

ITFC

IPSWICH TOWN VS SOUTHAMPTON
SATURDAY 28 MARCH 2026, KICK-OFF 12:30



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ABOUT THIS GUIDE

Information in this guide is as at 11 March and is correct to the best of our knowledge. Any updated information on this fixture will be published in the guide on the club website (www.itfc.co.uk).

INFORMATION FOR SAINTS FANS

Ipswich Town welcome you to Portman Road and we hope you enjoy your visit. We expect a crowd of perhaps 10,000 or more, as this is the only planned Portman Road game for ITFC Women this season.

This is a short guide, designed to answer the kind of questions that are often asked by visiting fans.

This guide can be found on the ITFC website <https://www.itfc.co.uk/supporters/fanguides/> under Visiting Fan Guide.

For any further information, please contact Elizabeth Edwards, Supporter Liaison Officer, Ipswich Town Women on +44(0)7968 876504 or Tom Grover, Supporter Liaison Lead on slo@itfc.co.uk or +44 (0)7701 219724 or on X at @itfchelp.

IPSWICH TOWN FOOTBALL CLUB INFORMATION

Address: Ipswich Town Football Club, Portman Road, Ipswich, IP1 2DA

Website: www.itfc.co.uk/

Phone number: 01473 400 500

General Enquiries: reception@itfc.co.uk

Supporter Liaison Officer, Ipswich Town Women: Elizabeth Edwards, 07968 876504, elizabeth.Edwards@itfc.co.uk

