

# FOREIGN RIGHTS Autumn 2019



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Renate Ahrens

## The Other Sky

- History which gets under your skin: a dramatic attempt to escape from East Germany, a great love and a second chance
- Renate Ahrens captivates with her emphatic language



October 2019, 320 pages

### 30 years since the fall of the wall: Renate Ahrens lets history become destiny

Irina Lohrisch was just about to finish high school as she met the love of her life in 1974: Frank Hollmann, a young writer whose prose is not desired in East Germany. Their love gives Irina and Frank the courage to attempt a dramatic escape, which for Irina ends with more than two years imprisonment in a Stasi prison. What she discovers about Frank during this time rips the carpet from under her feet. It takes 35 years until a certain Frank Hollmann publishes his autobiography and Irina reads a story which is her own yet completely different. Can there actually be two versions of the truth?

#### The author:

Renate Ahrens, born in 1955, studied English and Romance Studies, and worked as a teacher for a few years before starting as a freelance author in 1986. She writes novels, plays for the theatre and German-English children's books. Today, she lives with her husband moving between Dublin and Hamburg. Renate Ahrens is a member of the P.E.N.-Zentrum deutschsprachiger Autoren im Ausland (P.E.N. centre of German-speaking authors abroad).

Sophia von Dahlwitz

## The Art and the Happiness of One Summer

- A summer in the life of Paula Modersohn-Becker and an explosive love triangle
- A fascinating novel on the tension between art and life



November 2019, 224 pages

### Paula Modersohn and the Worpswede painters' colony

Late summer 1900 in the Worpswede artist colony: A relationship develops between the young painter Paula Becker and her recently widowed mentor, Otto Modersohn. The pair soon become closer. However, Otto struggles with being officially romantically linked so soon after the death of his wife, while Paula is torn between her growing affection and her desire to return to Paris in order to finally realise herself as an artist. In the middle of her creative crisis, Rainer Maria Rilke comes to Worpswede and starts courting Paula. And then, Marleen, who is a farm girl and also her model, disappears without trace – apparently in the marshes.

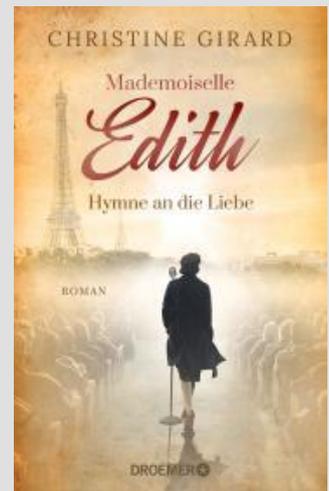
### The author:

Sophia von Dahlwitz is the pseudonym of a successful German author. Under her real name she has already published eight novels; four of which have been filmed and five have been translated into several languages. Sophia von Dahlwitz lives with her family in Munich.

Christine Girard

## Mademoiselle Edith - Hymn to Love

- A novel about the love of Edith Piaf's life and her tragic loss
- Highly emotional and wonderfully atmospheric
- Novels about artists fit the spirit of the times
- For readers of "Coco und der Duft der Liebe" or



December 2019, 320 pages

**Edith Piaf and Love - "God brings those who truly love each other back together in the end"**

Edith Piaf and love - a love story in a category of its own. She needed it like air to breathe and she tirelessly sought it, both in her chansons and in real life. When in 1947 she travelled to New York for a series of guest performances, she was already a star in France but for the Americans she was too melancholic, too foreign and had too little sex appeal. A blow for Edith - until she met Marcel Cerdan, the boxer. He, who was so different from all the others, became the One for Edith; the One who she had been searching for her whole life long. However, the lovers were only given two fulfilled years...

### **The author:**

Behind the pseudonym Christine Girard is a German author who has written very successful children's books but also novels for adults.

Michaela Küpper

## The Child Train

- The German child evacuation during the Second World War
- A piece of history that has never been told like this in a novel
- The dramatic fate of a woman under Nazi rule - told sensitively and atmospherically



December 2019, 320 pages

**An odyssey through Nazi terror and the confusion of the Second World War**

The Ruhr region in the summer of 1943. Young teacher Barbara is to accompany a group of girls as part of the German child evacuation. Fear but also anxious unrest occupy the thoughts of the children for they do not know what is awaiting them. The hostel that is to be their temporary home initially proves to be a pleasant surprise but then it too must be vacated. And so an odyssey begins that not only drives Barbara but also the children to their limits. Barbara, who had previously tried to avoid politics, is increasingly confronted with the gruesome methods and plans of the National Socialists and also with people who will stop at nothing for their ideology. When a girl disappears and a Polish forced labourer is suspected, it is time for Barbara to make a decision.

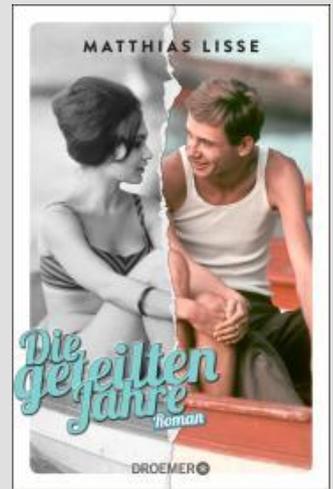
### **The author:**

Michaela Küpper studied sociology, psychology, politics and education. She was employed for many years as a project manager in a publishing house and is now working as a freelance author, editor and illustrator.

Matthias Lisse

## The Separated Years

- Breathtakingly authentic: an adventurous escape and a touching family story
- A novel based on the life story of the author
- 30th anniversary of the fall of the Berlin Wall is in Autumn 2019



December 2019, 320 pages

### The longing for freedom

The story of a German family between the building of the wall and reunification

Berlin, 13th August 1961. The dream of the “paradise for workers and labourers” is over, and like many others the Leipolds have just one objective: to leave East Germany with their young son Marcus as soon as possible. But their decision is too late and the construction of the wall has blocked their way to freedom. Years later, Marcus, who is now married with a daughter of his own, also dreams of going to the West but at first, he can only turn his dream into reality for himself. Only when in September 1989 thousands of East German refugees storm the Prague embassy does new hope spring because among them are Marcus’ wife and daughter ...

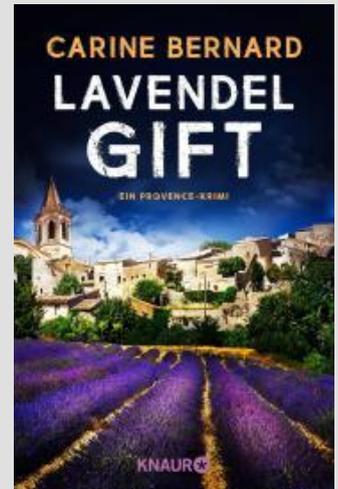
### The author:

Matthias Lisse was born in 1957. He grew up in East Germany and for political reasons he did not study history and literature but veterinary medicine and later horse breeding and horse sport. He then became a military rider and training officer in the most important pedigree stable in the German Democratic Republic. In Spring 1988, he managed to flee to the Federal Republic of Germany and 18 months later his wife and daughter followed. Together they established a riding and breeding stable in Bavaria, where they still live today.

Carine Bernard

## Lavender Poison

- A young investigator, Provençal atmosphere and a recipe book as evidence
- For readers of Sophie Bonner and Pierre Martin
- Perfect holiday reading: exciting and atmospheric



November 2019, 256 pages

### Murder à la Provence

At the start of her internship as part of her training to be a Commissarie, Lilou Braque has to investigate the murder of her neighbour, Frédéric Benoit, in the small Provençal town of Carpentras. Who would do anything to harm the helpless old man for whom Lilou often cooked? Against the will of her boss, Commissaire Demoireau, she follows the clue from Benoit's old family cookbook together with the charming Simon. But can she trust Simon? In any case, for the murder it is about much more than an old recipe...

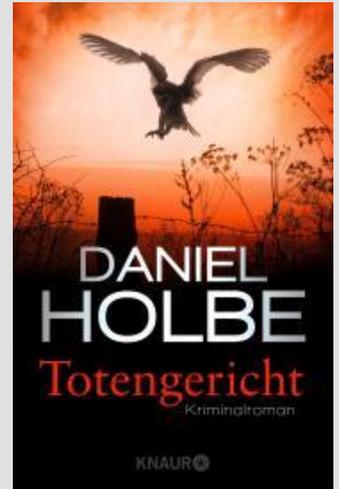
### The author:

Carine Bernard was born in 1964 in Lower Austria and lives with her husband close to Düsseldorf. She has a penchant for France and loves discovering the country and its people by driving her camper van down small country lanes. Provence with its picturesque villages and its fantastic food has been her favourite destination for years.

Daniel Holbe

## Court of Death

- The gruesome discovery of a body and two dead people, who disappeared years ago
- The abyss behind the countryside idyll - the fourth case for the duo Sabine Kaufmann and Ralph Angersbach
- Best-selling author Daniel Holbe at his best: His Kaufmann/Angersbach crime novels have achieved total sales of over 200,000 copies



March 2020, 464 pages

**When death speaks its judgement ... a new case for Ralph Angersbach and Sabine Kaufmann**

A body is discovered in Vogelsberg. A man is found naked on bare rocks in the middle of nowhere and his body has been disfigured. The word "betrayal" has been burned on to his chest, and his head has clearly been attacked by wild animals so that he cannot be identified. The symbols on his body and the way in which he was killed suggest a ritual murder but then it comes to light that the dead man is the mayor of a community in which a wind farm is set to be built. Does the murder have anything to do with the controversial project? Ralph Angersbach starts to investigate but soon he reaches his limits. In need of help, he turns to his former colleague, Sabine Kaufmann, who is now working for the state police authority. She has a brilliant idea...

### The author:

Daniel Holbe, born 1976, lives with his family in Wetterau, not far from Frankfurt. Holbe, an avid reader, has been particularly fascinated by mysteries set in and around Frankfurt and the state of Hesse for some time.

Jan Jacobs

## Murder on Vlieland

- Start of a holiday crime novel series set in picturesque Holland
- A body found in a shipwreck is the first case for Mevrouw Commissaris Griet Gerritsen



March 2020, 352 pages

### The body in the shipwreck - the first case for Mevrouw Commissaris Griet Gerritsen

A gentle breeze blows the grass on the dunes of Vlieland and frames a picturesque old shipwreck, in whose rotten planks a corpse has become caught. The respected and well-loved hotel owner Vincent Bakket has been murdered; a certainty proven by the bullet hole in his chest. But why does nobody mourn him? And what about the two unsolved deaths from 1989, which are still keeping the island's rumour mill turning? Mevrouw Commissaris Griet Gerritsen has to bring to light more than one secret before she discovers a shocking truth.

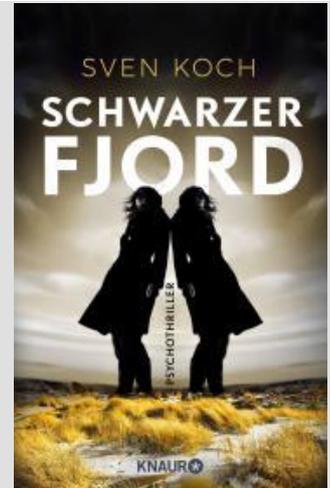
### The author:

Jan Jacobs (\*1975) grew up and studied in the Netherlands. He worked as a journalist and as a publishing editor for crime novels and thrillers before he became a freelance author. In his private life he is surrounded by law enforcers; his sister-in-law and his neighbour are in the police. For family holidays, he almost always goes to the beaches or the islands of his second home, Holland. He likes spending his free time on the IJsselmeer.

Sven Koch

## Black Fjord

- Psychological thriller about two supposed best friends in an atmospheric Danish setting
- Psychological thriller full of twists for fans of Scandi and domestic noir
- ““Kalte Sonne” is incredibly exciting.” WDR 2



March 2020, 352 pages

### Victim or murderer - how well do you know yourself?

What happened last night on the Ringkøbing Fjord? When Liv wakes up in hospital after falling down the stairs, she only has vague memories: she was at Magnus' place, the husband of her best friend Vigga. She had been staying there since Vigga vanished without a trace. And she had found something that implicated Magnus. But now Magnus is dead ... And in contrast to her, the police have a clear idea of what has happened: Liv wanted to take the place of her friend - why else would she wear Vigga's clothes and otherwise be her spitting image? Is Liv really as innocent as she believes or does she have blood on her hands?

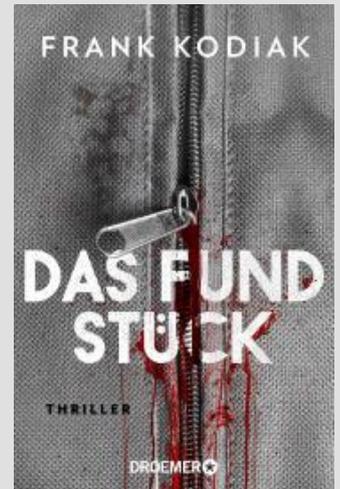
#### The author:

Journalist Sven Koch was born in 1969. He has also made a name for himself as a photographer and a musician, and he's been playing gigs all over the country with various punk and rockabilly bands for many years. He lives in Detmold.

