



NATIONAL ATHLETICS LEAGUE 2021

NAL21_V2



Use this to refresh team changes

change selections in the green boxes to configure your meeting BEFORE refreshing

do NOT refresh if you do NOT have WIFI access at the Stadium



Click PDF icon to create a Results PDF and

a copy of this results file at the end of the match

The PDF will be stored in the same folder as you are using for the results software.

| | | |
|----------|---------------------------|----------------------------------|
| REGION | NATIONAL ATHLETICS LEAGUE | Track Events Start in Lane |
| DIVISION | Championship East | |
| MATCH | 1 | |
| P/FINISH | NO | |

Date 06/06/2021
 Venue EMBANKMENT ATHLETICS TRACK
 Host Club Peterborough & Nene Valley AC

| Bib | Team Name | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|-------------------------------|---------|-----------|--------|--------|--------|--------|
| A | Bedford & County AC | Bed | | 95.93 | 13.84 | 126.09 | 235.86 |
| B | Chelmsford AC | Chelms | | 161.66 | 23.90 | 193.51 | 379.07 |
| C | Herts Phoenix AC | Herts P | | 89.10 | 12.72 | 71.69 | 173.51 |
| D | Peterborough & Nene Valley AC | PNV | | 155.58 | 17.99 | 178.55 | 352.12 |
| E | Southend On Sea AC | Send | | 36.67 | | 28.90 | 65.57 |

| Posn | Team Name | Points | League | B/Wtd M | B/Wtd L | Total M | Total L |
|------|-------------------------------|--------|--------|---------|---------|---------|---------|
| 1 | Chelmsford AC | 379.07 | | | | 379.07 | |
| 2 | Peterborough & Nene Valley AC | 352.12 | | | | 352.12 | |
| 3 | Bedford & County AC | 235.86 | | | | 235.86 | |
| 4 | Herts Phoenix AC | 173.51 | | | | 173.51 | |
| 5 | Southend On Sea AC | 65.57 | | | | 65.57 | |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 38 |
| NO COMPETITORS/EVENT CANCELLED/NMR | - |
| EVENT SCORED | 38 |
| REMAINING | - |



NATIONAL ATHLETICS LEAGUE 2021

NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACKMatch 1
06/06/2021100m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------|---------|------|
| 1 | B | Lewis THORN | Chelms | 11.0 |
| 2 | C | Eden DAVIS | Herts P | 11.1 |
| 3 | A | Nathan COX | Bed | 11.3 |
| 4 | E | | Send | 11.3 |
| 5 | D | Joel GRENFELL | PNV | 11.3 |

100m Men B

| Posn | Athlete | Club | Perf |
|------|-------------------------|--------|------|
| 1 | Nathaniel SHERGER | Chelms | 11.4 |
| 2 | Steven MIENAMBOLO (U20) | Bed | 11.9 |
| 3 | Joel STERN | PNV | 12.1 |
| 4 | | | |
| 5 | | | |

200m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|---------|------|
| 1 | A | Nathan COX | Bed | 22.4 |
| 2 | B | Nathaniel SHERGER | Chelms | 23.1 |
| 3 | C | Eden DAVIS | Herts P | 23.3 |
| 4 | D | Luke PHILLIPS (U20) | PNV | 23.7 |
| 5 | | | | |

200m Men B

| Posn | Athlete | Club | Perf |
|------|-------------------------|--------|------|
| 1.00 | James MARSH | PNV | 23.5 |
| 2.00 | Sam TREMELLING (U20) | Chelms | 24.0 |
| 3 | Steven MIENAMBOLO (U20) | Bed | 24.2 |
| 4 | | | |
| 5 | | | |

400m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|---------|------|
| 1 | B | Lewis THORN | Chelms | 48.7 |
| 2 | C | Joel EVANS (U20) | Herts P | 50.1 |
| 3 | D | Sean GARMORY | PNV | 51.6 |
| 4 | A | Jamie WEBSTER (U20) | Bed | 52.0 |
| 5 | | | | |

400m Men B

| Posn | Athlete | Club | Perf |
|------|---------------|---------|------|
| 1 | David BROWN | PNV | 51.5 |
| 2 | Joe STRANGE | Bed | 52.6 |
| 3 | Noah FRIEND | Tonb G | 52.7 |
| 4 | Thando MEMEZA | Herts P | |
| 5 | | | |