Supporter Liaison Lead: Tom Grover, slo@itfc.co.uk

Disability Liaison Officer: Lee Smith, lee.smith@itfc.co.uk

X: @IpswichTown, @itfchelp

Facebook: www.facebook.com/officialitfc

Accessibility: www.itfc.co.uk/supporters/disabledsupporters

Safeguarding: www.itfc.co.uk/club/safeguarding/

Club Policies: www.itfc.co.uk/club/policies/

KEY INFORMATION

TICKET ALLOCATION

NOT APPLICABLE

TRAIN TRAVEL TIME

5 HOURS

THE AWAY END

COBBOLD STAND

RECOMMENDED AWAY PUB

NO RESTRICTIONS

NEAREST TRAIN STATION

IPSWICH

STADIUM POSTCODE

IP1 2DA

PARKING AT THE GROUND

NEXT TO AWAY END

CAR TRAVEL TIME

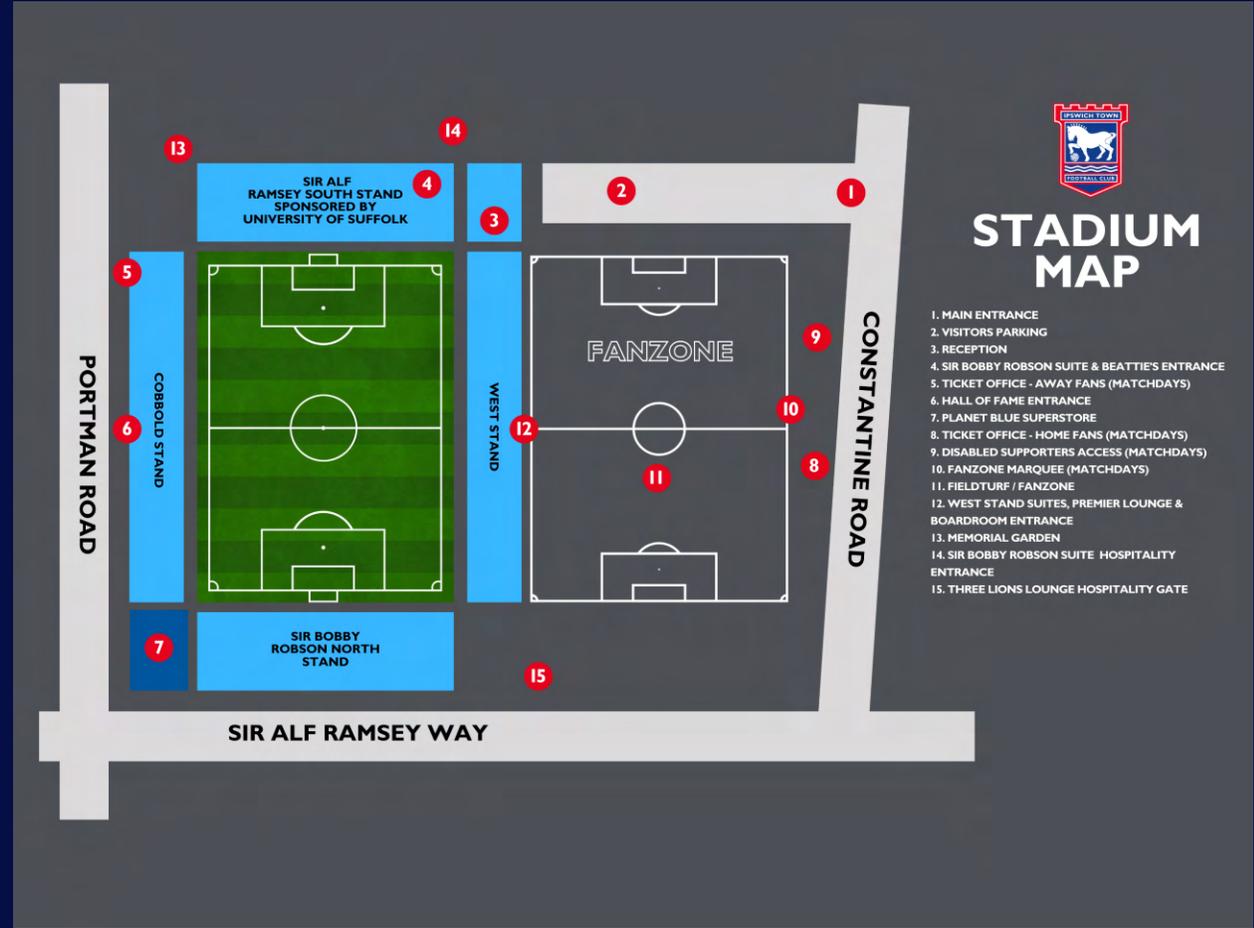
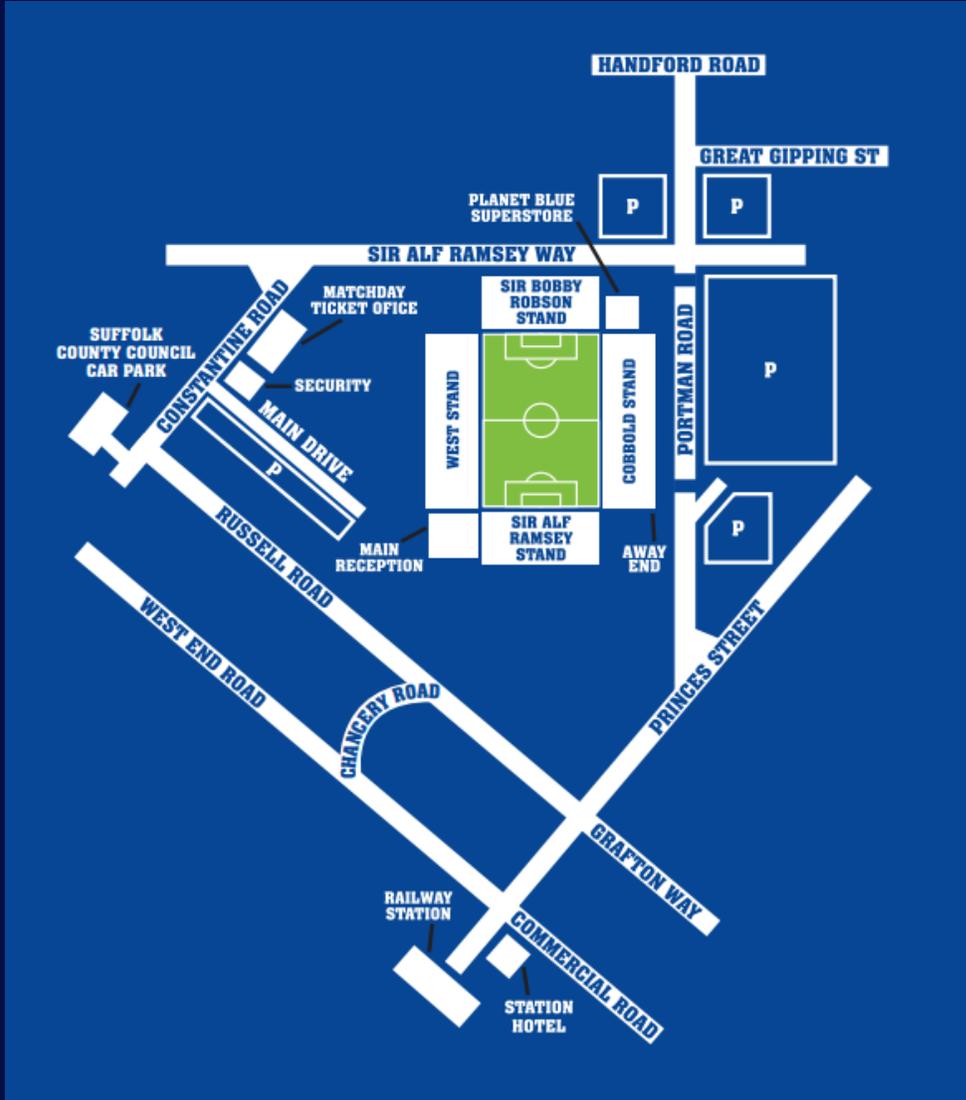
3.5 – 4 HOURS

