

# South East Women's Lacrosse League



## League Rules for Season 2019 - 2020

Last updated July 2019 - *Update Prina M*

### League Structure & Objectives

1. The South East Senior Women's Lacrosse League ("SEWLL") represents the league structure for clubs that are members of the South East Women's Lacrosse Association (SEWLA).
2. The objective of the league is primarily to foster the development of women's lacrosse in the SouthEast Region.
3. All clubs that are affiliated to SEWLA are eligible to enter team(s) in the SEWLL; other clubs not affiliated to this region will be allowed to enter teams at the discretion of SEWLL Committee (the "Committee").
4. The Committee will be charged with organising and ensuring the smooth running of the SEWLL; it will comprise of a 4 positions: League Secretary, Rosebowl Secretary and League Coordinators x2.
5. The committee is appointed for an indefinite amount of time but adequate notification of standing down is requested in order to find a suitable replacement.
6. The league will hold an AGM at the end of the season to review the season and plan for the next season. All clubs in the league are required to send a representative.
7. An AGM is considered to be quorate when there are 60% of clubs (active in the league in the season) in attendance
8. Currently there are 3 divisions in the South East league - Premiership, Division 1 and Division 2.
9. The Premiership currently has 8 teams, Division 1 has 8 teams and Division 2 North has 6 teams and Division 2 South has 6 teams entered in it.

### League Governance

10. The Committee will report any league developments in the Committee minutes or decisions as and when required (via email).
11. The Committee will be responsible for making any decisions on league matters during the season. Any decisions required during the season will be discussed between the above positions and a vote taken on matters arising. . Decisions will be based on the stated rules, or where there is no rule in place decisions will be based on prior precedent.
12. If the League Committee cannot make an impartial decision, the voting process will be escalated to all clubs, either through the AGM, or an Emergency General Meeting (EGM). An EGM may be convened via email.
13. Any conflicts of interest must be declared in any voting procedures and appropriate action will be taken.
14. League playing rules cannot be amended during the season. A submission must be made in writing to the committee to review, add to, amend or delete any league rules for the following season. A subsequent vote will be made at the AGM or if necessary at an EGM to be convened for this purpose. A simple majority will rule. The written submission must be received with at least a week's notice before the AGM. An EGM may be convened via email.
15. League rules will be submitted to the National Lacrosse Committee (NLC) after agreement at the AGM, in accordance with ELA Byelaw: 7.1.2 Regional Associations.
16. Where a vote is directly related to a club, the affected club may appeal the outcome by raising this to SEWLA. The appeal must be submitted in writing to SEWLA. The appeal must be raised within 1 week from the date the outcome of the vote was communicated. An outcome of a vote may only be appealed once regarding the same matter.

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## Entries

17. South East Affiliated clubs may enter multiple teams.
18. All entries must be made by the deadline as sent out by the League Secretary. The entry form must be filled in online or sent in to SEWLL.
19. League Fees must be paid when entering. League fees must be received by the 31st August for team entries to be secured
20. Every club is required to have a generic club address that is checked by club members regularly, plus at least one league contact within their clubs who is contactable via email for league issues and who checks their email account regularly.
21. If another team from the same club or a new club wishes to enter the league they need to submit the league entry form by the required deadline. The South East eligibility will be reviewed and clubs will be notified if they are successful. It is not possible to enter halfway through a season. The new team will automatically be entered in the lowest division.
22. Only one team from a club is able to participate in the Premiership
23. If a team drops out of the league during the season, the committee will hold an EGM via email with all the clubs involved in that league to determine how to move forward.
  - a. All games against that team will be voided and left as free dates. All points will be voided
  - b. If a club wants to enter into the league as a late entry this will be proposed to the EGM

Clubs must come to a majority decision on how to move forward with the league in the EGM.