800m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-------------------|---------|---------|
| 1 | B | Paul GRANGE | Chelms | 02:11.9 |
| 2 | E | | Send | 02:17.6 |
| 3 | D | Alex HAMPSON | PNV | 02:22.7 |
| 4 | A | Matthew BRAY | Bed | 02:49.3 |
| 5 | C | Daniel GILL (U20) | Herts P | |

800m Men B

| Posn | Athlete | Club | Perf |
|------|---------------|---------|---------|
| 1 | Thomas POWELL | Bed | 02:17.6 |
| 2 | Joseph LANE | Chelms | 02:36.7 |
| 3 | Thando MEMEZA | Herts P | 03:23.7 |
| 4 | | | |
| 5 | | | |

1500m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------------|--------|---------|
| 1 | BB | Nick HARDY | Chelms | 04:03.9 |
| 2 | AA | Benjamin DAVIES | Bed | 04:07.5 |
| 3 | D | Kai CHILVERS (U17) | PNV | 04:09.8 |
| 4 | | | | |
| 5 | | | | |

1500m Men B

| Posn | Athlete | Club | Perf |
|------|----------------------------|--------|---------|
| 1 | Zachariah BRIDGELAND (U20) | Chelms | 04:11.0 |
| 2 | Harry BRODIE (U20) | Bed | 04:13.4 |
| 3 | Phil MARTIN | PNV | 04:15.4 |
| 4 | | | |
| 5 | | | |

3000m Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|----------------|---------|---------|
| 1 | D | Alex GIBB | PNV | 08:57.8 |
| 2 | E | | Send | 09:35.7 |
| 3 | BB | Ken HOYE | Chelms | 10:09.3 |
| 4 | C | Thomas WACKETT | Herts P | 10:23.3 |
| 5 | | | | |

3000m Men B

| Posn | Athlete | Club | Perf |
|------|-------------|------|---------|
| 1 | Phil MARTIN | PNV | 09:12.7 |
| 2 | | Send | 10:01.6 |
| 3 | | | |
| 4 | | | |
| 5 | | | |



NATIONAL ATHLETICS LEAGUE 2021

NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACKMatch 1
06/06/20213000m S/Chase Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|--------|---------|
| 1 | B | Nick HARDY | Chelms | 09:35.9 |
| 2 | A | Craig EMMERSON | Bed | 09:57.7 |
| 3 | D | James MACDONALD | PNV | 12:34.9 |
| 4 | | | | |
| 5 | | | | |

3000m S/Chase Men B

| Posn | Athlete | Club | Perf |
|------|----------|--------|---------|
| 1 | Ken HOYE | Chelms | 11:35.3 |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

400m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|---------|------|------|
| 1 | C | Edward LAWS (U20) | Herts P | 55.4 | |
| 2 | D | Sean REIDY | PNV | 56.5 | |
| 3 | B | Bradley REED | Chelms | 57.7 | |
| 4 | A | William FORSTER | Bed | 58.7 | |
| 5 | | | | | |

400m Hurdles Men B

| Posn | Athlete | Club | Perf | Wind |
|------|-------------------|--------|------|------|
| 1 | Luke KETELEERS | Chelms | 62.5 | |
| 2 | Peter BENEDICKTER | Bed | 64.2 | |
| 3 | David BUSH | PNV | 85.3 | |
| 4 | | | | |
| 5 | | | | |

110m Hurdles Men A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------|--------|------|
| 1 | B | Bradley REED | Chelms | 15.2 |
| 2 | E | | Send | 15.4 |
| 3 | D | Sean REIDY | PNV | 17.1 |
| 4 | | | | |
| 5 | | | | |

110m Hurdles Men B

| Posn | Athlete | Club | Perf |
|------|----------------|--------|------|
| 1 | Luke KETELEERS | Chelms | 17.7 |
| 2 | | Send | 20.3 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

Long Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|------|
| 1 | DD | Tomi OGUNYOYE | PNV | 6.59 |
| 2 | B | Temilolu ALO (U20) | Chelms | 6.38 |
| 3 | E | | Send | 6.04 |
| 4 | A | Daniel STEEL | Bed | 5.80 |
| 5 | | | | |

Long Jump Men B

| Posn | Athlete | Club | Perf |
|------|--------------------|--------|------|
| 1 | Oliver EARLY (U20) | Chelms | 6.35 |
| 2 | | PNV | 6.10 |
| 3 | | Send | 6.04 |
| 4 | | | |
| 5 | | | |

High Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|--------|------|
| 1 | B | Thomas HEWES | Chelms | 2.00 |
| 2 | D | Tomi OGUNYOYE | PNV | 1.90 |
| 3 | A | Frankie JOHNSON | Bed | 1.75 |

High Jump Men B

| Posn | Athlete | Club | Perf |
|------|----------------------|--------|------|
| 2 | Oliver EARLY (U20) | Chelms | 1.85 |
| 3 | Dylan PHILLIPS (U20) | PNV | 1.75 |

Triple Jump Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|--------|-------|
| 1 | E | | Send | 13.40 |
| 2 | D | Nathaniel AMAOADE | PNV | 13.37 |
| 3 | B | Temilolu ALO (U20) | Chelms | 13.04 |
| 4 | | | | |
| 5 | | | | |

Triple Jump Men B

| Posn | Athlete | Club | Perf |
|------|------------------|--------|-------|
| 1 | | Send | 13.40 |
| 2 | Alexander INGHAM | PNV | 11.80 |
| 3 | Luke KETELEERS | Chelms | 11.07 |
| 4 | | | |
| 5 | | | |

**NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACK****Match 1**
06/06/2021**Pole Vault Men A**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|------|------|
| | 99 | Event Cancelled | | |

Pole Vault Men B

| Posn | Athlete | Club | Perf |
|------|---------|------|------|
|------|---------|------|------|

Shot Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------------|---------|-------|
| 1 | D | Mindaugas JURKSA | PNV | 14.84 |
| 2 | B | Kevin WILSON | Chelms | 13.39 |
| 3 | AA | Richard MARTIN | Bed | 9.77 |
| 4 | C | James GROVE | Herts P | 8.64 |
| 5 | | | | |

Shot Men B

| Posn | Athlete | Club | Perf |
|------|-----------------------|--------|-------|
| 1 | Nathan BUSHNELL (U20) | Chelms | 12.36 |
| 2 | Simon ACHURCH | PNV | 10.92 |
| 3 | Marcio FERNANDES | Bed | 9.74 |
| 4 | | | |
| 5 | | | |

Discus Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------|---------|-------|
| 1 | B | Kevin WILSON | Chelms | 43.25 |
| 2 | D | Max HALL | PNV | 35.67 |
| 3 | C | James GROVE | Herts P | 29.82 |
| 4 | A | Jack WUIDART | Bed | 26.07 |
| 5 | | | | |

Discus Men B

| Posn | Athlete | Club | Perf |
|------|-----------------------|--------|-------|
| 1 | Nathan BUSHNELL (U20) | Chelms | 38.29 |
| 2 | Simon ACHURCH | PNV | 33.28 |
| 3 | Daniel STEEL | Bed | 23.27 |
| 4 | | | |
| 5 | | | |

Hammer Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------|---------|-------|
| 1 | A | Richard MARTIN | Bed | 57.54 |
| 2 | B | Yasha BOBASH | Chelms | 48.27 |
| 3 | D | Simon ACHURCH | PNV | 38.59 |
| 4 | C | James GROVE | Herts P | 30.15 |
| 5 | | | | |

Hammer Men B

| Posn | Athlete | Club | Perf |
|------|----------------|--------|-------|
| 1 | Martin TINKLER | PNV | 37.18 |
| 2 | Jack WUIDART | Bed | 32.94 |
| 3 | Samuel LARKINS | Chelms | 32.90 |
| 4 | | | |
| 5 | | | |

Javelin Men A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|----------------------|---------|-------|
| 1 | DD | Alexander INGHAM | PNV | 51.35 |
| 2 | AA | Daniel STEEL | Bed | 43.14 |
| 3 | B | Sam TREMELLING (U20) | Chelms | 41.78 |
| 4 | C | James GROVE | Herts P | 22.15 |
| 5 | | | | |

Javelin Men B

| Posn | Athlete | Club | Perf |
|------|--------------------|--------|-------|
| 1 | Max HALL | PNV | 49.99 |
| 2 | Marcio FERNANDES | Bed | 41.71 |
| 3 | Oliver EARLY (U20) | Chelms | 38.05 |
| 4 | | | |
| 5 | | | |

