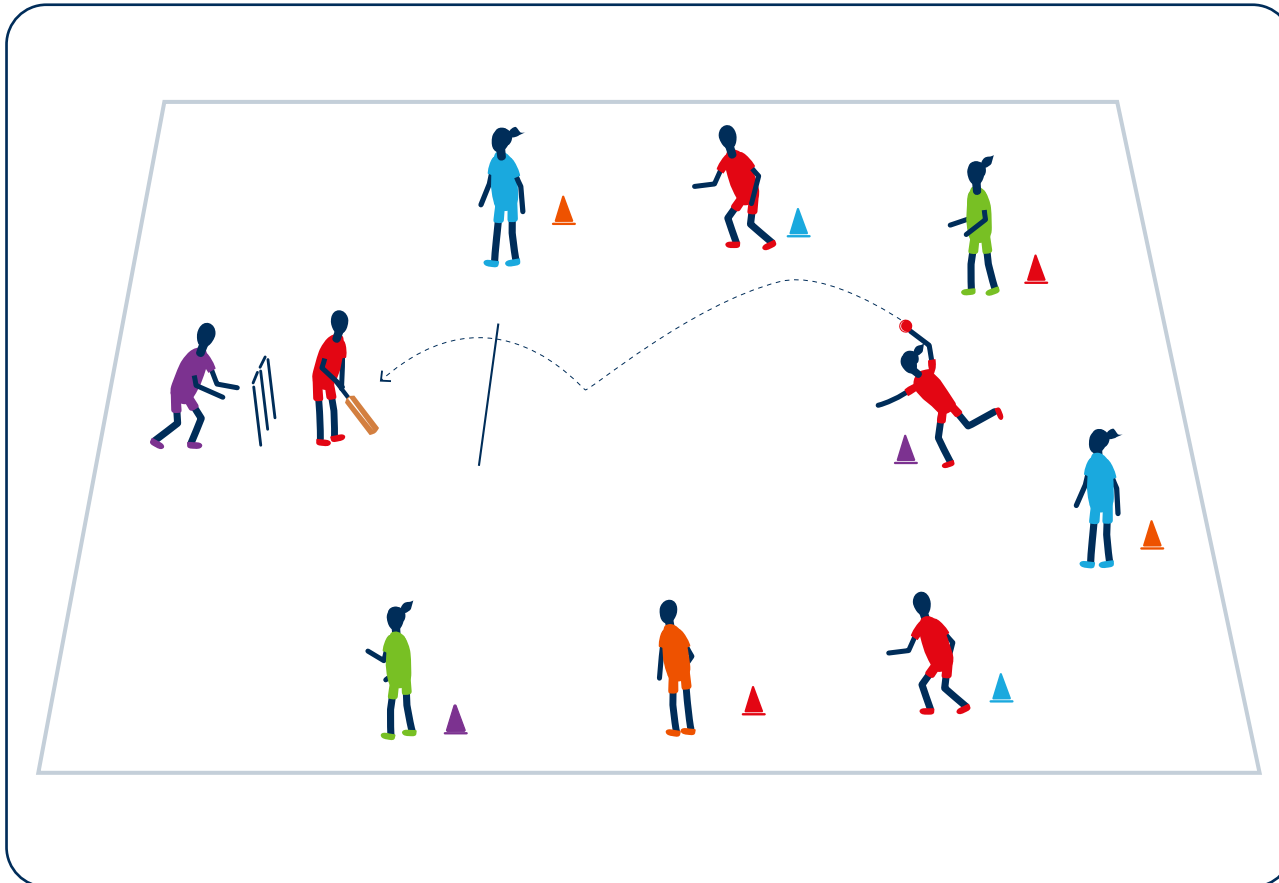


LENGTH BATTING



Equipment

Balls: 6+

Stumps: 1

Cones: 8+

1 line marker/rope

Aim

To acquire and develop decision making skills to improve shot selection

To select and apply skills to use the correct shot to the line and length of the ball received

To evaluate and improve performance by observing others and also listening to and following instructions

Organisation

Groups of players are organised as illustrated

Player 1 or coach serves the ball into the ground towards the batter; The feed should be varied with

balls pitching in front of or behind the line marked

Balls landing in front of the line should be hit on the front foot, balls pitching behind the line should be hit off the back foot

Points can be awarded for correct shots to appropriate deliveries

Each player has a set number of repetitions

The practice continues until all have had a go or within the time allocated

Adaptation/variation

Use bobble serves

Use over-arm throws

Use different balls

Increase/decrease serving distance

Fielders can catch the ball

Increase/decrease the size of the target



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