

# **HIGHADMIT PROJECTS SOUTH WALES PREMIER FOOTBALL LEAGUE HANDBOOK**



## **SEASON 2025-2026**

**Website: [www.southwalespremierleague.co.uk](http://www.southwalespremierleague.co.uk)**

## **CARDIFF AIRPORT PREMIER DIVISION CHAMPIONS**



## **AFAN UNITED CHAMPIONSHIP DIVISION CHAMPIONS**



# **LEAGUE MANAGEMENT BOARD OFFICERS**

## **League Patron:**

**DAVID G. WILCOX**

**Tel: 01443 436586**

**Mobile: 07974386360**

**Email: dgwilcox@hotmail.co.uk**

## **League President:**

**IDWAL E. JONES**

**Mobile: 07889289655**

**Email: idwalejones@gmail.com**

## **Chair**

**STEVE HOLT**

**Tel No: 07742646054**

## **Vice-Chair**

**DAVE SWEET**

**Tel No: 07977736747**

## **League Secretary:**

**PHILIP SWEET**

**Mobile: 07394967881**

**Email: swplsecretary@gmail.com**

## **Assistant Secretary (Finance):**

**MELISSA THOMAS**

**Tel: 07794911258**

**Email: SWPLFinance@outlook.com**

## **Comet Champion**

**TERRY ALLDAY**

**Tel No: 07966269457**

**Email: swplcomet@outlook.com**

## **Social Media Officer**

**ELLIOT THOMAS**

**Tel No: 07957674072**

**Email: swplmedia@gmail.com**

## **Safeguarding Officer**

**LEIGH WILLIAMS**

**Tel No: 07815696242**

**Email: l.b.williams@hotmail.com**

# **LEAGUE MANAGEMENT BOARD MEMBERS**

## **Life Members**

D.G. Wilcox:	Tel No: 01443 436586 (1973)
A.A. Brookes JP:	Tel No: 01656 741077 (1975)
K. Jones:	Tel No: 01656 711245 (1987)
E. Taylor:	Tel No: 01685 882243 (1990)
D.E. Peart:	Tel No: 07815 820233 (1990)
W.E. Davies:	Tel No: 01443 687865 (1991)
I.E. Jones:	Tel No: 01443 202963 (1992)

## **Life Members & League Ambassadors**

G. John:	Tel No: 01446 793669 (1990)
D.S. Snook:	Tel No: 01443 262814 (1998)
D. Roberts:	Tel No: 02920 252853 (2003)
A. Gay:	Tel No: 02920 611569 (2003)

## **Vice Presidents**

R. Davies:	Tel No: 07816 854864 (2004)
J. Toner	Tel No: 01443 835078 (2005)

## **Members**

A. Greenslade:	Tel No: 07970437383 (2018)
S. Paterson	Tel No: 07546432243 (2021)
R Powell	Tel No: 07966324060 (2021)
H. Jones	Tel No: 07974252940 (2022)
T. Davies	Tel No: 07400811911 (2024)
H. John	Tel No: 07796133669 (2024)
S. John	Tel No: 07581751555 (2025)

# SEASON 2024-25 - A REVIEW

The Premier Division continued to be as strong as ever with a number of clubs in contention for the title over the course of the season. However, by the end of March many of the challengers had melted away and with both teams having secured promotion the quest for the title was a two-horse race between Caerphilly Athletic and Cardiff Airport with the latter team eventually emerging victorious. At the bottom of the table, Ton Pentre endured a wretched season only managing a single league victory all campaign. They would be joined in the Championship division next season by Tonyrefail BGC.

The Championship title race also went right down to the wire. With Clwb Cymric and Afan United securing promotion the race for the league title was decided in the last game of the season. As Clwb Cymric had completed their fixtures they could only watch on as Afan United hammered Cardiff Bay Warriors to secure the title by two points. Following the demise of Merthyr Saints midway through the season only four clubs would be relegated from the division. With Aberdare Town's relegation confirmed with several matches left to play Cardiff Bay Warriors, Cwmbach RS, Treforest and Llanrumney United all found themselves battling to avoid the drop, a situation made all the more interesting given the fact that these teams all had to play each other at least once. Eventually it was Cardiff Bay Warriors who brought off a great escape to secure Championship football once again next season.

The Division One East title was also decided in the last game of the season when the two promoted clubs, AFC Penrhiwceiber and Penygraig United, played each other to decide who would be crowned champions, an encounter where AFC Penrhiwceiber emerged victorious. At the bottom of the division the league bade farewell to both Penrhiwfer and Pantyscallog Village. In Division One West Tata Steel United and Caerau All Whites led the table for much of the season. However, Llangeinor overcame a massive fixture backlog to finish champions by one point over Tata who at least had the consolation of promotion. At the bottom Garw SGBC, Talbot Green and Maesteg Park all dropped into local football.

The W. John Owen Cup was won by Cardiff Airport who became the first team to do the double of winning both the Premier Division and the W. John Owen Cup in the same season.

## PREMIER DIVISION TABLE 2024-25

TEAM	P	W	D	L	F	A	PTS
CARDIFF AIRPORT	22	18	2	2	80	25	56
CAERPHILLY ATHLETIC FC	22	14	3	5	58	29	45
PENYDARREN BGC	22	13	3	6	57	35	42
LLANTWIT FARDRE FC	22	11	7	4	53	28	40
PORT TALBOT TOWN FC	22	10	6	6	53	25	36
PORTHCAWL TOWN ATHLETIC FC	22	9	3	10	45	48	30
PENCOED ATHLETIC BGC	22	8	6	8	34	38	30
ABER VALLY FC	22	8	5	9	36	36	29
ELY RANGERS FC	22	6	4	12	44	54	22
FC CWMAMAN	22	4	7	11	35	45	19
TONYREFAIL BGC FC	22	5	2	15	17	76	17
TON PENTRE AFC	22	1	2	19	11	84	5

## CHAMPIONSHIP TABLE 2023-24

TEAM	P	W	D	L	F	A	PTS
AFAN UNITED FC	22	16	3	3	52	28	51
CLWB CYMRIC FC	22	15	4	3	83	25	49
AFC WATTSTOWN	22	13	5	4	69	28	44
VALE UNITED FC	22	10	6	6	40	33	36
DINAS POWYS DC	22	10	5	7	53	39	35
BETTWS FC	22	9	1	12	49	50	28
CARDIFF COSMOPOLITAN FC	22	7	6	9	38	47	27
CARDIFF BAY WARRIORS FC	22	7	5	10	54	63	26
CWMBACH ROYAL STARS FC	22	5	7	10	39	53	22
TREFOREST FC	22	5	7	10	33	51	22
LLANRUMNEY UNITED	22	4	7	11	39	60	19
ABERDARE TOWN FC	22	2	2	18	22	94	8

MERTHYR SAINTS WITHDREW DURING THE SEASON - THEIR RECORD WAS EXPUNGED

## DIVISION ONE EAST TABLE 2023-24

TEAM	P	W	D	L	F	A	PTS
AFC PENRHIWCEIBER	22	18	3	1	58	27	57
PENYGRAIG UNITED FC	22	17	1	4	76	26	52
SPLOTT FC	22	15	1	6	72	33	46
CWM WELFARE AFC	22	11	4	7	49	40	37
CWRT RAWLIN FC	22	9	4	9	43	46	31
NELSON CAVALIERS AFC	22	7	9	6	38	42	30
FAIRWATER FC	22	8	3	11	35	45	27
TONGWYNLAIS AFC	22	6	6	10	45	53	24
TREORCHY BOYS & GIRLS CLUB	22	6	5	11	35	46	23
ST JOSEPHS FC	22	7	1	14	45	66	22
PANTYSCALLOG VILLAGE	22	4	5	13	50	68	17
PENRHIWFER AFC	22	2	2	18	27	81	8

## DIVISION ONE WEST TABLE 2023-24

TEAM	P	W	D	L	F	A	PTS
LLANGEINOR FC	20	15	3	2	53	18	48
TATA STEEL UNITED FC	20	14	5	1	70	14	47
CAERAU ALL WHITES	20	13	2	5	61	32	41
SULLY SPORTS FC	20	11	2	7	53	30	35
GRANGE ALBION FC	20	9	3	8	40	42	30
MARGAM YOUTH CENTRE	20	9	2	9	45	42	29
COGAN CORONATION AFC	20	8	4	8	40	40	28
HOLTON ROAD AFC	20	6	1	13	44	55	19
GARW SGBC FC	20	6	1	13	27	60	19
TALBOT GREEN FC	20	6	0	14	31	56	18
MAESTEG PARK FC	20	1	1	18	11	86	4

## PREMIER DIVISION RESULTS

	Aber Valley FC	Caerphilly Ath	Cardiff Airport	Fly Rangers	FC Cwmaman	Llantwit Fardre	Pencoed Athletic	Penydarren BGC	Port Talbot Town	Porthcawl T Ath	Ton Pentre	Tonyrefail BGC
Aber Valley	X	2-2	2-3	2-1	3-3	0-1	1-1	2-2	1-2	3-0	1-1	2-0
Caerphilly Athletic	3-1	X	0-3	4-0	2-2	1-2	5-0	3-1	2-3	4-0	1-0	6-0
Cardiff Airport	1-0	2-3	X	6-0	4-2	1-1	2-1	3-1	0-3	4-0	8-0	11-1
Ely Rangers	3-1	2-3	3-3	X	2-3	3-3	0-0	2-3	2-1	3-3	8-1	7-1
FC Cwmaman	1-2	2-4	2-5	4-1	X	3-3	2-2	0-1	1-1	0-1	2-0	3-0
Llantwit Fardre	2-0	3-0	1-5	1-4	3-1	X	3-1	2-2	3-3	1-2	6-0	4-0
Pencoed Athletic	4-3	2-0	0-3	3-0	2-0	0-0	X	0-4	2-1	3-1	2-3	2-3
Penydarren BGC	4-1	0-3	3-4	3-0	3-2	2-1	1-2	X	1-1	3-2	4-1	3-0
Port Talbot Town	1-4	1-2	0-1	3-0	1-1	0-0	1-1	4-0	X	0-2	8-0	8-0
Porthcawl T. Ath	1-2	2-2	1-3	3-1	4-1	0-4	3-1	2-3	2-5	X	6-1	1-1
Ton Pentre	0-2	1-3	0-3	0-1	0-0	0-2	0-3	0-12	0-3	2-6	X	1-2
Tonyrefail BGC	0-1	0-5	1-5	3-1	1-0	0-7	2-2	0-1	0-3	1-3	1-0	X

## CHAMPIONSHIP DIVISION RESULTS

	Aberdare Town	Afan United	AFC Wattstown	Bettws	C Bay Warriors	Cardiff Cosmo	Clwb Cymris	Cwmbach RS	Dinas Powys	Llanrumney United	Treforest	Vale United
Aberdare Town	X	0-4	1-3	0-7	1-5	1-3	3-4	3-3	0-8	3-1	1-3	0-4
Afan United	1-2	X	3-2	3-2	5-1	1-2	3-2	2-0	1-1	1-0	2-1	1-0
AFC Wattstown	14-1	0-1	X	5-1	1-2	2-1	1-3	1-1	4-0	2-2	5-1	2-0
Bettws	3-1	1-2	2-2	X	4-1	2-0	0-2	3-0	3-0	1-4	5-0	0-2
C'diff Bay Warriors	5-1	4-3	2-6	2-1	X	0-3	2-3	4-3	3-5	4-5	3-3	4-4
Cardiff Cosmopol	6-0	1-1	0-2	4-3	2-1	X	1-4	4-0	2-2	1-5	1-1	1-1
Clwb Cymric	4-0	2-3	1-1	7-0	1-1	7-1	X	8-0	1-3	6-0	6-0	4-1
Cwmbach RS	3-1	1-1	0-4	1-2	2-2	2-2	2-2	X	2-3	5-1	4-1	1-1
Dinas Powys	6-0	1-2	1-2	4-2	4-3	5-0	1-4	3-2	X	1-0	1-1	0-0
Llanrumney United	1-1	0-4	2-5	3-4	3-3	1-1	0-4	2-4	3-3	X	2-2	3-2
Treforest	3-2	3-4	2-4	4-2	1-2	2-1	1-1	0-1	2-1	1-1	X	1-2
Vale United	3-0	2-4	1-1	3-1	2-0	4-1	1-7	3-2	2-0	2-0	0-0	X