4 x 100m Men A

| Posn | No. | Runners | Perf |
|------|-----|---|-------------|
| 1 | b | Bradley REED Temilolu ALO (U20) Nathaniel SHERGER Lewis THORN | Chelms 44.8 |
| 2 | a | | Bed 45.5 |
| 3 | d | Joel STERN James MARSH Sean GARMORY Tomi OGUNYOYE | PNV 45.8 |

4 x 400m Men A

| Posn | No. | Runners | Perf |
|------|-----|---|----------------|
| 1 | d | David BROWN Luke PHILLIPS (U20) Sean GARMORY Sean REIDY | PNV 03:29.5 |
| 2 | b | Sam TREMELLING (U20) Zachariah BRIDGELAND (U20) Joseph LANE Lewis THORN | Chelms 03:32.5 |
| 3 | a | Jamie WEBSTER (U20) Joe STRANGE Thomas POWELL Craig EMMERSON | Bed 03:41.8 |



NATIONAL ATHLETICS LEAGUE 2021





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**NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACK****Match 1**
06/06/2021**100m Women A**

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|---------|------|
| 1 | C | Ellie BANDY | Herts P | 12.0 |
| 2 | A | Etienne MAUGHAN (U17) | Bed | 12.0 |
| 3 | B | Aleasha KIDDLE | Chelms | 12.4 |
| 4 | D | Keira GILMAN (U20) | PNV | 12.9 |
| 5 | E | | Send | 13.6 |

100m Women B

| Posn | Athlete | Club | Perf |
|------|-----------------------|---------|------|
| 1 | Leah DUNCAN (U20) | Chelms | 12.3 |
| 2 | Amelia GITTENS (U17) | Herts P | 12.5 |
| 3 | Holly ASLIN (U20) | PNV | 13.3 |
| 4 | Serena VAN BEEK (U20) | Bed | |
| 5 | | | |

200m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------------|---------|------|
| 1 | C | Ellie BANDY | Herts P | 24.2 |
| 2 | A | Etienne MAUGHAN (U17) | Bed | 24.8 |
| 3 | B | Leah DUNCAN (U20) | Chelms | 25.4 |
| 4 | D | Claire SMITH | PNV | 27.7 |
| 5 | E | | Send | 30.0 |

200m Women B

| Posn | Athlete | Club | Perf |
|------|------------------------|---------|------|
| 1.00 | Sophie SEGUN | Herts P | 25.7 |
| 2.00 | Jennifer SMITH | PNV | 28.2 |
| 3 | Jasmine FERGUSON (U20) | Bed | 28.9 |
| 4 | | | |
| 5 | | | |

400m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|------------------------|---------|------|
| 1 | C | Lauren RULE | Herts P | 56.5 |
| 2 | B | Erin MINTON-BRANFOOT | Chelms | 59.1 |
| 3 | D | Elizabeth TAYLOR (U20) | PNV | 59.8 |
| 4 | A | Serena VAN BEEK (U20) | Bed | 67.9 |
| 5 | | | | |

400m Women B

| Posn | Athlete | Club | Perf |
|------|---------------------|---------|------|
| 1 | Kirstie OVERFIELD | Chelms | 58.5 |
| 2 | Serena THOMAS (U20) | Herts P | 63.2 |
| 3 | Ellie ODLIN (U20) | PNV | 63.9 |
| 4 | | | |
| 5 | | | |

800m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|---------|---------|
| 1 | C | Khahisa MHLANGA | Herts P | 02:11.9 |
| 2 | D | Evie ODLIN (U20) | PNV | 02:17.6 |
| 3 | A | Hannah SHELTON | Bed | 02:22.7 |
| 4 | B | Georgia TOMBS (U20) | Chelms | 02:49.3 |
| 5 | | | | |

800m Women B

| Posn | Athlete | Club | Perf |
|------|---------------------|---------|---------|
| 1 | Philippa BAILEY | Herts P | 02:17.6 |
| 2 | Nichola GIBSON | PNV | 02:36.7 |
| 3 | Faye SWEETING (U20) | Chelms | 03:23.7 |
| 4 | | | |
| 5 | | | |

1500m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------------------|---------|---------|
| 1 | C | Khahisa MHLANGA | Herts P | 04:37.3 |
| 2 | B | Martha SMITH (U20) | Chelms | 05:01.9 |
| 3 | D | Ellie RAINBOW (U20) | PNV | 05:13.2 |
| 4 | | | | |
| 5 | | | | |