ACCESSIBLE ENTRANCE

LEFT OF THE AWAY

TURNSTILES

MAP



TICKET INFORMATION

AWAY END

Tickets are available in the Cobbold Stand Lower Tier, in Block VL and also VA which is the away accessible area. Tickets can be purchased at:

https://tickets.itfc.co.uk/en-GB/events/ipswich%20town%20women%20v%20southampton%20women/2026-3-28_12.30/portman%20road?hallmap&promo=womensawayclub

PRICING

- Adult - £10
- Over 65 - £8
- Under 18 - £5
- Under 11 – free (up to two per adult / over 65)
- Under 11 (additional tickets) - £2
- Personal Assistant - free

All supporters under the age of 14 must be accompanied by a parent/guardian who is 18+ .



TRAVEL BY TRAIN

For those travelling by train, it takes just under 10 minutes to walk from Ipswich station to Portman Road. Note that rail replacement buses will be in operation on the Liverpool Street to Ipswich line between Newbury Park and Ingatestone.

With a journey time of almost five hours, you will need to leave Southampton very early in order to make kick-off. Greater Anglia is showing two routes. The first is Southampton to Waterloo where you take the Jubilee Line to Stratford and change for the Central Line to Newbury Park. Take the rail replacement bus to Ingatestone and pick up a train to Ipswich. For example, leaving Southampton at 05:25 or 06:30 and following this route, you will arrive at Ipswich at 10:24 or 11:24 respectively. The second route from Southampton is via Reading to London Paddington. From Paddington take the Elizabeth Line to Liverpool Street and change to the Central Line to Newbury Park. From Newbury Park follow the route above. For example, leaving Southampton at 05:15 or 06:15 via this route will get you to Ipswich at 10:05 and 11:05 respectively. The later option of 07:15 from Southampton doesn't allow for any delays en route.

After the game there are various options leaving Ipswich via the routes detailed above.

Whatever your travel plans, it's worth checking <https://www.greateranglia.co.uk/> or your usual train operator website for updated times and any late changes.

TRAVEL BY CAR

The Sat Nav postcode for Portman Road is IP1 2DA. However, you may choose to pick the postcode of your chosen car park.

Note: If your route takes you via the Dartford Crossing, remember that you must pay the Dartford Crossing charge by midnight the day after you cross. You will get a fine if you're late or do not pay. Details can be found here: <https://www.gov.uk/pay-dartford-crossing-charge>

From Southampton, the obvious route is via the M3, M25 and A12, which will then take you all the way to the outskirts of Ipswich where you follow the last few miles below. You will leave the M3 at junction 2 to join the M25. Google maps suggests going clockwise on the M25 to junction 28 where you join the A12 towards Chelmsford. Do keep an eye out on the M25 traffic conditions as sometimes it can be quicker to go anti-clockwise to the A12 - if you take this route, remember to pay the Dartford toll. There is a helpful sign on the M3 just before the M25, showing current journey time clockwise / anticlockwise to the M11; the A12 is only a few miles east of the M11, so it is a useful indication of which route is best.

An alternative route, but slightly longer, is to take the M27 and A3 to the M25 where you join the M25 anti-clockwise to junction 28 for the A12 – you will take the Dartford Crossing so remember to pay the Dartford toll.