## DIVISION I EAST RESULTS

	AFC Penrhawceiber	Cwm Welfare	Cwrt Rawlin	Fairwater	Nelson Cavaliers	Pentyscallog	Penthiwfer	Penygraig United	Sploft FC	St Josephs	Tongwynlais	Treorchy BGC
AFC Penrhawceiber	X	1-0	4-1	3-0	3-2	5-2	3-1	2-0	1-0	3-2	3-2	2-1
Cwm Welfare	1-1	X	2-1	1-3	5-2	1-1	3-1	0-6	0-2	2-1	5-2	2-0
Cwrt Rawlin	0-3	1-5	X	1-1	2-2	4-5	6-2	0-2	2-1	3-2	3-1	1-0
Fairwater	1-3	0-4	1-3	X	0-0	5-1	3-0	1-4	1-5	0-1	0-2	2-1
Nelson Cavaliers	2-2	1-1	3-2	0-3	X	1-0	1-0	0-5	0-2	5-1	0-0	2-2
Pentyscallog	1-2	3-4	1-1	1-3	2-2	X	5-0	2-5	0-4	3-5	4-4	2-2
Penrhawceiber	2-5	1-1	2-4	3-5	3-5	1-6	X	1-5	1-5	1-1	1-2	3-2
Penygraig United	3-0	4-2	2-2	3-1	2-0	3-2	7-0	X	7-2	1-2	6-1	1-3
Sploft FC	0-2	6-1	2-0	1-0	2-2	4-1	8-1	0-2	X	9-3	5-2	1-2
St Josephs	3-5	2-1	2-3	5-1	1-2	3-4	3-2	1-5	2-4	X	1-5	2-1
Tongwynlais	1-3	0-3	1-2	2-2	3-3	6-2	0-1	4-0	0-5	3-0	X	2-2
Treorchy BGC	2-2	1-5	2-1	1-2	1-3	3-2	1-0	0-3	3-4	3-2	2-2	X

## DIVISION I WEST RESULTS

	Caerau All Whites	Cogan Coronation	Garw SGBC	Grange Albion	Holton Road	Llangeinor	Maesteg Park	Margam YC	Sully Sports	Talbot Green	Tata Steel United
Caerau All Whites	X	4-1	3-1	4-0	4-1	3-2	4-1	1-2	0-6	6-2	0-0
Cogan Coronation	0-2	X	2-3	2-2	1-2	2-1	6-2	0-2	1-0	6-1	1-3
Garw SGBC	1-7	0-3	X	0-0	2-3	1-3	4-3	3-2	0-3	2-1	1-3
Grange Albion	1-6	2-2	1-2	X	6-1	1-4	4-0	3-2	2-0	2-1	0-1
Holton Road	4-3	1-2	4-1	3-5	X	0-0	8-0	3-4	2-3	2-4	1-3
Llangeinor	1-0	2-1	4-0	2-0	1-0	X	5-0	2-1	4-3	4-1	1-1
Maesteg Park	0-4	1-2	2-0	0-4	0-4	0-5	X	1-1	0-6	0-3	0-6
Margam YC	1-3	2-2	3-1	6-0	4-3	1-2	4-0	X	4-6	2-1	0-2
Sully Sports	3-1	2-2	3-1	0-3	2-1	1-2	6-0	5-2	X	3-2	0-1
Talbot Green	2-3	2-4	2-3	0-3	2-1	0-6	3-1	3-0	1-0	X	0-2
Tata Steel United	3-3	6-0	8-1	6-1	8-0	2-2	7-0	1-2	1-1	6-0	X

# **FORMER CHAMPIONS**

## **PREMIER DIVISION**

2015-16 - Trefelin BGC  
2016-17 - Pontyclun FC  
2017-18 - Penydarren BGC  
2018-19 - Ynyshir Albions  
2019-20 - Pencoed Athletic BGC  
2020-21 - No Competition  
2021-22 - Baglan Dragons  
2022-23 - Cardiff Corinthians  
2023-24 - FC Cwmaman  
2024-25 - Cardiff Airport

## **FIRST DIVISION**

2015-16 - Canton Liberal  
2016-17 - Cardiff Draconians  
2017-18 - Cefn Cribwr  
2018-19 - Porthcawl Town Athletic  
2019-20 - Pencoed Athletic BGC  
2020-21 - No Competition  
2021-22 - Cardiff Airport  
2022-23 - Caerphilly Athletic  
2023-24 - Ely Rangers

## **SECOND DIVISION**

2015-16 - Ynyshir Albions  
2016-17 - Garw SGBC  
2017-18 - Blaenrhondda AFC  
2018-19 - Llanrumney United  
2019-20 - Maesteg Park  
2020-21 - No Competition  
2021-22 - Treherbert BGC  
2022-23 - Llantwit Fardre  
2023-24 - Afan United

## **CHAMPIONSHIP DIVISION**

2024-25 - Afan United

## **DIVISION I EAST**

2024-25 - AFC Penrhiwceiber

## **DIVISION I WEST**

2024-25 - Llangeinor

# W. JOHN OWEN CUP

## WINNERS

## FINALISTS

2024-2025

Cardiff Airport

Porthcawl Town Athletic



## W. JOHN OWEN CUP PAST WINNERS

2006/2007 - Aber Valley YMCA  
2007/2008 - Aber Valley YMCA  
2008/2009 - Rhoose FC  
2009/2010 - Caerau FC  
2010/2011 - Penygraig AFC  
2011/2012 - Trefelin BGC  
2012/2013 - Rhoose FC  
2013/2014 - Trefelin BGC  
2014/2015 - AFC Bargoed  
2015/2016 - Penydarren BGC  
2016-2017 - Cardiff Draconians  
2017-2018 - Blaenrhondda AFC  
2018-2019 - Cardiff Draconians  
2019-2020 - No Competition  
2020-2021 - No Competition  
2021-2022 - Cardiff Corinthians  
2022-2023 - Cardiff Cosmopolitan  
2023-2024 - Ely Rangers  
2024-2025 - Cardiff Airport

# FAW TROPHY

## WINNERS

## FINALISTS

2024-2025

Port Talbot Town

Penygraig United



# LOOSEMORE'S CUP

## WINNERS

## FINALISTS

2024-2025

Port Talbot Town

Dinas Powys



# CLUB PARTICULARS



# PREMIER DIVISION

## ABER VALLEY FC



**Secretary:** Sophie John  
**Telephone:** 07581751555  
**Email:** abervalleyfc@hotmail.com  
**Alternative:** Jonathan Midgley 07970922949  
**Ground:** Abertridwr Park, Aberfawr Road Abertridwr, CF83 4EJ  
**Colours:** Orange Shirts, Black Shorts & Orange Socks GK **Purple**  
**Alternative:** **Pink Shirts, Pink Shorts & Blue Socks GK Yellow**

## AFAN UNITED FC



**Secretary:** Tom Davies  
**Telephone:** 07400811911  
**Email:** tom-davies94@hotmail.com  
**Alternative:** Remi Whitlock - 07946598141  
**Ground:** Afan Lido Football Club, The Princess Margaret Way, Port Talbot, SA12 6LU  
**Colours:** Red Shirts, Black Shorts & Black Socks GK **Yellow**  
**Alternative:** **Green Shirts, Green Shorts & Green Socks GK Purple**

## BRIDGEND STREET



**Secretary:** **Joseph Rees**  
**Telephone:** **07727353649**  
**Email:** **bridgendstreetafc@gmail.com**  
**Alternative:** **Jason Proctor - 07761505490**  
**Ground:** **Willows High School, Willows Avenue, Tremorfa, Cardiff, CF24 2YE**  
**Colours:** **Red & White Striped Shirts, Red Shorts & Red Socks GK Grey**  
**Alternative:** **Yellow Shirts, Yellow Shorts & Yellow Socks GK Purple**

## CLWB CYMRIC



**Secretary:** Rhodri Charles  
**Telephone:** 07966045275  
**Email:** [clwbcymric@hotmail.com](mailto:clwbcymric@hotmail.com)  
**Alternative:** Rhodri Williams - 07749994286  
**Ground:** Ocean Park, Ocean Drive, Cardiff, South Glamorgan CF24 5HF  
**Colours:** Green & White Shirts, Green Shorts & Green Socks GK Yellow  
**Alternative:** Blue & White Shirts, Blue Shorts & Blue Socks **GK Green**

## ELY RANGERS AFC



**Secretary:** Spencer Clarke  
**Telephone:** 07984493233  
**Email:** [sc516183@ncrvoyix.com](mailto:sc516183@ncrvoyix.com)  
**Alternative:** Steve Paterson 07546432243 [scpaterson@ntlworld.com](mailto:scpaterson@ntlworld.com) – Senior Matches  
**Ground:** Station Road East, Wenvoe, CF5 6AH  
**Colours:** Blue & Black Striped Shirts, Black Shorts & Black Socks GK Purple  
**Alternative:** Green Shirts, Green Shorts and Green Socks GK Grey

## FC CWMAMAN



**Secretary:** Chris Carson  
**Telephone:** 07917783920  
**Email:** [chriscarson014@aol.com](mailto:chriscarson014@aol.com)  
**Alternative:** Mark O'Sullivan - 07786733838  
**Ground:** Canolfan Field, Glanamman Road, Cwmaman, Aberdare, CF44 6LA  
**Colours:** **Yellow Shirts**, Blue Shorts & Blue Socks **GK Purple**  
**Alternative:** Red Shirts, Black Shorts & Black Socks GK Purple



## LLANTWIT FARDRE FC



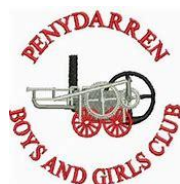
**Secretary:** Stephen Holt  
**Telephone:** 07742646054  
**Email:** steveholt99@icloud.com  
**Alternative:** Scott Hemburrow 07891467310  
**Ground:** Tonteg Park, Main Road, Tonteg, Pontypridd, CF38 1PW  
**Colours:** Sky Blue Shirts, Navy Shorts & **Navy Socks GK Purple**  
**Alternative:** Green & White Shirts, Green Shorts & Green Socks GK Yellow

## PENCOED ATHLETIC BOYS AND GIRLS CLUB



**Secretary:** Lyn Williams  
**Telephone:** 07968477749  
**Email:** lyn.williams@euro-commercial.co.uk  
**Alternative:** Peter Bowen - 07967830955  
**Ground:** **Woodlands Park, Woodlands Avenue, Pencoed, CF35 6UL**  
**Colours:** Royal Blue Shirts, Royal Blue Shorts & Blue & White Socks **GK Orange**  
**Alternative:** **Red & Black Shirts, Red & Black Shorts & Red & Black Socks GK Green**

## PENYDARREN BGC



**Secretary:** Rob Type  
**Telephone:** 07508114758  
**Email:** rob\_type@hotmail.co.uk  
**Alternative:** Kerry Mullin 07983356241  
**Ground:** The Bont Playing Fields, Rocky Road, Penydarren, Merthyr Tydfil, CF47 9HH  
**Colours:** Black & White Shirts, Black Shorts & Red Socks GK **Green**  
**Alternative:** Red Shirts, Red Shorts & Red Socks GK **Sky Blue**

## PONTYCLUN FC



**Secretary:** **Gwion Kennard**  
**Telephone:** **07803259609**  
**Email:** **Gwion.kennard@atkinsrealis.com**  
**Alternative:** **Tudor Davies 07919591409**  
**Ground:** **Ivor Park, Cowbridge Road , Pontyclun CF72 9BS**  
**Colours:** **Yellow/Royal Blue Shirts, Yellow Shorts & Yellow Socks GK Pink**  
**Alternative:** **Royal Blue/Yellow Shirts, Royal Blue Shorts & Royal Blue Socks GK Orange**

