



## NATIONAL ATHLETICS LEAGUE 2021

REGION	NATIONAL ATHLETICS LEAGUE	Track Events Start in Lane
DIVISION	Premiership London/South	
MATCH	3	
P/FINISH	YES	1

Date 07/08/2021

Venue THAMES VALLEY ATHLETICS CENTRE (ETON)

Host Club Windsor Slough Eton &amp; Hounslow AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
A	Blackheath & Bromley Harriers AC	B&B		226.6	29.1	142.6	398.3
B	Southampton AC	Soton		175.9	18.1	133.3	327.2
C	Thames Valley Harriers	TVH		274.5	32.0	247.6	554.1
D	Windsor Slough Eton & Hounslow AC	WSEH		239.4	30.7	179.3	449.4
-							

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L
1	Thames Valley Harriers	554.1				554.1	
2	Windsor Slough Eton & Hounslow AC	449.4				449.4	
3	Blackheath & Bromley Harriers AC	398.3				398.3	
4	Southampton AC	327.2				327.2	
5							

TOTAL EVENTS	38
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	43
REMAINING	<u>5</u>



NATIONAL ATHLETICS LEAGUE 2021

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****100m Men A**

Posn	No.	Athlete	Club	Perf
			Wind	+2.7
1	B	Daniel OFFIAH	Soton	10.55
2	D	Alex HAYDOCK-WILSON	WSEH	10.60
3	A	Korede AWE	B&B	10.69
4	C	Luke LENNON-FORD	TVH	10.75
5				
6				

**100m Men B**

Posn	No.	Athlete	Club	Perf
			Wind	+0.3
1	AA	Daniel PUTNAM	B&B	10.69
2	AX	Zac NWOGWUGWU (U20)	B&B NS	10.89
3	BB	Daniel TRUEEMAN	Soton	11.04
4	CC	Reece EARLE (U17)	TVH	11.06
5	DD	Geiovannie SEALY (U20)	WSEH	11.17
6	BX	Joshua PARRY	Soton NS	11.21

**200m Men A**

Posn	No.	Athlete	Club	Perf
			Wind	01.90
1	D	Alex HAYDOCK-WILSON	WSEH	20.89
2	C	Jason HOYLE	TVH	21.84
3	A	Zac NWOGWUGWU (U20)	B&B	22.09
4	B	Jack HIGGINS	Soton	22.51
5				
6				

**200m Men B**

Posn	No.	Athlete	Club	Perf
			Wind	01.00
1	AA	Daniel PUTNAM	B&B	21.64
2	DD	Geiovannie SEALY (U20)	WSEH	22.43
3	CC	Nicholas ATWELL	TVH	22.75
4	DX	Pelumi BABALOLA (U20)	WSEH NS	22.90
5	BB	Matthew BILLINGTON	Soton	23.47
6				

**400m Men A**

Posn	No.	Athlete	Club	Perf
1	A	Samuel REARDON (U20)	B&B	47.03
2	C	Luke LENNON-FORD	TVH	47.25
3	D	Isaac OSEI-TUTU	WSEH	48.03
4	B	Jack HIGGINS	Soton	48.77
5				
6				

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	AA	Daniel PUTNAM	B&B	47.58
2	CC	Jason HOYLE	TVH	48.10
3	DD	Orukpe ERAIYOKAN	WSEH	48.98
4	AX	Pablo SEEMA ROCA (U20)	B&B NS	49.95
5	BB	Ciaran DUNNION	Soton	50.75
6	DX	Tom HUNTER (U20)	WSEH NS	52.01

**800m Men A**

Posn	No.	Athlete	Club	Perf
1	C	Basil ROCK (U20)	TVH	01:58.60
2	D	Dereece GREEN	WSEH	01:59.30
3	B	Scott PULLEY	Soton	02:00.40
4	A	Coleman CORRY	B&B	02:02.60
5				
6				

