



Notebook

EASTERN COUNTIES – WHAT ARE WE DOING?

For those of you who wonder what we are up to and what we are planning to do this season, how much money we are spending on what and which committee is responsible for delivering it. We have produced a detailed action plan and budget which we feed into the RFU's 'Planning, Funding and Reporting' system - known as 'PFR'. Which you can find as the end of this Notebook.

This plan has been aligned to the RFU strategic plan 2017-21 which has the following four strategic themes 'Protect, Engage, Grow, Win'. A key priority for EC being the creation of the Community Game Growth role, being admirably filled by Darren Wright.

Follow the link below to read the RFU's Strategic plan for Rugby Union in England covering all its forms and variants

<http://www.englandrugbyfiles.com/strategicplan/mobile/index.html>



GAME OF OUR LIVES

RFU STRATEGIC PLAN
2017 - 2021

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CLUBS, COUNTIES, EASTERN COUNTIES – A TWO-WAY DEAL

Eastern Counties Rugby Union exists to serve its member clubs. We can't do that if clubs don't know what we're doing, what we're planning to do and if clubs aren't able to tell the counties and Eastern Counties what they think. We are lucky to have the three counties – Cambridgeshire, Norfolk and Suffolk – as part of our set-up, but we could definitely do better to help clubs and rugby people generally know more about the issues that we are currently dealing with, such as:

- Changes to the international ticket allocation system
- Changes to rules about 17-year olds playing adult rugby
- Changes to the staff structure at the RFU
- Our work on promoting different kinds of playing opportunities for social rugby players
- Our work on promoting club development

We want clubs:

- To know what is going on, and who to turn to for help
- To recognise that they need to help us get better by telling us how things are from their point of view and by encouraging club volunteers to get involved in the wider rugby world.

Eastern Counties volunteers and the RFU professional staff already talk to clubs and counties in lots of ways and these will all continue along with subject-specific meetings such as the end-of-season league meetings.

But we need this communication to be two-way: clubs should be able to tell us what they think, and to hear what other clubs think, as well as being 'told' the official information. The best forum for this exchange will be the regular county meetings in Cambridgeshire, Norfolk and Suffolk. From now on, Eastern Counties will use these meetings as the main forum to tell the rugby community what is happening and to hear from the community what they think of it.

In other parts of the country it is compulsory for clubs to go to county meetings if they want to receive support from the RFU. We don't think that is the right way to go – many clubs have enough on their plate already - but we do want to be sure that we are putting the resources we have where they are most likely to be put to good use. Eastern Counties will prioritise clubs that are playing their part in the wider rugby world over one that takes a closed approach.

A club that ...

- Has accredited and incorporated status;
- Has a club safeguarding officer in place and has returned the club safeguarding audit;
- Attends county meetings regularly;
- Attends CB/RFU organised training events on club management, safeguarding etc;
- Supports county and Eastern Counties playing squads;
- Encourages volunteers to take on roles within the county and Eastern Counties.

... is more likely to be considered well-engaged than one that doesn't.

There will be one or two Eastern Counties committee representatives at each county meeting to brief the clubs present on the issues that the CB is trying to deal with. And those reps will be able to respond to the feedback clubs offer to the issues raised and report clubs views to Eastern Counties.

This will work better if county meetings are better attended than they sometimes are currently. It is important that clubs understand that the best opportunity they have to make their views heard are those county meetings.

We are asking clubs to help us with this new approach, and the Club Development Committee together with the RDOs will be monitoring the level of club engagement in the future – since they are best placed to recognise where clubs are making genuine efforts to get more involved, and where they are in need of greater support.

Alasdair Bovaird - Chair, Eastern Counties RU

Engage



THE RFU'S VALUE THE VOLUNTEER OUTSTANDING CONTRIBUTION AWARD

Richard Cresswell, pictured on the left in the photograph, was last year recognised by the RFU for the outstanding contribution he has given to the sport at the Stowmarket Club over a period spanning many years. Unfortunately, for family reasons, he was unable to accept an invitation to Twickenham to accept his award. However, the problem was addressed before a game at Stowmarket's Phoenix Park when he accepted a bottle of Bollinger and a set of flutes that had been provided by the

RFU's President.