## PORT TALBOT TOWN



**Secretary:** Rhiannon Reynolds  
**Telephone:** 07800967920  
**Email:** porttalbotsec@gmail.com  
**Alternative:** Peter Reynolds - 07989123507  
**Ground:** Victoria Road Stadium, Port Talbot SA12 6AG  
**Colours:** Blue & White Shirts, Blue Shorts & Blue & White Socks **GK Purple & Pink**  
**Alternative:** **Gold & Black Shirts**, Black Shorts & Black Socks GK Teal

## PORTHCAWL TOWN ATHLETIC



**Secretary:** **Lauren Downes**  
**Telephone:** **07468906183**  
**Email:** **porthcawlafcsecretary@gmail.com**  
**Alternative:** Peter Crofts - 07769770487  
**Ground:** Locks Lane Playing Fields, Locks Lane, Porthcawl, CF36 3HY  
**Colours:** Red & White Striped Shirts, **Navy Shorts & Navy Socks GK Green**  
**Alternative:** Sky-Blue Shirts, Navy Shorts & **Navy Socks** GK Yellow

# TREHARRIS ATHLETIC WESTERN



**Secretary:** Steven Broome  
**Telephone:** 07960079887  
**Email:** tawfc@hotmail.co.uk  
**Alternative:** Kevin Bounds - 07795631071  
**Ground:** Parc Taf Bargoed, Trelewis, Treharris CF46 6AP  
**Colours:** Blue & White Hooped Shirts, Blue Shorts & Blue Socks GK Green  
**Alternative:** Red & Black Shirts, Red Shorts & Red Socks GK Pink

# CHAMPIONSHIP

## AFC PENRHIWCEIBER



**Secretary:** David Matthews  
**Telephone:** 07810365614  
**Email:** mattdav350@aol.com  
**Alternative:** Jacob Long - 07468425683  
**Ground:** Glasbrook Field, Penrhawceiber, Mountain Ash, CF45 3SY  
**Colours:** Claret Shirts, Claret Shorts & Claret Socks GK Blue  
**Alternative:** Blue Shirts, Blue Shorts & Blue Socks GK Green

## AFC WATTSTOWN



**Secretary:** Caryl Jones  
**Telephone:** 07753143041  
**Email:** carylalj3@gmail.com  
**Alternative:** **Adam Evans - 07842197311**  
**Ground:** Ynyshir Oval, Church Terrace, Ynyshir, RCT, CF38 0ET  
**Colours:** **Blue Shirts**, Navy Shorts & **Blue Socks GK Pink**  
**Alternative:** **Light Grey Shirts, Dark Grey Shorts & Dark Grey Socks GK Green**

## BETTWS FC



**Secretary:** **John Lambert**  
**Telephone:** **07795384147**  
**Email:** **john.lambert@live.co.uk**  
**Alternative:** **Andrew Owen - 07505196495**  
**Ground:** Bettws Football Ground, Heol Dewi Sant, North Site, Bettws CF32 8SF  
**Colours:** Blue Shirts, **Navy Shorts & Blue Socks GK Yellow & Black**  
**Alternative:** Purple Shirts with **Purple Shorts** & Purple & Black Socks GK Black & Blue

## CARDIFF BAY WARRIORS



**Secretary:** **Ahmed Noor**  
**Telephone:** **07538214442**  
**Email:** cardiffbayw@gmail.com  
**Alternative:** **Herman Yohanes - 07926399522**  
**Ground:** **Canal Park, Dumballs Road, Butetown Cardiff, CF10 5FE**  
**Colours:** Blue Shirts, **Black Shorts and Black Socks GK Pink**  
**Alternative:** **White Shirts with White Shorts and White Socks GK Green**

## CARDIFF COSMOPOLITAN FC



**Secretary:** Paul Brown  
**Telephone:** 07812053258  
**Email:** paul.8.brown@btinternet.com  
**Alternative:** James Lovegrove - 07572592906  
**Ground:** Pitch 3, University Fields, Mendip Road, Llanrumney, Cardiff, CF3 4JN  
**Colours:** Red & White Striped Shirts, Royal Blue Shorts & Red Socks GK Orange / **Green**  
**Alternative:** Blue & White Striped Shirts, Red Shorts & Royal Blue Socks

## DINAS POWYS



**Secretary:** Robert Bloxham  
**Telephone:** 07967490116  
**Email:** fcdinaspowys@gmail.com  
**Alternative:** Andy Perry 07828151778  
**Ground:** The Murchfield, Sunnycroft Lane, Dinas Powys, CF64 4QQ  
**Colours:** Red & Black Striped Shirts, Black Shorts & Black Socks GK Orange/Green/Blue  
**Alternative:** White Shirts, Red Shorts & Red Socks GK Green or Blue

## LLANGEINOR AFC



**Secretary:** Paul Davies  
**Telephone:** 07503933296  
**Email:** davies.paul@hotmail.co.uk  
**Alternative:** Brendon McGill - 07811139035  
**Ground:** **Blandy Park, Pontcymmer, Bridgend CF32 8DG**  
**Colours:** Red Shirts, Black Shorts & Red Socks GK **Green**  
**Alternative:** Yellow Shirts, Green Shorts & Yellow Socks **GK Purple**

## PENYGRAIG UNITED FC



**Secretary:** Daniel Davies  
**Telephone:** 07534440356  
**Email:** penygraigunited@gmail.com  
**Alternative:** **Liam Davies - 07738523610**  
**Ground:** Ely Tip, RCT, CF40 1EZ  
**Colours:** **Green Shirts, Green Shorts & Green Socks**  
**Alternative:** Navy Shirts, Navy Shorts & Navy Socks GK Purple

## TATA STEEL UNITED FC



**Secretary:** Richard Jones  
**Telephone:** 07824903493  
**Email:** rajones89@outlook.com  
**Alternative:** **Gav McCarthy - 07515388562**  
**Ground:** Tata Steel Sports & Social Club, Abbots Close, SA13 2NF  
**Colours:** Maroon Shirts, Maroon Shorts & Maroon Socks GK Yellow  
**Alternative:** Light Blue Shirts, Light Blue Shorts & Light Blue Socks GK Orange

## TON PENTRE



**Secretary:** Tom Sims  
**Telephone:** 07522278538  
**Email:** thomasdavidsims@yahoo.co.uk  
**Alternative:** **Gareth Davies - 07538298513**  
**Ground:** Ynys Park, Llanfoist Street, Ton Pentre, CF41 7AF  
**Colours:** Red Shirts with Red Shorts & Red Socks GK **Blue**  
**Alternative:** **Blue & Black Striped Shirts**, Blue Shorts & **Blue Socks GK Yellow**

## TONYREFAIL BGC



**Secretary:** **Daniel Halford**  
**Telephone:** **07557979668**  
**Email:** **tonbgc1@gmail.com**  
**Alternative:** Wayne Evans - 07760258058  
**Ground:** Tyn-y-Bryn Park, Waunrhydd Road, Tonyrefail, RCT, CF39 8EW  
**Colours:** **Royal Blue/Yellow Shirts, Royal Blue/Yellow Shorts & Yellow & Royal Blue /Yellow Socks GK Green**  
**Alternative:** **Sky-Blue Shirts, Sky-Blue Shorts & Sky-Blue Socks GK Yellow**

## VALE UNITED FC



**Secretary:** Lloyd Williams  
**Telephone:** 07814028835  
**Email:** valeunitedfc@yahoo.com  
**Alternative:** Ryan Blanche 07983296702  
**Ground:** Corntown Pavilion, Corntown Road, Corntown, CF35 5BA  
**Colours:** Green Shirts, Black Shorts & Black Socks GK Red  
**Alternative:** Orange Shirts, Orange & Black Shorts & Orange Socks GK Grey

# DIVISION 1 WEST

## BRYNNA



**Secretary:** Ray Slade  
**Telephone:** 07899924956  
**Email:** rayslade1945@gmail.com  
**Alternative:** Leon Williams - 07756430536  
**Ground:** Brynna Welfare Ground, Brynna, Pontyclun, CF72 9QP  
**Colours:** Yellow Shirts, Blue Shorts & Blue Socks GK Purple  
**Alternative:** Green Shirts, Green Shorts & Green Socks GK Grey

## CARDIFF HIBERNIAN



**Secretary:** Matthew Johnson  
**Telephone:** 07377165333  
**Email:** www.cardiffhibsfc@yahoo.com  
**Alternative:** Susan Robson - 07756662630  
**Ground:** Cardiff West High School, Penally Road CF5 5PD  
**Colours:** Green & White Shirts, Green & White Shorts & Green & White Socks  
GK Sky-Blue  
**Alternative:** Blue Shirts, Blue Shorts & Blue Socks GK Orange

## CAERAU ALL WHITES



**Secretary:** Bleddyn Tidball  
**Telephone:** 07943818459  
**Email:** btidball@hotmail.co.uk  
**Alternative:** Nicholas Maguire (MATCH SECRETARY) – 07745650774  
nickym106@googlemail.com  
**Ground:** Humphreys Terrace, Caerau, Maesteg CF34 0SG  
**Colours:** Purple Shirts, Black Shorts & Purple Socks **GK Grey & Black**  
**Alternative:** **Red & Blue Shirts, Blue Shorts & Blue Socks GK Yellow**



## COGAN CORONATION AFC



**Secretary:** Paul Starling  
**Telephone:** 07947869034  
**Email:** pauljstarling@talktalk.net  
**Alternative:** **Dean Ford - 07711215115**  
**Ground:** Cogan Recreation Ground, Andrew Road, Penarth, CF64 2NS  
**Colours:** Sky-Blue & White Shirts, Black Shorts & Sky-Blue Socks GK **Pink**  
**Alternative:** Green & Grey Shirts, Grey Shorts and Grey Socks GK Purple

## CWM WELFARE AFC



**Secretary:** **Gavin Groves**  
**Telephone:** **07538684207**  
**Email:** clubsecretary@cwmwelfare.com  
**Alternative:** Lesley Hanson - 07968348260  
**Ground:** Mount Pleasant Park, Beddau, Pontypridd, CF38 2JQ  
**Colours:** Yellow Shirts, Green Shorts & Green Socks GK Orange  
**Alternative:** **Green Shirts, Green Shorts & Green Socks GK Grey**

## FAIRWATER FC



**Secretary:** **Matthew Boyd-Anderson**  
**Telephone:** **07496317142**  
**Email:** **matthew.boyd-anderson@wales.nhs.uk**  
**Alternative:** **Daniel Mais - 07878884419**  
**Ground:** Poplar Park, Poplar Road, Fairwater, Cardiff, CF5 3PS  
**Colours:** Red Shirts, Red Shorts & Red Socks GK Blue  
**Alternative:** Grey Shirts, Grey Shorts & Grey Socks **GK Blue**

## GRANGE ALBION FC



**Secretary:** Adam Greenslade  
**Telephone:** 07970437383  
**Email:** buzzard\_78@hotmail.com  
**Alternative:** Andrew Avery - 07852289014  
**Ground:** Coronation Park, Sloper Road, Grangetown, Cardiff, CF11 8AF  
**Colours:** Black & White Striped Shirts, Black Shorts & Black Socks GK **Pink**  
**Alternative:** **Grey & Pink Shirts, Grey Shorts & Grey Socks GK Red**

## HOLTON ROAD AFC



**Secretary:** Michael Cundliffe  
**Telephone:** 07792158723  
**Email:** secretaryholtonroadafc@gmail.com  
**Alternative:** Abi Phillips - 07811137423  
**Ground:** Barrier Pitch Barry Sports Centre CF62 8UJ  
**Colours:** Red & White Striped Shirts, Black Shorts & Black Socks GK Green  
**Alternative:** Blue Shirts, Grey Shorts & Grey Socks GK Orange