1500m Women B

| Posn | Athlete | Club | Perf |
|------|---------------------|--------|---------|
| 1 | Sarah CASKEY | PNV | 05:32.2 |
| 2 | Faye SWEETING (U20) | Chelms | 06:19.8 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

3000m Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|-----------------|---------|---------|
| 1 | D | Maggie SKINNER | PNV | 11:03.0 |
| 2 | C | Elizabeth DOYLE | Herts P | 13:56.0 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

3000m Women B

| Posn | Athlete | Club | Perf |
|------|--------------|---------|---------|
| 1 | Chloe FINLAY | PNV | 11:05.6 |
| 2 | Yvonne JONES | Herts P | 14:31.9 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

**NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACK****Match 1**
06/06/2021**400m Hurdles Women A**

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------|--------|------|
| 1 | B | Chay CLARK | Chelms | 65.7 |
| 2 | D | Tayla BENSON | PNV | 71.7 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

400m Hurdles Women B

| Posn | Athlete | Club | Perf |
|------|---------------------|--------|------|
| 1 | Faye SWEETING (U20) | Chelms | 93.9 |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |

100m Hurdles Women A

| Posn | Athlete | Club | Perf | Wind |
|------|------------------------|--------|------|------|
| 1 | B Lily PARRIS (U20) | Chelms | 14.0 | |
| 2 | D Jessica DIXON WALKER | PNV | 15.8 | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

100m Hurdles Women B

| Posn | Athlete | Club | Perf | Wind |
|------|-----------------------|--------|------|------|
| 1 | Jessica HOPKINS (U20) | Chelms | 16.1 | |
| 2 | Tayla BENSON | PNV | 16.5 | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

2000m S/Chase Women A

| Posn | No. | Athlete | Club | Perf |
|------|-----|--------------|------|---------|
| 1 | d | Sarah CASKEY | PNV | 08:55.2 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

2000m S/Chase Women B

| Posn | Athlete | Club | Perf |
|------|---------|------|------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |

Long Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------------------|---------|------|
| 1 | C | Eloise HARVEY | Herts P | 5.54 |
| 2 | DD | Holly ASLIN (U20) | PNV | 4.95 |
| 3 | A | Tasharna ANTOINE (U20) | Bed | 4.86 |
| 4 | B | Jessica HOPKINS (U20) | Chelms | 4.60 |
| 5 | | | | |

Long Jump Women B

| Posn | Athlete | Club | Perf |
|------|---------------------|--------|------|
| 1 | Jade HARDING | Chelms | 4.55 |
| 2 | Jamelia HENSON | PNV | 4.40 |
| 3 | Erin THOMPSON (U20) | Bed | 4.30 |
| 4 | | | |
| 5 | | | |

High Jump Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|--------|------|
| 1 | A | Gracie WALL (U17) | Bed | 1.65 |
| 2 | B | Jessica HOPKINS (U20) | Chelms | 1.60 |
| 3 | D | Grace TIDMAN (U20) | PNV | 1.50 |

High Jump Women B

| Posn | Athlete | Club | Perf |
|------|------------------|--------|------|
| 1 | Shannon RAPACCHI | Chelms | 1.50 |
| 2 | Laura WHITTON | PNV | 1.40 |

**NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACK****Match 1**
06/06/2021**Triple Jump Women A**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|--------|-------|
| 1 | A | Belinda SERGENT | Bed | 11.86 |
| 2 | D | Ellie-Mae STOKES | PNV | 10.20 |
| 3 | B | Jessica HOPKINS (U20) | Chelms | 9.68 |
| 4 | | | | |
| 5 | | | | |

Triple Jump Women B

| Posn | Athlete | Club | Perf |
|------|------------------|--------|------|
| 1 | Monika JANONYTE | PNV | 9.26 |
| 2 | Shannon RAPACCHI | Chelms | 8.78 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

Pole Vault Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------|------|------|
| 99 | | Event Cancelled | | |

Pole Vault Women B

| Posn | Athlete | Club | Perf |
|------|---------|------|------|
|------|---------|------|------|

Shot Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|------------------------|---------|-------|
| 1 | B | Omolola KUPONIYI (U20) | Chelms | 13.50 |
| 2 | D | Rebecca HALL | PNV | 12.26 |
| 3 | C | Sophie SEGUN | Herts P | 8.98 |
| 4 | AA | Caitlin BLACKWELL | Bed | 8.38 |
| 5 | | | | |

