity). Further details will be available shortly.

## Important message - GP pensions

Attached at [appendix 1](#) is an important message from NHS England and NHS Business Services Authority for the attention of GPs who are members of the NHS Pension Scheme.

## BMA member survey highlights pressure general practice is under

The BMA has published the results from its major pan-professional members' survey, which highlights the extraordinary high workload pressures all doctors are experiencing. This is particularly the case in general practice with the survey finding that GPs are more likely to highlight excessive workload pressures than colleagues in hospital (91% vs 72%).

The survey showed that more GPs were being pressured to attend to multiple tasks simultaneously, experience lack of time with patients, experienced fatigue from working long hours, were being pressured to work outside their scope or competence and had limited access to diagnostic facilities. It also showed that overtime is particularly prevalent among GPs, who are more likely to say that they provide significantly more hours of work per week than they are contracted for.

When asked for solutions to these now well documented problems, there are some differing views between GPs and hospital doctors on what would improve their day-to-day lives. GPs are more likely to state a limited number of consultations is required to enable them to better manage their workload. In addition, they called for improved systems and processes for the primary and secondary care interface, additional support from other healthcare professionals, patient empowerment to self-care/manage and better access to health and wellbeing services.

Read the survey report [Caring, Supportive, Collaborative here](#)

## Useful appraisal resources

The BMA has developed a number of guides intended to help GPs understand the annual appraisal process and how to get the most out of it. This is available on the BMA website [here](#)

Specifically this page signposts to a list of [useful resources](#) that can help with appraisal preparation. Also attached at [appendix 2](#) is early sight of an NHSE guidance intended to supporting doctors who undertake a low volume of NHS General Practice clinical work.

## Sessional GPs e-newsletter—UK

The latest edition of the sessional GPs e-newsletter is [available here](#) and includes medical indemnity guidance for sessional GPs and a blog on pay uplifts and the DDRB process.

## GP Partnership review – interim report

YORLMC would like to draw your attention to the interim GP Partnership report which has been published ([Appendix 3](#)) or available [here](#). A BMA press release responding to the interim report is available [here](#)

In addition to the report, a myth buster for newly qualified GPs is also attached ([Appendix 4](#)). This "Myth Buster" addresses common issues raised by trainees and covers subjects such as risk, tax implications, earnings, as well as the future of the partnership model. Also available [here](#)

## GP partnership review blog – primary care networks

Dr Nigel Watson, the independent chair of the ongoing review into the partnership model of general practice and Wessex local medical committee chief executive, has written a blog about *primary care networks (PCNs) – a GP's perspective*. The blog is available on the [Wessex LMC webpage](#)

## Investment in general practice report

NHS Digital have published their annual [Investment in general practice report](#). It is important to note that this report, following the pattern of previous years, outlines the investment made not just to practices but also the reimbursement for drugs dispensed in GP practices, out of hours, IT and other activity related to primary medical care from 2013/14 to 2017/18. For the first time this year the cost of providing GP services in A&E as part of the national scheme have also been included. GPC have made it clear to both NHS England and NHS Digital that the headline figures they use could mislead and it would be unacceptable to do this.

While it is positive to see an increase in investment, and much of this relates to what has been directly negotiated by GPC England, NIGPC, SGPC and GPC Wales, it is still not enough to ensure the sustainability of general practice and provide the necessary capacity to meet the growing needs of patients. For instance, the real investment figure of £10.2bn in England (a real-terms increase of 4.4 per cent since last year) represents 8.1 per cent of the NHS budget going to general practice in England – falling £3.6bn short of the BMA's target of 11 per cent. This is money that could be spent supporting practices and improving patient care at a time when surgeries are buckling under the pressure of increased demand, unmanageable workloads, and the rising costs of premises and indemnity costs.

Read the full report [here](#) and the BMA press release [here](#)

## Changes to YAS Patient Transport criteria

Yorkshire Ambulance Service NHS Trust (YAS) has announced that, following a review of the way in which patient transport is booked and allocated, a new booking system is to be implemented from 1 October 2018. From 15 October patients booking transport will be asked a series of new questions designed to ensure the criteria for patient transport eligibility is applied consistently. This may result in some patients no longer being eligible for YAS patient transport.