## MARGAM YOUTH CENTRE FC



**Secretary:** Ryan Thomas  
**Telephone:** 07871631642  
**Email:** ryanthomasmycfc@gmail.com  
**Alternative:** Mark Thomas - 07966060769  
**Ground:** Groeswen Playing Fields, Knights Road, Margam, Port Talbot SA13 2DT  
**Colours:** Royal Blue with Yellow Trim Shirts, Royal Blue Shorts & Royal Blue Socks GK Green  
**Alternative:** Yellow Shirts, **Yellow Shorts & Yellow Socks** GK **Grey or Red**

## FC PORTHCAWL



**Secretary:** Matthew Bowden  
**Telephone:** 07855250490  
**Email:** fc.porthcawl@outlook.com  
**Alternative:** David Owen - 07828169333  
**Ground:** Rest Bay Sports Ground, Porthcawl, CF36 3UP  
**Colours:** Green & Black Shirts, Black Shorts & Black Socks GK Yellow  
**Alternative:** Black & White Shirts, Black Shorts & White Socks GK Orange

## SULLY SPORTS FC



**Secretary:** Drew Evans  
**Telephone:** 07866848702  
**Email:** secretary@sullysportsfc.com  
**Alternative:** Stephen Greenslade - 07872997166  
**Ground:** BP Sully Sports & Social Club, South Road, Sully, CF64 5SP  
**Colours:** White Shirts, Black Shorts & Black Socks GK Blue  
**Alternative:** Purple Shirts, Purple Shorts & Purple Socks GK Grey

## TREFOREST FC



**Secretary:** Paul Cartlidge  
**Telephone:** 07897296239  
**Email:** paulcartlidge1927@gmail.com  
**Alternative:** Ben Banks - 07951226564  
**Ground:** White Tips Stadium, Dan-y-Bryn Road, Treforest, CF37 1AD  
**Colours:** Red & Blue Striped Shirts, Blue Shorts & Red Socks GK Purple  
**Alternative:** Grey Shirts, Black Shorts & Black Socks GK Green

# DIVISION 1 EAST

## ABERDARE TOWN



**Secretary:** Joanne Speck  
**Telephone:** 07464329355  
**Email:** sec@aberdaretownfc.co.uk  
**Alternative:** Ian Pearce - 07811511222  
**Ground:** Aberaman Park, Park View Terrace, Aberdare, CF44 6HA  
**Colours:** Yellow & Black Striped Shirts, Black Shorts & Yellow and Black Socks  
GK Purple  
**Alternative:** Red Shirts, White Shorts & Red Socks GK **Green**

## CWMBACH ROYAL STARS



**Secretary:** **Adrian Davies**  
**Telephone:** **07869114263**  
**Email:** **adrian12568@icloud.com**  
**Alternative:** **Nicky Evans - 07824629401**  
**Ground:** Cwmbach Recreation Ground, Blaenant-y-Groes, Cwmbach, Aberdare, CF44 0LW  
**Colours:** **Yellow & Blue Squared Shirts**, Blue Shorts & Blue Socks GK Green  
**Alternative:** **Red Shirts, Black Shorts & Red Socks GK Green**

## CWRT RAWLIN FC



**Secretary:** Matthew Starr  
**Telephone:** 07791559125  
**Email:** cwrt\_rawlin\_fc\_secretary@yahoo.co.uk  
**Alternative:** Richard Carr - 07969477194  
**Ground:** Owain Glyndwr, Crescent Road, Caerphilly, CF83 1AB  
**Colours:** Yellow Shirts, Blue Shorts & Blue Socks GK Orange  
**Alternative:** Red Shirts, Red Shorts & Red Socks GK Green

## HEOLGERRIG RED LION



**Secretary:** James Jones  
**Telephone:** 07862246607  
**Email:** redlionfc@gmail.com  
**Alternative:** James Walters - 07706474368  
**Ground:** ICI Rifle Field Bryniau Road, Merthyr Tydfil, CF48 2SF  
**Colours:** Red Shirts, Black Shorts & Black Socks GK Grey  
**Alternative:** Gold Shirts, Black Shorts & Black Socks GK Green

## LLANRUMNEY UNITED FC



**Secretary:** Ben Stitfall  
**Telephone:** 07787133177  
**Email:** ben@fcfltd.com  
**Alternative:** Sarah Mace 07814436588  
**Ground:** Cardiff University Sports Fields (3G Pitch), Mendip Rd, Llanrumney, Cardiff CF3 4JN  
**Colours:** Maroon Shirts, Maroon Shorts & Maroon Socks GK Green  
**Alternative:** Yellow Shirts, Navy Shorts & Navy Socks GK Salmon

## NELSON CAVALIERS AFC



**Secretary:** Rod Powell  
**Telephone:** 07966324060  
**Email:** rodpowcav01@gmail.com  
**Alternative:** Keith Downes - 07980949704  
**Ground:** Wern Park, Caerphilly Road, Nelson, CF46 6NH  
**Colours:** Red & Black Striped Shirts, Black Shorts & Red & Black Socks GK Green  
**Alternative:** Green Shirts, Green Shorts & Green Socks GK Silver Grey

## PENTYRCH RANGERS AFC



**Secretary:** Lucy O'Leary  
**Telephone:** 07834379565  
**Email:** [lucypentyrchrangers@outlook.com](mailto:lucypentyrchrangers@outlook.com)  
**Alternative:** Ricky John - 07809148807  
**Ground:** M&P Group 3G, Highfield Road, Clydach Vale, CF40 2XX  
**Colours:** Black & White Striped Shirts, Black Shorts & Black Socks GK Green  
**Alternative:** Red & Black Striped Shirts, Red Shorts and Black Socks GK Blue

## PORTH HARLEQUINS BGC



**Secretary:** Ross Griffiths  
**Telephone:** 07477429149  
**Email:** [secporthquins@gmail.com](mailto:secporthquins@gmail.com)  
**Alternative:** Dale Joseph - 07772599567  
**Ground:** Dinas Park, Tonypandy, CF40 1JQ  
**Colours:** Purple Shirts, Purple Shorts & Purple Socks GK Sky-Blue  
**Alternative:** Blue Shirts, Blue Socks & Yellow & Blue Socks GK Red

## SPLOTT FC



**Secretary:** Luke Marshall  
**Telephone:** 07958111985  
**Email:** [sploTTconsfootballclub@hotmail.com](mailto:sploTTconsfootballclub@hotmail.com)  
**Alternative:** Jordan May - 07561371666  
**Ground:** Mendip Road, Llanrumney, Cardiff, CF3 4JN  
**Colours:** White Shirts, White Shorts & White Socks GK Orange  
**Alternative:** Navy Shirts, Navy Shorts & Navy Socks GK Pink

## ST JOSEPHS AFC



**Secretary:** **Paul Cullen**  
**Telephone:** **07306 030368**  
**Email:** **paulcullen1968@icloud.com**  
**Alternative:** **Stuart Dibble - 07547 196067**  
**Ground:** Maes-y-Coed Playing Fields, St Cenydd Road, Heath, Cardiff.  
CF14 4HX  
**Colours:** Yellow Shirts, Black Shorts and **Black** Socks GK Green  
**Alternative:** Red Shirts, Red Shorts and Red Socks GK Green

## TONGWYNLAIS FC



**Secretary:** William Price  
**Telephone:** 07445390411  
**Email:** **tongwynlaisafc@gmail.com**  
**Alternative:** William Taylor - 07493774598  
**Ground:** Ironbridge Road, Tongwynlais, Cardiff CF15 7NJ  
**Colours:** Red Shirts, Black Shorts & Black Socks GK Grey  
**Alternative:** Blue Shirts, Blue Shorts & Blue Socks GK Yellow

## TREORCHY BGC



**Secretary:** Melanie Green  
**Telephone:** 07929994782  
**Email:** treorchyboysclub@hotmail.com  
**Alternative:** Paul Evans - 07971712831  
**Ground:** **Cae Mawr Field, Treorchy, CF42 6UB**  
**Colours:** Red & Black Striped Shirts, Black Shorts & Red Socks GK **Green**  
**Alternative:** Blue & Black Striped Shirts, **Blue Shorts** & Blue Socks GK **Orange**

# REFEREES

Tom Bell	Mobile:	07572146726
	E-Mail:	tartantaff@sky.com
Mark Boucher	Mobile:	07974092282
	E-Mail:	bouch63@sky.com
Mark Bowen	Mobile:	07983442570
	E-Mail:	markbowen444@gmail.com
Erin Brennan	Mobile:	07530473784
	E-Mail:	erin.niamh.brennan@gmail.com
Daniel Budziak	Mobile:	07702043617
	E-Mail:	danielbudziak@outlook.com
Steve Chong	Mobile:	07493882873
	E-Mail:	ste505765@yahoo.co.uk
Valentine Ciuplea	Mobile:	07800577362
	E-Mail:	valyarabu@yahoo.com
Mark Cockram	Mobile:	07802475242
	E-Mail:	mrmarkcockram@gmail.com
Martyn Cook	Mobile:	07542828309
	E-Mail:	martyn96@rocketmail.com
Matthew Cooper	Mobile:	07523 916433
	E-Mail:	Matthewcooper03@hotmail.co.uk
Cody Crockett	Mobile:	
	E-Mail:	cody.crockett15@gmail.com
Carwyn Davies	Mobile:	07360491657
	E-Mail:	carwynrhysad1@gmail.com
Ralph Davies	Mobile:	07859049393
	E-Mail:	ralphrefl@hotmail.com
James Dobbins	Mobile:	07583416956
	E-Mail:	jamiedobbs1966@gmail.com
Rhys Edmunds	Mobile:	07891670414
	E-Mail:	rhyse08@gmail.com
Derek Evans	Mobile:	07967480439
	E-Mail:	delandgem@hotmail.com



Graham Evans	Mobile:	07456853416
	E-Mail:	grahamevansrefwales@hotmail.co.uk
Dean Ford	Mobile:	07711215115
	E-Mail:	drf1285@hotmail.com
Michael Ford	Mobile:	07877324101
	E-Mail:	micheal4ord@aol.com
Alan Gitsham	Mobile:	07950822184 / 01656711331
	E-Mail:	gitto@live.co.uk
Allen Griffiths	Mobile:	07726114536
	E-Mail:	aligriff1@hotmail.co.uk
Marco Griffiths	Mobile:	07947613998
	E-Mail:	marcogriff@hotmail.co.uk
Clive Hall	Mobile:	07866747959
	E-Mail:	clive.jhall@hotmail.co.uk
Carwyn Harris	Mobile:	07841375886
	E-Mail:	carwynh82@gmail.com
Michael Harris	Mobile:	07378844142
	E-Mail:	Mikeyharris1@btinternet.com
Harry Hendricks	Mobile:	07590686466
	E-Mail:	harryhendricks@hotmail.co.uk
Ian Hollyoake	Mobile:	07488389639 / 01656772298
	E-Mail:	ianhollyoake62@outlook.com
Mark Hulbert	Mobile:	07887880141 / 01685268435
	E-Mail:	markhulbert1@gmail.com
Daryl Jenkins	Mobile:	07956451820
	E-Mail:	dazjenkins@hotmail.com
Matthew John	Mobile:	07779388185
	E-Mail:	matthew.john@live.co.uk
Clive Layne	Mobile:	07772192810
	E-Mail:	cliftheref@gmail.com
Duncan Lewis	Mobile:	07886537652
	E-Mail:	lewisduncan1@googlemail.com
Ieuan Lewis	Mobile:	07903750926
	E-Mail:	ieuan_lewis21@hotmail.com

