## What is Dynamos Schools and how to Play:

$\nabla$ Dynamos Schools is an exciting countdown cricket format
$\nabla$ Provides a social offer and is the perfect introduction for $8-11$ year olds new to cricket

## Team Size

$\nabla$ Smaller teams can make competition more accessible for young people
$\nabla$ Dynamos schools is designed to be flexible based on the needs of young people and schools
$\nabla$ Can be played as 8 -a-side or 6 -a-side and can be easily adapted based on the size of the group
$\nabla$ Each team has the opportunity to bat and bowl/field
$\nabla$ Depending on the time available the number of balls per batting pair can be adapted

## Batting

$\nabla$ Minimum of 10 balls recommended for each batting pair
$\nabla$ This should be 2 sets of 5 balls delivered by 2 different bowlers
$\nabla$ If time allows or smaller sides are used, the number of balls per batting pair can be increased e.g. 20 balls ( 4 sets of 5 balls)
$\nabla$ Umpires should use discretion to swap batters, so each is given an opportunity to contribute

## Bowling \& Fielding

$\nabla$ Bowling takes place from one end only
$\nabla$ Each bowler will deliver at least 1 set of 5 balls
$\nabla$ All fielders (including the wicketkeeper) must rotate fielding positions at the end of each set of 5 balls

## Equipment

A list of the equipment you will need is provided overleaf

## Pitch Length \& set-up

Pitch length and boundary size should be adapted based on the age of participants and space available.

We recommend that 17 yards ( 15.5 m ) is used for Year 5 \& 6 or 15 yards $(13.7 \mathrm{~m})$ for Year 4 with full further details available here: ECB Recommended Junior Formats.


SAFETY:
Except for the wicketkeeper no fielder may field within 10 yards of the bat

## Rules

|  | 8-a-side (variation) | 6-a-side (variation) |
| :---: | :---: | :---: |
| Bowling | 5 balls per player then rotate with next fielder to bowl. Underarm \& Overarm bowling allowed | 5 balls per player then rotate with next fielder to bowl. Each player will bowl twice. |
|  | Pairs (10 balls per pair). | Pairs (20 balls per pair $=4$ sets of 5 balls) |
|  | Umpires should use discretion to swap batters so each is given an opportunity to contribute |  |
| Scoring | via Countdown cricket scorer app: Android Click here or IOS Click here |  |
| Runs | Are scored by hitting past (4 runs) or over ( 6 runs) the boundary or completing 'runs' between the wickets. No-balls \& wides are scored as 2 runs to batting team and no extra delivery to be bowled. |  |
| Free Hit* | Following a no ball or a wide, the batter receives a "free hit" from the batting tee, and any runs scored are added to the total for that delivery (for example 2 runs for a wide, plus 1 run from the "free hit" $=3$ runs). <br> Batters have 3 seconds to take their free hit and must hit forward of square. <br> Batters can be run out whilst trying to complete a run during a free hit but only by the ball struck from the batting tee (and not the original ball that resulted in the free hit being awarded). <br> Once the free hit ball has been returned to the wicketkeeper the ball is considered 'dead' and the batters should no longer run. |  |
| Out if | Batters may be out bowled, caught or run out. When out, batters mustswap ends and continue with 5 runs added to the fielding team |  |
| Fielding | Rotate after each set of 5 balls <br> SAFETY: Except for the wicketkeeper no fielder may field within 10 yards of the bat |  |
| Byes \& leg byes | Batters can still score runs if they don'tstrike the ball with the bat. When batters miss the ball and run this will be recorded as a Bye or if the ball strikes part of their body and they run this will be recoded as Leg Byes. However, the fielding team may still run them out |  |
| Wides | A ball which is too far from the batter to hit it shall be deemed un-hittable and classed as a wide (even if rolling) |  |
| No Ball | Any ball that is rolling, bounces more than twice (even if straight) before reaching the batter or passes above shoulder height without bouncing will be classed as a no ball |  |

## Equipment \& Prizes

A All you need to run Dynamos Schools is what's listed below;

- Rubberballs
- Boundary Cones or Markers
- Plasticstumps
- Bats*
- Batting tees (or a cone to hit off)
- Countdown Cricket scorer app

A Android Click here or IOS Click here or Scoresheet

$\Delta$ Please contact your local County Cricket Board if you need any of this equipment to run your competition


## COUNTDOWN <br> CRICKET

SCORER.

A A template certificate can be also be downloaded for every child participating