## Players

24. If more than one team from a single club are both entered in the SEWLL, players need to be nominated so that they cannot play in the lower ranked teams.
  - a. 8 nominated players from the 1<sup>st</sup> team need to be stated on the entry form. These 8 players are unable to play for lower ranked teams. Any current international or regional players (i.e. the recognisably strongest players) will be among the nominated players (unless there are more than 8 international players within that club)
  - b. 6 nominated players from the 2<sup>nd</sup> team need to be stated on the entry form. These 6 players are unable to play for lower ranked teams
  - c. No team in the South East League can field a player under the age of 14, as per the NLC rules.

Any club found to be breaking the above rule would forfeit that match. Nominated players are not restricted in playing for a higher ranked team.
25. Players are only eligible to represent one club in any in English Lacrosse League. Any team found fielding an illegal player will forfeit the match. This rule does not stop players training at multiple clubs.
26. NEW All players playing in league matches - must be registered on the current ELA registration system
27. Teams may apply to the League Committee to permit a player to change clubs mid-season and a decision will be made judged on their circumstances. The team losing the player must assent to releasing that player in writing.

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28. For breach of the player eligibility rules, the team fielding the illegal player will lose the match and be allocated 0 points and also 0 goal score allocation. The non offending team will get 5 points for a win and the goals they scored in the match will be taken for their 'goals for' score.

## Fixtures and Dates

29. League dates are fixed by the South East Women's Lacrosse Association (SEWLA) Fixtures Secretary in conjunction with the dates set by the National Playing Committee and these are then passed on to the SEWLL to arrange the fixtures on. The number of league dates available varies from year to year.
30. The Fixtures Secretary will set the fixtures on those defined dates. The dates/matches will be published on the South East website <http://southeastlacrosse.pitchero.com/> and also circulated via email prior to the season, or by any other means as and when required.
31. Venues will be stated on the email as the home venue given to the league on the team entry form. Any changes to the venue (for non-weather reasons) should be notified by 10pm Thursday evening to the committee and all teams concerned.
32. Match times are stated as 11am on Sundays, but times can be altered by the home team if they have other fixtures to schedule for that day.
33. The home team can move the Sunday fixture from anytime from 7pm on a Friday night to Sunday at 2.30pm of the same weekend permitted that both teams agree.
34. Agreement for any match amendments in rules 30 – 33 must be reached by all teams concerned and the committee informed.
35. All amendments to start times on fixtures should be finalised with the league by 31<sup>st</sup> August 2019.
36. If teams cannot agree by 31<sup>st</sup> August, the original date and time stands as final.

## Points

37. Teams will get 5 points for a win, 3 points for a draw, 0 points for a loss. Teams that lose but get half or more than half the opposition's score will be allocated 1 point. In the event of a team conceding, -3 points will be taken from the conceding team if the match is conceded after the Thursday (immediately prior to the game date) at 10pm and -1 point if conceded before Thursday at 10pm. For conceded matches, goals entered is a 5-0 score line. Winning team is allocated 5 points and 5 goals and losing (i.e. conceding team) is allocated relevant points as above and no goals.
38. When two or more teams have equal points, placings will be determined by goal difference. The team with the highest goal difference will be placed higher.
  - a. If goal difference is also equal, the result (including goal difference) of the matches between the two teams will be looked at. The team that won (or has a better goal difference in the matches) will be placed higher.
  - b. If the match results are also equal, total goals scored will be looked at. The team with more goals scored will be placed higher.
  - c. If goals scored is still equal, the result will be determined on the toss of a coin.This rule will also apply during promotion/relegation/playoffs.