Jason Lewis	Mobile:	07927403299
	E-Mail:	lewisjason56@googlemail.com
Ashley Lloyd	Mobile:	07852153036
	E-Mail:	lloydccfc@aol.com
Sam Lloyd	Mobile:	07837737177
	E-Mail:	sam.lloyd1@live.co.uk
Colin Locke	Mobile:	07534991792
	E-Mail:	locke1973@hotmail.co.uk
Geoff Martin	Mobile:	07816559392
	E-Mail:	geofftheref2809@gmail.com
Rob Mealins	Mobile:	07831155511
	E-Mail:	r.mealins@virgin.net
Gareth Mills	Mobile:	07885975320
	E-Mail:	mills1976@hotmail.com
Kevin W.J. Morgan	Mobile:	07949088991
	E-Mail:	kevinmorgan87@hotmail.co.uk
Leon Morris	Mobile:	07944273116
	E-Mail:	lmorris133@googlemail.com
Martin New	Mobile:	07921785656
	E-Mail:	newinwales@aol.com
David Plain	Mobile:	07773396158
	E-Mail:	plaino2006@hotmail.com
Dale Randall	Mobile:	07939810378
	E-Mail:	dalerandall92@hotmail.co.uk
Ewan Reed	Mobile:	07484233639
	E-Mail:	ewan2000reed@gmail.com
Tegid Richards	Mobile:	07791567724
	E-Mail:	tegidrichards@hotmail.co.uk
Kevin Russell	Mobile:	07989135377
	E-Mail:	kev.russell@hotmail.com
Arthur Rudkin-McClaren	Mobile:	07465443700
	E-Mail:	arthur.rudkin.mclaren04@gmail.com
Amin Said	Mobile:	07397729957
	E-Mail:	amsref@me.com

Morgan Selby	Mobile:	07407492919
	E-Mail:	selbymorg@gmail.com
Paula Small	Mobile:	07949862930
	E-Mail:	pmsmally@aol.com
Peter Small	Mobile:	07778417620
	E-Mail:	smallp65@gmail.com
Gavin Smart	Mobile:	07340619669
	E-Mail:	g.t.smart@talktalk.net
Christian Soroko	Mobile:	07904518696
	E-Mail:	christiansoroko@yahoo.co.uk
Joshua Taylor	Mobile:	07512132400
	E-Mail:	taylor-josh14@hotmail.co.uk
Alun Thomas	Mobile:	07831240762
	E-Mail:	alun.thomas@hotmail.com
Ashley Thomas	Mobile:	07737988499
	E-Mail:	ashrowlando@gmail.com
Glyn Thomas	Mobile:	07917354136
	E-Mail:	glynthomas196614@gmail.com
Lewys Thomas	Mobile:	07870164231
	E-Mail:	lewysthomas@hotmail.com
Rian Thomas	Mobile:	07597126660
	E-Mail:	rianjt9@gmail.com
Zak Thomas	Mobile:	07533168278
	E-Mail:	zaktomas6@gmail.com
Wayne Tregonning	Mobile:	07971369536
	E-Mail:	waynetreg69@googlemail.com
Ryan Tudor	Mobile:	07825146136
	E-Mail:	rtudorrefl@gmail.com
Nathan Waite	Mobile:	07931302354
	E-Mail:	nathanwaite@outlook.com
Andrew Wallen	Mobile:	07921664067
	E-Mail:	andrewrobertwallen@gmail.com
Luke Walker	Mobile:	
	E-Mail:	lukewalker597@gmail.com

Paul Walters	Mobile:	07983630698
	E-Mail:	minoreferee@yahoo.co.uk
Gary Webber	Mobile:	07712656402
	E-mail:	garycricket2000@yahoo.co.uk
Danny Williams	Mobile:	07753935867
	E-mail:	dannywilliams2203@gmail.com
Josh Wilson	Mobile:	07741294075
	E-Mail:	joshdanielw@gmail.com
Paul Wiseman	Mobile:	07960247713
	E-Mail:	paulwisey@hotmail.co.uk
Daniel Woodward	Mobile:	07941042546
	E-Mail:	dan.woodward@tiscali.co.uk
Stuart Woodward	Mobile:	07890227367
	E-Mail:	smwoodward@tiscali.co.uk
Ieuan Wynne	Mobile:	07828783925
	E-Mail:	littlebryn1982@gmail.com

# CONSTITUTION:

## C.1. NAME:

The League shall be called the South Wales Premier League (**the League**). The League Management Board (**LMB**) is authorised, at its discretion, to change the name of the League to incorporate the name of any sponsor, provided that prior permission has been obtained in writing from the South Wales Football Association (**SWFA**).

## C.2. AFFILIATION:

**C.2.1.** The League will affiliate to and recognise and abide by the rules and regulations of the SWFA.

**C.2.2.** The League will function as part of the Football Association of Wales (**FAW**) Pyramid Structure and will operate within the regulations of the FAW Pyramid as laid down by and, from time to time, changed by the FAW.

## C.3. AREA OF OPERATION AND MEMBERSHIP:

**C.3.1.** The League will operate within the defined area of the SWFA.

**C.3.2.** Only those clubs affiliated to the SWFA will be permitted as members of the League.

**C.3.3.** The League will consist of a maximum of four divisions each consisting of a maximum of 12 clubs. The LMB can decide if there are additional clubs in each division subject to relegation and promotion within the Pyramid regulations of the FAW.

## C.4. GENERAL MEETINGS:

**C.4.1.** A General Meeting of the League will be held each calendar year no later than the 31<sup>st</sup> July. This meeting will be called the Annual General Meeting (**AGM**).

**C.4.2.** All other meetings will be called Extraordinary General Meetings (**EGM**).

**C.4.3.** The Hon. Secretary shall call an EGM on receipt of a requisition signed by a minimum of twelve member clubs. The LMB may, by unanimous decision, call an EGM at any time. An EGM may be called at any time and for any purpose, provided a fully compliant requisition is received by the Hon. Secretary.

**C.4.4.** At least 14 days-notice will be given to clubs for all general meetings. For the avoidance of doubt, a business day is defined as any of Monday to Friday and excludes Saturdays and Sundays and Bank /National Holidays.

**C.4.5.** The agenda for all general meetings will be forwarded by the Hon. Secretary by email to all member clubs not less than five business days prior to the meeting.

**C.4.6.** In the case of the AGM, the duly audited statement of Accounts and Balance Sheet and any other documentation in relation to the AGM must accompany the agenda. The LMB reserves the right to distribute any paperwork after this time period

**C.4.7.** Clubs in membership of the League must nominate a single representative to attend and vote at any General Meeting. Each club will be entitled to a second representative at any

General Meeting, who will be permitted to speak at such meeting, but will not be entitled to vote on any matter. Clubs represented solely by a LMB member are only allowed one vote.

**C.4.8.** All members of the LMB may attend any General Meeting of the League in their own right, but will not have any voting rights as an individual at any such meeting, unless he/she has already voted on behalf of his/her own club. If the Chair is not a Club Representative then he/she can only have a casting vote.

**C.4.9.** In the event of a tied vote at any General Meeting, the Chairperson will be given an additional vote which he/she will exercise as the deciding vote, provided that he/she has already exercised his/her right to vote as in C.4.8. above. For the avoidance of doubt, this means that if the Chairperson fails to vote on the matter in hand (as in C.4.8. above), he/she cannot then exercise his/her right to an additional deciding vote on the same matter.

**C.4.10.** In the specific case of Rules Revision, a resolution can only be carried if supported by a two thirds majority of the members present and voting therein. Notice of alteration of rules for the Annual Meeting must reach the League Secretary by **24th** February in each year. The League Secretary must send the notice of amendments to Clubs at least 14 days before the date of the meeting. All amendments to rules must be confirmed by the SWFA before they can become operative.

## **C.5. LEAGUE MANAGEMENT BOARD (LMB):**

**C.5.1.** The Officers of the League shall be the Hon. General Secretary, Hon. Assistant Secretary (Finance), Hon. Comet Champion, President, Patron, Chairperson, Vice Chairperson and Media Officer. The League also has a Safeguarding Officer but the holder of this post is not classed as an Officer of the League.

**C.5.2.** The affairs of the League will be managed by a LMB consisting of the Officers, Vice Presidents (up to a maximum of 3- in the event of there being additional vice presidents this will remain until the number reduces to 3), Life Members and a maximum of eight duly elected Club Representatives (In the event of there being additional Club Representatives this will remain until the number reduces to 8), who shall be nominated in accordance with C.5.4. below.

**C.5.3.** Club Representatives, as stated in C.5.2., will be elected at the AGM of the League for a period of office not greater than 2 years prior to seeking re-election.

**C.5.4.** Nominations for inclusion on the LMB as Club Representatives must be submitted in writing to the Hon. Secretary at least 10 business days before the AGM.

**C.5.5.** The Chairperson and Vice Chairperson will be elected from the members of the LMB at the first meeting of the LMB after the AGM. The Chairperson and Vice Chairperson are to serve for a maximum of 3 years prior to re-election.

**C.5.6.** The appointment of Vice Presidents and Officers will be vested in the LMB.

**C.5.7.** Any individual who completes 21 years continuous service on the LMB, in any capacity, will become a Life Member.

**C.5.8.** All Vice Presidents will be entitled to attend and exercise full voting rights at LMB Meetings.

C.5. 8.1 All Life Members will be entitled to attend meetings but will not be accorded voting rights.

C.5.8.2 Four League Ambassadors will be created. These will be drawn from the Life Members and will be elected by the LMB at the first meeting after the AGM. Each League Ambassador will serve for a two-year period and during their term of office would enjoy full voting rights.

C.5.8.3 Any League Ambassador who fails to attend three consecutive meeting, including sub-committees without reasonable excuse, will be notified in writing that absence from the next meeting will result in that individual forfeiting that post and hence would lose their voting rights at LMB meetings.

**C5.9.1** The Officers will determine the validity and merits of any item to be placed on the agenda

**C 5.9.2.** Any agenda item for discussion proposed by an LMB member will only be discussed if the member is present at the meeting where it is an agenda item. If the LMB member proposing the item is not in attendance at the meeting the item will be allowed to 'lie on the table' until the next meeting. If the LMB member concerned does not attend that meeting then the item will not be discussed at any further point.

**C.5.10.** A Life Member or a Vice President who concurrently holds a position as a League Officer may continue in that post, subject to the conditions stated in C.5.2 above.

**C.5.11.** No club shall be allowed more than one representative on the LMB.

**C.5.12** In the event of the resignation of any Club Representative of the LMB during a season, the LMB may, at its discretion, appoint an immediate replacement to serve in an interim capacity until the next AGM, at which the appointment must be ratified.

**C.5.13.** The new Club Representative appointee will be elected to serve only for the period resulting from the resignation i.e. if the resigning person has one more year to serve, then, the new appointee will be elected to serve for one year.

**C.5.14.** At its meeting in May each year, the LMB will nominate, from within its membership, a representative to sit on the Council of the SWFA.

**C.5.14.1.** This nomination will be forwarded EACH year in writing to the Hon. General Secretary of the SWFA by 15<sup>th</sup> June.

**C.5.15.** All decisions will be reached by simple majority. In the event of a tied vote at any LMB meeting, the Chairperson will be given an additional vote which he/she will exercise as the deciding vote, provided that he/she has already exercised his/her right to vote on the matter in hand. For the avoidance of doubt, this means that if the Chairperson fails to vote on the matter in hand, he/she cannot then exercise his/her right to an additional deciding vote on the same matter.

**C5.16** The office of League Patron and Vice Presidents shall be abolished when each office becomes vacant

C5.17 – The post of League President be retained and when the position becomes vacant it will be filled in a non-executive capacity by the senior League Ambassador. The President would retain his/her voting rights.

**C5.18. CONDUCT OF LMB MEMBERS** - The SWPL reserves the right to terminate the membership of a Life Member, Vice President, Officer or Club Representative LMB member in the event of him/her being disciplined by the SWFA in relation to his/her conduct.

**C5.19.** Any member of the LMB who fails to attend three consecutive meetings, including sub-committees, without giving their apologies, will be notified in writing that absence from the next meeting will be considered as immediate resignation from the LMB.

**C5.20.** The definition of reasonable in C5.18 above will be at the sole discretion of the LMB.

## **C.6. MANAGEMENT OF THE LEAGUE:**

**C.6.1.** The LMB will meet at least bi-monthly as determined by the Officers.

**C.6.2.** The agenda for the LMB meeting and any relevant papers for discussion will be circulated by the Hon. Secretary by email not later than 2 days prior to the meeting.