Frank Kodiak

## The Find

- “Frank Kodiak” is the pseudonym of the Spiegel best-selling author Andreas Winkelmann
- Hardcore thriller about a psychopath, who lies in wait on coaches for his victims
- If you like looking into the human abyss, then this book is for you!



November 2019, 352 pages

He kills for pleasure.  
He lets fate select his victims.  
He could be anyone, even the man sitting next to you on the bus...

Late one evening, an abandoned suitcase is found in the luggage compartment of a coach. In it is the right hand and left foot of a man, and a note with the message, “for my journey, I pack in my suitcase...?” Before Commissioner Olav Thorn can even begin the investigation, he gets information from Berlin: at the Berlin bus station a suitcase containing body parts has also been found. Thorn and Leonie Green, his opposite number from Berlin, frantically put the pieces of the puzzle together but the killer is always one step ahead. And he is far from reaching the end of his journey.

### The author:

Frank Kodiak is the alias for Andreas Winkelmann, born in 1968, who has published several thrillers with Rowolt (rororo), amongst them the bestseller Death Book, Die Zucht and Kill Game. He developed his passion for thrilling and creepy stories from an early age. Before publishing his first book, he initially worked as a soldier, PE teacher, taxi driver, insurance salesman and freelance editor. He lives near Bremen with his family – in a secluded house on the edge of the forest. More information about Andreas Winkelmann at [andreaswinkelmann.com](http://andreaswinkelmann.com).

Axel Petermann

## The Diagram of Death

- The authentic case of a cold as ice serial killer searching to perfect murder
- Germany's most famous profiler and the famous author guarantee success in the booming true crime genre
- "Thrillers such as "Seven" or "The Silence of the Lambs" are reassuring because they are fiction. Not this crime novel... Not for those of a nervous disposition." Stern.de on "Die Element des Todes"



October 2019, 416 pages

A true crime thriller about the case of a serial killer who turned murder into an art form

I am watching you. At night I look through your window. I follow you on to the street. In the underground car park. In the lift. I can't help myself; I have to check on you. When my fantasies want you, I do not even have to knock at your door. For I have already stopped following you. I go into your flat, lie on your bed, sniff your laundry, eat food from your fridge and wait. I am already there when you come home. I am there to give you my dreams - again and again until you want everything that I want too. Because you will die too soon, but you don't know that yet. You will only die right at the end because I will kill you...

### The authors:

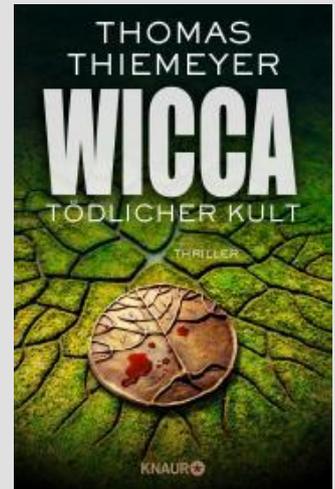
Axel Petermann was in charge of a homicide division in Bremen and as an investigator he managed to solve several spectacular murder cases. His books, including "Auf der Spur des Bösen," "Der Profiler" and "Im Angesicht des Bösen," are best sellers. As a consultant and story supplier he has been responsible for award-winning episodes of "Tatort" set in Bremen and Frankfurt. Today, he is considered to be one of the co-founders of case analysis in Germany and one of the best profilers in Europe. He is known to a large audience thanks to his appearances on talk shows and news programmes.

Claus Cornelius Fischer has written numerous novels and screenplays for cinema ("Blueprint") and TV ("Tatort"). His novel, "Goyas Hand", was nominated for the Aspekte literature prize. Alongside Günter Grass and Heiner Geißler, he was one of the publishers of Salman Rushdie's "Satanic Verses" in Germany in 1989. The adaptations of his successful series about Amsterdam Commissioner Bruno van Leeuwen were TV ratings hits on ZDF and more are planned.

Thomas Thiemeyer

## Wicca - Deadly Cult

- Archaeologist Hannah Peters falls into the clutches of the Wicca sect, which is trying to protect an ancient secret
- A perfect read for all fans of thrillers with a mystical touch
- More than 300,000 copies of the Hannah Peters series have been sold



August 2019, 496 pages

**Myths, action, adventure: the new best seller by Thomas Thiemeyer on the Wicca cult**

A friend asks archaeologist Hannah Peters for help: Leslie Rickert is investigating an ancient witches' cult that could be responsible for the disappearance of several teenagers. Their research leads to two women via the famous mountain city of Petra and its tree of life in Jordan to the English South Coast, where hundreds of years ago a seed from that same mythical tree is supposed to have been planted. Hannah and Leslie have no idea that it is not only the members of the Wicca cult who will stop at nothing to keep their secret, but also a creature, for which science does not even have a name.

### The author:

Thomas Thiemeyer, born in 1963, studied geology and geography before he became a freelance author and illustrator. With his science thrillers and young adult series, which have won numerous prizes, selling more than half a million copies and being translated into thirteen languages, he is now a permanent luminary in German genre literature. The author lives with his family in Stuttgart.

Gordon Tyrie

## Death in Scottish

- A stormy night and a body in a kilt - the second Hebrides crime novel by Gordon Tyrie: black humour and great entertainment
- For Scotland lovers and fans of “Immer Ärger with Harry”
- “Discovering this author is great fun! Truly!”  
Recklinghäuser Zeitung



May 2020, 384 pages

### Dead Scots swim better...

Loner Nicol likes nothing more than the picturesque little bay with a cottage and boat house that he has rented on the Hebrides. However, it is precisely there that Jim McKechnie, the popular Scottish actor and director, wants to film his new work. When McKechnie threatens Nicol that he will use his contacts to banish Nicol from his beloved piece of land, an ugly fight between the two men ensues. The next morning the sea washes up a surprise on Nicol's doorstep: a male corpse in a kilt. McKechnie? What do you do with the body of your arch enemy if you want to avoid awkward questions? Unfortunately, Nicol is not as alone as he thinks. And his secret watchers also have a whole host of reasons for not wanting to tell the police about the dead Scotsman...

### The author:

Gordon Tyrie, born in 1966 in Renfrewshire, Scotland, grew up on a farm and originally wanted to be a vet. He studied law and worked as a court reporter before he began writing.

Anne von Vaszary

## The Sniffer

- The sense of smell as an investigator: an original crime novel for everyone looking for something special
- Anne von Vaszary comes from the games, film and audio drama sector and has a knack for pithy characters
- For readers of bloodless crime novels with a fresh young narrator



January 2020, 400 pages

**I smell with my little nose...**

A visit to a restaurant with catastrophic consequences. All Nina (23, school drop-out) wants to do is tell her one-night-stand Ricky that he will soon be a father, but it turns out very differently. Several guests start gasping for breath and fighting for their lives - including Ricky. Nina is spared from the poison attack because her sense of smell, which has been very sensitive since she got pregnant, put her off trying the food. Nina has already been fighting the effects of her increasingly developed sense of smell for days. A useful ability thinks Kommissar Koller of the Berlin criminal investigation police and he ropes Nina into his investigations as her nose may lead him directly to the murderer...

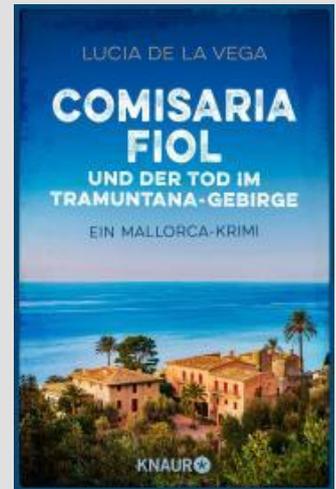
### **The author:**

Anne von Vaszary, born in 1975, studied dramaturgy and script writing at Film University Babelsberg Konrad Wolf and took the route into interactive storytelling, which was unusual at the time. She has won several prizes, including the Lara Kino Award for the best cinema adaptation in 2009 for the game "Die wilden Kerle 5" and the Deutscher Entwicklerpreis in the best story category for "Silence" in 2016. Anne von Vaszary lives in Berlin and writes in Brandenburg, Saxony and on Sylt.

Lucia de la Vega

## Comisaria Fiol and Death in the Tramuntana Mountains

- The start of an atmospheric new crime series



March 2020, 304 pages

At her finca in the savagely beautiful Tramuntana mountains, former detective superintendent Marie Lindner is recovering from a traumatic experience that abruptly ended her career. At the same time Comisaria Silvia Fiol of the Policia Nacional is confronted with a gruesome crime: the sea has washed up the body of a young mother. The deceased is a Swedish tourist. Shortly after, a further tourist is reported missing. However, this woman is still not the right one for the perpetrator – he knows that since he saw Marie...

### The author:

Lucia de la Vega studied law at the University of the Balearic Islands and then worked as a lawyer in Palma de Mallorca and Felanitx until she decided to make diving, her greatest passion (apart from literature), her career. “Comisaria Fiol and Death in the Tramuntana Mountains” is her first crime novel.

# HISTORICAL FICTION

Sophia Langner

## The Mistress of Letters

- The fate of a woman in a time of change: written authentically and grippingly
- The author has a PhD in history, publishes international articles and gives interesting presentations on the topic of book printing



December 2019, 448 pages

**The novel about the first successful female book printer – excellently researched and highly exciting**

Tübingen 1554: When Ulrich Morhart, the only book printer in Württemberg, unexpectedly dies, his wife Magdalena and his son Ulrich inherit his printing business, and for Magdalena a hard time begins. Although she has helped out in the printing shop for years and had even designed their business sign, she is suddenly confronted by resistance from the workers. They regard her stepson, Ulrich, as their new master and cannot accept a woman as their boss. However, after her stepson proves to be incapable and almost ruins the business, Magdalena makes a decision that bears many consequences. She takes on the sole management of the printing business. From now on, she must defend herself not only against her competing stepson but also against a series of other threats. And even the citizens of the city are also turning their back on her for it goes against the divine order that a woman should be the mistress of a book printers. In the restless era of the Reformation, Magdalena soon not only has to fight for her reputation but also for her very existence...

### **The author:**

Sophia Langner is the pseudonym of a young author who studied history, German Studies and English Studies. She worked as a research assistant at the University of St Andrews where she also completed a doctorate on the topic of printing in the 16th Century.

Since April 2018, she has been a research assistant at the Institut für Buchwissenschaft (institute of bibliography) at the Johannes Gutenberg University Mainz and is currently preparing for her habilitation.

“The Mistress of Letters” is her first novel.

# HISTORICAL FICTION

Iny Lorentz

## The Curse of the Rose

- The dramatic fate of two lovers during the war between King Maximilian and Venice
- Spiegel best-selling author Iny Lorentz brings the time of the Fuggers to life
- 14 million books sold in the German speaking region, 889 weeks in the Spiegel bestseller charts



October 2019, 672 pages

**A forbidden love and a murderous monk at the time of the Fugger family**

As the foster daughter of the rich Fugger family, young Maria lives a happy life in the late 15th Century – but her heart belongs to Johannes, who was brought up as a foundling in the neighbouring Arnoldstein Monastery and who has been ordained as a priest. And it is not only Johannes' vocation that is an obstacle to the happiness of the couple. Without their knowledge, Maria and Johannes have made an enemy of a man who will do anything to destroy them. The war between King Maximilian and the Republic of Venice appears to be this man's chance because the Arnoldstein Monastery is situated between the warring factions.

### The author:

Two authors from Munich are behind the pseudonym Iny Lorentz, whose first historical novel 'Die Kastratin' delighted readers straightaway. With 'Die Wanderhure' they had their breakthrough; the novel attained more than a million readers. Since then, bestseller has followed bestseller. Iny Lorentz's novels have been sold in numerous countries. The film adaptations of their 'Wanderhure'- novels and more recently the 'Pilgerin' have delighted millions of television viewers. In the spring of 2014, Iny Lorentz was awarded the 'Ehrehomerpreis' for their special merits in the sector historical novel. The stage version of the 'Wanderhure' enthralled thousands of visitors at the open-air festival in Bad Hersfeld in the summer of 2014. Visit the authors' homepage: [www.inys-und-elmars-romane.de](http://www.inys-und-elmars-romane.de)

# HISTORICAL FICTION

Mac P. Lorne

## The Duke of Aquitaine

- An action-packed novel about the Moors' first attempt to gain ground in Europe
- Battle scenes, "real men" and exciting intrigues - Mac P. Lorne's novel offers everything that a (wo)man's heart desires



November 2019, 528 pages

### The story of a man who stopped the army of the Caliph

In the year 700 as Eudo is named the Duke of Aquitaine, he dreams of ruling there as an independent king. To do so, he must assert himself against his liege, the King of the Franks, and also he must protect his borders against the Moors who are pushing up from the south. Eudo wins a first victory over the Moors at Toulouse where his heavy cavalry simply overpowers the light cavalry of his opposition. But neither fortune in war nor his allies will remain true to Eudo...