Although the new booking system is to be launched from 15 October, YORLMC is aware that a number of practices are already receiving queries and complaints from patients who have been unable to book YAS patient transport, which is having an impact on practice workload.

Patients that wish to appeal their patient transport eligibility should be directed to the YAS reservations team on 0300 330 2000. Patients that wish to make a complaint should be directed to their local CCG PALS team.

## NHSE Y&H: review of dispensing patients

In line with the NHS England Pharmacy Manual, NHS England is required to undertake a review of dispensing patients included on the GP practice lists on an annual basis. It has however been recognised by NHSE that there was not an established process in place to meet this requirement and as such it has been working across Yorkshire and The Humber to develop a consistent approach.

NHSE has sought the view of YORLMC on how it proposes to undertake review of dispensing patients during 2018/19. Having been asked for its view, YORLMC has advised NHSE Y&H that it welcomes the proposed approach in relation to the review of dispensing patients included on GP practice lists and considers the process being described to be fair. YORLMC understands NHSE Y&H will be writing to dispensing practices shortly to notify them that a review will take place.

## Mental health therapists in primary care

NHS England has published guidance for GP practices encouraging practices to consider enabling mental health therapists to be based within their practice premises. The guidance, which forms part of NHS England's commitment to increase the number of mental health therapists by 3000, highlights how practices could benefit from developing a closer working relationship with local mental health therapists by doing this.

In response to this, BMA GP Committee chair Dr Richard Vautrey commented: "With practices struggling to meet the growing needs of patients, and many patients seeking help for mental health issues, it is vitally important to provide more support for both patients and practices, and for therapists to be an integral member of the practice team. Whilst this initiative to base these staff within the surgery building is very welcome, we need to ensure recurrent new funding to support this expansion in the workforce is in place, that premises developments are supported to enable practices to have sufficient space to host more clinicians, but also that sufficient therapists are being trained to avoid simply taking these skilled professionals from existing overstretched IAPT services."

Read the NHS England guidance [here](#).

## Flu vaccine guidance - aTIV for patients over 65

NHS England has published [guidance](#) to support practices in the delivery of the flu programme, and to ensure that the aTIV flu vaccine is offered to those over 65. It is important to remember that the vaccine will be delivered to practices and community pharmacies in three phases between September and November 2018. NHS England has confirmed that there is sufficient supply for anticipated demand and has advised that patients over 65 should wait for the vaccine to be delivered by the supplier to their surgery. The [service specification](#) makes it clear that vaccinations must be given with the appropriate vaccine and dosage. Any GP practice who is unable to provide aTIV to their patients should advise their local NHS England team. Read the NHS England guidance [here](#).

Following work the BMA have been doing with NHS England, this guidance will also allow GP practices and pharmacies to swap flu vaccine stocks if providers are running low. Currently practices are only able to supply other providers if they have a wholesaler licence, but these rules are being relaxed over winter to ensure at-risk groups can all access the appropriate flu vaccine. The BMA have also been made aware that additional supplies of aTIV will be available to order for those practices that do not have adequate supplies.

The BMA have also been working to overcome the concerns some areas of the country have raised about the common arrangements where community nurses use influenza vaccines provided by a practice to immunise housebound patients on their caseload. To help resolve these concerns, please see attached ([Appendix 5](#)) a Flu Agency Agreement for vaccination services of district or community nurses that NHS England has sent to local commissioners this week to supplement other options being used by some CCGs such as honorary contracts.

## Winter indemnity scheme

NHS England [announced](#) that it is again running a winter indemnity scheme this year to support GPs who wish to offer additional extended access and/or out of hours sessions over the winter season. The scheme, running from 1 October to 31 March next year, will be used to provide indemnity for the extra services provided by GPs, giving them the freedom to work extra sessions securely and without the worry of additional costs. A copy of the letter to CCGs is attached at [Appendix 6](#).

## Docman incident – extension to submit clinical risk assessments

NHS England has informed CCGs that a 2-week extension to the previous deadline of 20 September will be allowed in exceptional circumstances, for affected practices to submit their clinical risk assessments in phase 2 reporting cycle of relation to the Docman incident. Note that practices will need to explain to CCGs why they were not able to meet the 20th September deadline for example due to staff absence or if a practice has a high volume of unique records to review. For further information please contact your CCG.

