



6-A-SIDE COMPETITION RULES 2023

Under 9 suggested match formats

This is the suggested game to play during the 'MATCHES' weeks of the coaching programme. It looks to replicate the matches that are played during the youth league fixtures.

- Matches in the 6-a-side softball competition ideally but can be adapted however you see fit.
- Pitch length 15 yards (13.7m). Maximum boundary 33 yards (30m)
- Game should look to replicate 12 overs per batting innings per team.

Batting rules

- Each team starts on 100 runs
- The batting side shall be divided into pairs who shall bat for four overs
- Individual batsmen shall have unlimited lives but will lose five runs as the result of being dismissed. No batsman shall face the next ball if he/she is out.

Bowling rules

- Bowling is to be overarm.
- Every player in the fielding side must bowl two overs.
- No-balls & wides are scored as 2 runs to the batting team, no extra delivery to be bowled. Place a cone either side of the stumps roughly a metre from them to judge wides
- Following a no ball or a wide, the batter receives a "free hit" from the batting tee

Above all, your role is to facilitate a game however you see fit to maximise involvement and enjoyment and to encourage as much game awareness for the players to learn from so they can apply to league fixtures. Winning and losing is not important both during training and league fixtures.