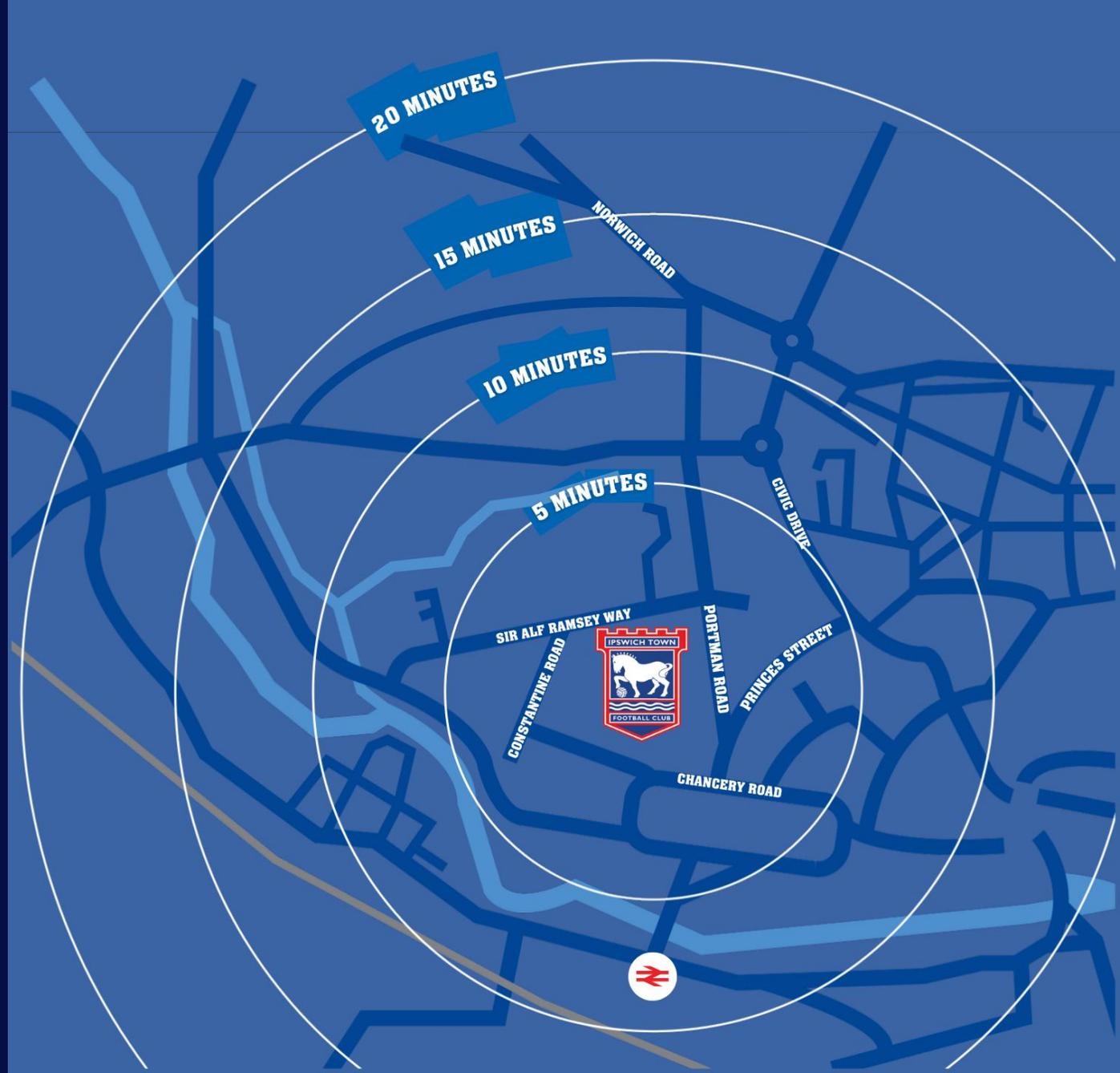
Google suggests a typical time of at least three and a half hours. Unless you live very close to Suffolk, we therefore recommend allowing at least an hour, and ideally 90 minutes, beyond the AA / Google / Sat Nav suggested journey time.

THE LAST FEW MILES

Sat Navs vary in their recommended route into town, but whichever way you go, it shouldn't take more than 15 minutes from the A14 / A12 Copdock Interchange junction.

For those not using a Sat Nav, once you reach the A14/A12 Copdock Interchange, just south of Ipswich, take the A1214 (London Road) for a couple of miles into town. As you approach the town centre area, there's a Sainsbury's supermarket on the left – at this point, go straight on past Sainsbury's and then almost immediately right onto West End Road. Take the first left (after about half a mile) onto Sir Alf Ramsey Way and continue to the stadium.

Note that the road immediately behind the Cobbold Stand is blocked permanently at both ends behind the stand, and the road behind the Sir Bobby Robson Stand is closed about 90 minutes before the game, so to access the IBC car park on Portman Road you will need to continue on London Road, straight on to Handford Road and then turn right at a set of traffic lights onto Portman Road (if you miss the turning, just do a U-turn at the roundabout with Civic Drive, turning back onto Handford Road, then taking the first left into Portman Road).



