



England
Rugby

Level 3 Information Evening

Wetherby RUFC
19th October

TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP



Session Outcomes

- Understand application procedure
- Identify local ‘Towards Level 3’ modules

What is it?

Unlike the Level 1 and 2 qualifications.....the Level 3 is a real test of your ability as both a coach and manager of playing programmes and personnel. Although there are development opportunities on the course, it is very much an endorsement that you are working at Level 3, rather than a means to get you there.

What is it?

COURSE DESCRIPTOR

On successful completion of the Level 3 all coaches should be able to:

- Analyse participants' current and potential performance needs and aspirations.
- Articulate clear Coaching and Playing philosophies
- Plan a coaching programme according to agreed goals
- Manage a safe and effective coaching environment
- Deliver a coaching programme using a range of coaching styles and interventions to meet participants' needs
- Manage and develop personal coaching practice
- Manage and develop those around them
- Coach techniques & tactical concepts of rugby union
- Demonstrate an understanding of the units & sub-units and their contribution to team play and the principles of rugby union
- Demonstrate an understanding of the principles of attack and defence.

<http://www.englandrugby.com/my-rugby/coaches/ukcc-level-3-and-level-4/>

- Level 3 coaches will be Head Coach of a team or programme, with competitive (match) opportunities.
- **The closing date for Applications is Friday, 18th March 2016.** You will be informed as to the result of your application by 28th April 2016. If successful you will be required to complete your application, including payment, using the online course booking system.

Venue	Module 1	Module 2	Final Module 3
North Course Leeds Mercure Hotel	July 1 st , 2 nd & 3 rd July 2016 (attendance at all three days is compulsory)	September 2016-March 2017 (in the field and with mentor support)	May/June 2017
For coaches in Areas 4, 5 and 6	£850 (including VAT, resources, accommodation & meals)	No additional cost	£150 (including VAT, resources & meals)
Course Administrator is Adele Steer adelesteer@rfu.com			

1. Fully completed 2016/17 Application Form
2. Written confirmation (email or letter) from your club/school that you are Head Coach/Programme Leader in the XV a side game
3. Evidence of attendance at three or more of the advanced CPD series
4. Completed Player Profiling task using the template provided
5. Evidence that you have completed the Headcase online concussion education course. <http://www.englandrugby.com/my-rugby/players/player-health/concussion-headcase/>
6. Full Coaching CV
7. Submit a 15 - 20 minute clip which shows you coaching “Go forward and Support” from phase play. It is expected that you will deliver using an Adaptive Games approach, employing a Game Area to identify issues in player understanding and skill, and a Breakout Area where you will help players find solutions.
 - Within the video you should:
 - Explain clear objectives for the session to be delivered
 - Demonstrate your preferred style of delivery
 - Evidence innovative practice designs to improve individual, unit and team skills/game understanding, promoting problem solving among your players
 - Evidence coaching interventions to improve individual, unit and team skills/game understanding – technical & tactical

Towards Level 3 CPD

Course Finder

If you would like to book a course please ensure you are logged in before you book and that your account is fully activated. You can use [this link](#) to log in.

Course Type: Coach

Course Name: CPD Planning and Periodisation

Postcode NE18QD

Start Date



End Date



Search

- Goal Setting
- Planning & Periodisation*
- Player Profiling*
- Game Planning*
- Performance Analysis

<http://www.englandrugby.com/courses>

Course				Time
Goal Setting	11	Nov	Penrith RUFC	6.30pm – 8.30pm
Goal Setting	18	Nov	Leeds Met	6.30pm – 8.30pm
Goal Setting	25	Nov	Gosforth Academy	6.30pm – 8.30pm
Planning & Periodisation	13	Jan	Leeds Met	6.30pm – 8.30pm
Planning & Periodisation	20	Jan	Gosforth Academy	6.30pm – 8.30pm
Player Profiling	10	Feb	Leeds Met	6.30pm – 8.30pm
Player Profiling	17	Feb	Gosforth Academy	6.30pm – 8.30pm
Planning & Periodisation & Player Profiling	21	Feb	Penrith RUFC 12-4pm	12-4pm
Game Planning	2	Mar	Leeds Met	6.30pm – 8.30pm
Game Planning	7	Mar	Gosforth Academy	6.30pm – 8.30pm
Game Planning	9	Mar	Penrith RUFC	6.30pm – 8.30pm