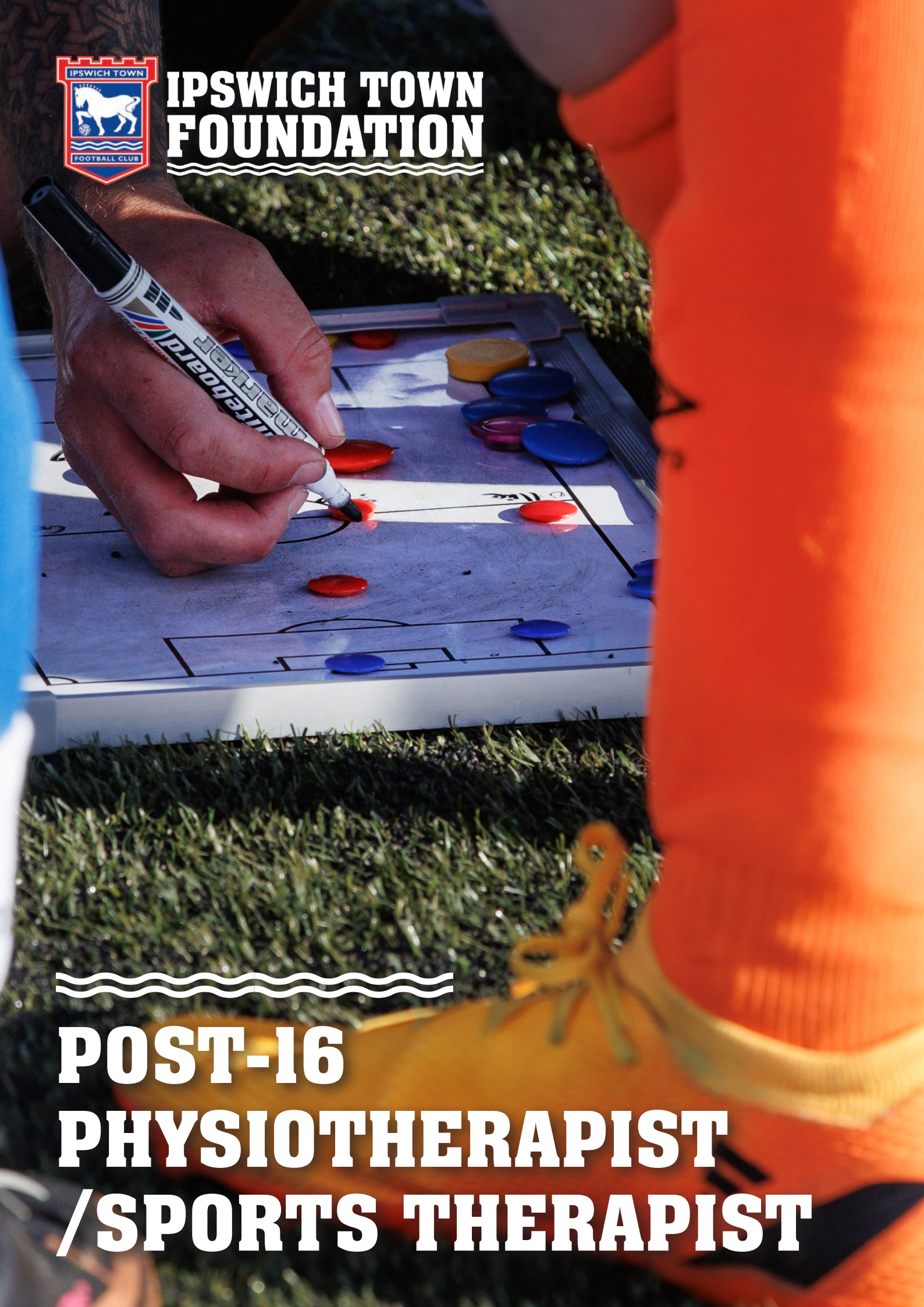
IPSWICH TOWN FOUNDATION



POST-16 PHYSIOTHERAPIST /SPORTS THERAPIST

ROLE OVERVIEW

To oversee the development, co-ordination and implementation of all medical musculoskeletal matters in relation to the Post-16 Football & Education programme players.

To co-ordinate all aspects of medical screening, assessment, treatment and management of rehabilitation schedules of players.

To work within the multidisciplinary team to ensure player development.