**800m Men B**

Posn	No.	Athlete	Club	Perf
1	CC	Thomas TAYLOR	TVH	01:59.50
2	DD	Jordi EVANS-RODRIGUEZ (U20)	WSEH	02:00.00
3	BB	Jim DAVIES	Soton	02:04.11
4				
5				
6				

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	D	Luke DINSMORE	WSEH	03:59.81
2	CC	Oliver NEWTON	TVH	04:05.98
3	A	Tom BRASH (U20)	B&B	04:11.29
4	B	Scott PULLEY	Soton	04:23.32
5				
6				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	C	Niki FAULKNER	TVH	04:08.13
2	DD	Luke-lom HYNES (U20)	WSEH	04:13.20
3	CX	Jake HOOLEY	TVH NS	04:17.53
4	AA	Daniel KENNEDY	B&B	04:26.72
5	BB	Kevin YATES	Soton	04:40.77
6				379

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021**

**3000m Men A**

Posn	No.	Athlete	Club	Perf
1	C	Myles EDWARDS	TVH	08:32.65
2	B	Sam COSTLEY	Soton	08:37.80
3	A	Mark CAGE	B&B	09:37.40
4	D	Sebastian CIRILLO	WSEH	DNF
5				
6				

REC **3000m Men B**

Posn	No.	Athlete	Club	Perf
1	CC	Antonio SILVA	TVH	08:34.92
2	BB	Jim DAVIES	Soton	09:27.02
3	AA	Daniel KENNEDY	B&B	10:02.07
4				
5				
6				

**3000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	C	Oliver NEWTON	TVH	10:07.75
2	D	Sebastian CIRILLO	WSEH	10:15.16
3	A	Daniel KENNEDY	B&B	10:52.62
4	B	Kevin YATES	Soton	11:56.11
5				
6				

**3000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	CC	Robert VALLANCE	TVH	10:28.31
2				
3				
4				
5				
6				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	C	Chris MCALISTER	TVH	49.70	
2	D	Tyri DONOVAN	WSEH	50.83	
3	A	Bailey STICKINGS	B&B	52.87	
4	B	Callum GREGSON (U20)	Soton	60.07	
5					
6					

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	CC	Samuel CLARKE	TVH	52.21	
2	CX	Andrew Dami AJUBE	TVH NS	53.97	
3	AA	Richard MORRIS	B&B	56.35	
4	DD	Michael LOUISE	WSEH	60.56	
5					
6					

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	C	Samuel CLARKE	TVH	14.69
2	A	Rico COTTELL	B&B	15.03
3	D	Callum MCKAY	WSEH	15.96
4				
5				
6				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	AA	Alexander NWENWU	B&B	15.92
2	CC	Florian VOGEL	TVH	16.24
3	AX	Richard MORRIS	B&B NS	16.85
4	DD	Michael LOUISE	WSEH	17.06
5				
6				

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	31	Dan Offiah	Soton	10.56	+2.8
2	32	Dan Truman	Soton	11.01	
3	33	Josh Parry	Soton	11.13	
4	91	Maxime Haydock-wilson	WSEH	11.51	
5	93	Oliver Cloherty	WSEH	11.82	
6	92	James Badham	WSEH	11.87	
7					
8					

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	DX	Pelumi Babalola	WSEH NS	11.41	+0.3
2					
3					
4					
5					
6					
7					
8					

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Ogo ANOCHIRIONYE	TVH	6.51 +0.0
2	D	Rico LIONETTI (U20)	WSEH	6.42 +0.0
3	B	Brian THOMPSON	Soton	4.92 +0.0
4				
5				
6				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	CC	Nicholas ATWELL	TVH	5.38 -2.9
2	BB	Kevin YATES	Soton	4.80 -1.4
3				
4				
5				
6				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Joel KHAN	TVH	2.20
2	D	Lionel OWONA (U20)	WSEH	2.10
3	B	Adam JONES	Soton	2.00
4	A	Barnaby CORRY (U20)	B&B	1.70