EC's Chair of Club Development John Winders presents Richard Cresswell with a bottle of Bollinger Champagne courtesy of RFU President

LOWESTOFT & YARMOUTH RFC REWARD VALUED VOLUNTEERS



L&Y RFC's U 16/17 Team manager Andy Higgins receives his RFU volunteer awards certificate from John Langford

Andy Higgins - Andy has been Team Manager of the Under 16/17 Youth Side for a couple of seasons now and shown all the time commitment needed to run a successful and consistent Club Youth side. His efforts are recognised by the Club.

George Tomlinson & Hayden Wight - George and Hayden took up Youth Coaching last season to give something back to the sport they have enjoyed and loved playing. They achieved their coaching badges and started coaching the Under 14's. The Club recognised their commitment and skills they were showing. It was felt that this would be best served working with the Under 16/17 and they finished off the season joining Andy to make a very strong Management & Coaching Team, this has continued in to the 2018/19 Season.

EC COMMUNITY GAME GROWTH COMMITTEE



Whilst October has been a busy month for a lot of us involved in the County representative programmes, there has still been time to squeeze in a fair bit of game growth related stuff.



There was a great representation at our latest EC Colts forum meeting at Diss where the Age Grade division of the Game Growth committee took centre stage to discuss what's happening with Colts rugby in Eastern Counties. This once "golden" age group seems to be struggling at the moment with the need for players to bolster senior sides and then not being available for their own games on Sundays. Is this sustainable? Should we be leaving our colts to enjoy being colts and play with their lifelong mates?

The good thing about the forum meetings that we hold is that we get clubs talking to other clubs about the good things they are doing as well as the help needed by others and we will be seeing clubs clustering together to keep Colts rugby going at many clubs and supporting cluster events being organised for this season.

Whilst we are charged with growing the game throughout, we also need to understand and tackle the big one which is player retention. How can we stop the current increase in games being cancelled and players leaving the game? Why are some clubs thriving and others slowly sinking? Are there clubs out there that will stop at nothing to recruit and have the largest squad in the land only to find that they then have no opposition to play against? This seems to happen a lot and is by no means restricted to our three counties but a problem none the less for the clubs affected.

We have all probably been guilty of getting complacent and taking things for granted but what knock on effect does this have in an organisation? Are we giving all our members a great club experience and getting as many involved and making them feel wanted? If the answer is no, then people will vote with their feet. Clubs shouldn't be afraid to ask for help and support if they need it. We are here to listen and help when and where we can.

The Women and Girls are still growing, and the new EC Womens merit league is slowly starting to develop, giving clubs who aren't ready for league rugby or have a number of players that struggle for game time a chance to play. The Girls programmes that we run continue to grow and one of the biggest positives for this particular section is that we have all grown together. The all muck in approach as witnessed at all the Eastern Counties Girls club festivals is a something that other sections could perhaps learn from. We have provided a platform for girls to play, and with our clubs support, the girls game has gone from strength to strength with the women not far behind.

So back to player retention and where do we start? We will leave it for this month with a question. If you were developing the game for a new era, what would it look like and when would it be played?

Darren Wright – Chair Community Game Growth

WHEREABOUTS NOVEMBER



Roger Pierson
RFU Council Member

- 3 Twickenham Eng v SA
- 7 Suffolk v Cambs - Bury St Eds
- 10 Eng v NZ
- 12 Twickenham Newmarket RFC
- 13 EC Management Committee
- 14 EC Competitions Group
- 17 Twickenham Eng v Japan
- 19 EC Club Development Group
- 21 Ipswich RFC
- 22 CB & Club Development Group
- 23 Council Meeting
- 24 Twickenham Eng v Aus
- 28 Norfolk RU Meeting



Ian Forton
ECRU President

- 1 Holt Dinner
- 3 Twickenham Eng v SA
- 7 Suffolk v Cambs - Bury St Eds
- 10 Norwich RFU intermediate cup
- 12 Lakenham-Hewett (accreditation)
- 13 EC Management Committee
- 14 EC Competitions Group
- 17 Aldeburgh RFC
- 21 Steel Bodgers v Cambridge University
- 24 Bury St Edmunds RFC



John Winders
Chair Club Development

- 3 Twickenham - Eng v SA
- 7 Suffolk v Cambs - Bury St Eds
- 13 EC Management Committee
- 17 Harwich & Dovercourt
- 19 EC Club Development Group
- 23 Ipswich RFC President's Eve.
- 24 Mildenhall Red Lodge



