

Age Grade Rugby

COUNTDOWN TO SEPTEMBER 2016

What is the new Age Grade Rugby?

A player centred, development driven and competition supported approach to 6-18 year old rugby, underpinned by the wants and needs of young players





Council Approval

- i. Mixed contact rugby finishes after U11
- ii. U13 Dual age band for girls does not include U11s
- iii. 15 a side rugby starts at U14
- iv. U13 new rules are implemented in 2016-17
- v. Lineout introduction is delayed to U14
- vi. A nationally-defined menu of national and county competitions per age group
- vii. No formal league rugby before U15
- viii. No Tournaments (competitions that find an overall winner) before U12
- ix. Competitions and Rep Rugby at all levels (local to CB to national) to be played in specific, nationally-consistent windows in the season
- x. Formation of Regional Player Development Groups to drive player pathway programme
- xi. Divisional representative level replaced by Regional level programme at U16 (from 2015-16)
- xii. No representative rugby before U15
- xiii. No district programmes at U16





Key changes for September 2016



- Full roll out of the New Rules and progression pathway
- One national competitive menu
- Consistent national competition playing calendar





NROP & Player Progression Pathway

Stru	cture	Get started				Scru	m	Li	neout	Contest fo	or the ball	l Kicking	
Age Group	School Year	Max numbers	Max Pitch size	Ball Size	Tackle	Max Numbers	Contest	Max Numbers	Contest	Ruck	Maul	From hand	At goal
U7	2	4	20 x 12	3	No - Tag only	N/A	N/A	N/A - free pass	N/A - free pass	N/A	N/A	No	No
U8	3	6	45 x 22	3	No - Tag only	N/A	N/A	N/A - free pass	N/A - free pass	N/A	N/A	No	No
U9	4	7	60 x 30	3	Yes - inc 'hold'	N/A	N/A	N/A - free pass	N/A - free pass	No	No	No	No
U10	5	8	60 x 35	4	Yes	Nearest 3	Uncontested	N/A - free pass	N/A - free pass	Yes - limit of 1 supporting player	Yes - limit of 1 supporting player	No	No
U11	6	9	60 x 43	4	Yes	Nearest 3	Strike only, no push	N/A - free pass	N/A - free pass	Yes - limit of 2 supporting players		Yes - 'fly hack' not permitted	No
U12	7	12	60 x 43	4	Yes	Nearest 5	Strike only, no push	N/A - free pass	N/A - free pass	Yes	Yes	Yes - 'fly hack' not permitted	No
U1 <u>3</u>	8	13	90 x 60	4	Yes	6 - trained and willing	Strike and push	N/A - free pass	N/A - free pass	Yes	Yes	Yes	No
U14	9	15	100 x 70	4	Yes	8 - trained and willing	Strike and push	13	Uncontested	Yes	Yes	Yes	Yes

Girls Player Progression Pathway

Struc	cture	(Get started			Scru	m	Li	neout	Contest fo	or the ball	Kicking		_
Age Group	School Year	Max numbers	Max Pitch size	Ball Size	Tackle	Max Numbers	Contest	Max Numbers	Contest	Ruck	Maul	From hand	At goal	
U7	2	4	20 x 12	3	No - Tag only	N/A	N/A	N/A - free pass	N/A - free pass	N/A	N/A	No	No	
U8	3	6	45 x 22	3	No - Tag only	N/A	N/A	N/A - free pass	N/A - free pass	N/A	N/A	No	No	M I
U9	4	7	60 x 30	3	Yes - inc 'hold'	N/A	N/A	N/A - free pass	N/A - free pass	No	No	No	No	X E D
U10	5	8	60 x 35	4	Yes	Nearest 3	Uncontested	N/A - free pass	N/A - free pass	Yes - limit of 1 supporting player		No	No	R U G
U11	6	9	60 x 43	4	Yes	Nearest 3	Strike only, no push	N/A - free pass	N/A - free pass	Yes - limit of 2 supporting players		Yes - 'fly hack' not permitted	No	В
U13	7&8	12	60 x 43	4	Yes	Nearest 5	Strike only, no push	N/A - free pass	N/A - free pass	Yes - limit of 2 supporting players		Yes - 'fly hack' not permitted	No	G I R L
U15	9 & 10	15	100 x 70	4	Yes	8 - trained and willing	Strike and push	13 - trained and willing	Uncontested, lift permitted	Yes	Yes	Yes	Yes	S R U
U18	11 to 13	15	100 x 70	5	Yes	8 - trained and willing	Strike and push	13 - trained and willing	Contested, lift permitted	Yes	Yes	Yes	Yes	G B Y

National Competitive Menu

- The right competitive opportunity at the right age
- Applied by competition and representative rugby organisers







AGE GRADE RUGBY COMPETITIVE MENU 2016-17

Role of Competition and Representative Rugby Organisers

The structure of the Menu will be governed by RFU regulations. Organisers will be expected to operate their competitions and activities within the parameters of Regulation 15 - Age Grade Rugby.

