

# Delivering healthier communities together

## Conference Programme



**Thursday 20 - Friday 21 June 2019**

Mecure Exeter Rougemont Hotel  
Queen Street  
Exeter EX4 3SP

# DAY 1 - Thursday 20 June 2019

## 09.00 to 09.45 - Arrival - Refreshments and Delegate Registration

**9.45am**                      **Welcome - Melanie Walker**  
CEO Devon Partnership NHS Trust

### **10.00 – 11.00am**      **ALTERNATIVE APPROACHES TO CARE (1)**

#### ***Care closer to home – improving the pathway from traditional locked care***

**Dr Mike Hunter** is Executive Medical Director at Sheffield Health and Social Care NHS Foundation Trust and Associate National Clinical Director for Mental Health at NHS England and NHS Improvement.

Dr Hunter will open the conference by outlining the challenges with long term, out-of-area 'locked rehab' in mental health. He will argue that an integrated approach - involving specialist providers, healthcare commissioners and housing - can provide a better, community-based alternative that also liberates resources for broader investment in local NHS mental health services.

**Dr Raj Mohan** is Chair of the Rehabilitation and Social Psychiatry Faculty at the Royal College of Psychiatrists and Rehabilitation Consultant at the South London and Maudsley NHS Foundation Trust. Dr Mohan will be looking at whether specialist care pathways complement overall care for psychosis. His session covers Quality Improvement methods to unlock clinical complexity and guide interventions that can be embedded into care pathways.

### **11.00 – 11.30am**      **ALTERNATIVE APPROACHES TO CARE (2)**

**Dr Sri Kalidindi CBE** continues with the topic of locked care, discussing whole system rehabilitation for those with complex needs. Dr Kalidindi will share examples of repatriation and community rehab work around the country. This session will also look at outcomes and learning, understanding the opportunities and potential challenges to developing the best possible local rehab services.

### **11.30 – 12.00pm**      **Refreshments and Networking**

### **12.00 – 1.00pm**      **A COMMUNITY-BASED APPROACH TO PEER-SUPPORTED OPEN DIALOGUE AND CO-PRODUCTION**

This session will be led by DPT Community Psychiatrist **Dr Tom Cant** and **Simon Sherbersky**, Lead at Torbay Community Development Trust. Dr Cant will share progress with the ODDESSI trial and consider the impact of Peer Supported Open Dialogue. Simon Sherbersky will share his experiences in community engagement and activation – considering how we grow and support the inclusion of local people.

### **1.00 – 2.00pm**      **Lunch and Networking**

### **2.00 – 2.30pm**      **EQUALLY WELL**

**Andy Bell**, CEO Centre for Mental Health, will engage discussion about improving general health for people with mental health issues, with a particular emphasis on 'Equally Well' - an initiative from New Zealand which seeks to promote and support collaborative action to improve physical health among people with a mental illness. What does mental illness mean for access to primary care and hospital care? How do we close the 20 year mortality gap for mental health service users? Andy will highlight how Equally Well is a social movement to bring about large scale change.

### **2.30 – 3.30pm**      **MAKING IT HAPPEN**

**Professor Tim Kendall**, National Clinical Director for Mental Health, NHS England and NHS Improvement, will stimulate discussion around the journey we are all on to deliver the mandate for true integrated care. Referring to the NHS Long Term Plan and its intentions to deliver across boundaries of traditional care.

**Dr Kate Lovett**, Dean of the Royal College of Psychiatrists and Consultant Psychiatrist at DPT, will build on Tim's discussion with a focus on the national workforce challenges that cause a real risk to delivering sustainable care. Dr Lovett will discuss new training models, new roles within healthcare, and how these can support the national agenda to support a future-proofed workforce.

3.30 – 4.00pm

### Refreshments and Networking

4.00 – 5.15pm

### ACHIEVING CROSS-SECTOR INTEGRATED WORKING

Day 1 closes with a Question Time session on how we achieve true integration. The panel will include:

- Dr Andrew Moore - Community Consultant Psychiatrist, DPT
- Olivia Craig - CEO of MIND in Plymouth
- Hannah McDonald - Partnership Development Manager, One Northern Devon
- Julie Hayley - Head of Social Care for Mental Health Matters
- Prof Jonathan Burns - Honorary Professor of Psychiatry at the University of Exeter and Clinical Academic Consultant Psychiatrist at DPT

The session will consider the importance of the third sector in our journey towards integrated community models and the concept of 'triple integration' introduced by the Five Year Forward View. It will also consider the 'fourth integration' and the influence of the wider determinants of health such as housing, employment and education. The session will also look at the current state of play, using local Devon examples of partnership working, to consider the role of the third sector in developing more integrated community mental health services.