**C.6.3.** A meeting will be deemed quorate, provided that at least five members are present. In the unlikely event of both the Chairperson and Vice-Chairperson being absent at an otherwise quorate meeting, a Chair for the meeting may be appointed from those present provided that at least 1 League Officer is in attendance.

**C.6.4.** At its discretion, the LMB may appoint a sub-committee to deal with any matter, and may delegate all necessary powers to the sub-committee. THE LMB WILL DETERMINE THE SIZE OF THE SUB-COMMITTEE IN RELATION TO THE NATURE OF THE ISSUE

**C.6.5.** A sub-committee will be deemed quorate, provided that at least three members and the sub-committee Chairperson are present.

**C.6.6.** The minutes of all LMB meetings will be circulated to member clubs and LMB within 14 days of the meeting.

**C.6.7** The Officers of the League will meet as an executive group as and when required. The Officers will be empowered at such meetings to make decisions in relation to the running of the League including those in urgent cases as per rule C.7. Such decisions should be contained in the minutes for ratification at the next LMB Meeting.

## **C.7. URGENT MATTERS:**

**C.7.1.** The Hon. Secretary will manage the day-to-day affairs of the League, and will be authorised to deal with urgent important matters wherever possible by consultation with the Chairperson, Vice Chairperson or another League Officer either by telephone or email. If for whatever reason this consultation process is not possible, the Hon. Secretary will be empowered, where necessary, to make an immediate decision. This decision will be communicated to the Chairperson as soon as possible after the event, and will then be ratified at the next LMB.



## **C.8. ATTENDANCE AT MEETINGS:**

**C.8.1.** Members of the LMB will be entitled to claim travelling expenses for attendance at any League meeting at the rate given in Annex 1.

**C.8.2.** LMB members will be expected to regularly attend LMB meetings and a record of members' attendance at LMB meetings will be presented at the AGM.

**C.8.3.** Any Club Representative who fails to attend three consecutive meetings including sub-committees, without reasonable excuse, will be notified in writing that absence from the next meeting will be considered as immediate resignation from the LMB.

**C.8.3.1.** The definition of 'reasonable', in C.8.3. above, will be at the sole discretion of the LMB.

## **RULES:**

### **1. MEMBERSHIP:**

#### **1.1. Subscription:**

**1.1.1.** All clubs shall pay an Annual Subscription fee via PayPal to Comet as laid down by the FAW. All clubs entering the League must pay a Security Bond to the League of £150 as shown in Annex 1. This bond shall be placed in a deposit account in the name of the League, and the LMB shall have the power to return it to the club on losing its membership of the League, providing the conduct of the club has been satisfactory, and it has fulfilled all its obligations with the League and its clubs. Clubs in membership of the League on 1st January 2023 or earlier will be deemed to have paid their Security Bond by virtue of paying a guarantee fee.

**1.1.2.** The Security Bond must be paid directly to the League no later than 48 hours before the start of the SWPL season. The LMB will suspend the fixtures of any club who fails to comply with this rule within the specified time limit. Any fixtures postponed as a result of this action, will be dealt with under Rule 5.8.2

**1.1.3.** No club shall withdraw from membership of the League, except on giving notice in writing to the Hon. Secretary, not later than 31st March in any year of its intention to do so at the end of the current season. Any club that withdraws from the league without giving the required notice shall forfeit their Security Bond.

#### **1.2. Payment of Accounts/Fines:**

**1.2.1.** All accounts, including the levying of fines MUST be paid within 31 days of the date of such account by bank transfer using the unique reference number provided by the SWPL. Failure to comply without good cause will incur a fine as shown in Annex 2. Unless a club has launched an appeal, if the fine is still outstanding at the end of this 31 day period, the club will have an additional 7 days to settle their account. If such payment is not forthcoming within this time limit the LMB will suspend the club's fixtures. Any fixtures postponed as a result of this action, will be dealt with under Rule 5.8.2

**1.2.2.** The maximum fine that can be imposed by the LMB on a club for any individual offence will be capped as stated in Annex 2.

### **1.3. Conduct of Clubs:**

**1.3.1.** Any club/team/registered individual whose conduct has been, in the opinion of the LMB, objectionable may be excluded from membership of the League, provided that a motion to exclude the offending club/team/individual is supported by a simple majority of club delegates present, and entitled to vote at either an AGM or an EGM.

**1.3.2.** Any club which fails to attend either an AGM or an EGM without a reason acceptable to the LMB will be dealt with in accordance with Annex 2.

**1.3.3.** All League correspondence requiring a response MUST be answered within 7 days of the date of the letter, or sooner if specified. Failure to reply within the specified period may incur a fine as shown in Annex 2.

**1.3.4.** Clubs must provide an active e-mail address, supported by Microsoft Office, to enable the League to forward urgent information and name a minimum of 2 club officials who have full access to this email account or, if this is not appropriate, a second active email address.

## **2. PROMOTION/RELEGATION:**

### **2.1. Relegation from the Ardal Cymru League:**

**2.1.1.** Club/Clubs relegated from the Cymru Ardal League will be allocated to the Premier Division.

### **2.2. League Competition:**

**2.2.1.** Three points will be awarded for a win, and one point for a draw.

**2.2.** At the conclusion of each season's competition the club in each Division attaining the largest number of points shall be declared the Champion Club.

**2.2.3.** In the event that two or more clubs finish equal on points for either promotion or relegation, then highest position will be awarded to the club with the greatest goal difference. If two or more clubs are equal on points and goal difference, then the highest position will be awarded to the club scoring the greatest number of goals in the season. If the clubs still cannot be separated then the higher position will be granted to the club who has the best head-to-head record. If it still proves impossible to separate the clubs then a one-off play-off match shall take place between the two clubs. Should the score in this match be level at the end of 90 minutes and then the outcome of the game shall be decided by a penalty shoot-out.

**2.2.3.1** At the end of an uncompleted season, the champion club will be determined by the following method. A points per game ratio across the games played until curtailment. The same methodology will be used for determining runners-up and, if required, any relegation places.

**2.2.4.** The Challenge Shield, together with 20 mementoes, will be awarded to the Champion Club of The Premier Division. In addition, the runners-up will also be awarded with 20 mementos. The Championship Shield, together with 20 mementoes, will be awarded to the Champion Club in the Championship. In addition, the runners-up will also be awarded with 20 mementos. The two Division 1 Shields, together with 20 mementoes, will be awarded to each Champion Club in each of the two Division 1 divisions. In addition, the runners-up in each division will each be awarded with 20 mementos.

**2.2.5.1** The leading scorer in each division at the end of the season will be presented with a trophy. An additional trophy will also be presented to the overall top goal scorer in all four divisions.

**2.2.5.** Trophies are the property of the League. Clubs in receipt of trophies must return the same, in good condition, by April 15th of the following season. The League will require a written indemnity for each trophy which must be signed by two Officials of the recipient club(s), who will guarantee to cover loss or damage by whatever cause. Such loss or damage is to be made good, at no expense to the League, up to the value of the respective trophy as determined by the LMB. Any damage or loss will result in the club's fixtures being suspended until any damage is repaired or any replacement is made. Any fixtures postponed as a consequence of this action will be dealt with under Rule 5.8.2.

**2.2.6.** At the end of the season, the top 2 clubs in Division 1 North East and Division 1 South West shall be promoted to the Championship, and the top 2 clubs in the Championship shall be promoted to the Premier Division subject to meeting the SWFA Criteria for admittance to and retention in the South Wales Premier League Premier Division.

**2.2.7.** At the end of the season, the bottom 2 clubs in The Premier Division may be relegated to the Championship, and the bottom 4 clubs in the Championship may be relegated to Division 1 North East and Division 1 North West.

**2.2.8.** The LMB reserves the right to decide otherwise to 2.2.7. and 2.2.8. above should the situation so demand, e.g., a club or clubs may be relegated from the Cymru Ardal League but are not replaced by the same number from this League, or there are extra vacancies in any division as a result of withdrawal of a club or clubs from the League during the playing season. Additional teams relegated from the Ardal will be accommodated in the Premier Division. Before the commencement of the season's fixtures clubs in the Premier Division will be informed in writing that additional clubs will be relegated at the end of the season to restore the division to 12 clubs. This rule will also apply to the Championship and the both First Divisions should the need arise

**2.2.9.** Relegation from both First Divisions to the feeder Leagues will depend upon the number of clubs to be promoted from the feeder leagues, and shall not exceed a total of 3 per division subject to Rule 2.2.8

**2.2.10.** If less than six clubs are being promoted from the feeder leagues then the reciprocal number of clubs relegated from the SWPL will depend on average points gained per game, should this not prove to be conclusive then the following order of criteria should be applied - goal difference, goals scored, a one-off play-off match. If the score in this match is level at the end of 90 minutes, then the game should be settled by a penalty shoot-out

### **2.3. Promotion to Cymru Ardal League:**

**2.3.1.** Promotion to the Cymru Ardal League will be subject to the FAW Pyramid Regulations.

**2.3.2.** Any club intending to seek promotion to the Cymru Ardal League need to be made in accordance with FAW instructions, with a copy sent to the SWFA and to the South Wales Premier League Hon. Secretary by 31<sup>st</sup> December.

## **3. FACILITIES:**

**3.1.** All clubs in membership of the League must at all times provide ground and dressing room facilities to meet the current criteria stipulated by the South Wales Football Association. Should their ground and dressing room facilities fall below the required standard stipulated by the SWFA then a club is responsible for finding an alternative venue as a matter of urgency.

**3.1.1** Clubs wishing to play a home game at an alternative venue must seek the permission of both the SWAL and the SWFA

**3.1.2** If a home club's ground is likely to be unavailable due to pre-existing maintenance issue, it is the home club's responsibility to source an alternative SWFA approved ground for a future fixture to take place. The opposition and the League Secretary must be kept fully informed of the situation. Failure to source an alternative ground will be deemed as failing to fulfil a fixture and will be dealt with under the League's Rules.

**3.1.3.** If on a Saturday the home club sources an alternative ground the away club will be expected to kick-off at any time between midday and 6.00pm if they have been given 14 days-notice of the time of kick-off by the home club and this request has been approved by a League Officer

### **3.2. Personnel Inside Barriers:**

**3.2.1.** The following personnel must be inside the official technical area (as defined in the Laws of the Game) and must occupy the dugouts:

**3.2.1.1.** a maximum of 5 named Club Officials as named on the team sheet entered on Comet.

**3.2.1.2.** substitutes and/or substituted players (except when warming up) as named on the team sheet entered on Comet.

**3.2.2.** All other personnel with the exception of the Assistant Referee MUST remain outside the barriers.

### **3.3. Hire and Admission to Grounds:**

**3.3.1.** Any member club shall be compelled to let their ground and facilities (subject to any existing tenancy agreement) to the League for any Inter-League, Championship or Cup matches, on such terms as agreed with the LMB.

**3.3.2.** Any member of the LMB on production of their membership card shall have free access to the ground during the progress of any game played under the jurisdiction of this League.

### **3.4. Rule Infringement:**

**3.4.1.** Any infringement of Rule 3 will be dealt with in accordance with Annex 2.

## **4. REGISTRATION/TRANSFERS:**

### **4.1. Registration:**

**4.1** The League will operate in accordance with the Registration Rules of FAW.

**4.1.2.** The LMB will have the right to accept, reject, or withhold a player's registration at any time subject to the right of appeal to the SWFA.

### **4.2. Transfers:**

**4.2.1** The League will operate in accordance with the Transfer Rules of the FAW.

### **4.3. Ineligibility:**

**4.3.1.** A player will be deemed ineligible in the event of non-compliance with any aspect of the procedures stated in the FAW Rules and regulations.

### **4.4. Approaching Players:**

**4.4.1.** Clubs, Officials and Members shall strictly comply with the provisions of the Rules of the FAW with regard to the approach of players, and any alleged breaches will be reported to that body.