PARKING

EVENT DAY PARKING

Event day parking costs of £15 will be in operation at Ipswich Borough Council's long stay car parks situated near and next to the ground at Portman Road, West End Road and Princes Street. This comes into force three hours before kick-off to one hour after kick-off. Information on how to pay online and by phone can be found [here](#).

AT THE GROUND – PORTMAN ROAD

There is no official stadium car park, but there is parking all around the ground. The closest is a large car park on Portman Road (right by the away end, post code IP1 2BP - note comment above re event day parking costs). Spaces are usually easy to come by, however be prepared to wait 15/20 minutes after the game as the Portman Road entry/exit is closed whilst pedestrians clear. Vehicle access via Friars Bridge Road to Princes Street remains open at all times.

There are also large car parks on West End Road (5 minutes' walk away, post code IP1 2DZ – note comment above re event day parking costs) and at the railway station (less than 10 minutes, postcode IP2 8AL).

ACCESSIBLE PARKING

Accessible parking can be found by clicking [here](#).

TOWN CENTRE

The town centre is less than 10 minutes' walk, and has numerous car parks, as you would expect. Being a town centre ground, most streets are controlled (residents only) parking, so free on road parking tends to be at least a 20-minute walk away. As usual, the car parks nearest the ground are a bit slow to clear after the game, with roads near the stadium likely to take at least an hour to clear. The further you park from the ground, the less likely you are to face lengthy traffic delays post-match.

RAILWAY STATION

One good option is the railway station car park. It costs £6.85 at weekends. Exit left onto Burrell Road / Ranelagh Road (B1075), then (after about a mile) left onto the A1214 to get out to the A14. Of the town centre car parks, the Crown Street car park (Claude Street, IP1 3HS) is a large multi-storey, just over 10 minutes' walk from the stadium.

COACH PARKING

All away coaches will park in West End Road car park, just a short walk from the away pub and stadium! This cost £15, payable at the machine situated in the area where cars park.



AROUND THE AREA

AWAY PUB

Being a womens' game, we do not anticipate any pub restrictions. Being a 12:30 kick-off, we do not anticipate any major demand for pubs!

The Wetherspoons is called The Cricketers and is about a 15-minute walk from the ground.

Other pubs are suggested below, on the page 'Local Attractions.'

FANZONE

Portman Road does have a FanZone however this is only for home supporters.

HAVE AN HOUR OR TWO PRE-MATCH IN IPSWICH

The statue of Sir Bobby Robson is on Portman Road opposite the Cobbold Stand, where away fans are located. Further along the road, diagonally opposite the club shop Planet Blue, you will find the statue of club legend Kevin Beattie which was unveiled in December 2021. Diagonally opposite Kevin you will find the statue of another Town great, Sir Alf Ramsey. All three statues are the work of local sculptor Sean Hedges-Quinn.

The stadium is just a short, 5-10 minute, walk to the town centre, with shops, cafes and restaurants. The waterfront area is around a 15-minute walk from the ground, with a yachting marina and a range of cafes and restaurants. Just beyond the town centre, 15 minutes' walk from the ground, is the beautiful Christchurch Park, with a renowned art gallery within the Tudor mansion building. More information is given at the end of this guide for fans staying in the area for longer.



OUTSIDE THE STADIUM

HERE2HELP



Our Here2Help staff are positioned around the stadium on a matchday. They can be identified in their pink hi-vis and are pleased to answer any questions you may have.

MATCHDAY PROGRAMME



The 44-page programme costs £3 and can be purchased at Planet Blue and kiosks outside the stadium. Programmes are not available to purchase inside the ground. *Note cash payments will not be accepted.*

AWAY COLLECTION POINT AND ENQUIRIES



The away ticket collection window can be found near to the away turnstiles and next to the away supporter's accessible entrance.

Turnstiles will open 90 minutes before kick-off.



ENTERING THE STADIUM

SECURITY



Supporters may be searched prior to entering Portman Road. The Club also uses a trained K9 unit and some stewards, as well as police officers, wear body cameras on matchdays. We ask that fans arrive in plenty of time to allow searches to take place and a safe and steady flow through to the turnstiles.

BAGS



No bags larger than A4 will be permitted into the stadium. There are no facilities to leave bags .

FLAGS AND BANNERS



Flags and banners are allowed in the away end. These will require a safety fire certificate and should be fire retardant. All flags and banners will be questioned before entering. For any enquiries contact neil.mccluskey@itfc.co.uk .