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	CC	Noor-Eldin MAHMOUD (U17)	TVH	1.90
2	BB	Callum GREGSON (U20)	Soton	1.70
3	DD	Dylan VAL (U20)	WSEH	1.65

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	CC	Jude BRIGHT-DAVIES	TVH	15.55
2	DD	Moyin EYIOWAUWI (U20)	WSEH	12.85
3	BB	Brian THOMPSON	Soton	10.18
4				
5				
6				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	C	Sam TRIGG-PETROVIC	TVH	15.07
2	D	Rico LIONETTI (U20)	WSEH	11.53
3				
4				
5				
6				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Stanislav VILGA	TVH	3.50
2	A	Barnaby CORRY (U20)	B&B	2.90
3	BB	Brian THOMPSON	Soton	2.50

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	B	Derek WARN	Soton	2.50
2	CC	Florian VOGEL	TVH	2.50

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	B	Joshua DOUGLAS	Soton	12.94
2	C	Fraser WRIGHT	TVH	12.55
3	AA	Alexandre POPE	B&B	11.79
4	D	Peter MORENO	WSEH	11.62
5				
6				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	CC	Jamie POTTON-BURRELL	TVH	11.20
2	A	Dele ALADESE	B&B	10.94
3	BB	Derek WARN	Soton	6.82
4	DD	Naman SHARMA (U20)	WSEH	6.39
5				
6				

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	B	Christopher SCOTT	Soton	53.27
2	A	Dele ALADESE	B&B	46.68
3	DD	Thomas NORMAN	WSEH	45.30
4	C	Fraser WRIGHT	TVH	40.71
5				
6				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	BB	Joshua DOUGLAS	Soton	45.49
2	AA	Alexandre POPE	B&B	35.12
3	CC	Samuel MACE	TVH	34.94
4	D	Naman SHARMA (U20)	WSEH	28.51
5				
6				

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	D	Bayley CAMPBELL	WSEH	62.08
2	C	Samuel MACE	TVH	52.80
3	B	Kevin ACRAMAN	Soton	41.17
4	A	Charlie SHORT	B&B	31.91
5				
6				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	CC	Jamie POTTON-BURRELL	TVH	50.39
2	DD	Iain BOTTING	WSEH	49.67
3	BB	Joshua DOUGLAS	Soton	39.97
4				
5				
6				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	C	Gavin JOHNSON ASSOON	TVH	63.74
2	D	Michael ALLISON (U20)	WSEH	54.22
3	A	Angus HARRINGTON	B&B	44.29
4	B	Adam JONES	Soton	27.57
5				
6				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	DD	Peter MORENO	WSEH	38.01
2	CC	Florian VOGEL	TVH	33.80
3	AA	Coleman CORRY	B&B	30.09
4	BB	Derek WARN	Soton	20.51
5				
6				

**4 x 100m Men A**

Posn	No.	Runners	Perf
1	A	Bailey STICKINGS Korede AWE Rico COTTELL Zac NWOGWUGWU (U20)	B&B 42.32
2	C	Josh KELLY (U20) Nicholas ATWELL Luke LENNON-FORD Reece EARLE (U17)	TVH 42.37
3	D	Maxime HAYDOCK-WILSON (U20) Pelumi BABALOLA (U20) Rico LIONETTI (U20) Geiovannie SEALY (U20)	WSEH 44.33
4	B	Daniel OFFIAH Jack HIGGINS Callum GREGSON (U20) Calum BRESSINGTON	Soton 44.44
5			
6			