Alasdair Bovaird ECRU
Chairman

- 3 Saffron Walden v Stowmarket
- 6 Foundation for Leadership in Sport conference at Twickenham
- 7 Suffolk v Cambs at Bury
- 13 EC Management Committee
- 14 Cambs RFU meeting
- 15 Sponsorship meeting
- 17 Norwich v Saffron Walden
- 19 Club Development
- 28 Norfolk v Suffolk Norfolk RFU Meeting



Robert Temple
ECRU Honorary Secretary

- 3 Thurston vs Woodbridge
- 7 Suffolk v Cambs - Bury St Eds
- 13 EC Management Committee
- 17 Southwold vs Harlow
- 21 Norfolk vs Suffolk Wymondham
- 28 Norfolk RFU Meeting
- 29 Marketing and Communications



Pamela Clarke
ECRU Treasurer

- 3 Twickenham Eng v SA
- 10 Twickenham Eng v NZ
- 13 EC Management Committee
- 21 Steel Bodgers v Cambridge



Darren Wright
Chair – Community Game Growth

- 6 Game Growth meeting with EC Schools and Youth/Age grade sub committees.
- 7 EC U17 trials at Thetford RFC
- 11 U13 Girls PUP at Ipswich RFC
- 12 Norfolk RFU passing masterclass session at Wymondham RFC
- 13 EC Management Meeting
- 14 EC U16 trials at Thetford RFC
- 16 Ipswich School v Woodbridge School, 1st xv match
- 17 Twickenham Eng v Japan
- 18 EC Womens XRugby Festival - Diss RFC
- 25 EC U15 and U18 Assessment festival at Sudbury RFC
- 26 EC Womens Forum meeting at Stowmarket RFC



Chris Capps-Jenner
Director of Representative Rugby

- 2 RFU/University Rugby Dev and EC CB Coach Dev Meeting - UEA
- 4 Club Colts - L&Y RFC
- 7 EC U17s trial - Thetford RFC
- 7 Suffolk v Cambs EC County Cup
- 10 Dereham RFC
- 13 EC Management Committee
- 14 EC U16s Trials Thetford RFC
- 17 Beccles RFC
- 19 EC U17s Thetford RFC
- 21 EC U16s PDG Trials Thetford RFC
- 21 Norfolk vs Suffolk Wymondham
- 23 EC Senior Wanderers Meeting
- 25 EC U15 & U18 Girls Trials Sudbury
- 26 Leicester Tigers DPP Wymondham
- 28 EC Coaching Meeting Thetford
- 28 EC U16s Thetford RFC

MATCH REPORT: HOLT 12 EASTERN COUNTIES 41 - 14TH OCTOBER 2018)



Holt and EC teams 50 years apart

Holt welcomed Eastern Counties to a game held to celebrate the anniversary of the Bridge Road ground. The two sides had met 50 years ago to the day when the ground was opened. Sadly Sunday's weather did not match up to the festive atmosphere. There were heavy downpours throughout and it is to the credit of both sides that some entertaining, if error-strewn, rugby took place and some excellent tries were scored by both sides.

Eastern Counties had picked a strong 'select side': a mix of experienced and emerging players and it was one of the latter, the UEA wing James Phimister, who scored the opening try. It was created by a fine pass under pressure from North Walsham's Will Swart and converted by his clubmate Jake Duffield. Five minutes later Shelford scrum-half Tom Duffy took a quick tap penalty and scored a try which gave Duffield an easy conversion. Will Swart then scored an try in the corner; the conversion failed and Eastern Counties were 19 points ahead. A loose kick from a Holt back landed in the hands of the Eastern Counties captain Steve Hipwell of Cambridge who scored an unconverted try. At this stage it looked as though the visitors would run away with the game.

Holt are nothing if not resilient this season, however, and Bruce van Poortvliet, Holt's scrum-half, was alert to some defensive disorganisation and scored from a quick tap penalty: Louis Chapman converted and the half time score was 7-24

After the restart Holt kept possession and showed a lot of commitment: they did not however have the skills or organisation to put any points on the board until Van Poortvliet squeezed over in the corner for his second try; this time it was not converted. The score of 12-24 was as close as Holt could get: as they tired, Eastern Counties took charge. Centre George Menhinick from Saffron Walden broke through tackles in a twenty-yard run to score and then a second wing-three quarter from UEA, Dan Shepherd added two tries - the first of which was converted by Diss fullback Chris Beaird.