PYROTECHNICS

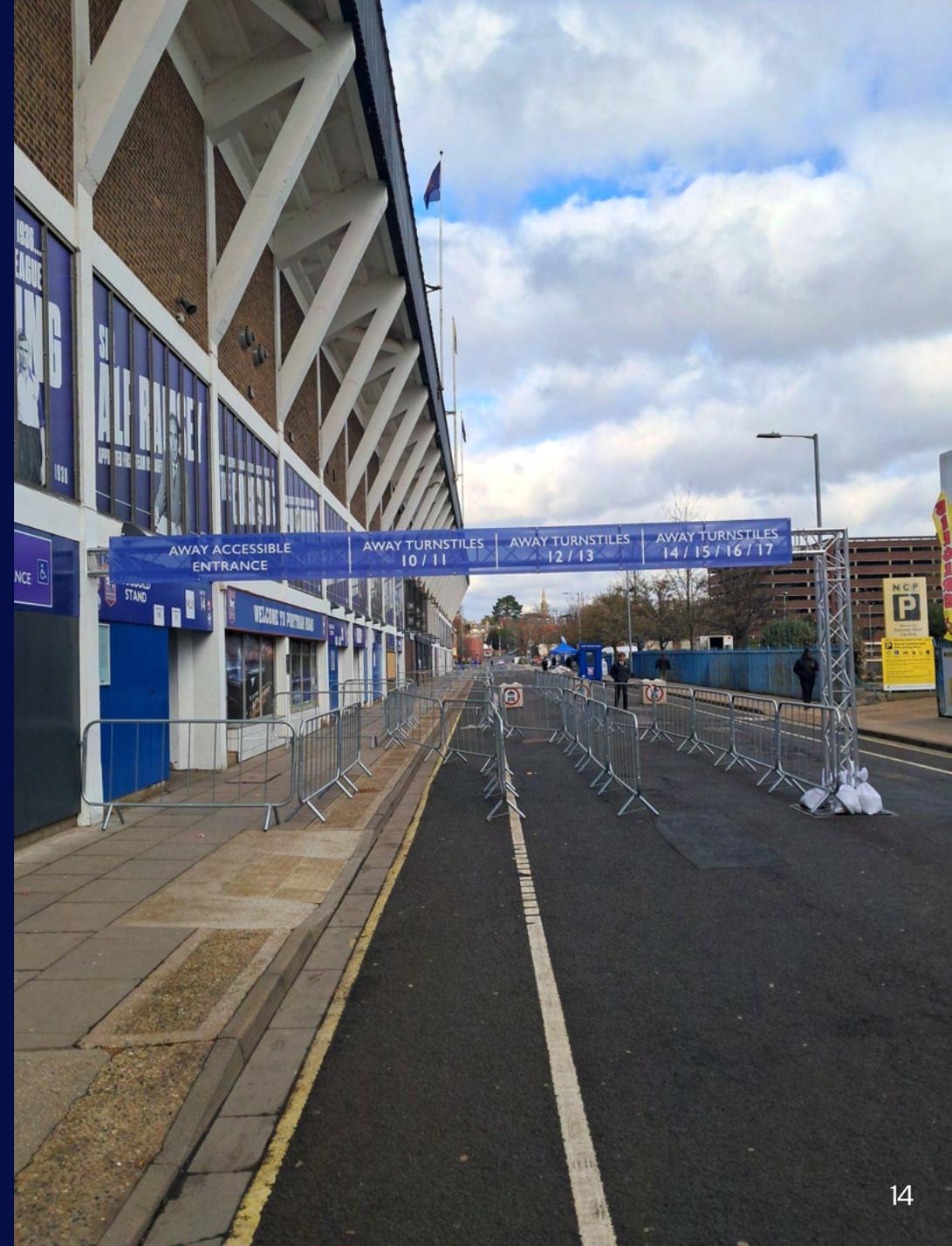


As with all grounds and to comply with legislation, the use of pyrotechnics or even trying to get them into the stadium is a criminal offence and will not be tolerated.

MUSICAL INSTRUMENTS AND SELFIE STICKS



Musical instruments and selfie sticks are not allowed in the away end.



INSIDE THE STADIUM



FOOD AND DRINK

Food and drink facilities are what you would expect at most football grounds with pies, sausage rolls, crisps and chocolate. Vegetarian options are also stocked. Alcohol is available in the away end (subject to behaviour). A menu can be seen on the left of the screen. We are not part of the WSL alcohol trial, so alcohol must not be consumed in view of the pitch.