#### The author:

Mac P. Lorne was born in 1957. He grew up in the former East Germany, for political reasons he chose to study veterinary medicine rather than history and literature and later horse breeding and sport. In the spring of 1988, he managed to flee to West Germany. Together with his wife and daughter he established a riding and breeding farm in Bavaria, from which riders from the Olympic team secured their young blood. Today he lives at the foot of a medieval castle in one of the largest forest regions in Europe. English history is the author's great passion.

# HISTORICAL FICTION

Doris Röckle

## The Trace of the Countess

- A new novel focussing on central European history and set in the Middle Ages
- An exciting glimpse into the 15th Century that takes the reader on a journey from Lake Constance to Jerusalem



February 2020, 512 pages

### The secret of Christ's shroud is revealed!

1341: Shortly after his marriage, Count Albrecht realises that his wife, Countess Mechthild, is suffering from an unusual disease. When one day she disappears without a trace, the Count in his despair goes to the Bishop's court in Curia. But instead of the hoped-for help, the Bishop takes advantage of the opportunity to get rid of the man and sends him on a pilgrimage to the Promised Land, from which he is not intended to return alive. At an old Templar's abode, the Count discovers the secret of Christ's shroud that the brotherhood wants to fake. What monstrosity must be hidden at all costs?

### The author:

Doris Röckle-Vetsch, born in 1963, lives with her family in the Principality of Liechtenstein. Alongside her job in the medical sector, her passion is writing historical stories and novels. She has already published many short stories. In 2010, she won the literature competition of the Schloss Werdenberg culture association. Captivated by the mysticism of the Alpine Rhine Valley, the Middle Ages enthral her.

# COMMERCIAL FICTION

Julia Fischer

## The Taste of Our Lives

- Fine praline, a family secret and a magical love
- For readers of Nina George and Nicolas Barreau
- “A summer novel with a high feelgood factor - to taste, to smell and to read with enjoyment!”  
buch aktuell on “Die Galerie der Düfte”



September 2019, 400 pages

### A sensual Italian novel for gourmets and lovers of Piedmont

The smell of chocolate wafts out of Ella Donati's chocolaterie and through the streets of Alba where it mixes with the strong aroma of Barolo and fine white truffles. Ella has 32 different types of praline in her collection, one for each year of her mother's short life. A well-kept secret surrounds her death and casts a shadow over Ella's life. When a stranger buys the hazelnut plantation from the Donatis and moves into Ella's childhood home, she realises that she will only find happiness when she has the strength to let go and the courage to take risks.

#### The author:

Julia Fischer (born 1966) is an actress living in Munich with her husband and three children. She has also recorded numerous audiobooks.

# COMMERCIAL FICTION

Regine Kölpin

## Granny Gets It Together

- Family hullabaloo and two grannies who between them get it together big time



February 2020, 304 pages

## Humour with heart and North Sea flair

At 52 Cara would like to do something for herself for a change, now that the children have, well ... had, left home. Before Cara knows what is happening, her daughter Wiebke with her three-year-old son flees back to the parental home. And then her son Tim rocks up with “great news”. He has become a father! Surely Granny Cara would love to look after her grandson as she has so much time. Unfortunately, Cara can also not count on her husband Thomas because he has other problems right now. Cara feels completely taken by surprise and put out. Then 75-year-old Helene, in whose haberdashery by the dike Cara occasionally helps out, has a fantastic idea...

### The author:

Regine Kölpin, born in 1964, lives in Friesland. She loves the North Sea coast, especially as she needs the rough climate, the sprawling ocean and the landscapes as her inspiration. Regine Kölpin has received numerous prizes and awards. She was recently nominated for the Kärtner Crime Prize 2008 and in 2010 received the crime grant Tatort Töwerland. In 2011, she was named one of the ‘Strong Women of Friesland’. More info at: [www.regine-koelpin.de](http://www.regine-koelpin.de)

# COMMERCIAL FICTION

Henrike Scriverius

## The Gardens of Monte Spina

- A gardener who not only tames wild nature but also the heart of an unapproachable and broken man
- Have you already read it, fallen in love and been engrossed? - This author has what it takes to become the German Kate Morton!



August 2019, 336 pages

**Two wounded souls, a wild Atlantic island and the healing power of love**

Monte Spina - a wild island off the coast of Lanzarote - is looking for a new gardener. Not an easy task because apart from peace and quiet the private island does not have much to offer. However, that suits 30-year-old Toni perfectly; her husband recently died in a car accident and with him the meaning of her life. In the middle of the Atlantic Ocean she encounters a karstic landscape and people who give her a cold reception. But the sun and hard work not only revive her spirits but make her above all one thing: curious. For on the silent island at the end of the world, there is a series of strange things: Why did Toni's predecessors always only stay for a few weeks? Why is the highest floor of the main house taboo for her? And what about the absent owner of the island, the mysterious Bror, who everyone only speaks of in whispers?

### The author:

Henrike Scriverius (\*1972 in Düsseldorf) is a landscape architect and has worked since 1997 in a planning office in Wedau in Duisburg. Under her leadership, many parks and gardens have come into being in Cologne, Düsseldorf and Aachen. She lives with her husband on the left bank of the lower Rhine in a former farmhouse with a huge garden that will never be finished. Since finishing her studies, she has visited the biggest gardens in Europe, in Southern England, the Netherlands and on the Spanish Islands. During one of these trips, she discovered the small island off the northern tip of Lanzarote, which she has called Monte Spina in her story and which actually exists albeit without the house and garden. That is where she got the idea for "The Gardens of Monte Spina", her debut novel.

Ricarda Martin

## The Lily Cottage

- Dramatic, highly emotional and with many unexpected twists



March 2020, 432 pages

## Love on Guernsey: wildly romantic and beautiful

After collapsing on the catwalk, ambitious top model Sharon Leclerque is totally burned out and flees back to where she spent her childhood. She wants to recover on the Channel Island of Guernsey with her surrogate grandmother. However, she bumps into her childhood sweetheart: Alec, who could never imagine a jet set lifestyle like Sharon's. Theodora also has a strong bond to Guernsey although she had a dreadful experience during the German occupation. Bit by bit Sharon starts to open up: Theodora's story, the raw beauty of the island and Alec...

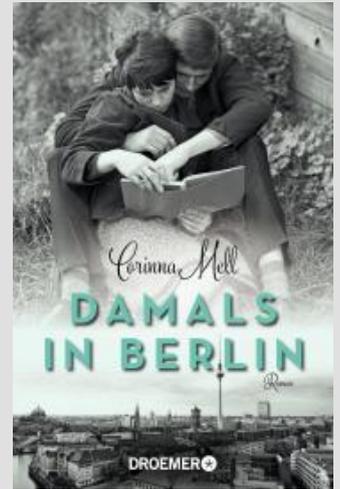
### The author:

Ricarda Martin was born in 1963 in southern Germany and lives and works as a freelance author in Swabia. She had a particular passion for England and British history from an early age. Since she first travelled the island in 1984, she is drawn back there several times a year. After having worked in several different professions, Ricarda Martin chose to concentrate on writing full-time several years ago, together with voluntary work for a cat rescue organisation, as alongside books, animals are her second passion.

Corinna Mell

## Back Then in Berlin

- A novel about the period when our mothers and grandmothers became emancipated



January 2020, 496 pages

**When women spoke out – the atmosphere of change in the sixties**

1967 in West-Berlin: 31-year-old Monika is flattered when Jens, a teaching student almost ten years her junior, starts to court her. She falls head over heels in love with the eloquent extraparliamentary opposition activist and starts to see the world through his eyes. Aren't the societal changes that he and his friends are demanding long overdue? The violent death of the student Benno Ohnesorg is what finally convinces Monika of the objectives of the student movement. But then something happens that makes her doubt Jens' idealism...

### **The author:**

Corinna Mell was born in the late fifties close to Osnabrück. Her career began in retail and she first attempted creative writing just after she turned 30. Corinna Mell lives and works as a freelance author in Berlin and close to Cologne. Her enthusiasm for history and sociology was the inspiration for this novel.

# DESTINY / FAMILY SECRETS

Anke Petersen

## Hotel Island View – Stormy Sea

- The third part and culmination of the great family saga full of North Sea magic and nostalgia
- A hotel as the scene of human fate - dramatic and full of intense emotions
- The novel is based on the true story of the first island hotel on Amrum - Anke Petersen



March 2020, 608 pages

Times of unrest – the dramatic conclusion of the great Amrum hotel trilogy

July 1914 The residents of the Stockmann Hotel in Norddorf are full of excitement because daughter Nele is about to wed the son of a merchant. Nele is so happy; only the fact that her beloved parents will not witness the day clouds her happiness. What nobody can guess: this day will be the last carefree day in a long time, and not just for the island. Shortly after, the First World War erupts and that also drastically changes the lives of the islanders and Family Stockmann....

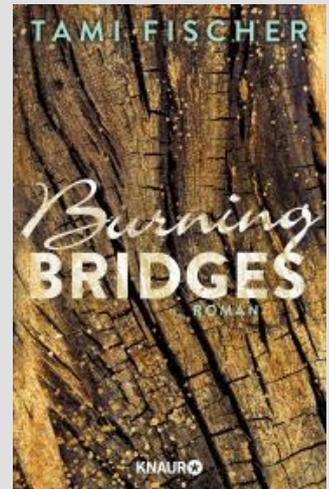
### The author:

Anke Petersen writes successful historical novels under a different name. When she went on holiday to the island of Amrum for the first time, she immediately fell in love with the island and learned about its history. In doing so, she stumbled across the first hotel in Norddorf, which inspired her to write this novel.

Tami Fischer

## Burning Bridges

- Tami Fischer's romantically thrilling "Fletcher University" series is conquering the hearts of readers
- The author knows the genre from her work as a bookseller and also as a social media influencer
- 110,000 reads of "Burning Bridges" on Wattpad, over 5,000 enthusiastic reader reviews



October 2019, 400 pages

## Welcome to Fletcher University

Ella Johns, a student and lovable sarcastic sunshine, is harassed by sleazy men one night on her way home. Mysterious Ches hurries over to help, only to disappear again shortly after. Ella is desperate to find out more about Ches but he avoids her and keeps his distance. She has no idea that Ches lives in the underground. It is the only place where he is safe from his past. Even though he is fascinated by Ella, he must stay away from her to protect her. However, he did not take Ella into consideration in this plan ...

### The author:

Tami Fischer is in her early twenties, is a trained bookseller and book blogger on YouTube and Instagram (@tamifischerr). She has a weakness for ukuleles as well as romantic and fantasy literature. Her favourite thing is writing by candlelight with a large cup of tea next to her or filling up a notebook with new ideas. The author lives and works close to Frankfurt am Main.

Tami Fischer

## Sinking Ships

- Tami Fischer's romantically thrilling "Fletcher University" series is conquering the hearts of readers
- The author knows the genre from her work as a bookseller and also as a social media influencer
- 110,000 reads of "Burning Bridges" on Wattpad, over 5,000 enthusiastic reader reviews



November 2019, 400 pages

## Welcome to Fletcher University

Hard skin - even harder on the inside. That is how Carla Santos would like to be so that life no longer gets her down and so that she can manage to bring up her two younger brothers on her own, not to mention her job and studies. When Carla, who has a panicky fear of water, falls into the pool at a party, it is nearly a catastrophe. She is saved at the last minute by Mitchell of all people. He is the unbearably nice captain of the swimming team and her best friend's brother. Against Carla's will, Mitchell helps her to break down her barriers. And then life attacks again with full force...

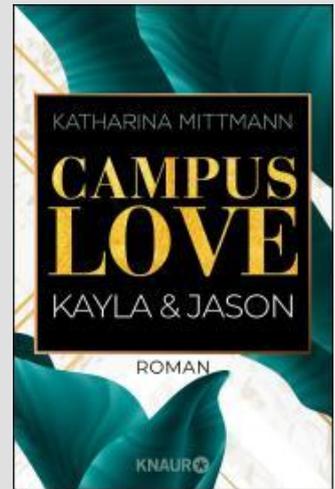
### The author:

Tami Fischer is in her early twenties, is a trained bookseller and book blogger on YouTube and Instagram (@tamifischerr). She has a weakness for ukuleles as well as romantic and fantasy literature. Her favourite thing is writing by candlelight with a large cup of tea next to her or filling up a notebook with new ideas. The author lives and works close to Frankfurt am Main.

