HEAD OF FIRST TEAM PHYSIOTHERAPY

Salary: Competitive – please state your expectations on application
Hours: Full time, 40 hours per week, to be worked across 7 days, mornings, afternoons and evenings, flexible working hours required, with Local, National, and International travel where necessary. Home and away match day working also required
Location: The Nigel Doughty Academy Nottingham Forest Training Ground.

We have an exciting opportunity for an determined, enthusiastic, hardworking, and experienced head physiotherapist to join our business and perform a key role within the Nottingham Forest First Team department.

Based at The Nottingham Forest Training Ground, the role will be responsible alongside the Head of Medical and Performance for the diagnosis of injuries and establishing the prognosis and rehabilitation plan in order to return to play. Responsibility for the acute and gym-based phases, and if needed assist or lead in the pitch-based rehabilitation for the First Team injured players, and the integration phase back into team training. The role will have responsibility for all First Team physiotherapists, including staff management and evaluation. The Head Physiotherapist will work with all physiotherapists to individualise the rehabilitation and reconditioning programmes to ensure that injured players are integrated into the team, ready to perform optimally in a safe and realistic time frame.

This is a great opportunity to join NFFC at an exciting time and be part of a successful Club that is passionate about its people.

Benefits of joining us

- Staff tickets to our home games
- Store discount
- Company sick pay
- Great team environment

Key Tasks and Responsibilities

- Lead the First Team Physiotherapy department, including staff management, resource allocation, and evaluation of staff performance.
- To fulfil the role of a chartered physiotherapist in the assessment, diagnosis, management, and rehabilitation of all injured players.
- Work with the Head of Performance & Medical and other Physiotherapists to individualise reconditioning programmes (return to play protocols) in order to maximise the development of physical qualities and performance, ready to return to First Team training safely and within a realistic timeframe.
- Assist in the rehabilitation areas (including clinical and strength objectives, gym-based physical development, etc.).
- To assist the Performance Physio or deliver First Team pitch-based rehabilitation if needed.
- To attend home and away First Team matches, ensuring an up to date ATMMIF accreditation to meet regulatory requirements for this specific part of this role.
- Ensure detailed records/medical notes for all activities in the department are recorded on the Club's Athlete Management System (or other relevant area) in accordance with relevant legislation, policies and procedures.
- Deliver soft tissue therapy alongside the First Team Masseur to all players, when needed. This includes pre and post training, recovery strategies, and pre-designed individual soft tissue release strategies identified for each player.
- Overall responsibility for the medical stock, emergency equipment checks, and the medical matchday equipment packing.

- Oversee and ensure the FA Whereabouts programme.
- Responsibility for communicating work with external staff (e.g. podiatrist, yoga teacher, etc.).
- Maintain all legal and professional qualifications in relation to own profession.
- Meet daily with Sports Science & Medical staff to actively participate in strategies regarding player readiness to perform and rehabilitation.
- Encourage an interdisciplinary approach of working within the Performance department that includes close links to all areas of the Club.
- Provide support and guidance to the Academy medical department in relation to diagnosis and rehabilitation protocols.
- Participate in key topic research to provide clinically based evidence for current and new Sports Science and Medical practices.
- Present clinical findings of key topic research to Sports Science and Medical departments for group and individual CPD. Undertake personal CPD as appropriate to meet the demands of the role and maintain professional standards.

Required Qualifications and Experience:

Essential Qualifications:

- Undergraduate degree in physiotherapy
- Postgraduate degree in Sports Physiotherapy, Sports & Exercise medicine, S&C or related subject
- HCPC registered
- Member of the CSP
- First Aid qualified (FA Level 5 ATMMIF)

Desirable Qualifications:

- Displays post graduate personal development, and qualifications that demonstrate a range of different clinical skills

Essential Experience:

- A minimum of 5 years post MSc qualification experience in the provision of physiotherapy to professional players in an elite sporting environment
- 2-3 years' experience of leading and managing a team of health care professionals at First Team level

You will be required to demonstrate your commitment to equality, inclusion and anti-discrimination at all times including attending relevant training as and when required.

If you are excited at the thought of joining our amazing team at Nottingham Forest, our application process is via our Application and Diversity forms which can be found on our website and emailed to jobs@nottinghamforest.co.uk. Along with a copy of your CV.

Due to the high volume of applications, we receive daily, **please state your name and the job role in the email subject bar on application as follows: NAME – JOB ROLE – APPLICATION**

- **Closing Date: 14th June 2023**
- Interviews to be carried out w/c **26th June 2023**

Nottingham Forest Football Club is an equal opportunities employer and welcomes applications from all suitably qualified persons, regardless of age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / maternity leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.