## Physician Associates in General Practice (England)

Health Education England (HEE) is in the process of ensuring at least 1000 new PAs are trained and recruited into General Practice by 2020/21. In parallel to the above activity, HEE is working with the GMC and Department for Health and Social Care to prepare for formal regulation of PAs in 2018/19. The BMA is also represented on the HEE-led national working group that is developing the career framework and quality standards for Medical Associate Professions.

In order to assist the BMA in making sure practice experiences and feedback, both positive and negative, can inform and shape these developments in the best way possible, the BMA Workforce and Innovation team is keen to hear from GPs and General Practice staff who have worked or are already working with PAs. If you would like to share your experience, please fill in the attached ([Appendix 7](#)) case study template and send it to [sallam@bma.org.uk](mailto:sallam@bma.org.uk)

## Specialty training application dates

Ahead of the opening of applications for specialty training on 7-29 November, Health Education England (HEE) has launched a *One career Endless opportunities Choose GP* [Facebook page](#) to keep up to date with news and views. More information on the [GP National Recruitment Office](#) website. If you would like the opportunity to work flexibly, pursue a portfolio career or develop specialist or clinical interests within general practice, HEE has a large number of registered GP trainees and trainers, newly qualified and experienced GPs who are able to help you with local or general enquiries. Email [gpre-cruitment@hee.nhs.uk](mailto:gpre-cruitment@hee.nhs.uk) for further information.

## VAT information

GPC understands that practices are being asked to provide NHS England with VAT information associated with each practice. It is GPC's view under the Premises Cost Directions, the information practices are required to provide is:

- Are you registered for VAT? If so, what is the VAT registration number?
- Do you intend to claim a refund or allowance in respect of any element of the costs that you received financial assistance from NHS England/CCG?

GPC are working with NHS England to ensure that they are seeking to capture the right information from practices. If you are being asked to provide any other information, please inform GPC by emailing [info.gpc@bma.org.uk](mailto:info.gpc@bma.org.uk)

## GP Career Support Pack (England)

A reminder about the [guide for GPs](#) to help in their career journey, jointly developed by GPC, NHSE and RCGP. The document sets out the various types of support available to GPs throughout their career in England and focuses on support for individual GPs rather than practices and the wider system. The guide will be updated every 3-6 months, with the next version being published in October, and will also be disseminated by regional workforce leads with local information included.

If you have any feedback about the guidance, please contact Alex Ottley at [aottley@bma.org.uk](mailto:aottley@bma.org.uk)

## New GMC guidance to help doctors with reflective practice

New guidance to help doctors and medical students with reflection has been jointly published this week by the Academy of Medical Royal Colleges, Conference of Postgraduate Medical Deans, GMC and Medical Schools Council. Access the guidance on the [GMC website](#).

## PCSE GP Bulletin

Attached at [Appendix 8](#) is the September PCSE GP bulletin



The **Cameron Fund**

BMA House,  
Tavistock Square,  
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Registered Charity No. 261993

*The GPs' own charity*

BMA House, Tavistock Square, London WC1H 9JP, Registered Charity No. 261993 The Cameron Fund is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners. An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work. Anyone who knows of someone experiencing hardship is urged to draw attention to the Cameron Fund's existence. You do not need to be a member of the [Cameron Fund](#) to benefit from this charity but please consider becoming a member – it is free to join and the membership form can be downloaded <http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf> and returned by email to [info@cameronfund.org.uk](mailto:info@cameronfund.org.uk) General contact details are: Phone: 020 7388 0796

Email: [enquiries@cameronfund.org.uk](mailto:enquiries@cameronfund.org.uk) Web: <http://www.cameronfund.org.uk/content/link-us>

## Epipen supply update

The Department of Health and Social Care (DHSC) has informed the BMA that they have been in contact with the UK supplier of Epipens, Mylan, for several months regarding the ongoing supply issues affecting this product. Due to manufacturing delays from their contract manufacturer, Meridian Medical Technologies, a Pfizer company, there continue to be supply constraints of EpiPen Adrenaline Auto-Injectors in the UK.