Katharina Mittmann

## Campus Love

- Romance at an elite American university: atmospheric, sensitive and sexy
- A young author, who also reaches her readers on Twitter and Instagram
- Perfect reading for fans of Mona Kasten and Laura Kneidl



September 2019, 384 pages

## Do you believe your eyes – or your heart?

Kayla is living her biggest dream; after going through a hard time, she has finally received one of the sought-after scholarships at Brown University in Providence. However, the shine is taken off her delight when on the first day she finds Jason lolling on her bed. He is the best friend of her roommate Rachel. Jason, who appears confident, carefree and simply arrogant. Jason, who is exactly the type of man that she no longer wants to have anything to do with. Jason, who she immediately finds fascinating and attractive.

It does not make the matter any better that Kayla's and his paths constantly cross on campus. And then when Jason even shows up in the bookshop where Kayla works and wants to talk to her about books, she starts to wonder whether he is really as superficial as she thinks. But just when Kayla decides to finally trust Jason, something happens that appears to confirm all her fears.

Cool and romantic, sensitive and sexy: Katharina Mittmann's romantic novel about two injured souls at an elite American University who must first find the courage to look behind each other's masks.

### The author:

Katharina Mittmann was born in 1989 in Munich, where she still lives today. She would like to claim that she has been writing since she could hold a pen but that would be a lie. In fact, she only caught writing fever after the end of the Harry Potter books. Since then not a day has gone by in which she is not hammering at the keyboard and dreaming herself away into fictional worlds. Apart from breaking the hearts of her protagonists, her biggest passion is horses.

Katharina von Haderer

## The Garden of Black Lilies

- Part 2 of the Black Alchemy series: visually stunning dark fantasy in a colourful world reminiscent of the Middle Ages
- Author with a faithful fan community and a fresh, captivating writing style
- For everyone who loves dark exciting fantasy



February 2020, 400 pages

An unholy artefact  
Two involuntary allies  
Incredibly thrilling dark fantasy!

Who has taken possession of the sword of Nif, goddess of the dead? Alchemist Mirage and guardsman Zejn frantically search for the magical artefact that lends its carrier power over the dead. Although they still do not trust each other, Mirage and Zejn appear reliant upon each other until several clues lead them to Tarim, the head of the powerful guild of thieves. As Zejn leads his guards to storm Tarim's lair, the thief has already fled, with Mirage's help! Is Zejn's suspicion of the alchemist and her dark inheritance confirmed?

### The author:

Katharina V. Haderer was born in 1988 and has been writing fantasy novels since childhood. After studying German studies, she published her first books as an independent author and with Drachenmond Verlag. Alongside inventing fantasy worlds, she is an active girl scout and loves stories that stray off the beaten path. She lives with her two cats in Lower Austria.

Judith C. Vogt / Christian Vogt

## Wasteland

- Gripping action and a pinch of romance: thrilling dystopia with a heroine that you can strongly identify with
- The duo of authors was awarded the Deutsche Phantastik Preis (German fantasy prize) and have featured in the fantasy bestseller chart and on the shortlist for Seraph several times



October 2019, 400 pages

A deadly virus  
A brave woman  
A dreadful secret

Laylay appears to be the only one who is immune to the dreadful wasteland illness that has almost caused humanity to become extinct. However, her father gives her a strange medicine for which he takes great risks. When an old trader asks that her grandson Zeeto is rescued from the wasteland in exchange for the medicine, Laylay must go alone into the contaminated area. Although she eventually finds Zeeto, he is already infected. In order to save him Laylay has to face a dreadful truth that awaits her in a secret military bunker.

### The author:

After finishing school, Judith Vogt trained as a bookseller before devoting herself to writing. She has already published several novels. Christian Vogt is a graduate physicist. The couple live with their sons in Aachen.

Carolin Wahl

## Shadows of Eternity - Twin Blood

- Strong heroine, magical adventure and powerful emotions: romantic fantasy for the young adult target audience
- For readers of Kim Harrison and Cassandra Clare  
Popular series concept: the main characters from one book appear as minor characters in other books



December 2019, 512 pages

### Two sisters, two possibilities: save the world - or destroy it

After her new start in Edinburgh, 25-year-old Kit wants nothing more than to finally be taken seriously, above all by her colleagues at the Department of Magic Crime that protects humanity from dangerous other beings. But with hairy ears and the annoying habit of transforming into a fox every time she is frightened, the chances of that happening are not good. And they quickly worsen when the city is rocked by a series of murders that have more to do with Kit's past than she would like. In order to find the murderer, Kit has to work with Nikir, the guard demon who once broke her heart...

#### The author:

Carolin Wahl was born in 1992 and studied history and German studies. Whether as an author or a reader, literature is her passion and her texts have already won several awards.

Tamer Bakiner

## The Stolen Child

- In 2004, economic detective Tamer Bakiner brought back a young girl from Thailand
- A new approach in the true crime genre: dramatic, psychological and less bloody



December 2019, 352 pages

**A dramatic, action-packed true crime thriller that is based on a real-life case**

Alexander Bergmann is astounded when he realises that his wife Suna wants to leave him and has taken their daughter to her home country of Thailand under a pretext. He asks psychologist Florentine Fuchs to bring Suna to her senses but a short while later Suna is dead. For Bergmann the chances of ever seeing his daughter again are dwindling. Then Florentine remembers one of her clients: star detective Malik Martens, a specialist in finding kidnapped children. In Thailand, Florentine and Malik will need all their skills and experience in order to find little Elara.

### **The author:**

Tamer Bakiner, born in 1972, is the owner of one of the most successful commercial private detective agencies in Germany. For over 20 years, he has been investigating on behalf of large DAX listed companies, for renowned SMEs, famous people and wealthy private customers. In well over 1,000 cases and by way of his international investigations, he has established a network in 70 countries on all five continents.

# NON-FICTION

Stefan Harbort

## Blood is Never Silent

- Fatal, painful and unsolved: cold cases are screaming for justice
- Solved using the most modern forensic technology
- Total sales of Stephan Harbort's work: more than 250,000 copies



February 2020, 240 pages

**Cold cases – no victim is ever forgotten: obligatory reading for all true crime fans**

More than a thousand case files full of gruesome details are languishing in police archives, labelled with the note “a perpetrator could not be found. The case has been provisionally closed”. For a while now, specialists from the murder squad have been reinvestigating these “cold cases” to see whether clues have been missed or if new forensic procedures are now available to re-evaluate old leads, sometimes with astounding results. As usual in an authentic, informative and exciting manner Stephan Harbort presents the gruelling work of these experts and tells of spectacular cold cases, investigations full of twists and attention-grabbing successes.

### **The author:**

Stephan Harbort, born in 1964, is a Chief Police Commissioner and leading serial murder expert. He has spoken to more than 50 serial murderers, has developed internationally applied investigative methods for convicting violent criminals and is a specialist advisor for TV documentaries and crime series. Stephan Harbort lives in Düsseldorf.

Necla Kelek

## The Unholy Family

- The situation of Muslim women in Germany, Austria and Switzerland continues to worsen
- The integration policy ignores that rights are being taken away from women and children
- Total sales of Necla Kelek's work: approx. 350,000 copies



October 2019, 336 pages

The current debate book by a well-known sociologist, feminist and best-selling author

While the majority of society is concerned with “marriage for all” and “the changing shape of families”, the situation of women and children in Islamic society remains hidden. Women and children are subject to pressure in the family and are imprisoned. Dedicated sociologist Necla Kelek reveals these family taboos. She describes how it came to be that women became the prey of men and that children are abandoned to the patriarchy, but she also shows how even men are victims of these violent structures. She presents how our insistence on cultural difference and an ideologized politics prevents integration and lists what specifically must happen so that Muslim women and children can be strengthened in their legal rights. For democracy is measured according to the rights of the weak.

### The author:

Necla Kelek, Dr. phil., born in 1957 in Istanbul, studied political economics and sociology. Her books about Islam and integration such as “Die fremde Braut” or “Chaos der Kulturen” are bestsellers and long-term sellers. She has received numerous honours for her work, including the Geschwister-Scholl-Preis in 2005, the Mercator-Professur in 2006, and the Freiheitspreis der Friedrich-Naumann-Stiftung in 2011. She is the founder of the “Initiative säkularer Islam” (secular Islam initiative) and is on the board of the human rights organisation for women “Terre des Femmes”.

Udo Lioelischkies

## In the Shadow of the Kremlin

- From the very beginning, Udo Lielischkies has observed the changes since Putin gained power
- Authentic stories of daily life and exciting glimpses into Putin's regime
- With numerous images



October 2019, 496 pages

### ARD correspondent Udo Lielischkies on the hidden side of Russia

Not many people know Russia as well as Udo Lielischkies. Since Vladimir Putin gained power in 1999, he has been reporting from the vast country for ARD. In his book he writes about the politics of the Kremlin, life in the breathless metropolis of Moscow, and above all with much empathy about the impressive people in the vast Russian provinces: the combative country doctor in the Urals, the fearless reporter in Togliatti, the farmers in southern Krasnodar, whose harvest is stolen by agribusinesses and the captured soldiers of the Chechen war. In the Shadow of the Kremlin is a seductive, authentic glimpse of today's Russia.

#### The author:

Udo Lielischkies, born in 1953 in Cologne, started working for WDR in 1980. In 1994, he became a correspondent for the ARD studio in Brussels, moved to Moscow in 1999 and then to Washington in 2006. In 2012, he returned to Moscow and was the studio manager there from 2014 to 2018. His films have been nominated three times for the Deutsche Fernsehpreis (German TV prize), and other films have been nominated for festivals in New York, Moscow and Monte Carlo.

Monika Salzer

## Grannies Against Fascists



August 2019, 160 pages

Right-wing populism and xenophobia have once again become socially acceptable in Europe. GRANNIES AGAINST FASCISTS is the likeable counter-movement. They can be recognised from afar by their red knitted hats. A constantly growing number of grannies in Germany and Austria are fighting for democracy and against nationalism and xenophobia. The movement GRANNIES AGAINST FASCISTS came into being in 2017 as a reaction to the Austrian National Council, from which a government including participation from the far-right camp was established. In the meantime, it is spreading to more and more European countries. Monika Salzer, who established the movement with a handful of “grannies”, presents an impressive and militant manifesto for more societal solidarity and for action against right-wing stances. For the grannies are unified by their experiences of the post-war period and the knowledge that peace in Europe is a valuable commodity. They fight for a free and democratic society in which their grandchildren can grow up in peace.

### The author:

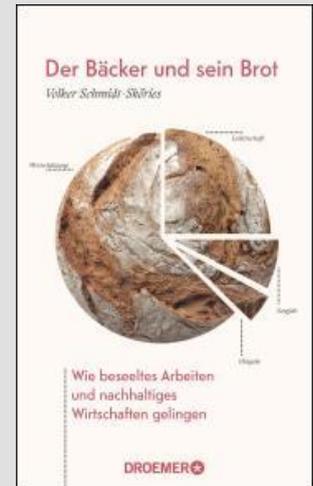
Monika Salzer, born in 1948 in Vienna, studied psychology and Protestant theology and has worked as a minister and a psychotherapist. In November 2017, she established the Facebook group “GRANNIES AGAINST FASCISTS”, which soon became famous in Austrian civil society and now has 100 local groups, also in Germany. Monika Salzer lives in Vienna and Lower Austria. She is married, has two children and three grandchildren and is still working as a psychotherapist.

# NON-FICTION

Volker Schmidt-Skories

## The Baker and his Bread

- Success through real handiwork and a feeling for people
- Instructions for working in a manner compatible with humans and nature
- The success story of a pioneer of the organic movement
- With a preface by Gerald Hüther



August 2019, 256 pages

Volker Schmidt-Skories was one of the first organic bakers. Since the seventies, Schmidt-Skories, who is a graduate in education studies, has wanted to bring healthy baked goods on to the market. This aspiration has grown over the years. Today, for him it is also about a fair relationship with the ingredient suppliers, meeting working conditions and a transparent relationship with the customers. According to the author, only when these conditions have been met is it possible to speak of inspired work and sustainable employment. Volker Schmidt-Skories combines his love of bread with an ethic that reconciles economy and ecology in terms of justice, sustainability and fairness. With the success of his company, he proves that it is possible to run a business without destructive growth.

### The author:

Volker Schmidt-Skories is the majority owner of KAISER BIO and sees himself as a pioneer in the field of ethical and social company management that is committed to ecological sustainability. In 1977, he joined the Wiesbadener Kaiser wholegrain bakery in its infancy, took it over in 1980 and gradually developed it into an organic bakery chain. In the nineties, he reinvented the company based on early inspirations. Simultaneously, Volker Schmidt-Skories is a sought-after company consultant, who can point to appointments in approx. 100 companies from all sectors.