### **4.5. Rule Infringement:**

**4.5.1.** Any infringement of Rule 4 will be dealt with in accordance with Annex 2.

## **5. FIXTURES/POSTPONEMENTS:**

### **5.1. Fixture Arrangements:**

**5.1.1.** All fixtures will be arranged by the LMB. Changes to a published fixture list to accommodate any Cup Matches and/or rearranged fixtures will be made by a SWPL Officer on behalf of the LMB.

**5.1.2 –** In unforeseen circumstances or adverse weather conditions both clubs and the SWPL have to signify their intention to agree to any change of venue by 7.00pm the day before the fixture but for the avoidance of doubt no club is obliged to agree to the change of venue.

## **5.2. Free Dates:**

**5.2.1.** Clubs will be allowed 2 free dates for League fixtures only. No free dates will be allowed on either internal or external Cup conference dates **unless the club making the application has already been eliminated from the competition.** All requests must be made in writing to the Hon. Secretary not fewer than **42** days prior to the required free date

**5.2.1.1.** Teams must use an allocated free date if they wish to participate in an in-season tournament. Participation in any tournament during the league season requires prior approval from the SWFA and/or FAW. League fixtures take priority over tournament participation, and teams must ensure that league commitments are fulfilled before entering external competitions.

**5.2.2.** – The deadline for Free Date applications is February 28<sup>th</sup>. No Free Date requests will be processed after this date.

**5.2.3.** Prior to the commencement of the season, the LMB will publish a list of the League's Cup Conference dates.

## **5.3. Match In Lieu:**

**5.3.1.** Clubs shall not mutually agree to play a match in lieu of a League or Cup match. Any match that is played to a conclusion must count as a League or Cup match.

## **5.4. Match Officials:**

**5.4.1.** The Referee (and any Assistants), for any matches under the jurisdiction of the League, will be appointed by the SWPL Secretary or SWPL Comet Champion. Match officials must accept or reject the appointment on Comet within 3 days notification of a match appointment by the League Secretary or Comet Champion. Failure to do so could affect any future match appointments from the League.

**5.4.2.** The home club shall pay the fee and the expenses of the appointed Match Officials. If a club is paying the official (s) in cash then this should be paid on the day of the match prior to kick-off. The fees and expenses are shown in Annex 1. If a club intends to make this payment by bank transfer, then they need to notify the match official(s) of their intention at least 24 hours before kick-off. This payment needs to be made to the account of the official(s) not later than 48 hours after the end of the fixture. If a club fails to pay the match officials(s) in this allotted time period the LMB reserves the right to suspend that club's fixtures until confirmation is received by the League Secretary that the payment has been made in full to the official(s). Any fixtures postponed as a result of this action will be dealt with under Rule 5.8.2

**5.4.2.1.** Any club paying a referee more than his claimed fee and travelling expenses shall be reported to SWFA.

**5.4.2.2.** Any Match Official claiming more than the agreed fee and expenses shall be reported to SWFA.

**5.4.2.3.** In the event that the match official attends a match which subsequently is postponed prior to kick off, the home club will pay half the match fee, as stated in Annex 1, plus travelling expenses.

**5.4.3.** Neutral Assistant Referees will be appointed only by special requests or when deemed necessary by the LMB.

**5.4.4.** The home club is responsible for supplying flags for Assistant Referees. These flags must be handed to the match official prior to the game.

**5.4.5.** Where Assistant Referees are not provided, each club must appoint an Assistant Referee who should report to the Match Referee before kick-off.

**5.4.6.** Match Officials should attend the ground at least 45 minutes before kick-off.

**5.4.7** Club Officials, players or spectators must not approach the Match Officials during the half-time interval or for 15 minutes following the final whistle unless invited to do so by the Match Official.

**5.4.8.** In the event of an appointed Referee or Assistant Referee not attending a match, the two clubs may agree in writing prior to the start of the match to appoint an official at the ground. Such Referee shall be considered to be the Match Official. Priority must be given to anyone who holds a referee qualification and is prepared to undertake the appointment.

**5.4.9.** Referees or Assistant Referees failing to give a satisfactory reason for absence to the LMB shall not be appointed to any other match during the season.

## **5.5. Fitness of Grounds:**

**5.5.1.** Each club must take every precaution to keep its ground in a good playing condition.

**5.5.2.** Where the ground belongs to a Local Authority or University, that Authority may exercise its right to postpone a fixture due to adverse weather.

**5.5.3.** On all other grounds, the Referee shall have the power to decide as to the fitness of playing surface.

**5.5.4.** In adverse weather, the home club must arrange that a referee inspect the ground conditions at least two hours before the scheduled kick-off time. This referee, if not the appointed Match Referee, must be a currently registered Official with the FAW or SWFA. The name of the referee should be supplied to the League Secretary by the home club.

## **5.6. Kick-Off Times:**

**5.6.1.** All kick-off times will be arranged by the LMB. This will be between Midday and 6.00pm on Saturdays and between 6.15pm to 8.00pm for midweek matches. The default time for kick-offs in February will now be 2.00pm

**5.6.2.** Application for earlier or later kick-offs than the above must be mutually agreed by the two Clubs and the appointed match official involved and must be forwarded to the Hon. Secretary by the Secretary of the home club with details of the reason for the application at least 5 days before the scheduled date of the match. Change of kick off dates/times within five business days will only be accepted in exceptional circumstances and the League Officers have sole discretion in whether to refuse or accept any request.

**5.6.3.** If a club provides evidence that they are unable to kick-off at the regular default kick-off time at their home venue due to circumstances beyond their control the LMB will sanction any kick-off time at the venue between 12noon and 6.00pm on that date on the proviso that the opposition and the match official have been given at least 7 days-notice of the switch and the venue is equipped with floodlights should a later kick-off be required in the winter months

**5.6.4.** Any club causing a late kick off, without reasonable cause, will be dealt with in accordance with Annex 2.

## **5.7. Duration of Matches:**

**5.7.1.** All matches shall be played under the Rules of the FAW and the FIFA Laws of the Game.

**5.7.2.** All matches will be of 90 minutes duration. The home club must ensure they have access to the pitch or a suitable area to allow teams to warm-up 45 minutes before kick-off.

## **5.8. Postponement:**

**5.8.1.** No League or Cup game arranged by the LMB shall be postponed by a club other than with the permission of a League Officer. A fixture will not be deemed to be postponed until that consent has been obtained

**5.8.1.1** Consent to postpone a fixture will not be given until all available options to source an alternative fixture for the clubs concerned have been examined by the League Officers. Should any club subsequently fail to fulfil their reallocated fixture they will be dealt with under Rule 5.8.2

**5.8.2.** Any Club which, without reasonable cause, fails to fulfil a League or Cup fixture will be dealt with in accordance with Annex 2.

**5.8.2.1** Any club who fails to fulfil 3 League or Cup fixtures without reasonable cause (the definition of reasonable cause is at the sole discretion of the LMB) shall be expelled from the SWAL by a simple majority vote of the LMB.

**5.8.3.** At the discretion of the LMB, the offending club in 5.8.2 may be ordered to reimburse their opponents for any reasonable expenses incurred.

**5.8.4.** The definition of 'reasonable cause' in 5.8.2 above and 'reasonable expenses' in 5.8.3 above will be at the sole discretion of the League Management Board.

## **5.9. Under Strength Teams:**

**5.9.1** – Clubs must prioritise the SW Premier League with regards to fielding a team to fulfil a fixture.



**5.9.2.** Any team starting a match with 10 or fewer players, without reasonable cause, will be fined in accordance with Annex 2; any team playing the whole game with 10 or fewer players, without reasonable, cause will also be fined in accordance with Annex 2.

## **5.10. Abandonment:**

**5.10.1** When a game is abandoned due to inclement weather or injury or any other reason apart from misconduct, the LMB will have the right to decide if the score at the time of abandonment shall be the Final Score or if the Match shall be replayed.

**5.10.2.** Any match abandoned by the Match Official due to indiscipline of a Club or Clubs including their Players, Club Officials and Spectators must be reported by the Match Official to the SWFA, with an advice of the report sent to the League Hon. Secretary.

**5.10.3.** Any club or its players or supporters/spectators found guilty by the SWFA of having caused the abandonment of a match will have 3 points deducted from its League record for each such offence.

**5.10.4.** The LMB may, at its sole discretion, award the match to the opposing innocent club by a score of 3-0 or by the actual score at the time of the abandonment, whichever is the greater.

**5.10.5.** In the event that both clubs are found guilty by the Area Association, the LMB may, at its absolute discretion, declare the match void ~~and order that it be replayed~~

## **5.11 Infringements**

**5.11.1** Any infringement of Rule 5 will be dealt with in accordance with Annex 2

# **6. CLUB COLOURS AND NUMBERING:**

## **6.1. Colours:**

**6.1.1.** Each club in the League shall register the colours of its shirts, shorts and socks with the Secretary by 30<sup>th</sup> June. Clubs shall not play against each other in the same colours. The colours of the opposing clubs must be distinctive. In the event of two clubs having similar playing colours, the **home** club shall make a change. It is the responsibility of the visiting club to ascertain the colours of the home club.

**6.1.2.** The goalkeepers shall play in colours distinct from the other members of both teams. Goalkeepers are not permitted to wear black jerseys.

**6.1.3.** No team will be allowed to play in predominantly black or predominantly navy-coloured shirts.

**6.1.4.** All clubs must wear kits & equipment in accordance with Law 4 of the Laws of the Game. This includes undergarments.

## **6.2. Numbering:**

**6.2.1.** Players' shirts, including the goalkeeper and substitutes, must be numbered for all matches and the numbers must correspond to the information given on the team sheet (see Rule 7.4.1).

## **6.3. Rule Infringement:**

**6.3.1.** Any infringement of Rule 6 will be dealt with in accordance with Annex 2.

## **7. PRE-MATCH COMMUNICATION:**

### **7.1. Home Team Responsibilities:**

**7.1.1.** The home team must notify the visiting team:

- (i) by e-mail or
- (ii) by text
- (i) Whether or not post-match hospitality is being offered and if this is the case details/address of the location of after match hospitality including an approximate distance from the match location. Post match hospitality for players and club officials shall not be mandatory, but if it is agreed in advance by the two clubs in writing, and the visiting team fails to honour the agreement, the offending club will be subject to the reimbursement of reasonable costs as agreed by the LMB. Should the visiting club not confirm in writing that they intend to stay for post-match hospitality then the home team is under no obligation to provide it.
- (ii) Any other details that may cause difficulties (i.e., car parking facilities) to enable visiting teams and Referee/Assistant Referees to plan ahead

at least 48 hours days before the game.

Note 1: Home clubs must retain the notification & response for a minimum of 28 days in light of any match day issues that may occur.

**7.1.2.** If a match is postponed, it is the responsibility of the home Club Secretary to notify the League Secretary, the opposing team and the Match Official immediately. Failure to comply with this rule will incur a fine in accordance with Annex 2.

### **7.2. Away Team Responsibilities:**

**7.2.1.** It is the responsibility of the away team to confirm:

- (i) full details of colours for both outfield players and goalkeeper.

Note: Away clubs must retain the notification & response for a minimum of 40 business days in light of any match day issues that may occur.

**7.2.2.** The away team must advise the Hon. Secretary if it has not received confirmation as per Rule 7.1.1. above.

**7.2.3.** Non-confirmation of a fixture will not be accepted as an excuse for a team not travelling to that fixture.

### **7.3. Match Officials' Responsibilities:**

**7.3.1.** Match Officials must advise the Hon. Secretary if they have concerns over their allocated fixture (but not until 24 hours before the match is due to be played)

**7.3.2** Match referees are to ensure that they complete the respected match administration within the time constraints as determined by the FAW

### **7.4. Match Administration:**

**7.4.1.** Each Club must complete electronic team sheets in accordance with Comet Rules. These should be submitted at least 30 minutes before the published kick-off time.