### 0.3mg Adrenaline Auto-injectors:

- Currently supplies are available of EpiPen 0.3mg via a stock management process. Pharmacies are allocated stock on a prescription-only basis and can place orders for up to a maximum of two EpiPen 0.3mg Auto-Injectors per prescription.
- Pfizer recently made available to Mylan a limited volume of EpiPen 0.3mg Auto-Injectors that will expire in February 2019. This supply is not subject to the current prescription validation process, as outlined above, and will be available for pharmacists to order and hold in stock.

Further information regarding this stock and a statement from Mylan is available [here](#)

- There are two alternative adrenaline auto-injector products in the UK, Emerade and Jext.
- Supplies are currently available but may be limited due to the ongoing Epipen supply issues.
- Emerade also supply a 0.5mg adrenaline auto-injector.

### 0.15mg Adrenaline Auto-injectors:

- This issue is now also affecting EpiPen Jr 0.15mg Adrenaline Auto-Injector in the UK
- Mylan recently informed us that EpiPen Jr 0.15mg Adrenaline Auto-Injectors is now out of stock until the next shipment arrives, estimated to be by the end of September.
- Due to the supply situation with EpiPen Jr 0.15mg, supplies of both Jext and Emerade 0.15mg adrenaline auto-injectors have been rapidly depleted and are currently unavailable. Additional supplies of Jext are expected next week and Emerade by the end of September. However, supplies will be limited and the situation is likely to be constrained until the Mylan supply situation has resolved.

### Further information:

Mylan have shared a statement, which is available on their website [www.epipen.co.uk](http://www.epipen.co.uk).

- Mylan is working closely with Pfizer to increase production and anticipates supply will stabilise in the fourth quarter of 2018; however, it is important to note that currently supply from Pfizer continues to vary and, as such, may not always be available for pharmacies to order.
- Further supplies of both Jext and Emerade are currently expected by the end of September.
- DHSC is in contact with the both manufacturers of the alternative devices, who both have additional deliveries of adult and paediatric presentations arriving over the coming weeks and are working to expedite future deliveries and bring additional stock to the UK where possible.

During this period if patients are unable to obtain a supply of their usual adrenaline auto-injector DHSC would encourage patients to speak to their healthcare provider about alternate adrenaline auto-injectors. Further advice is also available via the [Anaphylaxis UK website](#)

- DHSC would also suggest that consideration is given locally to conserve and manage supplies as constraints are likely to last into the coming months.
- DHSC is working with Mylan and the MHRA to determine if it is possible to extend the expiry of certain batches of Epipens, as has been done with selected batches of Epipen 0.3mg in the US, to help alleviate the situation in the short term.

DHSC continue to work closely with all the manufacturers of adrenaline auto-injectors, the MHRA, Anaphylaxis UK and other stakeholders to try to resolve these issues

# YORLMC Buying Group

The LMC Buying Groups Federation has been negotiating discounts on a wide range of products and services for practices in Yorkshire for almost a decade.

They have recently launched several new services to help practice members further: a recruitment platform and online Community.

Practices that have re-registered with the Buying Group can now advertise practice vacancies (clinical and non-clinical roles) for free just by logging into their website and uploading the advert: <https://www.lmcbuyinggroups.co.uk/job-vacancies/gp-practice/uk>. They also offer a featured job package for a small fee.

In addition, you can also access their new Community section which is an information hub with sector/supplier updates, advice and guidance to support you in the running of your practice. Visit their com-

munity for flu vaccine updates, additional services and exclusive online only offers: <https://www.lmcbuyinggroups.co.uk/community>.

For further information on LMC Buying Group member benefits or to speak to a member of the team, you can live chat via their website: <https://www.lmcbuyinggroups.co.uk/> or give them a call on: 0115 979 6910.

You can also now leave a review about your membership experience: <https://www.lmcbuyinggroups.co.uk/submit-review> and follow the LMC Buying Group on social media:

**Twitter:** <https://twitter.com/LMCBuyingGroup>

**Facebook:** <https://www.facebook.com/LMCBGF/>

**LinkedIn:** <https://www.linkedin.com/company/lmc-buying-groups-federation/>

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