Manfred Spitzer

## Mental Strength

- Happiness or defeat: how mental strength characterises our lives and what we can do to train it
- Newest findings from psychology and brain research
- Total sales of Manfred Spitzer's work: more than 500,000 copies



February 2020, 320 pages

### Only those who keep their nerves can cope with life

Many adults suffer from exhaustion, are tired and unsuccessful in their job. And many young people can't concentrate, are led by external influences and have problems at school. These people are mentally weak. In contrast mentally strong people can deal better with stress, are efficient and socially competent, and successfully forge their paths. We can do a lot to develop our mental strengths and be more successful in life, says renowned brain researcher Manfred Spitzer. Using new studies, he clearly explains which processes occur in the brain when mental strengths are used and he shows how we can train these skills specifically and exploit new potential.

#### The author:

Prof. Dr. Dr. Manfred Spitzer, born in 1958, studied medicine, psychology and philosophy and subsequently gained his doctorate in psychiatry. He was twice a visiting lecturer at Harvard University. He heads up the psychiatry department at Universitätsklinik in Ulm and the Transfer Center for Neuroscience and Learning. He has published numerous books, including the bestsellers: Lernen, Vorsicht Bildschirm!, Digitale Demenz, Cyberkrank and Einsamkeit. Manfred Spitzer is one of the most important German brain researchers. Hardly anyone else can present findings as pithily and clearly as him.

Magdalena Bienert

## A Man for Mama

- The enchanting duo of Magdalena and Monika Bienert throw themselves into the dating world.
- Based on the successful BR2 podcast with over 100,000 downloads



December 2019, 256 pages

A humorous look at love in old age and a warm-hearted mother-daughter book

“My mum is simply cool and would enrich anyone’s life. But she is single. Now she is in her early seventies and I can’t imagine that there is nobody who could turn her world upside down, just a little bit. Therefore, together we are looking for a man for mama.” No sooner said than done. Magdalena Bienert and her mother Monika go on a man hunt and don’t leave many details out: from analogue to digital, from blind dates to dances, the likable duo have a blast in the men’s world. A Man for Mama is based on the successful podcast of the same name and is a book about the ideas of love and partnership across the generations, an expedition into the realm of the silver age singles, but above all it is an amusing and intimate mother-daughter story.

### The author:

Magdalena Bienert, born in 1979, works as a journalist, spokeswoman and presenter. In 2016, she won a podcast idea competition held by BR (Bayerischer Rundfunk) with the idea for “A Man for Mama”. Since 2017, the podcast has been produced by BR and has featured in Brigitte. More than 100,000 downloads followed with delighted listener reviews like these: “A totally enchanting podcast with the recognition that love and being in love is not a question of age. Mother and daughter are so charming, funny and lovable. Intimate but not in your face. Quite the opposite. Great fun.”

Isolde & Hans Christian Cars

## Fly Over the Wall

- A great love, a daring plan and the flight to freedom
- On the 30th anniversary of the fall of the Berlin Wall
- With lots of photos and accompanying material



September 2019, 248 pages

## When love gives you wings

In 1965, in the shadow of the Cold War two students fall in love: Isolde from East Berlin and Hans Christian from Stockholm. The Berlin Wall has just turned four and is heavily guarded. Hundreds of East German refugees have already been arrested or killed attempting to get over it. Now it is also an obstacle to the happiness of this young couple. But true love knows no boundaries. And so the two of them develop a daring plan: Hans Christian is to learn how to fly in order to take Isolde over the Iron Curtain. After nine months and forty hours of flying, he is ready. As a new pilot the young Swede flies off to bring the love of his life to freedom...

### The authors:

Hans Christian Cars was born in 1939 and grew up in Stockholm. He gained a doctorate in economics in 1975. Between 1977 and 1987, he worked as the deputy director of the Swedish ministry of defence, from 1987 to 1993, he was the head of finance for UNRWA (United Nations Relief and Works Agency for Palestine Refugees in the Near East), from 1993 to 97 he was chief administrator of OSCE and between 1997 and 2002 he held the position of the director of IABO. All of his international offices were based in Vienna. Between 2002 and 2004, he was the director of the OSCE mission in Kosovo.

Isolde Cars began studying medicine at the Humboldt University in East Berlin, and after her escape from East Germany completed her studies in Bonn in 1970. She trained as an eye specialist in Stockholm, where she worked until 1987 and then in Vienna until she retired.

The couple have lived in Vienna since 1987 but they spend every summer in their holiday home in the Stockholm Archipelago.

Mimi Fiedler

## Actually I wanted to Develop Myself

- Stories of fun and comfort for women over 40



February 2020, 288 pages

## Gravity is an evil traitor

It was a beautiful summer's day at the lido when Mimi Fiedler climbed out of the pool and a small girl called to her, "YOU have a huge hole in your bottom!" No, she did not mean the obvious hole, but a huge hallow that starts with "c": cellulite! Charmingly and full of self-deprecation, popular actress Mimi Fiedler writes about the things that have afflicted her body since her 40th birthday. From age spots to crooked toes, from grey hair alarms to knobby knees, the author leaves nothing out and above all has one message: perfect was yesterday. Life is beautiful and even more beautiful when you look at yourself through a loving eye.

### The author:

Mimi Fiedler, born in 1975, is a true multi-talent: actress, entertainer, comedienne, author, photographer and musician. She became known to millions of TV viewers in the Stuttgart "Tatort", where for ten years she played a forensic scientist supporting the two investigating detectives. The author lives with her family in Hesse.

René Marik

## How a Digger Once Fell on Me

- A coming of age story told with an eye for the absurd
- With his “Maulwurf” René Marik has achieved millions of clicks on YouTube
- For readers of Joachim Meyerhoff and Michel Ruge



October 2019, 240 pages

### The tragicomedy of a young good-for-nothing starting out in life

René Marik spent the first years of his life in a rather odd place. Together with his family, he lived in a German army barracks in Westerwald, where his parents ran the canteen. Like an alien, René grew up in a family in which communal silence and the smell of thick meat gravy was not only kept for Sundays. But fortunately, he had co-sufferers. Together, the bored village youth passed through the insanity called school, tuned lame mopeds and as spots erupted on their faces, girls suddenly appeared: so beautiful and unattainable. With a wonderful feel for narrative, René Marik takes us right to the heart of his coming of age in the German provinces of the seventies. A story in which the tragic and the comical are not far apart, and the poison of a family secret slowly start to unfold its effect.

#### The author:

René Marik, born in 1970, is a comedian, guitarist, singer, actor and a qualified puppet master. At the start of the noughties, he got his breakthrough with his stage show Autsch'n. Since then he has been having a ball with the puppets. The author lives in Berlin.

Vera Pein

## Mother to 60 Children

- A foster mother with intuition and experience
- The story of an impressive woman who has dedicated her life to children



November 2019, 256 pages

**“I want to give my children wings so that they can fly.”**

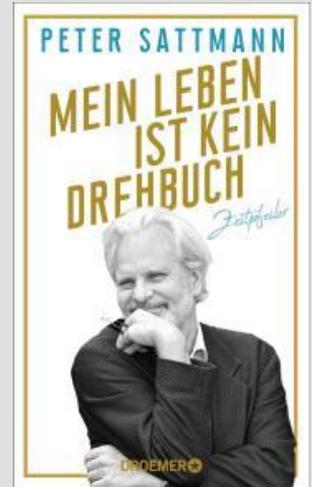
Children need love and trust and Vera Pein knows this better than most people. She has worked as a foster mother for over 30 years and has supported more than 60 children. These children had suffered violence, flight and neglect and often they experienced stability, a bond and reliability for the first time in her care. In her moving book, Vera Pein tells of the stories that especially touched her, about the work with the authorities that is not always easy and of the bliss in giving little souls what they need the most.

### **The author:**

Vera Pein, born in 1957, has worked for over thirty years with child services as a foster mother. Through a stroke of luck, she found a farm close to Munich where she lives with her own two children and those entrusted into her care. In 2013, her work was awarded the integration prize from the government of Upper Bavaria.

Peter Sattmann

## My Life is not a Script



November 2019, 304 pages

**“I will forever be happy beyond measure when people laugh at me. But being laughed at is just as bad as being spat at.” Peter Sattmann**

Peter Sattmann’s stories are wonderfully told journeys into a life that has been shaped by remarkable experiences. Whether jolly or sad, they have become anchored as “arrows of time” in Sattmann’s memory and reveal above all one thing: calm and humour are the best way to cope with the madness of life. And so Sattmann describes how at the age of nine he wrangled an approval to leave East Germany, went to Munich as a school drop-out and gained a place at acting school, which was only thanks to unintended comedy. He delves into the wild subculture of the sixties, describes unforgettable moments on Germany’s theatre stages, admits his unabated love for Katja Riemann and takes the reader to far off countries where bizarre situations await. A look back full of jokes, charm and esprit.

### **The author:**

Peter Sattman, born in 1947 in Zwickau, now lives close to Berlin. He shone on the stage and on television in equal measure. He was named actor of the year twice, was cast in approximately two hundred TV roles and is also a composer, author and director. As a self-declared “multi-dabbler” he has one goal: his audience should be well entertained.

Katrin Sewerin

## Eggsclamation! My Children, the Hens and Me

- The stories of family Sewerin's lovable hens are the best feel-good read
- Country life, animals, DIY, family - this book covers current trends



September 2019, 224 pages

### An egg a day, and two on a Sunday

When her children Emma and Tom asked for more pets, Katrin Sewerin and her husband Werner devised the perfect deterrent strategy: a categorical no to bunnies, hamsters and the dearly wanted Golden Retriever. Instead the couple suggested getting hens and reckoned that their offspring would find the non-furry animals boring. They could not have been more wrong. And so Henni, Isabella, Layla and the frightened wannabe rooster, Momo, moved into the garden and soon won over the family's hearts. Vet Katrin Sewerin recounts with love and humour the adventures of the new clucking family members, the extraordinary findings about hens' intelligence and emotional world, and of course the great joy that the feathered friends bring.

#### The author:

That Katrin Sewerin, born in 1974, would one day become a hen mother can be seen from her CV. She is a vet, wrote her doctoral thesis on correctly rearing laying hens and gives courses for prospective hen keepers. She lives on a farm in Lower Saxony with her family, an old poodle and now ten hens.

Anne Weiss

## My Life in Three Boxes

- Minimalism and sustainability for all readers of the “Das Happiness Projekt” and “Magic Cleaning”
- Trending topic of experienced minimalism told personally for the first time
- Best-selling author who advocates environmental politics



December 2019, 288 pages

**Fewer things, more happiness: what it feels like to dejunk your life**

Anne Weiss had a wardrobe full of chic clothes and an expensive flat in a city centre location full of luxury items – everything that she could finally afford after years climbing the career ladder. She was proud of it but when she lost her job, she questioned everything that she had previously believed. For what had she been breaking her back? What is the good life? And where amongst all this stuff is her real self? And above all, what is all this consumerism actually doing to our world? The more she sorted out, gave away and got rid of in keeping with the rules of sustainability, the lighter she felt. Today her belongings fit into three boxes - and she notices that she has not only gained greater freedom but also space: for everything that she really likes to do and for the people that she loves.

### The author:

Anne Weiss has written several bestselling books. In 2008, together with her co-author Stefan Bonner, she wrote *Generation Doof*, which became a top bestseller and whose title has become synonymous for a generation shaped by excess and media consumption. In *Generation Weltuntergang*, the duo addressed the issue of climate change. The author's most recent book: *Mein Leben in drei Kisten* will be published in December 2019. It is a personal account of her life as a minimalist and describes how she radically decimated her worldly goods according to all rules of sustainability. Alongside her own book project, she regularly works as a ghost writer and also writes for *Spiegel Online* and other magazines. Ann-Kathrin Schwarz lives and works in Berlin. She is involved with *Animal Equality* and is a founder of the group *Writers for Future*.

Monika Bittl

## Women Never Lie and Are Never Older than 39

- A humorous book on the advantages of getting old
- Beautifully designed book for your bff
- Total sales of Monika Bittl's work: more than 500,000 copies



December 2019, 240 pages

Older always means cleverer! The new book by the no. 1 best-selling author

In “Women Never Lie and Are Never Older Than 39”, best-selling author Monika Bittl takes a look on the bright side of getting old. For although we remember ourselves as being younger, we were also less wise. The good thing about getting old is that with every year our life experience and wisdom grow and with that our sophistication to overcome all difficulties. In wonderfully entertaining tales of everyday life, Monika Bittl talks about the things in life that you can enjoy from the age of 40 and also those that you can happily abandon.

### The author:

Monika Bittl, born in 1963, studied German and Psychology and worked as a journalist for many years. She has been working as a freelance author since 1992 and very successfully writes screenplays. She was awarded the Bayerische Fernsehpreis for ‘Sau Sticht’ in 1996. Monika Bittl lives in Munich with her family.

