

# CAREER COACHING & MENTORING

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Introducing a Coaching and Mentoring Scheme for Newly Qualified GPs

The FREE scheme includes:

- Up to 6 sessions of one to one mentoring with an experienced GP
- Help & support navigating your way through your early years
- One to one Careers advice including support for those changing roles
- Life coaching, signposting and help designing your perfect career
- For coaching contact details see over....

**Cambs LMC**  
*Representing • Supporting • Advising*



Tel: 01954 268156 or email : [office@cambslmc.org](mailto:office@cambslmc.org)

**Akeso** is a GP coaching & mentoring network across Cambridgeshire. To book a course of six free 1 to 1 coaching & mentoring sessions contact Akeso on:

**office@akeso.org.uk** Website: [www.akeso.org.uk](http://www.akeso.org.uk)

**AMB Life Coaching** is a coaching and support service run by Hertfordshire-based GP partner, Dr Alice Baldock. To book a course of six free 1 to 1 coaching & mentoring sessions contact: **alice@amblifecoaching.co.uk**

Website: [www.amblifecoaching.co.uk](http://www.amblifecoaching.co.uk)

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