ACCESSIBLE TOILET, BABY CHANGING FACILITY AND SANITARY PRODUCTS

Accessible toilets are on the concourse of the lower tier of the Cobbold Stand. A baby changing facility can be found in the ladies' toilets in the lower tier. Sanitary product vending machines are installed in a number of the ladies' toilets. These products are free of charge.



SMOKING POLICY

Portman Road is a no smoking stadium. This includes e- cigarettes. Anyone found smoking will be ejected from the ground. For anyone considering leaving the stadium, note that no re-admission to the ground is permitted.



BEER & CYDER

ESTRELLA GALICIA PINT	£6.95
LEVEL HEAD IPA PINT	£6.95
ASPALL CYDER PINT	£6.95
ESTRELLA 0%	£5.00
CARLSBERG PET	£7.00

WINE & SPIRITS

VINCA WINE	£7.50
GIN & TONIC	£7.00
VODKA & COKE	£7.00
JACK DANIELS & COKE	£7.50



SNACKS

DAIRY MILK DUO	£2.50
TWIRL DUO	£2.50
WINE GUMS	£3.85
SOUR PATCH KIDS	£3.85
BUTTONS GRAB BAG	£3.85
LIGHTLY SALTED CRISPS	£1.95

SOFT DRINKS

COKE 180Z	£3.50
COKE ZERO 180Z	£3.50
FANTA 180Z	£3.50
SPRITE 180Z	£3.50
BELU WATER	£2.35
CAPRI SUN	£2.25

HOT DRINKS

TEA	£3.00
COFFEE	£3.00
HOT CHOCOLATE	£3.00
BOVRIL	£3.00

HOT FOOD

SAUSAGE ROLL	£4.00
STEAK & ALE PIE	£5.45
FRIES	£5.00
CHICKEN GOUJONS	£7.50
CHICKEN & FRIES	£11.00
BANGER & BEAN PIE (VE)	£5.00



PROHIBITED ITEMS

Items below cannot be brought into Portman Road.
If any of these items are with you, you may be asked to
discard them in the bins provided before entering the ground.



NO BAGS LARGER THAN
A4 (100 x 200 x 300 MM)



NO BABY BUGGIES
OR PRAMS



NO VIDEO RECORDING
EQUIPMENT



NO LARGE
LENS CAMERA



NO SMOKING INC.
E-CIGARETTES & VAPES



NO DRINKING
GLASSES



NO CANNED
DRINKS



NO GLASS BOTTLES
OR PLASTIC BOTTLES
BIGGER THAN 500ML



NO DARTS, KNIVES
OR WEAPONS



NO FIREWORKS
OR FLARES



NO GAS OR SMOKE
CANNISTERS



NO TOOLS



NO AIR HORNS
OR MUSICAL
INSTRUMENTS



NO FLAGS
OR STICKS



NO UMBRELLAS



NO PERSISTENT
STANDING



NO SELFIE
STICKS



NO FOOD



NO PYROS

ACCESSIBILITY

PARKING

3-5 car parking spaces are available for visiting disabled supporters in Suffolk County Council (IP1 2DH). Spaces can be booked, on a first come first served basis, by contacting your own Club. There is no charge for this parking which is a short walk from the away turnstiles.

ACCESSIBLE ENTRANCE & FACILITIES

Supporters may make use of the accessible entrance which is labelled via a purple sign at the away end. Once inside there are two accessible toilets which can be accessed via a radar key as well as a low-level counter for those wishing to purchase food/drink.

SOCCER SIGHT

The Club has radio headsets available to supporters with visual impairments ran through Soccer Sight, who provide dedicated descriptive commentary. If you would like to reserve headsets, please contact Lee Smith on lee.smith@itfc.co.uk or 01473 400556 a week out from the game to arrange.

ASSISTANCE DOGS

Assistance dogs are admitted into the ground. Please contact Lee Smith on lee.smith@itfc.co.uk or 01473 400556 in advance of the game.

SENSORY PACKS

Packs are available to rent and collect at the Accessible Ticket Office. Supporters should contact Lee Smith on lee.smith@itfc.co.uk or 01473 400556 in advance of the game.