Anna Funck

## Not Today!

- How to get our ducks in a row without going mad
- Likeable and popular author with charm, humour and a touch of glamour



February 2020, 240 pages

## Why do today what you put off until tomorrow?

Anna Funck shows us what we can do to stop our stressful lives getting the better of us. For let's be honest, who is not familiar with this scenario: the flat is overdue a clean, we have to contact friends, tackle the tax return and would rather be watching cat videos. Anna Funck explains why that is not at all bad. Her proven recipe: put your feet up! Then the dust bunnies can dance the samba and the grass can grow long. For there is always tomorrow. And the best thing is: that is true every day.

### The author:

Anna Funck (born in 1980) is a TV presenter and producer. She was trained as a TV presenter and an editor at the private channel, RTL, until she moved to MDR in 2008. At MDR she presented "Sachspiegel", which is broadcast live every year from the red carpet of the Dresden Semper Opera Ball, and she also presented special broadcasts. Then a large car manufacturer sent her around the globe for its own TV magazine show until her family planning took centre stage. She lives with her husband and two daughters close to the Baltic Sea. When the family is not at home, she sometimes eats organic chocolate for breakfast and it feels great.

Alice Pantermüller

## My Life, Sometimes a Bit Off Course

- Alice Pantermüller is the best-selling author of the popular cult children's series "Mein Lotta-Leben" "Mein Lotta-Leben – Da tanzt ja der Flamingo": the million selling title is now a cinema film opening in September 2019
- Total sales of Alice Pantermüller's work: more than 2.5 million copies
- With many illustrations by Annika Görlitz and Josephine Mark



September 2019, 448 pages

### Life happens...

A sabbatical year in France? Unfortunately, only for Jan, Svea's husband. She is to remain in the big house on the Flensburg Fjord with their three children. But this year, she also wants to finally think more about herself and has made some resolutions, which between homemaking, looking after the children and her job, soon get out of hand. Fortunately, she has Katja, who is her best friend and a graphic designer like herself. The two women simply turn any problem into comics. And so Svea slowly realised that life does not always have to be perfect. And that you are also allowed to say no ...

#### The author:

Alice Pantermüller, born in 1968 in Flensburg, is a successful German author of children's books. She worked as a teacher and bookseller before winning a writing competition organised primarily by Arena Verlag in 2009. Since then she has published numerous children's books, including the best-selling series "Mein Lotta-Leben", in which ten-year-old Lotta tells her diary about her fellow pupils, who are totally untalented when it comes to the recorder, and her two stupid brothers. Alice Pantermüller is married and lives in Celle with her husband and two sons. "My Life, Sometimes a Bit Off Course" is her first novel for adults.

Patrick Salmen

## Frenzy - Also Nice for a Change

- From angry to wonderfully self-deprecating: short stories and anecdotes about the madness of everyday life



December 2019, 224 pages

## In the rainbow of happiness, I'm beige

Because the craziness never ends: Patrick Salmen takes a fresh look at the tragically funny absurdities of daily life and is also not too fine to undertake some tests on himself. And so the trending topics of mindfulness, as well as digital detox and hygge are put under the microscope. Furthermore, Salmen scrutinises his existence as an author and parent with dry humour. A collection of short stories in which not just poetry slam fans will take bitter pleasure.

### The author:

Patrick Salmen is author of prose and poetry, poetry slammer and cabaret artist. In 2010 he became champion in German language poetry slam, in 2011 vice champion. If he is not on stage, enjoying a steadily growing audience, he lives and works in Dortmund.

Elena Uhlig

## I Can Do It Myself

- The new bestseller by the popular actress
- Best-selling author Elena Uhlig measures up and naturally she is right



October 2019, 208 pages

### Elena Uhlig rearranges things - laugh out loud funny!

Ms Uhlig likes to regularly renovate her own four walls, Mr Karl likes to leave everything how it is. Therefore, female sophistication and drive is needed so that in the end the furniture is perfect. And so Ms Uhlig artfully chauffeurs the whole family to the Swedish furniture shop so that the bedroom can be transformed into a family mattress paradise. And when finally the delivery vans arrive, nothing more can go wrong. For whatever Ms Uhlig plans is guaranteed to work in the end. And what does not go through the door, can go through the window. The main thing is that it fits. And it does - Ms Uhlig had measured it of course.

#### The author:

Elena Uhlig is known for her leading roles in “Mit Herz und Handschellen”, “Alles auf Zucker”, “Ein ganzer Kerl für Mama” and “Sternschnuppen im August”. Most recently she starred in the cinema production, “Auf der anderen Seite ist das Gras viel grüner”. With her Spiegel best seller, “Mein Gewicht und ich” Elena Uhlig began a second career as an author in 2016 and embarked on an extensive reading tour. “In a readable and humorous manner, Elena Uhlig describes her attempts to break free from diet and fitness pressures.” Bunte

Dr. Mareike Awe

## Comfort Weight

- Intueat: the revolutionary successful programme that finally puts an end to all diets
- A doctor with a great vision: back to natural and relaxed eating habits
- Large presence in the media, large online community including more than 2 million podcast downloads



December 2019, 208 pages

## A nutrition programme with a guarantee of success

During medical school, Dr. med. Mareike Awe discovered intuitive eating and mental training. Using her own method she lost ten kilos. Since then she has maintained her weight with ease and what is more important, she finally feels comfortable in her own skin. Awe believes that the body knows what is good for it. “We just have to relearn how to listen to it.”

In Comfort Weight, the doctor and no. 1 podcaster covers the psychological background of unhealthy eating, explains the four so-called intueat principles and helps the reader to free themselves from bad eating habits with practical mental exercises.

She wants to create a natural body awareness, to get rid of strict dieting rules and to help people achieve their own comfort weight.

“Everybody can lose weight and reach their ideal weight, even without doing without!”

“Intuitive eating means rediscovering the inner wisdom of our body.”

### The author:

Mareike Awe, the founder of intueat, has a great vision. With her programme and her well-known podcast, “Wohlfühlgewicht”, she wants to free people from the omnipresent diet madness and help them to healthy and natural eating habits. Since 2015, the doctor of medicine and her team have helped more than 10,000 people on their way to their comfort weight. In a combination of new research findings, personal experiences, specialist literature, participant feedback, success orientated psychological support and specialist expertise from psychologists and physicians, she has developed her innovative online coaching. At the very beginning, her approach was selected as a prize winner by the Heinrich-Heine-Universität Düsseldorf in the idea competition and it has since been supported by the Life-Science Center Düsseldorf. Mareike Awe has started a new movement, characterised by natural body awareness instead of diet rules.

## Dr. Joachim Glaser / Sabine Pork Help with Prostate Problems



September 2019, 96 pages

### Health to do at home - actively reduce and heal conditions

Two recipes for success in one: a competent health self-help book and an exercise book to become active yourself

Based on the five pillars of holistic health: lifestyle, exercise, hydrotherapy, herbal medicine and nutrition

With checklists, questionnaires, nutrition coaching, exercises to do at home, do and don'ts, and continuous success checks

### The authors:

Dr. med. Joachim Glaser is a specialist in urology with his own practice in Coburg. In 2009, he worked at the Klinik für Integrative Medizin in Essen. He has gained additional qualifications in natural medicine and acupuncture, and also provides treatment with a multitude of possibilities from natural medicine.

Sabine Pork is a graduate ecotrophologist, occupational therapist and certified therapist for mind-body medicine and has worked for more than 15 years as a nutrition and regulative therapist at the Klinik für Naturheilkunde in Essen. She leads groups and seminars on health self-training and is a lecturer for the education and further training for doctors, therapists and students.

Birgit Jankovic-Steiner

## The Feelings Code

- Astoundingly easy, extremely effective: Release old blockades step by step
- For all readers of “Der Healing-Code”
- Wide range of seminars and numerous presentations in the German speaking region



September 2019, 256 pages

### The mysterious self-help method to heal body and soul

What would it be like if there were a method to release physical and psychological block? If problems and events from the past would stop influencing our present? This method exists: the feelings code. Birgit Jankovic-Steiner from Vienna has practised it for years and has already used it to help many clients achieve better well-being and self-determination. The basis of the feeling code is the conviction that all experiences are held within the body. In her self-help book she explains step by step how we can recognise these blockades and release them.

#### The author:

Birgit Jankovic-Steiner took a masters in psychosocial counselling at the private Danube University Krems. She works in Vienna as a coach with a focus on business training, advises international and national companies and gives workshops and courses.

Birgit Jankovic-Steiner knows very well the wishes, desires and needs of her clients from her practice. She came into contact with the feelings code for the first time as a child through her mentor. When her mentor died in India, she left all her notes to the author.

Vivien Keller

## The Scent of Happiness

- Trending topics of essential oils: the lifestyle book for all situations in daily life
- With a comprehensive plant dictionary and all the basics of aromatherapy



September 2019, 224 pages

Essential oil for everyday use - with over 100 recipes to make at home

Be it for falling asleep, relaxation, better concentration, spring detox, the prevention of headaches or for skin care; essential oils support the body, mind and soul in every life situation. The three young experts explain how essential oils can be wisely used in everyday life. They reveal the most important basics of aromatherapy, present the plants they use in a short plant dictionary and in the main section of the lifestyle book they provide inspiration with over 100 DIY recipes and rituals for a healthy everyday life that is close to nature. Health, sensuality, beauty, and femininity, concentration at work, a comfortable home and quick first aid on journeys are among the topics covered.

### The author:

Vivien Keller (23) grew up with essential oils. Since then homemade recipes have been her passion. The online marketing manager uses this passion to inspire the PRIMAVERA community on social media and on the company website.

Alisa Leube (33) is a qualified violin maker and a curious world traveller. Today, as the daughter of the PRIMAVERA founder Ute Leube she writes texts for the family company and leads projects in online marketing.

Julia Merbele (29) already had an experimental spirit as a young girl and mixed many of her cosmetic products herself. She is a trained PRIMAVERA aroma expert, speaker and seminar facilitator.

Dr. Annette Kerckhoff

## The Kitchen Pharmacy

- Health self-help book using twelve ingredients found in every kitchen around the globe
- More than 100 medicinal remedies by the renowned author in the field of natural medicine
- Completely on trend: self-help and self-sufficiency



July 2019, 176 pages

## Twelve foodstuffs can replace every pharmacy

From time immemorial, it has been natural for women around the world to use simple foodstuffs to heal and to pass on this traditional knowledge to their daughters. Dr. Annette Kerckhoff has characterised twelve foodstuffs that are available everywhere and she has collected and checked medicinal recipes from around the world. Indexed according to the condition, she has compiled this knowledge in her self-help book. From apples and potatoes to vinegar: Simply and practically The Kitchen Pharmacy presents over 100 medicinal recipes, which can be easily made anywhere.

The 12 healers of the kitchen pharmacy: apple, garlic, ginger, honey, lemons, oil, onions, potatoes, rice, salt, yoghurt etc., and vinegar.

### The author:

Dr. Annette Kerckhoff is a specialist journalist for health and complementary medicine. She works as a scientific journalist for the Carstens-Stiftung and the associated charity Natur und Medizin e.V. As a ghost writer she has written many books on the topic of complementary medicine/natural medicine. At the same time as the book project, she is developing a YouTube channel where women from around the globe prepare household remedies in front of the camera in their mother tongue. The author lives in Tutzing.

Marie Mannschatz

## Completely Incomplete

- The long-awaited new book by the best-selling author and well-known meditation teacher
- Buddhist art of living for every day - honest, authentic and with a refreshing pinch of self-irony
- Total sales in the German speaking region: 350,000 copies



November 2019, 256 pages

**Contented living made simple - the great book on Buddhist ethics by the best-selling author**

How can we live with ourselves and with others in a better way? What significance does patience, generosity, wisdom and calm have in our lives? The best-selling author describes how she personally deals with everyday life using the ten Buddhist Perfections, which come from an intense practice of mindfulness. That also includes failure, not achieving the ideal state and above all humour and loving self-acceptance. For clear understanding, she tells many case stories of her pupils and always offers an opportunity for self-reflection.

### **The author:**

Marie Mannschatz is an internationally known meditation teacher. After working for twenty years in independent practice as a body and gestalt therapist, she trained in the nineties to become a Vipassana teacher under Jack Kornfield in California at the Spirit Rock Meditation Center. There, together with her teacher she taught many 4 to 8 week long silence courses over the following ten years.

Now, she lives and writes in a residential project on the north-eastern edge of Hamburg and travels throughout the German speaking region. Her courses focus on a connection between everyday life and meditation practice, and also on a compassionate and benevolent attitude. Her best-selling introduction into the Buddhist everyday practice and meditation has been translated into seven languages.