**4 x 400m Men A**

Posn	No.	Runners	Perf
1	C	Samuel CLARKE Jason HOYLE Chris MCALISTER Luke LENNON-FORD	TVH 03:09.63
2	D	Isaac OSEI-TUTU Orukpe ERAIYOKAN Tyri DONOVAN Alex HAYDOCK-WILSON	WSEH 03:09.75
3	A	Bailey STICKINGS Samuel REARDON (U20) Pablo SEEMA ROCA (U20) Coleman CORRY	B&B 03:17.48
4	B	Ciaran DUNNION Calum BRESSINGTON Callum GREGSON (U20) Jack HIGGINS	Soton 03:35.52
5			
6			

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****100m Women A**

Posn	No.	Athlete	Club	Perf
			Wind	1.1
1	C	Rachel MILLER	TVH	11.91
2	D	Harriet JONES	WSEH	12.09
3	A	Modupe SHOKUNBI	B&B	12.30
4	B	Jasmine MCCLUTCHIE	Soton	12.80
5				
6				

**100m Women B**

Posn	No.	Athlete	Club	Perf
			Wind	2.5
1	CC	Annie TAGOE	TVH	11.96
2	CX	Sileena FARRELL (U20)	TVH NS	12.07
3	AA	Anastasia DAVIES	B&B	12.10
4	DD	Jacqueline GYAMFI	WSEH	12.52
5	DX	Liana WILLIAMS (U17)	WSEH NS	12.56
6	BB	Fleur HOLLYER (U20)	Soton	13.30

**200m Women A**

Posn	No.	Athlete	Club	Perf
			Wind	01.40
1	C	Annie TAGOE	TVH	24.45
2	D	Jess ARMAH	WSEH	25.35
3	A	Zsiriah THOMAS (U20)	B&B	25.93
4	B	Fleur HOLLYER (U20)	Soton	27.47
5				
6				

**200m Women B**

Posn	No.	Athlete	Club	Perf
			Wind	01.30
1	DD	Phoebe FENWICK	WSEH	25.53
2	CC	Jessica TAPPIN	TVH	25.69
3	AA	Achieng ONEKO (U20)	B&B	26.56
4	BB	Chloe ERRINGTON (U20)	Soton	28.56
5				
6				

**400m Women A**

Posn	No.	Athlete	Club	Perf
1	A	Krystal GALLEY	B&B	56.66
2	C	Linnea KILLANDER	TVH	56.77
3	D	Lucy CHALMERS (U20)	WSEH	57.24
4	B	Hannah BROWN	Soton	58.75
5				
6				

**400m Women B**

Posn	No.	Athlete	Club	Perf
1	CC	Nicole KENDALL	TVH	53.49
2	DD	Hannah KNIGHTS	WSEH	59.78
3	CX	Alice HARRAY	TVH NS	60.76
4	AA	Stephanie FISHER	B&B	62.31
5				
6				

**800m Women A**

Posn	No.	Athlete	Club	Perf
1	A	Amarisa SIBLEY (U17)	B&B	02:10.90
2	C	Alex MUNDELL	TVH	02:13.54
3	B	Catriona WITCOMBE	Soton	02:13.99
4	D	Jasmine YOUNG (U20)	WSEH	02:19.99
5				
6				

**800m Women B**

Posn	No.	Athlete	Club	Perf
1	BB	Lucy SHORT	Soton	02:18.79
2	AA	Leah EVERSON	B&B	02:22.26
3	DX	Nathalie THOMPSON	WSEH NS	02:27.19
4	CX	Georgia HANLEY	TVH NS	02:28.59
5	DD	Caroline JOHNSON	WSEH	
6	CC	Catherine ALLEN	TVH	

**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	A	Niamh BRIDSON-HUBBARD	B&B	04:38.36
2	B	Annie MANN (U17)	Soton	04:39.29
3	D	Jasmine YOUNG (U20)	WSEH	04:43.25
4	C	Sarah JOHNSON	TVH	04:44.96
5				
6				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	CC	Lisa DA SILVA	TVH	05:05.91
2	DD	Amber CLARKE	WSEH	05:10.34
3	BB	Sarah KINGSTON	Soton	05:13.52
4	CX	Niamh MURPHY (U20)	TVH NS	05:20.54
5				
6				