Only the competitive formats on the menu for an age group will be allowed. Regulation 15 is being developed to include this and is targeted for completion at the RFU Council meeting in February 2016.

Competitive Menu By Age Group

	The competitive	e opportunity avail	able on the Menu	progresses by age	group. Progressio	n is aligned to the c	developing compet	titive motivations of	of Age Grade Rugby	players.		
Competition Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 13 Female	Under 15 Female	Under 18 Female	
Friendly Fixture	√	√	√	√	√	√	√	√	V	√	√	
Triangular			V					V	V	\	V	
Festival			V					V	V	\	V	
Waterfall Tournament			V						V			
Knock Out/Tournament	1			V				V				
League	<u> </u>				√	—		√				
Competition Format	Under 7 to 11	Under 12 Male	Under 13 Male	Under 14 Male	Under 15 Male	Under 16 Male	Under 17 Male	Under 18 Male	Under 13 Female	Under 15 Female	Under 18 Female	
Competitive Format Descriptors												
Friendly Fixture	Competitive style	playing opportunit	ty for two teams, o	often as part of a cli	ub or school/colleg	e block fixture, wh	ere focus is on ma	ximising all your p	olayer's involvement	t, development and	d enjoyment.	
Triangular	Competitive style	plaving opportuni	ty for three teams	where equal plave	r participation is th	e emphasis. Focus	s is on maximising	all vour player's in	volvement, develop	oment and enjoym	ent rather than	

Triangular	Competitive style playing opportunity for three teams where equal player participation is the emphasis. Focus is on maximising all your player's involvement, development and enjoyment rather than the score.
Festival	Competitive round-robin playing opportunity where equal team and player participation is the emphasis. Scores may be recorded but winning doesn't affect your ongoing participation as every team plays the same appropriate number of matches.
Waterfall Tournament	Competitive playing programme where equal participation/progression is the emphasis. The outcome of your pool games are recorded to enable every team to advance to later rounds for an equal

number of matches against similar level teams.

Knock Out/Tournament Competitive playing programme where the outcome of the game is recorded and dictates your progression to later knock-out rounds or decides your final standing. Usually includes a winners trophy.

League Competitive playing programme where the outcome of the game is recorded and points are applied to dictate your position and final standing in the league table. Usually includes a winners trophy. May lead to a play off system to establish final champions.

AGE GRADE RUGBY COMPETITIVE MENU 2016-17

National Competitions Schedule 2016-17 Draft

Across Age Grade Rugby there will be a set of nationally delivered competitions. Whilst a number do, a national competition no longer necessarily seeks a national "champion". Some national competitions will provide a consistent playing programme and calendar across the country for an age group of players. The schedule of these national competitions is as follows with the detail behind each competition to be confirmed in spring 2016 at the latest:

Under 13 Male	Schools	National Schools 7s		March		Annual schools 7s co	mpetition, taking plac	e at Rosslyn Park						
Onder 13 Male														
Under 15 Male	Schools	National Schools Comp	oetition	September to March		Schools tiered Knock-	out Cup sponsored by	NatWest - possibly m	nirror locally for schoo	ls not entering the ma	ain competition			
Officer 15 Iviale														
Under 16 Male	Schools	National Schools 7s		March		Annual schools 7s co	mpetition, taking plac	e at Rosslyn Park						
Officer 10 Wate														
Under 17 Male	Clubs	National Under 17s Co	mpetition	September to April		Local county leagues	or cups feeding Divis	ional play offs and Na	tional finals in April					
Officer 17 Wate														
	Schools	Champions Trophy		September to Novem	ber	Schools Knock-out Cu	up for 32 teams sitting	above the Knock-out	Cup structure as below	w leading to a Final ir	November			
	Schools	National Schools Competition		September to March		Schools tiered Knock-out Cup sponsored by NatWest - possibly mirror locally for schools not entering the main competition								
Under 18 Male	Schools	National Schools 7s		March		Annual schools 7s competition, taking place at Rosslyn Park								
Officer 10 Wate	Schools/Colleges	AASE League		September to Novem	ber	Two Phase League fo	or AASE Colleges and S	schools leading to a Fi	nals Day event in Nov	ember				
	Colleges	National Colleges Leagues		September to April		Colleges Leagues on a regional level run with AoC Sport (Association of Colleges) leading to play offs and Finals								
	Clubs	National Under 18s Co	mpetition	September to April		Clubs Knock-out Cup run by East Midlands Rugby Union leading to a Final in April								
Under 12 Female	Schools	National Schools Comp	petition	Sept, Nov, Jan, Mar		Series of four tiered flexible Festivals (to run on an Area or County basis)								
Under 13 Female	Clubs	National Clubs Compe	tition	Oct, Dec, Feb		Tiered Waterfall Tour	rnaments over 6 week	s (to run on an Area o	r County basis)					
Under 15 Female	Schools	National Schools Comp	petition	Nov, Mar		Series of two tiered f	lexible Festivals (to ru	n on an Area or Count	ty basis) - reflect shift	in balance to club pa	rticipation			
Officer 15 Female	Clubs	National Clubs Compe	tition	October to April		Clubs tiered Knock-ou	ut Cup running over 9	weeks from local to na	ational level					
Under 18 Female	Schools/Colleges	National Schools 7s		March		Annual tiered schools	s 7s competitions, taki	ing place at Rosslyn P	ark					
	Colleges	National Schools Comp	petition	Sept, Nov, Jan, Mar		Series of four tiered f	flexible Festivals run o	n a regional level with	h AoC Sport (Associati	on of Colleges)				
	Clubs	bs National Clubs Competition				Clubs tiered Knock-ou	ut Cup running over 9	weeks from local to na	ational level					
				Age Grade Rugby: Pla	yer-Centred, Developr	nent-Driven, Competiti	on-Supported							



AGE GRADE RUGBY COMPETITIVE MENU 2016-17 Representative Rugby Schedule This section includes all selection systems that identify Age Grade players to perform outside their usual club, school or college participation. Some of the changes started their implementation in the 2015-16 season. The changes to where representative selection starts is based on format agreed by the RFU Council in April 2015. This agreement considered the implications of representative pathways and activity, not only on the players in the pathway but also and essentially on those back in the club, school or college programme. All representative selection and activity will be played in nationally defined and consistent windows - see the Competition Playing Calendar 2016-17 Representative Format Under 7 to 11 Under 12 Male **Under 13 Male** Under 14 Male **Under 15 Male Under 16 Male Under 17 Male** Under 18 Male Under 13 Female Under 15 Female Under 18 Female Developing Player Programme Sub County/District County/CB Regional Divisional **England** Under 7 to 11 **Under 12 Male** Under 13 Male Under 14 Male **Under 15 Male Under 16 Male Under 17 Male** Under 18 Male Under 13 Female Under 15 Female Under 18 Female **Representative Format** Age Grade Rugby: Player-Centred, Development-Driven, Competition-Supported



National Competition Playing Calendar

AGE GRADE RUGBY

• Competitions and representative rugby at all levels (local to CB to national) to be played in specific, nationally-consistent windows in the season





