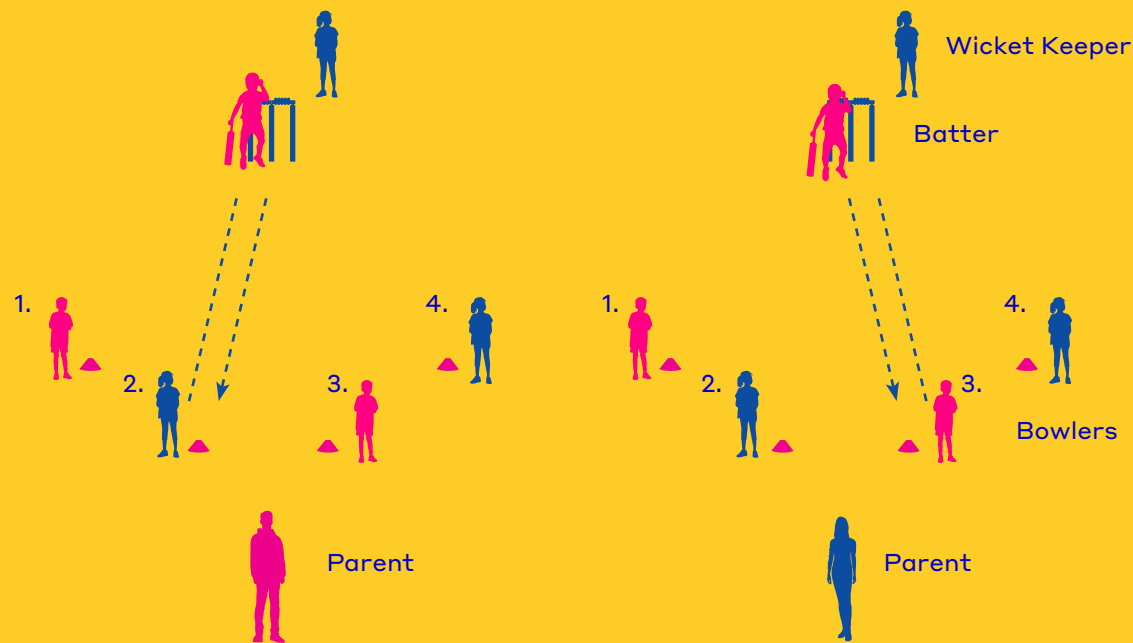


Hit it Straight like Tammy Beaumont & Joe Root



BATTING

1. Just let players (batters) have a go bowling in the game
2. Introduce scoring system, and ask players to score themselves
3. Try to beat their first individual score
4. Ask the group to choose a team name and work out their team score
5. Pace race vs other groups – their team score plus time trial bonus points



Individual Group Scoring:

- 1 point:** each time the batter hits the ball
- 2 points:** each time the batter hits the ball back to the feeder/fielder
- 3 points:** each time the batter hits the ball past the feeder/fielder

Aim:

To develop batting skill and ability to hit towards a target. Develop fielder skills of moving to the ball positively, and stopping or catching a moving ball.

Equipment:

1 set of Stumps per 6, Cones, Min. 3 balls per 6, 1 bat per 6

Organisation:

1. Set up a group of up to 3-6 players as per the diagram, across a pitch roughly 15 yards long
2. The batter will be thrown a ball under arm from each of the other players stood in between the cones.
3. Once the batter has faced a ball from all fielders, all players rotate through the different positions as the diagram suggests
4. Players will continue rotating until they have batted for at least 5 balls each in each round
5. After each round, bring the children together and ask them to discuss how they could improve their individual score as a batter, or taking wickets as a fielder.

Change it - Easier/Harder

Easier: 1. Bring the feeders / fielders in closer 2. A drop feed from the activator / parent – activator can gradually move back until reaching the full length.

Harder: 1. Feeders / fielders move further back 2. Aim to hit the ball between the fielders 3. Hit the ball over the fielders

Understanding the Game

“Introduce the concept of a ‘four’. A four is a shot from the batter that bounces over the boundary line. Teach the signal that goes with it – one arm outstretched waving 4 times in front of the body”

Get the adults involved:

Ask parents to help by signalling when a four occurs.