Shot Women B

| Posn | Athlete | Club | Perf |
|------|---------------------------|---------|-------|
| 1 | Elizabeth MOORHOUSE (U20) | PNV | 12.24 |
| 2 | Jessica HOPKINS (U20) | Chelms | 12.07 |
| 3 | Suzanna WISE | Bed | 7.49 |
| 4 | Madeleine WAITE (U20) | Herts P | 7.11 |
| 5 | | | |

Discus Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|--------------------|---------|-------|
| 1 | A | Suzanna WISE | Bed | 30.84 |
| 2 | D | Rebecca HALL | PNV | 30.65 |
| 3 | B | Jade HARDING | Chelms | 30.01 |
| 4 | C | Libby TAYLOR (U20) | Herts P | 22.19 |
| 5 | | | | |

Discus Women B

| Posn | Athlete | Club | Perf |
|------|-------------------|--------|-------|
| 1 | Shirley QUINN | Chelms | 28.30 |
| 2 | Caitlin BLACKWELL | Bed | 15.58 |
| 3 | Jamelia HENSON | PNV | 15.23 |
| 4 | | | |
| 5 | | | |

Hammer Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-------------------------|---------|-------|
| 1 | C | Libby TAYLOR (U20) | Herts P | 44.30 |
| 2 | B | Josephine LARKINS (U20) | Chelms | 44.06 |
| 3 | A | Suzanna WISE | Bed | 38.70 |
| 4 | D | | PNV | 18.00 |
| 5 | | | | |

Hammer Women B

| Posn | Athlete | Club | Perf |
|------|----------------------|---------|-------|
| 1 | Ndidikama OKOH (U20) | Chelms | 28.48 |
| 2 | | Herts P | 17.83 |
| 3 | | | |
| 4 | | | |
| 5 | | | |

Javelin Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|-----------------------|---------|-------|
| 1 | C | Eloise MEAKINS | Herts P | 41.74 |
| 2 | B | Jessica HOPKINS (U20) | Chelms | 37.95 |
| 3 | D | Ellie-Mae STOKES | PNV | 33.16 |
| 4 | A | Suzanna WISE | Bed | 18.23 |
| 5 | | | | |

Javelin Women B

| Posn | Athlete | Club | Perf |
|------|-------------------------------|---------|-------|
| 1 | Georgia SHEPHARD-GAZELY (U20) | Herts P | 28.52 |
| 2 | Jade HARDING | Chelms | 21.49 |
| 3 | Jamelia HENSON | PNV | 19.32 |
| 4 | Caitlin BLACKWELL | Bed | 15.62 |
| 5 | | | |

**NATIONAL ATHLETICS LEAGUE EMBANKMENT ATHLETICS TRACK****Match 1**
06/06/2021**4 x 100m Women A**

| Posn | No. | Runners | | Perf |
|------|-----|--|---------|------|
| 1 | b | Kissiwaa MENSAH (U17) Lily PARRIS (U20) Leah DUNCAN (U20) Aleasha KIDDLE | Chelms | 48.2 |
| 2 | c | Sophie SEGUN Lara HANSEN Amelia GITTENS (U17) Ellie BANDY | Herts P | 50.4 |
| 3 | a | Etienne MAUGHAN (U17) Serena VAN BEEK (U20) Jasmine FERGUSON (U20) | Bed | 51.7 |
| 4 | d | Holly ASLIN (U20) Jamelia HENSON Claire SMITH Jennifer SMITH | PNV | 58.1 |
| 5 | | | | |

4 x 400m Women A

| Posn | No. | Runners | | Perf |
|------|-----|--|---------|---------|
| 1 | c | Lauren RULE Serena THOMAS (U20) Khahisa MHLANGA Philippa BAILEY | Herts P | 04:04.6 |
| 2 | b | Erin MINTON-BRANFOOT Georgia TOMBS (U20) Kirstie OVERFIELD Chay CLARK | Chelms | 04:06.3 |
| 3 | d | Elizabeth TAYLOR (U20) Ellie ODLIN (U20) Evie ODLIN (U20) Nichola GIBSON | PNV | 04:15.0 |
| 4 | | | | |
| 5 | | | | |



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