AGE GRAD	DE RUGE	Y COMF	PETITION PLAYING	CALENDAR 2016	-17 - Final Draft v.	3.0		To Intro	Playing Cal	endar Guide
								10 11111		
Month	w/c	Sunday	Under 12 Male	Under 13 Male	Under 14 Male		Under 15 Male	Representative	Under :	L6 Male Representative
August	15 Summer	21								Regional
August	22 Summer	28								
August	29 Summer	4								
September	5	11					-	*****************************	************************	*****************************
September	12	18	Schools Competitions	Schools Competitions	Schools Competitions	Schools Co	ompetitions		Schools Competitions	
September	19	25	Window	Window	Window	Win	ndow		Window	
September	26	2					Nat Schools Comp R1			
October	3	9								
October	10	16	Clubs	Clubs	Clubs	Cli	ubs		Clubs	
October	17 Half Term	23	Competitions	Competitions	Competitions	Compa	etitions		Competitions	
October	24	30:	Window	Window	Window	:Wiin	ndow		Window	
October	31	6								-1
November	7	13					Nat Schools Comp R2			
November	14	20	Schools Competitions	Schools Competitions	Schools Competitions	Schools Competitions			Schools Competitions	
November	21	27	Window	Window	Window	Window	Nat Schools Comp R3		Window	
November	28	4								
December	5	11								
December	12	18	Clubs Competitions	Clubs Competitions	Clubs Competitions	Clubs Cor	mpetitions		Clubs Competitions	
December	19 Christmas	25	Window	Window	Window	Win	ndow		Window	
December	26	1								
January	2	8								
January	9	15	Schools Competitions	Schools Competitions	Schools Competitions	Schools Competitions	Nat Schools Comp R4		Schools Competitions	
January	16	22	Window	Window	Window	Window		CB/DPP	Window	СВ
January	23	29					Nat Schools Comp R5			СВ
January	30	5						CB/DPP		
February	6	12	Club Competitions	Club Competitions	Club Competitions	Club Con	npetitions	CB/DPP	Club Competitions	СВ
February	13 Half Term	19	Window	Window	Window	: W .in	ndow		Window	CB
February	20:	26:								
February	27	5		Schools			Nat Schools Comp R6		Schools	
March	6	12	Schools	Competitions	Schools	Schools			Competitions	Regional
March	13	19	Competitions	Window	Competitions	Competitions	Nat Schools Comp SF		Window	
March	20	26	Window	National Schools 7s	Window	Window			National Schools 7s	
March	27	2		Schs Comps Window			Nat Schools Comp Finals		Schs Comps Window	Regional
April	3	9								
April	10 Easter	16	Clubs Competitions	Clubs Competitions	Clubs Competitions	Clubs Cor	mpetitions		Clubs Competitions	Regional
April	17	23	Window	Window	Window	Win	ndow		Window	Reg/National
April	24	30						Regional 12s		
May	1	7								

AGE GRADE RUGBY COMPETITION PLAYING CALENDAR 2016				-17 - Final Draft v.	3.0			To Intro	Playing Calendar Guide			
										8 0 11		
Month	w/c	Sunday	Under 1					Under 18 Male				
	igginnini			Representative						Rep Counties	Rep Professional	
August	15 Summer	21										
August	22 Summer:	28							AACE Dad 4.(Ctade 4)			
August	29 summer:	4							AASE Rnd 1 (Stage 1)			
September September	12	11							AASE Rnd 2 (Stage 1) AASE Rnd 3 (Stage 1)			
September	19	25						Nat Clubs Comp	AASE Rnd 4 (Stage 1)			
September	26	2.5			School Champions R1	Nat Schools Comp R1	Nat Colleges Comp	Nat Clubs Collip	AASE Rnd 5 (Stage 1)			
October	3	9			School Champions N1	Nat Schools Comp N1	ivat coneges comp	Nat Clubs Comp	AASE Rnd 6 (Stage 1)			
October	10	16			School Champions R2	Nat Schools Comp R2	Nat Colleges Comp	Nat Clubs Comp	AASE Rnd 7 (Stage 1)			
October	17 Half Term	23				Mat Schools Comp N2	Wat coneges comp	Nat Clubs Comp	AASE Mid 7 (Stage 1)			
October	24	30						(Apt.Clans.comb		СВ	England Camp	
October	31	6			School Champions R3	Nat Schools Comp R3	Nat Colleges Comp		AASE Rnd 8 (Stage 2)	<u> </u>	England Camp	
November	7	13			School Champions No	Nat Schools comp no	Nat Colleges Comp	Nat Clubs Comp	AASE Rnd 9 (Stage 2)			
November	14	20			School Champions SF	Nat Schools Comp R4	Nat Colleges Comp	. vac Grass Gemp	AASE Rnd 10 (Stage 2)			
November	21	27				Trac Schrools Somp 11.	Nat Colleges Comp	Nat Clubs Comp	7 th to 2 th that 20 (0 th go 2)			
November	28	4			School Champions Final	Nat Schools Comp R5	Nat Colleges Comp		AASE Finals			
December	5	11			т т т т т т т т т т т т т т т т т т т			Nat Clubs Comp				
December	12	18								CB		
December	19 Christmas	25										
December	26	1							Academy Rnd 1			
January	2	8							Academy Rnd 2			
January	9	15							Academy Rnd 3			
January	16	22		СВ					Academy Rnd 4	СВ		
January	23	29							Academy Rnd 5	СВ		
January	30	5		СВ					Academy Rnd 6	СВ		
February	6	12				Nat Schools Comp R6	Nat Colleges Comp		Academy Rnd 7			
February	13 Half Term	19		СВ					Academy Finals	Divisional		
February	20	26	Divisional Clubs QF							Inter Divisional		
February	27	5				Nat Schools Comp SF	Nat Colleges Comp	Nat Clubs Comp			England Camp	
March	6	12	Divisional Clubs SF				Nat Colleges Comp			England Camp	or Match Window	
March	13	19					Nat Colleges Comp	Nat Clubs Comp			3 weeks from 6TBC	
March	20	26	Divisional Clubs Final			National Schools 7s	Nat Colleges Comp					
March	27	2				Nat Schools Comp Finals	Nat Colleges Comp					
April	3	9	National Clubs SF							England Camp	England Tournament	
April	10 Easter	16								England Triangular	England Tournament	
April	17	23						Nat Clubs Comp				
April	24	30	National Clubs Final			2002	Nat Colleges Finals					
May	1	7										