JOB SPECIFICATION

INJURY MANAGEMENT

- To oversee the development, co-ordination and implementation of all medical musculoskeletal matters in relation to the Post-16 Football & Education programme players.
- To lead the provision of therapy services and be responsible for all Medical/Health related matters, pertaining to the Post-16 Football & Education programme.
- Implement evidence based practice and utilise advanced clinical reasoning skills during the rehabilitation process.
- Demonstrate effective communication with all multidisciplinary staff members at all times, providing information regarding player injury status and rehabilitation progress (including weekly formulation of injury reports).
- To develop injury rehabilitation guidelines.
- To be involved in the counselling process of all Post-16 Football & Education players covering medical/health related matters.
- Ensure the management of injuries effectively meets its commitments to the players, coaches and senior management through clinical audit and accurate documentation.

INJURY REDUCTION STRATEGIES

- To be responsible for the continued running and development of injury prevention programmes on a day to day basis utilising the Post-16 Football & Education Strength & Conditioning and coaching staff.

- Liaise effectively with the Post-16 Football & Education coaching staff on a daily basis in order to keep them informed of players' availability for Post-16 Football & Education matches and training.

- To educate players on responsible management of injuries and injury prevention strategies.

- To complete comprehensive injury audits as required.
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- Medical Provision of Matches, Training Sessions & Tours

- To provide match day cover for the Post-16 Football & Education programme.

- To provide 'on field' first aid to injured players and aid in their removal and dispatch to appropriate facility.

- To ensure all medical equipment and procedures are regularly reviewed and maintained at the training ground.

MANAGEMENT RESPONSIBILITIES

- To contribute to the recruitment of all Post-16 Football & Education

medical staff.

- Take an active role in all medical meetings and other planning meetings.
- Assist in the production and maintenance of emergency action plans and department procedure documents under the guidance of the Head of Education & Employability.
- To supervise part time Physiotherapy and Sports Therapy staff/ placement students.
- To be responsible for the maintenance and storage of up to date medical records, gym sessions and injury prevention sessions of all Post-16 Football & Education players.
- To be involved in the briefing of Post-16 Football & Education players on medical screening, and medical research and obtaining written consent.
- To evaluate current practice and implement appropriate changes on a regular basis.
- Take responsibility for continued professional development, ensuring that you attend regular courses/conferences and keeping an up to date portfolio of achievements.



IPSWICH TOWN FOUNDATION

VISION

To build an empowered, inspired and inclusive community to be proud of.

MISSION STATEMENT

The Ipswich Town Foundation exists to provide impactful and inclusive activities to improve health, skills, opportunities, and lives of all generations across Essex and its borders.

By using the presence, power, and reach of Ipswich Town FC, we aim to inspire individuals to realise their potential both on and off the football pitch and create pride in their communities.

CORE VALUES

- Honesty
- Hard Work
- High Standards
- Willingness to Learn
- Integrity



ROLE SPECIFIC SKILLS AND ATTRIBUTES

	Essential	Desirable
Physiotherapy/Sports Therapy degree.	✔	
Minimum of 2 years experience working with elite young athletes.	✔	
ITMiF pitch side first aid qualification.	✔	
Full UK Driving License and Car.	✔	
Experience in the provision of therapy to young elite athletes.	✔	
Evidence of developing, implementing and evaluating therapy programmes for young elite athletes.	✔	
Experience of working within a multidisciplinary team.	✔	
An understanding of working in the football environment with previous experience of working (PT / FT) as a therapist in a football setting.	✔	
Experience of developing and implementing innovative ideas and putting them into practice.	✔	
Experience of clinically assessing, diagnosing and rehabilitating a wide range of neuromuscular and orthopaedic conditions in young elite athletes.	✔	
Experience of modifying training and rehabilitation programmes in order to address an individual's needs, demonstrating advanced clinical reasoning skills.	✔	
Experience of implementing profiling and screening methods for young elite athletes.	✔	
Experience of utilising injury prevention strategies in a sporting environment.	✔	
An understanding of the Elite Player Performance Plan including the audit process and categorisation of football academies.	✔	
Experience of supervising staff.	✔	
Ability to communicate fluently (in English), demonstrating advanced communication skills in order to meet the requirements of an individual.	✔	



WHAT DO YOU GET IN RETURN?

If you are successful, you can look forward to a healthy benefit package;

- Season Ticket, upon successful probation period.
- 28 days' holiday per year including Bank Holidays.
- Contributory Pension Scheme.
- Free onsite parking.
- Discounted Ipswich Town Football Club merchandise.
- Competitive Salary.

Closing date: **Friday 15th December 2023**
Hours: Term Time only under 14 hours p/w
Salary: £10,000 pro rata

Ipswich Town Foundation is an Equal Opportunities Employer.

If you have the required skills, please apply by completing an application form and equal opportunities form and sent to **kirsty.guest@itfc.co.uk**

IPSWICH TOWN FOUNDATION

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community@itfc.co.uk
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