## Confirmation, Re-arranging and Cancellation of matches

39. The Committee will send out a confirmation email to all clubs by the Wednesday of each week. All teams must reply to this message to confirm the weekend's matches.
40. Contacts for all clubs wherever possible are made available by the Committee but teams are advised when confirming details during the preceding week to confirm a contact from each of the clubs for the day.
41. It is the responsibility of the hosting team to liaise with the team concerned regarding details for the weekend and inform of any cancellation due to adverse weather/pitch conditions. Cancellations must be made via phone, email or text to the opposing team. South East league must always be informed via email. It is the responsibility of the cancelling team to consider all the implications of the cancellation.
42. If there is bad weather and the match is going ahead reasonable condition of the pitches must be taken into consideration. Both team captains must agree to playing if the pitches are bad. If both captains do not agree, then this will be taken as a postponed match due to adverse weather conditions. Photo evidence of the condition of the pitches will be required and submitted to the committee.
43. If there are potential adverse weather conditions foreseen and the home team can find an alternative venue, the new venue must be agreed 36 hours before the start time of the game. If not agreed by the away team and the original venue is unplayable, this will be considered a postponed match.
44. If matches are cancelled they are only eligible to be replayed if they were postponed due to pitch conditions or adverse weather conditions. A team pulling out due to insufficient numbers is classified as a conceded match and relevant points allocated/subtracted depending on time of cancellation.
  - a. Opposing teams are advised to enforce this rule and take the points for the match. If both teams agree at a later date that they will actually replay the match, then the points can be amended
45. Any weather postponed matches must be rearranged for the next spare date as detailed on the league fixtures calendar. Only if a team already has another rearranged match scheduled for that date an alternative date may be looked at. The next spare date should then be used, or if there are no spare dates left then the home team may provide a list of 3 alternative dates. If no agreeable date can be found, then the match will be void (a nil-nil draw will be registered with zero points allocated).
46. The date of the rearranged match will be finalised within two weeks of the cancelled match and communicated to the Committee. Failure by the home team to provide rearranged dates, or the away team to confirm the rearranged date, within the above timetable, will be deemed to be a concession by the offending team.
47. If there are any issues arising from the inability to arrange suitable dates then the matter may be referred to the Committee and a decision made after representations from both teams have been heard, (either in writing or in person in front of the SEWLL where required). Teams are to liaise directly with each other but must copy ('cc') the Committee on emails in order to keep her informed and to ensure that timescales are being adhered to.
48. If the rearranged match is unable to be replayed on date chosen due to pitch condition or adverse weather, then if sufficient time allows before the end of the season, then it is possible to re-arrange again under the same timescale. If there is not enough time left in the season, then the match will be void (a nil-nil draw will be registered with zero points allocated).

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49. It is the responsibility of the home team to source a suitable venue and two umpires - including the payment of umpires and venues. If the rearranged match is cancelled for any other reason then it is subject to normal cancellation rules and penalties.
50. The hosting teams are as defined as part of the fixtures. It is up to the hosts as to whether they choose to provide teas for the visiting teams. It is therefore, asked out of courtesy that any teams cancelling at any point need to advise the hosting team that they will not be playing. Contacts for all clubs wherever possible are made available by the Committee but teams are advised when confirming details during the preceding week to confirm a contact from each of the clubs for the day.

### Umpires

51. The home team must provide two umpires for the match in the Premiership and Division 1
52. The home team and the away team must provide one umpire each to umpire the match in Division 2.
53. For Premiership matches at least one umpire will be level 2.
54. For Division 1 and Division 2 there will be of at least level 1 standard. It is recommended that there is still at least one level 2 if possible.
55. It is also recommended that 3 umpires are best in order to monitor the restraining line effectively.
56. Teams may use players as umpires. Both teams must agree to play quarters if requested by either team.

### Kit

57. Every team playing in the league will wear numbered shirts that are numbered both front and back. There should be no repetition of numbers between players on the same pitch. If both teams playing are wearing similar shirts then an alternative coloured set of bibs should be worn by the away team (even if the host team provide the bibs).