Although the result was not what Holt would have hoped, the occasion itself met all the club's expectations. Over 120 people attended the pre-match celebratory lunch and braved the rain on the touchline. Holt were captained on the day by hooker Joe Harrison whose grandfather, Ed Harrison, played in the 1968 game and shared a table at lunch with a number of his old team-mates.



EC Captain Steve Hipwell (Cambridge) takes the ball on

Match Report: Martyn Sloman – Holt RFC

FUNDING & FACILITIES



Congratulations go to the Mersea Island Club after the award of £5k by the Rugby Football Foundation towards the acquisition of portable floodlights for use at their Glebe Playing Field Ground in West Mersea.

Clubs will be aware that the RFF is a registered charity established by the RFU to promote and develop community amateur rugby in England. It aims to do this particularly by promoting participation in Rugby Union for adults and children of all abilities by providing appropriate facilities. This is a significant funding pot available to most Clubs.

Treasurers might wish to refresh their understanding of the Rugby Football Foundation by going to <http://www.rugbyfootballfoundation.org>

In the case of the Mersea Island Club the RFF has imposed a number of conditions upon the award. The most significant are that: -

- i) the Club must complete their Accreditation Health Check before drawing down the grant; and
- ii) the Club must fully review their details on the RFU Game Management System and ensure information is accurate and up to date.

There are housekeeping messages here for all Clubs.

ENGAGING WITH THE COMMUNITY

At this time of year, a number of our Clubs engage with their communities and put on a fireworks display with benefits for all. This year the Ipswich Rugby Club was first off the mark with their "Spooky Fireworks Extravaganza" held on Friday 26th October. Children's rides were arranged and a number of food stalls ranging from noodles, hot dogs and doughnuts were on site. In addition, the clubhouse and bar were open and there was spooky face painting.



Michelle, the Club Administrator advises a large team of club volunteers all worked tirelessly to put the event together. Advance tickets had been sold through local Co-op stores and on the night approaching 1,000 people witnessed a spectacular fireworks display. This all promotes the image of the Club in the Town.



In the last few seasons there has been more emphasis on the protection of players through the RFU's Headcase (concussion awareness) programme. This programme has free online courses that are designed to help educate everyone about concussion with specific modules for coaches, match officials, players, teachers and parents.

Concussion is an area of the game that Eastern Counties is striving to bring to the forefront of the training for all age groups from kids and youth through to all senior levels.

Eastern Counties are highlighting the fact that this, is an important part of player welfare and as such feel that we need to ensure that we make all clubs (players, managers, volunteers and families) and any person connected to rugby are aware of the situation.

Concussion is a traumatic brain injury resulting in a disturbance of the normal working of the brain in which typically standard brain scans are normal. It is usually the result of one of the following:

- A blow directly to the head e.g. a clash of heads or the head hitting the ground
- The head being shaken when the body is struck e.g. a high impact tackle

All resources relating to concussion are available on the England Rugby website:

<https://www.englandrugby.com/my-rugby/players/player-health/concussion-headcase>

The full overview document from the RFU is available on the Eastern Counties site under the Safeguarding section link here:- <http://www.eocrugby.com/page/safeguarding/safeguarding/headcase-14007/>

If you require more information, please contact the Safeguarding manager or your RDOs.

James Pepper

Eastern Counties Safeguarding Manager

e: safeguarding@eocrugby.com

ECRU Events Calendar

November 2018

Mon 29	Tue 30	Wed 31	Thu 1 ● 19:00 EC Competitions G	Fri 2	Sat 3	Sun 4
5 ● 19:00 Club Dev/Funding f	6 ● 19:00 Game Growth meet	7 ● 19:00 Suffolk v Cambs -	8	9	10	11
12	13 ● 19:00 ECRU Management	14 ● 19:00 Cambridgeshire Co	15	16	17	18
19 ● 19:00 EC Club Developme	20	21 ● 19:00 Norfolk v Suffolk - I	22	23	24	25
26	27	28 ● 19:00 Norfolk Committee	29	30	1 Dec	2 ● 14:00 U18s Match



Eastern Counties Award Course Calendar 2018/19

England Rugby Training Course Descriptors [Click Here](#)

Online Course Booking Guide - [Click Here](#)

England Rugby Coaching Award – [Click Here](#)