**7.4.1.1.** A team sheet allows for the naming of 5 substitutes, all of whom will be allowed to take part in the match. Substitutes may be used at any time in the match except to replace a player who has been suspended from the match by the Match Official. Only substitutes plus any technical staff up to a maximum of six whose names appear on the Team Sheet will be permitted to occupy the technical area for the duration of the match

**7.4.1.2.** **NO NAMED SUBSTITUTE** can act as an Assistant Referee.

### **7.5. Rule Infringements:**

**7.5.1.** Any infringement of Rule 7 will be dealt with in accordance with Annex 2.

## **8. PROTESTS/APPEALS:**

### **8.1. Protests and Complaints:**

**8.1.1.** Procedure for submission of a protest - Any protest must be submitted via email by the Club Secretary to the League Secretary and to the opposing club within 3 days of the match to which it refers.

**8.1.2.** A protest must be submitted in duplicate and accompanied by a deposit as stated in Annex 1. The deposit may be forfeited in the event of the protest being deemed frivolous.

**8.1.3.** All protests will be heard and decided upon by the LMB.

### **8.2. Appeals:**

**8.2.1.** Any club wishing to appeal against a decision of the LMB should appeal to the SWFA in accordance with their rules.

## **9. DISCIPLINE:**

### **9.1. Fair Play Records:**

**9.1.1.** The Comet System will be accessed throughout the season for a record of all club disciplinary charges.

**9.1.2.** At the end of each season, a final disciplinary table will be produced. The three clubs with the worst record will be dealt with in accordance with Annex 2 as follows:

**9.1.2.1.** First offence

**9.1.2.2.** Second offence in consecutive years

**9.1.2.3.** Third offence in consecutive years

**9.1.2.4.** Fourth offence in consecutive years

**9.1.3.** The LMB reserves the right to take appropriate action at any time against any Club, player or team official whose conduct gives cause for concern.

**9.1.4** With regard to more serious discipline matters, these will be dealt with by the SWFA, in addition to the appropriate investigatory authority.

**9.1.5.** A Fair Play Trophy will be awarded to the club with the best disciplinary record over the season and will remain the property of the League as stated in 2.2.6.

**9.1.6.** Club of the Month – this will be determined by the League Officers based on the playing record and merits of the member clubs in the relevant qualifying period

## **10. NOT PROVIDED FOR:**

**10.1.** The LMB will deal with all matters not provided for in these rules. This includes any other protocols issued by the Welsh Assembly Government, the FAW and the SWFA.

## **11. HANDBOOK:**

**11.1.** The LMB shall produce a digital League Handbook to include these rules plus names and email addresses of every club contact and referee. Each club will have access to a digital version of this handbook, and will have to acknowledge receipt of an email containing the link to the digital handbook within 10 business days of it being sent out. Failure to acknowledge receipt of this email will be dealt with in ANNEX 2.

The LMB will supply digital copies of the League handbook to LMB members and referees

## **12. COMMUNICATION WITH THE LEAGUE OFFICERS**

**12.1.** All routine/non-urgent communication with the League Secretary should be via the official SWPL email address and accompanied by the relevant paperwork.

### **12.2. Times for telephone communication with League Officers:**

- Monday - Friday between 6.00pm and 8.30pm
- Saturday 9.00am - 6.00pm

# **CUP COMPETITION:**

## **1. Entry and Eligibility:**

**1.1.** The Cup shall be called the "W John Owen Cup". All clubs in membership of the League must compete in this Competition unless suspended from the Competition by LMB. The competition name may be changed under any agreed sponsorship deal agreed by the LMB

**1.1.1** Clubs shall pay an entry fee of £10 via the Comet system.

**1.2.** Each round of the Competition will be played on dates as determined by the LMB. These dates will be known as Conference Dates.

**1.3.** All players must have been registered in accordance with FAW Comet regulations.

**1.4.** A player can play for more than one club during the current season.

**1.5.** Any club found guilty of playing an ineligible player, as defined in League Rule 4 and/or Rule 1.3 above, will be dealt with in accordance with Annex 2.

## **2. Cup Draw & Match Venues:**

**2.1.** The draw for the rounds of the Cup will be made by the Officers or individuals with the consent of the Officers. The club drawn first will be given the home venue.

**2.1.1** - All four clubs who reached the semi-finals in the previous season will be given a bye to the First Round.

**2.2.** In the event of the ground of the first drawn club not being available on the Conference Date, the home team may apply to the League to use an alternative ground subject to the agreement of the SWFA and the SWPL.

**2.2.1** If the home ground or no alternative ground is available the game is to be played on the ground of their opponents who may also apply to the League to use an alternative ground subject to the agreement of the SWFA and SWPL.

**2.2.2** The match fee and travel expenses for the match official(s) are to be shared equally between both clubs. It is the responsibility of the home club to ensure that the match official(s) receives their fees and expenses. The away club is expected to reimburse the home club their share of the match official's fee and expenses before kick-off.

**2.3.** The Semi-Finals and Cup Final will be played on a neutral ground determined by the LMB.

**2.3.1.** If a neutral ground is not available then the club drawn first shall play the tie at their own ground. If this is not available then the match shall be played on the ground of their opponents. The distribution of revenue for this game to be the same as that in Rule 4.2 below.

### **3. Match Arrangements:**

**3.1.** Home secretaries must notify the away club and the Official(s) of match arrangements and post-match hospitality in the same manner as for League matches.

**3.2.** Kick off times for cup matches are stated in Annex 3.

**3.2.1** When the home club is booking a facility the home club must ensure have access to the pitch or a suitable area to allow teams to warm-up 45 minutes before kick-off. In addition, they must ensure that the length of the booking allows time to accommodate a possible penalty shoot-out at the end of normal time.

**3.3.** All ties will be one game straight knock-out match of 90 minutes duration. In the event of a game being drawn after 90 minutes play, it shall be decided by a series of penalty kicks, in accordance with the rules of the FAW.

**3.4.** Where the colours of the two competing Clubs clash, the **home** team must change their colours.

**3.5.** Where the colours of two competing Clubs clash in the Semi-Final and Final, the Club colours should be decided by mutual agreement or, if not agreed, by the toss of a coin, with the winner allowed to wear their choice of colours.

**3.6.** A club found guilty of failing to fulfil a Cup fixture will be dealt with in accordance with Annex 2.

**3.7.** Substitutes may be used as provided for in Rule 7.4.1.1 of the League Rules.

**3.8.** A club found guilty of causing the abandonment of a Cup match will be expelled from the competition for the current and forthcoming season and the match shall be awarded to the opposing innocent club.

**3.9.** In the event that both clubs are found guilty of causing the abandonment, both clubs will be will be expelled from the competition for the current and forthcoming season.

**3.10.** In addition to the Cup. the SWPL shall present mementos to both the winners and runners-up in the cup final, but such mementos shall not be presented to more than 22 players of each club except by permission of the SWPL

### **4. Expenses:**

**4.1.** All matches, except the Semi- Final and the Final, shall be treated the same as League matches as far as expenses are concerned, i.e., the home club will retain any gate money however the match official(s) fees and expenses are to be paid by both competing teams in equal parts before the match

**4.2** Match proceeds in all rounds up to the semi-final, the proceeds of matches shall be divided equally between the competing clubs after the payment of those legitimate expenses described below. Legitimate expenses can be defined as:

- Fees and expenses of the match official(s)
- Gate attendants
- Turnstile operators
- Stewards and Security
- Advertising
- police charges
- Floodlighting
- Contribution to First Aid helpers
- Clearing the ground of snow and water

**4.2.1** In the Final AND SEMI-FINALS, the proceeds of the gate after payment of all match day expenses, shall be divided as follows: 50% to the League and 25% to each of the COMPETING Clubs.



## ANNEX 1

### Fees Subscriptions and Administration Charges

Rule No	Description	Amount (£)
C.8.1.	LMB Members Travelling Expenses	0.45p per mile
1.1.1.	Club Security Bond	150.00
5.4.2.	Referee's Match Fee	40.00
	Assistant Referee's Match Fee	20.00
5.4.2.	Referee's Travel Expenses	
	Travel by car, van, motorbike or taxi	£0.45p per mile
	Cycle, Electric or Pedal, Scooters 20p per mile	£0.20p per mile
	Travel by rail and/or bus	Reimbursement of fare on production of a valid ticket(s)
8.1.2	Deposit for protest	£25

## ANNEX 2

### Fines and Penalties

Rule No	Description	Penalty
1.1.3.	Withdrawal From League without notice as per Rule	£200.00
1.2.1.	Late Payment of Fees and Fines 1 <sup>st</sup> Offence	£20.00
1.2.1.	Late Payment of Fees and Fines 2 <sup>nd</sup> and subsequent offences	£20.00
1.2.2.	The maximum Club fine for any individual offence is capped at.	£250.00
1.3.2.	Club failing to attend either an AGM or an EGM	£100.00
1.3.3.	Failure to reply to League correspondence	£20.00
3.4.1.	First infringement of any part of Rule 3	£20.00
3.4.1.	2 <sup>nd</sup> and subsequent infringement of any part of Rule 3	£20 per offence
4.5.1.	Playing an ineligible player-first offence	£100.00 and 3 points deducted
4.5.1.	Playing an ineligible player – second and each subsequent offence	£100.00 and 3 points deducted
5.4.4	Failure to provide Assistant Flags	£20.00
5.4.7	Approaching a referee during half-time or within 15 minutes of final whistle (without invite)	£50 for each offence/person

5.6.3.	Club guilty of causing a late start	£20.00
5.8.2.	Failing to fulfil a fixture	£100.00 and 3 points deducted
5.9.1.	Failure to field a team and fulfil a fixture	£100.00 and 3 points deducted
5.9.2.	Starting a game short – per player	£20.00
5.9.2.	Playing a game short – per player	£20.00
6.3.1.	Failure to comply with any aspect of Rule 6 – first offence	£20.00
6.3.1.	Failure to comply with any aspect of Rule 6 – second and each subsequent offence	£20 per offence
7.1.3.	Failure to notify a postponed fixture	£50
7.5.1.	Failure to comply with any aspect of Rule 7 – first offence	£20.00
7.5.1.	Failure to comply with any aspect of Rule 7 – second and each subsequent offence	£20 per offence
9.1.2.1.	3 Clubs with worst disciplinary record at end of season 1 <sup>st</sup> Offence	£50.00 fine plus warning
9.1.2.2.	As above but 2 <sup>nd</sup> offence in consecutive years	£100.00 fine and severe warning
9.1.2.3.	As above but 3 <sup>rd</sup> offence in consecutive years	£150.00 fine and final warning
9.1.2.4.	As above but 4 <sup>th</sup> offence in consecutive years	£250.00 fine and a motion to an EGM to expel from the League
Cup Rule 1.5.	Playing an ineligible player	£100.00 fine and elimination from the competition
Cup Rule 3.6.	Failure to fulfil a cup fixture	£100.00 fine and elimination from the competition

**AFC PENRHIWCEIBER  
DIVISION ONE EAST CHAMPIONS**



**LLANGEINOR  
DIVISION ONE WEST CHAMPIONS**





## WE ARE ELECTRICAL AND MECHANICAL CONTRACTORS

Highadmit undertake large, medium and small contracts throughout the UK offering a complete design service in all aspects of Mechanical & Electrical systems



### CONTRACTING

We are a vastly experienced mechanical and electrical contracting team that specialise in delivering projects across public and private sectors.



### DESIGN & BIM

WE carry in-house design & engineering facilities working alongside our BIM Co-ordinators to deliver a design consultancy solution for all project needs.



### RENEWABLES

We are MCS approved and our service covers all aspects of the commercial Solar PV design, installation, testing, commissioning and maintenance.

## CONTACT US

✉ - E-MAIL US

[info@highadmit.co.uk](mailto:info@highadmit.co.uk)

☎ - CALL US

01443 218004

📍 - OUR ADDRESS

Old Court House, Heol Y Gyfraith  
Talbot Green, Pontyclun, CF72 8AJ