### Playing & Disciplinary Rules

58. FIL rules, pitch markings and approved crosses will be adhered to. Any changes to the existing FIL rules (and the timing of their coming into force) will be fed down from the ELA to the Committee and distributed out to clubs.
59. During the 2019-2020 season we adopt all [FIL Rules](#) excluding drop stick and stop clock.
60. Either team can request a 10 minute delay to the agreed start time of the match at the umpire's discretion. This request has to be made to the umpire 5 minutes before the scheduled start time of the match.
61. A team is deemed to be ready to start play with a minimum of 1 player on the pitch.
62. From 1<sup>st</sup> September 2018 all players must show ELA registration card or screen shot on mobile phone to the match umpire during the compulsory stick check. No registration card means the player cannot play.
63. Captains to check the Umpires ELA registration card before the game begins. Captains of either side to enforce the NO PLAY rule if Umpires or Players do not produce ELA registration card.
64. From 1<sup>st</sup> September 2017, the fielding of non-registered participants will result in the following sanctions:
  - a. Participating in a game as a player, coach or official without having registered with the ELA will be regarded as bringing the game into disrepute and the individual will

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- be awarded an automatic one week ban for the first incident, for each subsequent incident a three week ban and a fine of £50 payable to the regional association.
- b. Clubs who field teams containing unregistered players or coaches will initially receive a written warning reminding them of their responsibilities in this matter. For the second infringement the relevant team will receive a deduction of 10 league points.
  - c. In addition, any team participating in a cup or similar competition which fields unregistered players will be disqualified from that competition.
  - d. Clubs who repeatedly continue to field unregistered participants will be subject to a Regional Disciplinary investigation as bringing the game into disrepute.
65. Automatic bans are awarded for expulsion and red card fouls. This applies to all participation in the relevant competitions, including playing, coaching or officiating in games. So a player who is expelled in a League game may not play, coach or officiate in a League or Tournament match the following Sunday. They may take part in other activities such as training, recruitment events, and one off competitive events such as Bath 8s or Blues Fest.
66. Bans awarded following formal disciplinary hearings may result in bans from all Lacrosse activities, or as defined by the disciplinary hearing.

## Play Offs

67. The rule for Premiership Playoff:
- a. The winners of Division 1 are automatically promoted to the Premiership
  - b. The bottom placed team of the Premiership are automatically relegated to Division 1
  - c. Playoff match will be between the 7<sup>th</sup> place team in the Premiership and the 2<sup>nd</sup> placed team in Division 1. The winning team will play in the Premiership the following season.
68. Division 1 playoffs:
- a. The winners of the OVERALL Division 2 are automatically promoted to Division 1
  - b. The bottom placed team of Division 1 are automatically relegated to Division 2
  - c. Playoff match offered between the second placed team from OVERALL division 2 and second from bottom team in Division 1.
  - d. If Division 2 team declines, then playoff does not happen and second from bottom team in Division 1 remains in Division 1 for the following season
69. The venue and umpires for playoff matches will be neutral and will be organised by the League.
70. Any team unable to field a team will forfeit the match.
71. A Team cannot decline moving up a league for more than one season
72. If Clubs are tied on points and goal difference they will be included in a multi team playoff.
73. If Playoff match ends in a Draw, 3 mins extra time is played each way. If the match is still a draw, 3 mins Golden Goal is played each way.

## Results

74. Teams will send their results to the League Secretary by 8pm on the Sunday of the match. This is the responsibility of both teams in order to verify the score. Failure to send in results by this deadline will result in a 2 point deduction for any team that fails to send it in.
75. The Committee will upload the results to the SE website.



## Second Division extra rulings

76. If teams playing in matches in the Second division are short of players such that the match might have to be conceded on the day, then it is possible for both teams to agree to play for 15 minutes as the league match.
77. The result of the match will be a win for the side fielding the full team, regardless of the final score. After the 15 minutes game, the teams can switch around to borrow/share players to ensure that a good game of lacrosse is achieved for both teams. In this instance, both teams must sign a piece of paper prior to the start of the match agreeing that the match they are about to play will stand as a league match, that they will play for 15 minutes and the goals scored in the 15 minutes will stand as the final result. This means that the team playing short (who would have conceded and received -3 points) will get zero points and the winning team will get 5 points for a win. The points will be allocated in this way irrespective of whether the team playing short gets more goals - they agreed at the start of the match that they are in essence conceding the match but getting zero points instead of -3.

## First Aid

32. It is strongly recommended that each club carry a first aid kit with them to all matches.