Dr. Elisabeth Raith-Paula

## What is Going On in My Body?

- The no. 1 self-help book on puberty - completely revised and with a new layout
- By the doctor and founder of the My Fertility Matters Programme
- Total sales in German: 90,000 copies



November 2019, 160 pages

### The unmatched fundamental work on puberty for young women

This self-help book gives young women a comprehensive insight into the processes of the female body. The doctor and author lovingly explains to girls everything they need to know about the female cycle, menstrual problems, contraception and pregnancy. Numerous info boxes offer additional information for mothers and daughters. The long-term seller has already been translated into eight languages. The educational programme “My Fertility Matters” developed by the author is now represented by ten partner organisations in Europe, in the USA and in China.

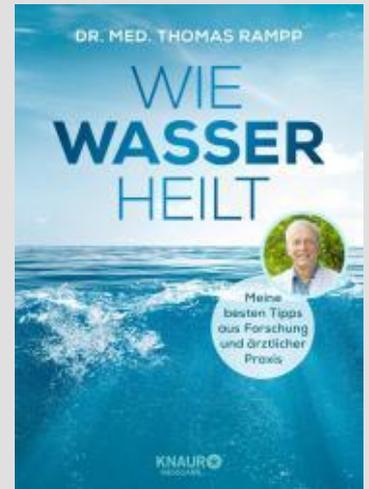
#### The author:

Dr. Elisabeth Raith-Paula, born in 1955, gained a doctorate in medicine at Munich University München. Since 1992, she has been teaching social education on the topics of the menstruation cycle, desire to have children and contraception at the university of applied science. She has published work on the topics of natural family planning and the female cycle. In 1999, she established the multi-award-winning “My Fertility Matters Programme” for pedagogical sexual prevention work for girls and boys going through puberty. For this work she received the Bundesverdienstkreuz (The Order of Merit of the Federal Republic of Germany) in 2010.

Dr. Thomas Rampp

## How Water Heals

- All naturopathic aspects of water in a narrative non-fiction book
- Most recent research results and experiences from medical practice



October 2019, 272 pages

**Water is the best medicine - the comprehensive natural medicine health self-help book**

“Water fascinates me. We humans are two thirds water - just like our planet. Water is the most mysterious substance and I am constantly discovering new aspects that are interesting for medicine.”

In this narrative non-fiction book, the senior doctor at the Klinik für Naturheilkunde explains the often mysterious healing power of water. In addition to traditional uses, it also covers why water is so important for the body and soul, how it is used to maintain health, how water flushing detoxes the body, for what conditions Kneipp therapies are good and how water strengthens our immune system. With lots of suggestions to use at home - fascinating, informative and practical.

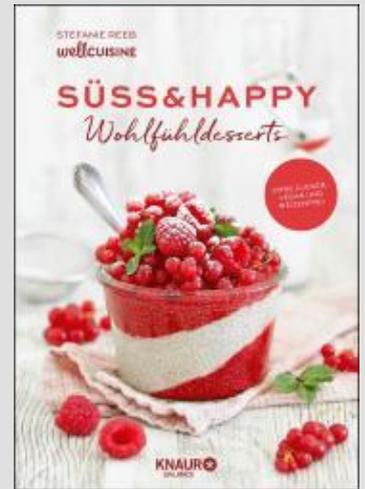
### The author:

Dr. med. Thomas Rampp is a senior physician at the Klinik für Naturheilkunde und Integrative Medizin and has been head of the Institut für Naturheilkunde at Kliniken Essen-Mitte since 2002.

Stefanie Reeb

## Sweet & Happy

- Healthy dessert creations without refined sugar, lactose, eggs and wheat
- 60 recipes in a beautiful lifestyle design
- With food pharmacy and info boxes about the effects of the ingredients
- Total sales of Stefanie Reeb's work: 50,000 copies



October 2019, 176 pages

Enjoy without regret - healthy comfort desserts from Wellcuisine inventor Stefanie Reeb

Stefanie Reeb's new book offers 60 success-guaranteed recipes for delightfully light desserts, cakes, tarts and puddings. The passionate baker and inventor of Wellcuisine mixes in two very special ingredients: a portion of health and a portion of mindfulness. When we prepare our desserts with natural foodstuffs, they simply taste better. When we eat mindfully, then we can better judge how many treats are good for us and from what point we are harming ourselves. For the health conscious and everyone who wants to snack despite allergies.

### The author:

Stefanie Reeb is a passionate cook, food blogger, nutrition consultant, teacher of Kundalini Yoga and designer. She was nominated for the Design Award of the Federal Republic of Germany for her own publication, a cookbook for children. She trained as a Kundalini Yoga teacher in Los Angeles as well as taking a Masters in Integrated Energy Therapy. At the same time she started her first food blog and then trained to become a holistic health counsellor through the Academy of Naturopathy.

Maren Schneider

## Mindful Advent

- Achieve long-term peace: the first self-help book for mindfulness during Advent
- All exercises are spoken aloud by the author on the accompanying CD
- Total sales of Maren Schneider's work: more than 240,000 copies



September 2019, 144 pages

Get through the pre-Christmas period with the mindfulness expert

Many people see Advent as pure stress. That is just another reason to add a few restful periods to Advent with the help of this small, practical self-help book. Best-selling author and mindfulness expert Maren Schneider provides effective everyday spirituality with specific meditations and rituals to ward off the winter blues. All exercises serve the purpose of creating oases during a stressful time and showing real appreciation for yourself. The perfect advent gift for a friend.

### The author:

Maren Schneider is an alternative practitioner and a trainer for Mindfulness based Stress Reduction (MBSR) and Mindfulness-based Cognitive Therapy (MBCT), which she has been practising for decades. Since 2004 she has been teaching MBSR and MBCT and leading meditation and mindfulness retreats. Having studied Buddhist concepts comprehensively, she pleads for their implementation in daily life.

Andrea Sokol

## I Can Make it Myself

- The lifestyle self-help book for a green daily life: practical and inspirational
- Simple tips for more sustainability, with over 80 zero waste recipes and step-by-step photos



October 2019, 176 pages

It is a heartfelt desire of mine to show women everything they are capable of.”  
Andrea Sokol

Shampoo from chestnuts? Facial tonic from rose water? Soup from cauliflower leaves? True to the magic words “If I can, I make it myself”, Andrea Sokol shows us over 80 simple and easy recipes and ideas for the “green everyday”. The nutritionist enjoys a wealth of knowledge on herbal medicine, foodstuffs, ingredients and their effects. In the beauty, food, lifestyle and health chapters, she shows us various ways of living in a healthier and more environmentally friendly fashion.

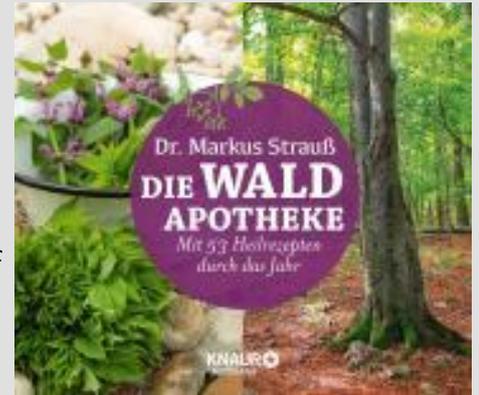
### The author:

Andrea Sokol is a TV presenter, business coach and blogger with her own YouTube channel called Ohlala & Solala. It covers topics surrounding sustainability and a healthy zero-waste lifestyle. She attended acting school including the Lee Strasberg Institute in Los Angeles and learned under Else Bongers in Berlin. Furthermore, she studied politics at the Bavarian School of Public Policy in Munich and trained in herbal medicine. She lives in Munich.  
[www.andreasokol.de](http://www.andreasokol.de)  
[www.ohlala-solala.com](http://www.ohlala-solala.com)

Dr. Markus Strauß

## The Forest Pharmacy - Calendar

- The only seasonal calendar on the healing power of the forest
- With 53 recipes, instructions and remedies from edible wild plants
- 'Total sales of Markus Strauß' work: 60,000 copies



October 2019, 108 pages

### An everlasting table calendar for lovers of wild plants and nature

TV expert Dr. Markus Strauß guides us through the year and shows how you can use the force of the forest: food from wild plants, remedies from roots or leaves, luxury food from forest berries or needles, and wellness from chestnuts or herbs. Week by week and season by season, you can be inspired afresh. A perpetual and undated calendar for 53 weeks full of plant knowledge, tips for gathering, recipes, images and personal tips from Germany's most popular forest expert.

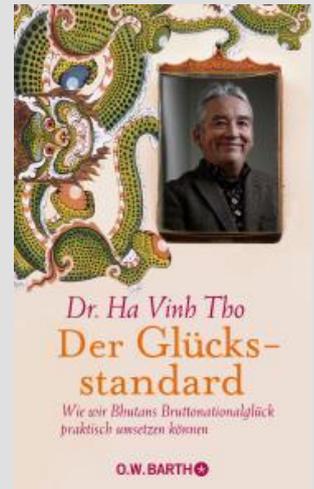
#### The author:

Dr Markus Strauß is geologist, biologist, well-known wild plant and tree expert, book author, consultant and lecturer. He wrote his doctoral thesis on ecological tea plantations in the Himalayas and has carried out extensive studies on wild nutrition. Nowadays he concentrates on the subject of self-sufficiency through edible wild plants and offers certified training on the subject.

Dr. Ha Vinh Tho

## The Happiness Standard

- Develop happiness skills for yourself and society with Bhutan's "minister of happiness"
- Worldwide project work by the author in schools, companies and organisations



November 2019, 320 pages

### Living happily: the exercise book for gross national happiness

What makes happy people different? Is there such a thing as a happiness standard? Dr Ha Vinh Tho was responsible for the implementation of the so-called "gross national happiness" in Bhutan for many years. In fact, Bhutan is the only country in the world which does not measure the "happiness" of its citizens on the gross domestic product. In their "ministry of happiness", other qualities count. Now with Dr. Ha Vinh Tho we can develop self-reflection, mindfulness and social skills to be kind to each other as well as a responsible way to treat nature in order to live a purposeful and joyful life. To this end the Happiness Standard offers deep insights and a lot of exercises to implement it both on a personal level and in companies and schools.

#### The author:

Dr. Ha Vinh Tho was for many years the head of the Gross National Happiness Center in Thimphu, the capital of Bhutan. Now he is implementing the ideas of GNH around the world in companies, schools and organisations. He is Vietnamese by birth and has worked for many years with the International Red Cross in the world's crisis regions. He supports aid projects around the globe, is married to an Austrian woman and lives in Geneva.

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Vietnam: Nha Nam

Dr. Markus Zillgens

## Help for High Blood Pressure



September 2019, 96 pages

### Health to do at home - actively reduce and heal conditions

Two recipes for success in one: a competent health self-help book and an exercise book to become active yourself

Based on the five pillars of holistic health: lifestyle, exercise, hydrotherapy, herbal medicine and nutrition

With checklists, questionnaires, nutrition coaching, exercises to do at home, do and don'ts, and continuous success checks

### The authors:

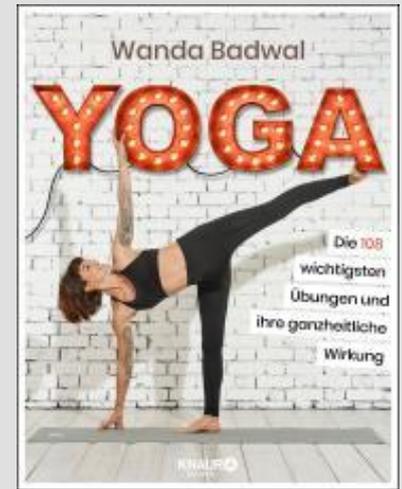
Dr. med. Markus Zillgens has been a doctor since 2004 and held positions in internal medicine, geriatrics, surgery and general practice. Since 2012, he has worked in the field of natural medicine at the Kliniken Essen-Mitte.

Sabine Pork is a graduate nutrition scientist and has worked for more than 15 years as a specialist for regulative therapy at the Klinik für Naturheilkunde und Integrative Medizin.

Wanda Badwal

## Yoga

- The 108 most important yoga asanas and their effect on body and mind
- Explained step by step by the charismatic yoga teacher
- Quickly growing online community: 18,000 followers on Instagram



October 2019, 304 pages

## Simple and clear: all basic exercises of yoga

Wanda Badwal is the trendiest yoga influencer in the German speaking region. In her first practical book, she explains the 108 most important yoga asanas step by step. The charismatic yoga teacher clearly and understandably shows how the respective asanas energetically affect the body, the mind, the nervous system, chakras and our ayurvedic constitution type. It is therefore possible for every beginner to find their own practice to do at home that can be holistically attuned to their respective life and emotional condition. The ideal book for all yoga beginners and everyone who wants to further develop their yoga practice.