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****3000m Women A**

Posn	No.	Athlete	Club	Perf
1	C	Dani CHATTENTON	TVH	09:27.94
2	A	Niamh BRIDSON-HUBBARD	B&B	09:40.68
3	BB	Catriona WITCOMBE	Soton	10:17.63
4	D	Charlotte FIRTH	WSEH	10:19.61
5				
6				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	CC	Sarah JOHNSON	TVH	10:07.15
2	B	Nicole FRITH	Soton	10:24.75
3	DD	Jenni BALL	WSEH	10:49.81
4	CX	Catherine ALLEN	TVH NS	10:58.34
5	AA	Amy LEACH	B&B	12:17.39
6				

**2000m S/Chase Women A**

Posn	No.	Athlete	Club	Perf
1	D	Alex BARBOUR	WSEH	06:52.09
2	A	Morgan SQUIBB (U20)	B&B	07:09.18
3	C	Stephanie AINLEY	TVH	07:16.38
4				
5				
6				

**2000m S/Chase Women B**

Posn	No.	Athlete	Club	Perf
1	CC	Rosie VALLANCE	TVH	07:35.86
2	DD	Maya HODGSON	WSEH	07:41.24
3	CX	Tash MUNDELL	TVH NS	08:32.47
4				
5				
6				

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	C	Nicole KENDALL	TVH	55.93
2	A	Alex HILL	B&B	61.00
3	D	Orla BRENNAN (U20)	WSEH	63.90
4	B	Alexandra BURCHILL	Soton	67.27
5				
6				

REC

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1	CC	Jessica TAPPIN	TVH	57.69
2	DD	Hannah KNIGHTS	WSEH	65.07
3	DX	Millicent RUSSELL (U20)	WSEH NS	68.41
4	BB	Tabitha PROUDLEY (U20)	Soton	73.19
5				
6				

**100m Hurdles Women A**

Posn	Athlete	Club	Perf	Wind	+0.0
1	D Megan MARRS	WSEH	13.51		
2	A Anastasia DAVIES	B&B	13.70		
3	C Angelita BROADBELT-BLAKE	TVH	13.92		
4					
5					
6					

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1	DD	Harriet JONES	WSEH	14.54		
2	AA	Shakanya OSAHON (U20)	B&B	14.67		
3	CC	Annie TAGOE	TVH	22.25		
4						
5						
6						

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf	Wind	+0.5
1	61	Jess Tappin	TVH	12.14		
2	94	Lara Pleave	WSEH	12.19		
3	95	Kennedy Bays	WSEH	13.02		
4	36	Emily Fry	Soton	13.65		
5						
6						
7						
8						

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf	Wind	+0.0
1						
2						
3						
4						
5						
6						
7						
8						



**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****Long Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	B	Mary ELCOCK	Soton	5.67 -0.3
2	D	Suzanne PALMER	WSEH	5.53 -1.5
3	C	Lia STEPHENSON	TVH	5.47 -0.5
4	A	Zara Asante	B&B	5.13 +0.0
5				
6				

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Kerstin POHLMANN	TVH	4.94 -2.9
2	BB	Emily FRY	Soton	4.85 +0.0
3				
4				
5				
6				

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Pippa ROGAN	TVH	1.75
2	A	Deborah MARTIN	B&B	1.70
3	D	Camellia HAYES	WSEH	1.65

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Molly HOLE (U20)	TVH	1.60
2	DD	Calia LOGAN-GRIFFIN (U20)	WSEH	1.31

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Montana JACKSON	TVH	12.46 -0.9
2	A	Zara Asante	B&B	11.92 -1.4
3	B	Mary ELCOCK	Soton	11.03 -0.8
4				
5				
6				