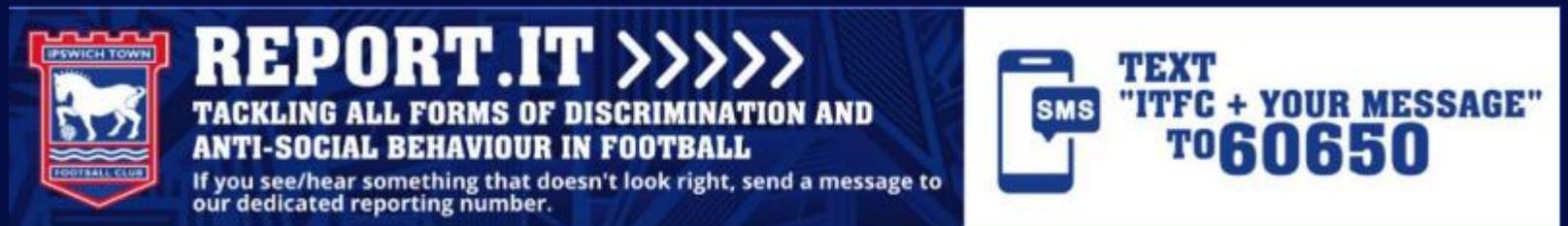
ADDITIONAL INFORMATION

Ipswich Town Football Club is committed to providing a safe and enjoyable experience for all supporters and staff.

The Club takes a zero-tolerance stance on any form of discrimination or anti-social behaviour. Supporters can report any incident instantly that they feel needs attention by texting ITFC and your message to the anonymous number 60650 (standard text rate applies). All reports will be handled in the strictest confidence. Please include Stand, Row, Seat Number and names if known.

You can also report any discrimination or anti-social behaviour to Kick it Out using the Kick It Out app which is available to download from the App Store or Google Play, or via: Facebook /kickitoutofficial; Twitter @kickitout; email info@kickitout.org; phone 0800 169 9414.

Alternatively, our supporter services team can be contacted on supporter.services@itfc.co.uk.



REPORT.IT >>>>
TACKLING ALL FORMS OF DISCRIMINATION AND ANTI-SOCIAL BEHAVIOUR IN FOOTBALL
If you see/hear something that doesn't look right, send a message to our dedicated reporting number.

TEXT "ITFC + YOUR MESSAGE" TO 60650

LOCAL ATTRACTIONS & HOTELS

Below listed is several local attractions and hotel weblinks which you may find useful if you are staying in Ipswich. Please note the Club has no connection to these but they have been listed based off supporter's feedback and convenience.

LOCAL ATTRACTIONS:

- Harbourside and marina, with numerous restaurants, cafes and bars.
- Town centre with many independent stores, plus the New Wolsey Theatre.
- Christchurch Park, Mansion and Gallery
- Pubs selling a wide range of locally brewed real ales, including the Fat Cat, Dove Street Inn, Woolpack, Greyhound, St Jude's Tavern, Arcade Street Tavern, Three Wise Monkeys, Thomas Wolsey, Spread Eagle, Lord Nelson and Briarbank Brewery.
- Felixstowe is just 15 miles away to the east, and is both a traditional seaside resort and major container port, which includes a fantastic viewing point.
- The Orwell Bridge carries the A14 over the river to Felixstowe.
- The historic town of Woodbridge is just a few miles from Ipswich, with a tide mill, lots of little boutiques, some fine pubs, and an Adnams Wine and Beer store.
- Just a bit further up the coast you will find Aldeburgh with its famous fish and chip shop as well as shops and pubs. You'll pass the concert hall, antique, home furnishings and fine foods shops of Snape Maltings en route to Aldeburgh, and it's well worth the short detour.
- If you've managed to get as far as Aldeburgh, you may well be tempted to continue a bit further up the coast, past the impressive power station at Sizewell, to the beautiful seaside town of Southwold, home of Adnams beers, a pier, and lots of little shops and galleries.
- The delightful market town of Framlingham is about 20 miles north-east of Ipswich, home turf of Ed Sheeran, who put the town on the world stage with his 'Castle on the Hill' track.
- 10 miles south of Ipswich, on the Essex border, is Constable country, where you can visit the artist's famous locations along the Stour valley, including Willy Lott's cottage and the Haywain at Flatford Mill

HOTEL WEBLINKS:

- www.salthouseharbour.co.uk/
- www.milsomhotels.com/kesgrave-hall/
- www.all.accor.com/hotel/0995/index.en.shtml
- www.hotel-bb.com/
- www.travelodge.co.uk/uk/hotels-in-ipswich
- www.premierinn.com/gb/en/hotels/england/suffolk/ipswich/ipswich-town-centre-quayside.html
- www.marstonsinns.co.uk/inns/mermaid-ipswich
- www.therailwaywesterfield.co.uk/