AGE GRAD	E RUGB	Y COMP	ETITION PLAYING CALENDAR	2016-17 - Final Draft v	7.3.0				o Intro Play	ing Cale	ndar Gı	uide
Month	w/c	Sunday	Under 13 Female		Under 15 Female		Under 18 Female			w/c	Sunday	Month
IVIOIILII	w/c	Juliuay				Rep Development			Rep Development	w/C	Juliuay	WOILLI
August	15 Summer	21								15 Summer	21	August
August	22 Summer :	28								22 Summer	28	August
August	29 Summer	4								29 Summer	4	August
September	5	11								5	11	September
September	12	18	Schools Competitions	Schools C	ompetitions		Schools Co	mpetitions		12	18	September
September	19	25	Window	Wi	ndow	СВ	Wir	dow	СВ	19	25	September
September	26	2	Nat Schools Co	mp				Nat Colleges Comp		26	2	September
October	3	9	Nat Clubs Cor	пр	Nat Clubs Comp			Nat Clubs Comp		3	9	October
October	10	16	Clubs	Clubs			Clubs			10	16	October
October	17 Halfterm	23	Competitions Nat Clubs Cor	p Competitions	Nat Clubs Comp		Competitions	Nat Clubs Comp		17 Half Term	23	October
October	24	30	Window	Window		ÇB:	Window		СВ	24	30	October
October	31	6	Nat Clubs Cor	пр	Nat Clubs Comp			Nat Clubs Comp		31	6	October
November	7	13								7	13	November
November	14	20	Schools Competitions	Schools Competitions		СВ	Schools Competitions		СВ	14	20	November
November	21	27	Window	Window	Nat Schools Comp		Window	Nat Colleges Comp		21	27	November
November	28	4	Nat Schools Co	np		СВ			СВ	28	4	November
December	5	11	Nat Clubs Cor	пр	Nat Clubs Comp			Nat Clubs Comp		5	11	December
December	12	18	Clubs Competitions	Clubs Competitions	Nat Clubs Comp		Clubs Competitions	Nat Clubs Comp		12	18	December
December	19 Christmas	25	Window	Window			Window			19 Christmas	25	December
December	26	1								26	1	December
January	2	8								2	8	January
January	9	15	Schools Competitions	Schools C	Schools Competitions		Schools Competitions			9	15	January
January	16	22	Window	Wi	Window		Window Nat Colleges Comp			16	22	January
January	23	29	Nat Schools Co	np		Academy Programme			Academy Programme	23	29	January
January	30	5								30	5	January
February	6	12	Club Competitions Nat Clubs Cor	p Club Competitions	Nat Clubs Comp		Club Competitions	Nat Clubs Comp		6	12	February
February	13 Half Term	19	Window	Window		Academy Programme	Window		Academy Programme	13 Half Term	19	February
February	20	26	Nat Clubs Cor	qi	Nat Clubs Comp			Nat Clubs Comp		20	26	February
February	27	5						Nat Colleges Comp		27	5	February
March	6	12	Schools	Schools		Academy Programme	Schools		Academy Programme	6	12	March
March	13	19	Competitions	Competitions			Competitions			13	19	March
March	20	26	Window	Window	Nat Schools Comp		Window	Nat Colls Comp/Schs 7s		20	26	March
March	27	2	Nat Schools Co	mp		Academy Programme			Academy Programme	27	2	March
April	3	9			Nat Clubs Comp			Nat Clubs Comp		3	9	April
April	10 Easter	16	Clubs Competitions	Clubs Competitions			Clubs Competitions			10 Easter	16	April
April	17	23	Window	Window		Academy Programme	Window		Academy Programme	17	23	April
April	24	30			Nat Clubs Comp			Nat Clubs Comp		24	30	April
May	1	7				Academy Programme			Academy Programme	1	7	May