Venue	County	Day 1	Day 2	Day 3	Booking
Campion School	Essex	Sun-07-Oct	Sun-21-Oct	Sun-04-Nov	Click Here
Downham Market Academy	Norfolk	Sun-04-Nov	Sun-18-Nov	Sun-02-Dec	Click Here
Swayne Park	Essex	Sun-11-Nov	Sun-25-Nov	Sun-09-Dec	Click Here
Moulton College	Northamptonshire	Sun-11-Nov	Sun-25-Nov	Sun-09-Dec	Click Here
Beccles Free School	Norfolk	Sun-24-Feb	Sun-10-Mar	Sun-24-Mar	Click Here
The Leys School	Cambridgeshire	Sun-12-May	Sun-26-May	Sun-09-Jun	Click Here
University of East Anglia, Norwich	Norfolk	Sun-16-Jun	Sun-30-Jun	Sun-17-July	Click Here

England Rugby Referee Award – [Click Here](#)

Venue	County	Day 1	Day 2	Booking Link
Campion School	Essex	Sun-21-Oct	Sun-04-Nov	Click Here
Robert Clack School	Essex	Sun-11-Nov	Sun-25-Nov	Click Here
Chantry Academy, Ipswich	Suffolk	Sun-11-Nov	Sun-09-Dec	Click Here
University of East Anglia, Norwich	Norfolk	Sun-03-Feb	Sun-17-Feb	Click Here
The Leys School	Cambridgeshire	Sun-30-Jun	Sun-14-July	Click Here

Young Match Officials Only

(Same Award Course as above, but only open to young people aged between 14-19 years that live or play their rugby in Eastern Counties)

Venue	County	Day 1	Day 2	Booking Link
The Leys School	Cambridgeshire	Tues-23-Oct	Thurs-25-Oct	Click Here
Hartismere High School (Venue TBC)	Suffolk	Tues-19-Feb	Thurs-21-Feb	URL to be released once venue is confirmed

A live calendar of CPD and Award courses, can be found clicking on this link:

<https://docs.google.com/spreadsheets/d/1F9l3TQwMCriNQyMvA3wCiEnKfGBOdpnGnndHt1ffPa0/edit?usp=sharing>

JOIN EC FOR DRINKS AND NIBBLES IN THE CAR PARK



NOTE FROM THE EDITOR

If you would like your club article to appear in this Newsletter, then please send it (preferably with a related photo/image) to: -

Notebook@ecrugby.com




by the third Friday in the month.

Russ Clarke


ECRU – Chair Marketing and Communications

Eastern Counties Rugby Union

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Eastern Counties will be in the Cardinal Vaughan Car Part ahead of the England vs South Africa game in the Autumn Internationals on Sat 3rd November (from 12.30-2.30pm *30mins before KO at 3pm) and the England vs Scotland game on Sat 16th March (from 2.30pm-4.30pm *30mins before KO). Anyone attending from an Eastern Counties Club, especially volunteers are invited to attend and have a drink and nibbles courtesy of our sponsors Greene King and Musk Sausages






EASTERN COUNTIES RUGBY UNION

Join us for Beer and Bangers!





Eastern Counties – Action Plan and Budget (PFR Plan)

Priority Theme/Area	Action	Budget	Committee responsible
PROTECT AND ENGAGE			
P1	Club & CB support	Support the transition of clubs to CASC or incorporation status	£500 Club Development
		Ensure GMS is bedded in at club level	£500 Club Development
		Support the accreditation process	£0 Club Development
		Auditing of club accounts	£0 Finance
		Review of constitution and structure of Management Committee	£0 Governance
		Productions of Terms of Reference for all Posts and Procedure for Conduct at Meetings	£0 Governance
		Produce a membership register	£0 Governance
		Provision of central office and administration to support Clubs and CB	£25,000 Governance
		Ensure that there are robust systems in place to store and manage data	£0 Marketing & Comms
		Establish a succession plan for key roles	£0 Nominations
		Promotion of discipline as a core value	£400 Discipline
		Wider governance support	£250 Volunteers
P2	Player Welfare	Funding / provision of First Aid courses to clubs	£300 Safeguarding
		Appoint County Safeguarding Managers	£0 Safeguarding
		Attendance at appropriate "Play it Safe" and "In Touch" courses	£0 Safeguarding
		Ensure process of incident referral is in accordance with RFU policy	£0 Safeguarding
		Support clubs in the appointment of Safeguarding Officers	£100 Safeguarding
		Encourage improvements to the quality and safety of Community Club Rugby	£0 Safeguarding
		Supporting clubs through visits and audits to ensure compliance with safeguarding requirements	£650 Safeguarding
		Annual Safeguarding conference	£750 Safeguarding
P3	Club Leadership & Volunteer Support	Support club links to their local communities	£1,000 Club Development
		Support clubs in having an active CVC	£0 Volunteers
		Support / part fund Leadership Academy	£500 Volunteers
		Support clubs in developing club volunteers	£500 Volunteers
		Recognising the contribution of volunteers	£1,000 Volunteers
P4	CB Leadership & Volunteer Support	Committee Expenses	£750 Game Growth
		Committee Expenses	£500 Club Development
		Administration and Accounts support for the CB	£2,000 Finance
		Best value - support the CB to maximise its activities using its funding	£0 Finance
		Annual CB retreat to provide a forum to create the action plan and monitor its success	£3,000 Governance
		Attendance of ManCom members at RFU events	£650 Governance
		Presidents Bursary for CB and RFU Events	£500 Governance
		Identify Leadership in Union candidates	£0 Volunteers