## DAY 2 - Friday 21 June 2019

08.45 to 09.15am - Arrival and Refreshments

9.15 - 9.30am

Welcome to Day 2 - Dr Peter Aitken  
Devon Partnership NHS Trust

9.30 – 10.00am

### BRIDGING THE GAP

**Dr Billy Boland** is a Consultant in Community Psychiatry, Deputy Medical Director at Hertfordshire Partnership University NHS Foundation Trust and Honorary Senior Lecturer at the University of Hertfordshire. He was elected to the General Adult Faculty Executive Committee in 2013 and takes over as Chair of the Faculty this year. This session will look at our greatest challenges in morale and manpower in the workforce; considering what will attract people into community psychiatry again and how can we better harness the digital agenda to support new ways of working.

Consultant Community Psychiatrist Dr Alison Battersby will discuss her experiences in Plymouth, where significant barriers and gaps in access to mental health treatment were identified. Dr Battersby emphasises that, alone, no one part of the system could change this. However, together, a series of what were thought to be radical conversations emerged about how change could be delivered - by adopting a collective responsibility for the whole system.

10.00 – 11.00am

### THERE ARE TOO MANY SPECIALIST TEAMS....

**Prof Tom Burns** will propose that over-specialisation carries too high a price for both services and patients in terms of fragmented care. Using out of area referrals as the 'canary in the coal mine', Prof Burns will argue that generic CMHTs consistently outperform alternatives. Following some simple principles can generate a responsive and humane service model.

**Dr Alan Cohen FRCGP** was a GP Principal for 20 years, Senior Primary Care Advisor to CSIP, the National Primary Care Lead for Improving Access to Psychological Therapies, Honorary Associate Director of Primary Care at the Department of Health and Senior Fellow at the Sainsbury Centre for Mental Health. Dr Cohen's session will complement and continue the conversation about the Equally Well programme from Day 1. Discussing the physical health imperatives and highlighting how every team can make a difference with managing physical and mental health.

**11.00 – 11.30am** Refreshments and Networking

**11.30 – 12.30pm** **POPULATION HEALTH, PRIMARY CARE HOME AND NETWORKS - WHAT DOES IT ALL MEAN?**

**Dr Nav Chana**, National Primary Care Home Clinical Director, National Association of Primary Care, will discuss the delivery of care integration in communities through population health management; learning from the primary care home experience. Dr Chana says 'it's game over if mental health aren't around the table'.

**Dr Jonathan Cope**, former Lead GP in Beacon Medical Group and now Associate Medical Director (Primary Care) at Plymouth Hospitals NHS Trust. Dr Cope will talk about his experience leading the creation of a maturing Primary Care Home and the drivers, levers and challenges along the way.

**12.30 – 1.15pm** Lunch and Networking

**1.15 – 2.00pm** **INTEGRATING OUR COMMUNITY CARE**

**Prof Steve Pilling**, Professor of Clinical Psychology and Clinical Effectiveness at University College London, will present 'the new community framework for mental health – integrating community teams by utilising and embedding expertise across the primary, secondary and third sectors'.

**2.00 – 2.45pm** **DIGITAL CARE AS AN ENABLER – USING IT TO SUPPORT AND INFLUENCE FUTURE PROGRESS**

**Dr Geraldine Strathdee CBE OBE**, former National Clinical Director for Mental Health, (2012-2016) provided leadership to England's transformational Five Year Forward View mental health policy. She also led Public Health England's mental health intelligence programme to support local leaders to develop services based on the needs of their populations. This session will look at global trends in population health and England's influence on mental health developments; our mental health leadership successes and challenges and, making population health happen across sectors.

**2.45 – 3.15pm** Refreshments and Networking

**3.15 – 4.00pm** **THE IMPORTANCE OF SOCIAL WORK IN DELIVERING INTEGRATED COMMUNITY SERVICES**

**Mark Trewin**, Social Care advisor for NHS England and Mental Health Social Work Lead at the Department of Health and Social Care. Mark will talk about the specialist skills that social work brings to integrated community mental health services, the statutory role social care has and the development of personalisation. Furthermore, how social work, housing and local Authorities are essential to reducing out of area placements, improving inpatient length of stay and delayed transfer of care.

**4.00pm** Closing Remarks - Melanie Walker  
CEO Devon Partnership NHS Trust

You can register to attend by emailing  
**[dpt.medicaleducation@nhs.net](mailto:dpt.medicaleducation@nhs.net)**

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