Age Grade Rugby Campaign 2016



January – Awareness Raising

- Raising awareness of Age Grade Rugby to staff and the game through RFU communications channels
- Final divisional meetings w/c 11 Jan
- Launch of Kids First w/c 18 Jan

February- March – Education

- Further detailed information distributed to staff and the game
- RFU Roadshows to take place in all Areas

April-August – Planning

Ongoing help, advice and support

September – Go Live

• Implementation and evaluation











A new player centred, development driven and competition supported approach to 6-18 year old rugby, underpinned by the wants and needs of young players.

The key changes for rugby across schools, colleges and clubs will be:

- One national competition calendar
 One national menu of competitions
 Full roll out of the New Rules of Play

Right helid Toxic Tool III from a cities and Togland highly an edical replaced trade in the Highly Helic Walne.

RFU Staff Support

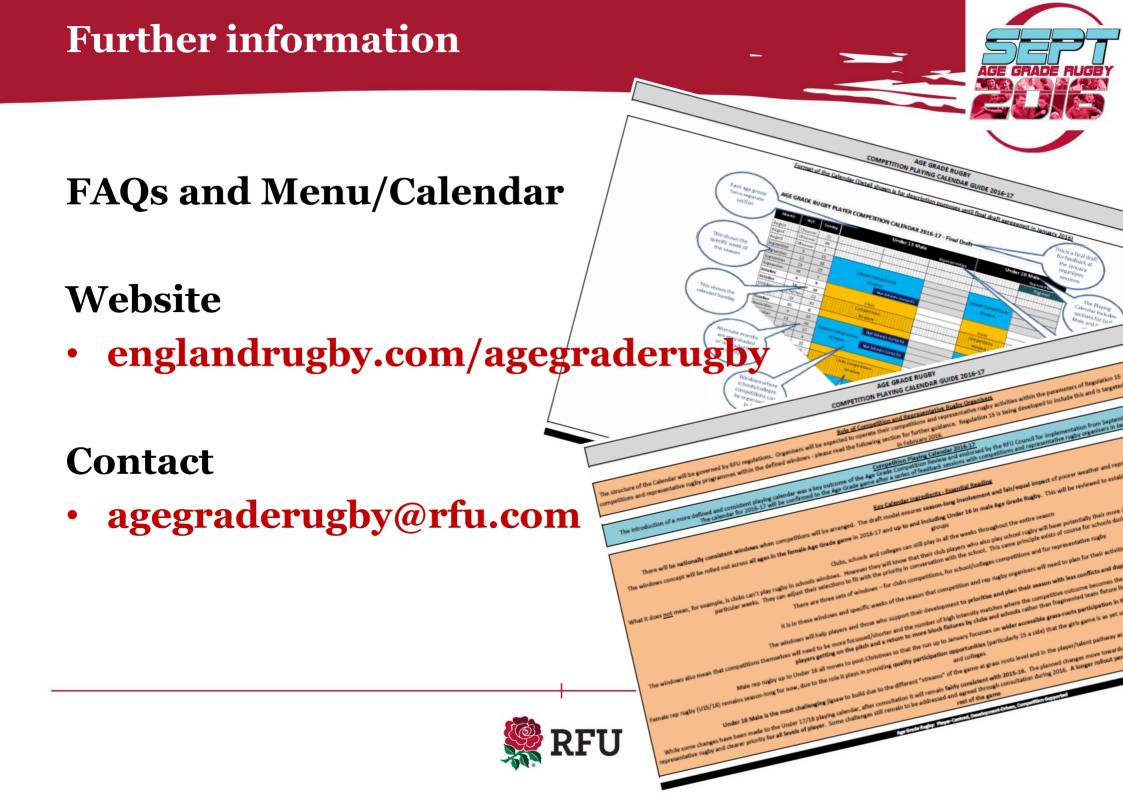
- As advocates for the changes to Age Grade Rugby, representing the RFU
- Distributing communication and campaign materials
- Providing help and support –
 FAQs

Eyes and ears!











Any more questions?









THANK YOU