P5	CB / Club communications	AGM	£500	Governance
		Ensure all CB events are reported in a timely manner	£0	Marketing & Comms
		Ensure Counties/Clubs receive accurate and timely information regarding the management and governance of Rugby	£0	Marketing & Comms
		Identify, secure and maintain current sponsors	£0	Marketing & Comms
		Production of monthly Notebook	£0	Marketing & Comms
		Maintenance and update of CB website, ECRU app and file sharing solution	£2,400	Marketing & Comms
		Live streaming of Representative games	£1,710	Marketing & Comms
		Promotional items for events	£1,650	Marketing & Comms
		Production of CB handbook	£1,000	Marketing & Comms
		Provision of hospitality at Twickenham matches	£400	Volunteers
GROW				
G1	Age grade to adult player transition	Transition into clubs	£400	Game Growth
		School club/links	£750	Game Growth
		University returners festival	£200	Game Growth
		Event to promote the transition of 18-24 year olds into club rugby	£958	Volunteers
G2	Full Pitch 7s & XRugby 7s	Support beach, touch, walking and vets rugby plus touch and tag opportunities	£750	Club Development
		Suffolk Sevens	£500	Game Growth
G3	Rugby Turf & Rugby Share: RFU programmes for 3G pitch development – no CB activity			
G4	Female game growth	U15/U18 Girl's Development Sessions	£2,090	Representative Rugby
		Women's Forum and Pitch Up and Play	£900	Game Growth
G5	Growth in under-represented groups: No specific CB activity			
BUSINESS AS USUAL				
B1	Sustain rugby in our clubs	3 U13 County Festivals	£1,200	Game Growth
		Colts competitions	£1,000	Game Growth
		Provision of Goal Posts at two clubs	£1,600	Facilities
		Pitch Maintenance Grants at two clubs	£2,000	Facilities
		Support between two to five clubs to improve the social space at their club in the lead up to the World Cup	£4,250	Facilities
B2	Sustain rugby in our Schools	No specific CB activity: Responsibility of EC and County Schools Unions		
B3	Education & training of coaches, match official, volunteers and medics	Coaching Conference	£1,800	Coaching
		Bursary for courses, CPD, Level 3	£3,000	Coaching
		Identify and develop coaches at club level - mentor and development sessions	£480	Coaching
		Identify and develop coaches for elite/CB squads - appoint coach educators	£1,450	Coaching
		RFU CCC Development session	£150	Coaching
		County coaching committee meetings	£150	Coaching

B4	Competition management & development	U17/U18 Competition	£750	Game Growth
		County 10's	£1,000	Game Growth
		County U16's 12-a-side	£450	Game Growth
		Provide a local competition structure	£5,400	Competitions
		Develop and support the introduction of Electronic Match Cards	£500	Competitions
		Mens Cluster Final	£800	Game Growth
WIN				
W1	Integrated development pathways (M&F)	U16 Representative side	£5,540	Representative Rugby
		U17 Representative side	£4,282	Representative Rugby
		U18 Representative side	£6,250	Representative Rugby
		U20 Representative side	£8,301	Representative Rugby
		Senior Mens Representative side	£13,022	Representative Rugby
		Senior Mens Wanderers side	£10,000	Representative Rugby
		Tri-County Championships	£6,000	Representative Rugby
		U15/U18 Girls Representative sides	£6,440	Representative Rugby
		Senior Womens Representative Rugby	£11,858	Representative Rugby