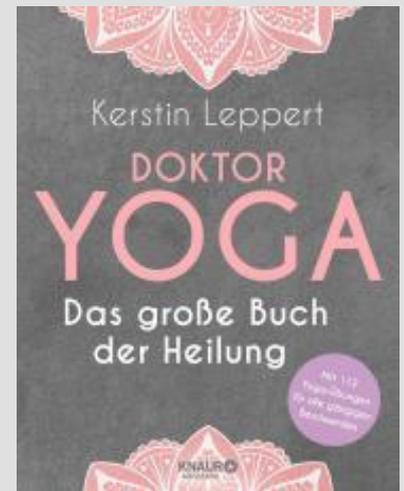
### The author:

Wanda, born in 1985 in Hamburg, studied singing, acting and dance, and trained to be a professional musical actress. In 2008, she achieved 4th place in the TV show Germany's Next Topmodel. In the same year, she began her personal yoga journey. Her presence in the media throughout the years awoke in her the desire to direct her focus inwardly. In India she trained as an Ayurvedic masseuse and with her yoga teacher fully immersed herself in the practice and philosophy of yoga. Wanda teaches dynamic and powerful Vinyasa and Hatha yoga with much joie de vivre, heart and humour. In doing so, she tries to bring out the highest potential of each individual through challenging asanas. In addition, she teaches relaxing and meditative Yin yoga and roll and release, during which she puts her pupils into a state of deep relaxation and supervises stress release. Her lessons are often accompanied by music and the chanting of mantras.

Kerstin Leppert

## Doctor Yoga

- Heal body and soul with the correct yoga position
- Indexed according to symptom, alphabetical structure from arthritis to sinus conditions
- A beautiful edition with 170 colour photos accompanying all exercises



September 2019, 288 pages

**The first comprehensive yoga book on healing using Kundalini yoga**

Do you have a headache? Circulation problems? Or a cold? There is a yoga solution for everything. The breathing exercises, asana sequences and healing mantras from the Kundalini yoga are the most effective. Kerstin Leppert first explains all the important methods to strengthen your own energy system in order to prevent illnesses before they begin. The exercises to be practised in the case of specific symptoms are easy to implement and beginners can also easily learn them. All conditions can be easily looked up with a clear A to Z guide with pictures and they can be treated thanks to precise instructions.

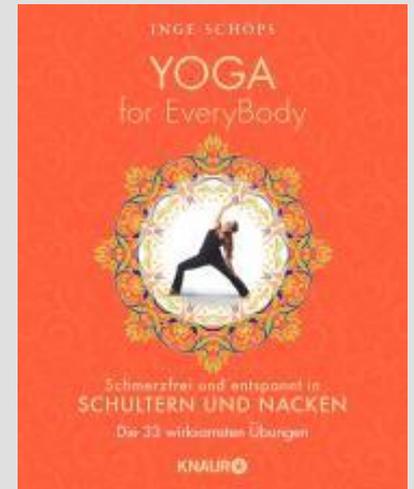
### **The author:**

Kerstin Leppert has been a teacher for Kundalini yoga and a Sat Nam Rasayan healer for many years. She offers yoga courses and yoga retreats, and also gives individual courses in the case of specific conditions. She edits the “Kundalini Yoga Journal”. Kerstin Leppert is the author of several very successful yoga books.

Inge Schöps

## Yoga for EveryBody - relaxed and pain-free shoulders and neck

- Compact beginner book for sufferers, with lots of photos and simple explanations
- Exercises that really help from the experienced yoga teacher
- Total sales of Inge Schöps' work: 330,000 copies



January 2020, 144 pages

Finally pain-free: simple yoga exercises for your shoulders and neck

Who hasn't had it? Your shoulders are tense and your neck hurts. The yoga teacher and best-selling author of yoga books for beginners presents an exercise programme that provides first aid for shoulder and neck tension. Accompanied by colour photos, Inge Schöps explains what we can effectively do to combat the pain. Essentially her concept follows two principles:

1. The strengthening and stabilising of the shoulder and neck region
2. Relaxation and stretching

With 33 effective asanas for home treatment of chronically tense muscles, headaches or frozen shoulders - listed according to the symptoms.

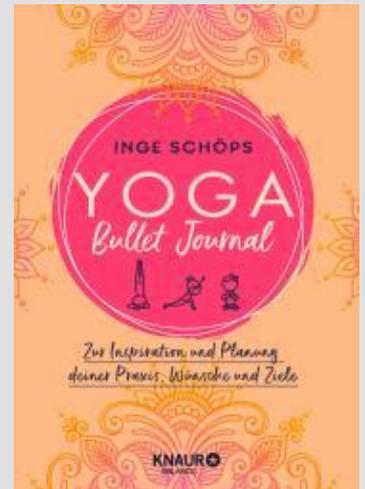
### The author:

Writer Inge Schöps is a qualified yoga teacher and mental coach from Cologne. She is founder of the yoga community known as Yoga-On and now offers yoga in connection with coaching sessions, workshops and retreats. Her book 'Yoga: Das große Praxisbuch für Einsteiger und Fortgeschrittene', her practice book for beginners and the more advanced, became a best-seller and has already been translated into a number of other languages. Before she came to yoga she was a qualified translator, with an MBA to boot, who held senior positions at publishing houses of international renown.

Inge Schöps

## Yoga Bullet Journal

- Innovative and new: put together your own yoga and meditation practice using bullets
- The perfect gift: high quality edition with reading ribbon
- Total sales of yoga best-selling author Inge Schöps' work: 330,000 copies



November 2019, 176 pages

### The first bullet journal for yoga: the annual planner for all yogis

The annual planner to make all yogis happy and accompany them through the whole year. Each month has a specific topic, such as love, compassion, thankfulness and satisfaction, and provides suitable asanas, pranayamas and meditation to practice. The experienced yoga teacher and best-selling author Inge Schöps suggests using the journal not only to track yoga practices but also to observe well-being and the reactions of the body as well as eating and sleeping habits with easy tools. Connections between yoga practice and well-being can therefore be recorded and patterns can be changed. The yoga bullet journal is undated so that it can be started at any time of the year.

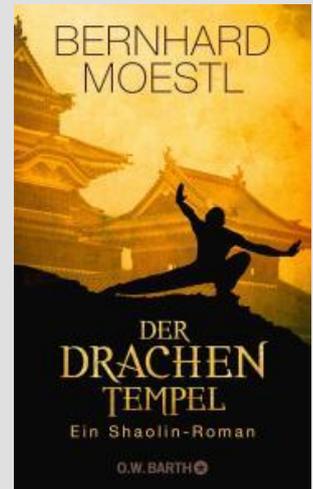
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Bernhard Moestl

## The Dragon Temple

- The best-selling author's first novel: told with a profound knowledge of the Shaolin's world
- Exciting, deep and life-changing: Eastern wisdom for Westerners
- Total sales of Bernhard Moestl: 500,000 copies



October 2019, 208 pages

The secret world of Shaolin: the first novel by best-selling author Bernhard Moestl

A mythical monastery in the holy mountains of China, in whose main temple a troop of Buddhist monks practise martial arts. And these monks are actually supposed to reveal something about the meaning of life. But how are you supposed to understand anything when daily life consists of hard exercises, hardly anyone speaks your language and then to boot the master disappears? Best-selling author Bernhard Moestl succeeds in combining the Buddhist and Daoist sources of Asian wisdom with the ancient awe-inspiring backdrop of the Shaolin Monastery and presenting a special way to let go.

### The author:

However much we'd like to have our lives and emotions under control, we become fearful rather than brave in situations where we could stand up for ourselves. We let things 'be done to us' in our daily working life as well as in our families. We get frustrated when we find ourselves giving in too easily. This means we struggle to find tranquillity and remain in a constant state of tension. But what's the right way to react to manipulation and emotional pressure? Bernhard Moestl has been to the Shaolin to learn how to deal with assaults of this type. The best-selling author knows the seven steps which can lead us out of emotional involvement and into a calm frame of mind. This is how we can learn to overcome difficulties in modern times – with the Shaolin approach.

Dennis Betzholz

## It Will All be Different with You, Baby!

- What values do I want to give my child?
- The perfect present for expecting and new parents



November 2019, 224 pages

## What I would like to pass on to you

What matters in life? Dennis Betzholz will soon have to answer this question every day. He is going to become a father. In 42 letters to his child, he wonders how he can succeed in raising a good person. Sometimes funny, sometimes deep, sometimes confrontational, he goes in search of the core of what it is to be human. He philosophises about fate, love and thankfulness but also about ownership, resources and freedom. He tells stories about himself and his friends - and realises that he could also be totally wrong with his worldly wisdom. A charming plea to not be brought to heel, a declaration of love to the next generation and a happiness accelerator for parents-to-be.

### The author:

Dennis Betzholz, born in 1985 in Oberhausen, works as a journalist, author and publisher in Hamburg. He wrote for Stern, Spiegel and various large dailies. Currently he is an editor at Welt/Welt am Sonntag. He has already been nominated for the Deutsche Reporterpreis and the Henri-Nannen-Preis for his reportages and he has won several other prizes. However, his biggest gift is his little daughter.

Constanze Köpp

## You Forgot to Kiss the Bride!

- Reports from the wedding front
- The ultimate way to get into the spirit of things for everyone who is planning the happiest day of their lives
- Published to appear in time for the start of the annual wedding fair season



October 2019, 192 pages

## Dos and don'ts for an unforgettable wedding

If you have ever planned a wedding, you will have a tale or two: hundreds of opportunities to put your foot in it. Who should be invited and who not? How, when and where it should be celebrated? What role do the two families have in the preparations? Successful wedding speaker Constanze Köpp has experienced it thousands of times and has plenty of stories to tell: stories of flops, fate and farces, but above all stories about uplifting moments and strong emotions. With a twinkle in her eye, she reveals what can be correctly or incorrectly done regarding the selection of the guests, the clothing, the food, the music, the presents and the wedding traditions - essential reading for everyone who wants to celebrate an unforgettable day.

### The autor:

Constanze Köpp, born in 1969, is more than just a professional wedding speaker. Under the motto "the PRElogue to saying I DO" she organises and designs unique wedding ceremonies at conventional and less conventional locations ([www.verliebtereden.de](http://www.verliebtereden.de)). Her two inspirational books "Aufgeräumt leben" and "Aufgeräumt denken" were enthusiastically received by the public. Constanze Köpp has two daughters and lives in Hamburg.

# FAMILY & EDUCATION

Prof. Dr. Michael Schulte-Markwort

## Family Years

- Relationships instead of parenting: so that the family years are happy years
- Prof. Dr. Schulte-Markwort has more than thirty years' experience as a child and youth psychiatrist
- For modern parents wanting to care for children in keeping with the times
- Total sales of Dr. Schulte-Markwort's work: 50,000 copies



October 2019, 304 pages

## The key to happiness is our children

Family years are a challenge: today, there are so many ways of living together and no matter how you approach it you will be criticised. In thirty years of professional experience, child and youth psychiatrist Professor Schulte Markwort has got to know innumerable families and has addressed parenting techniques. He gives advice for how everyone in the family can strike the right note and effectively act as equals. What should you do when the baby won't sleep? When other children are always allowed to do everything? How do you set real boundaries? From the pressing questions about pregnancy to dealing with teenagers: Prof. Dr. Schulte-Markwort helps families to be more relaxed and explains how we can make the right decisions.

### The author:

Prof. Dr. med. Michael Schulte-Markwort was born in 1956 in Osnabrück and studied Medicine and Philosophy in Marburg and Kiel. Following his training as a specialist as a child and adolescent psychiatrist in Lübeck, he then obtained the additional title of psychotherapist with a specialty in psychoanalysis and psychodrama. In 1997 he became Professor for Child and Adolescent Psychiatry at the University of Hamburg. He has been Medical Director of the Child and Adolescent Psychiatry Department at the University Clinic Hamburg-Eppendorf (UKE) and the Altona Children's Hospital since 2004. Following specialised publications on the subject of Anorexia, among others, he is now looking at the highly topical issue of burnout in children and adolescents, which he was the first to diagnose in Germany.

Andreia Granada

## Wearing Happiness

- Finally an end to the standard sizes of the fashion industry and conventional patterns
- Andreia Granada is a successful YouTuber and blogger: Kleider für Julia has been watched more than 2 million times



December 2019, 240 pages

**“We women are unique. We do not fit into the standardised sizes of the fashion industry.”**

Every woman is unique - but the clothes sizes in the fashion industry are not. And so shopping is often a source of frustration rather than pleasure. When trousers stretch and the blouses nip, many women regard their bodies as problem zones. Yet the clothing sizes and conventional patterns are based on average measurements that correspond to the fewest of women. Andreia Granada is familiar with this problem and has found a creative solution: she measured herself and designed individual sewing patterns to fit her. Thanks to her home-made clothes she has found a new self-confidence that she would like to pass on to other women.

### The author:

Andreia Granada, born in 1985, spent many years being unsatisfied with her body, which would simply not fit into standard sizing, until she had the idea of sewing her clothes herself and developing her own patterns. In order to share with other women her new physical feeling she set up the YouTube channel “Kleider für Julia”, which has been watched millions of times.

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