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Kerstin POHLMANN	TVH	10.69 -0.3
2				
3				
4				
5				
6				

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf
1	C	Molly CAUDERY	TVH	4.25
2	D	Liska NOWERS (U20)	WSEH	3.40
3	A	Lois WARDEN (U20)	B&B	3.20

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Clare MAURER	TVH	3.40
2	AA	Liz HUGHES	B&B	3.00

**Shot Women A**

Posn	Bib	Athlete	Club	Perf
1	D	Suzanne PALMER	WSEH	11.84
2	AA	Zara OBAMAKINWA (U20)	B&B	10.96
3	C	Sophie MACE	TVH	10.56
4	B	Emily FRY	Soton	7.40
5				
6				

**Shot Women B**

Posn	Bib	Athlete	Club	Perf
1	A	Hannah MACAULAY	B&B	10.67
2	CC	Jessica TAPPIN	TVH	10.27
3	DD	Calia LOGAN-GRIFFIN (U20)	WSEH	7.18
4				
5				
6				

**NATIONAL ATHLETICS LEAGUE THAMES VALLEY ATHLETICS CENTRE (ETON) Match 3 07/08/2021****Discus Women A**

Posn	Bib	Athlete	Club	Perf
1	D	Amy HOLDER	WSEH	50.92
2	C	Kathryn WOODCOCK	TVH	46.78
3	A	Zara OBAMAKINWA (U20)	B&B	46.37
4	B	Elizabeth ADAMSON (U20)	Soton	33.31
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**Discus Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Sophie MACE	TVH	44.77
2	DD	Rachael DENTON-SNAPE	WSEH	34.21
3	AA	Hannah MACAULAY	B&B	32.31
4	BB	Emily FRY	Soton	13.26
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**Hammer Women A**

Posn	Bib	Athlete	Club	Perf
1	B	Anna MERRITT (U20)	Soton	50.84
2	C	Katie LAMBERT	TVH	49.70
3	A	Molly WALSH	B&B	48.36
4	D	Rachael DENTON-SNAPE	WSEH	44.63
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**Hammer Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Sophie MACE	TVH	44.96
2	DD	Barbara NORRIS	WSEH	39.11
3	BB	Emily FRY	Soton	17.59
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**Javelin Women A**

Posn	Bib	Athlete	Club	Perf
1	D	Hannah JOHNSON	WSEH	44.85
2	C	Emma HOWE	TVH	41.05
3	AA	Zara Asante	B&B	20.04
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**Javelin Women B**

Posn	Bib	Athlete	Club	Perf
1	CC	Lauren BRITANE	TVH	40.35
2	DD	Jardae HODGE-SPENCER (U20)	WSEH	37.13
3	A	Lois WARDEN (U20)	B&B	15.42
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**4 x 100m Women A**

Posn	No.	Runners	Perf
1	C	Sileena FARRELL (U20) Rachel MILLER Jessica TAPPIN Annie TAGOE	TVH 46.72
2	A	Anastasia DAVIES Zsiriah THOMAS (U20) Modupe SHOKUNBI Achieng ONEKO (U20)	B&B 48.09
3	D	Kennedy BAYS Harriet JONES Jess ARMAH Liana WILLIAMS (U17)	WSEH 48.29
4	B	Chloe ERRINGTON (U20) Hannah BROWN Fleur HOLLYER (U20) Tabitha PROUDLEY (U20)	Soton 56.99
5			
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**4 x 400m Women A**

Posn	No.	Runners	Perf
1	D	Lucy CHALMERS (U20) Phoebe FENWICK Orla BRENNAN (U20) Jessie KNIGHT	WSEH 03:43.57
2	C	Alice HARRAY Linnea KILLANDER Rachel MILLER Montana JACKSON	TVH 03:58.50
3	A	Amarisa SIBLEY (U17) Stephanie FISHER Niamh BRIDSON-HUBBARD Morgan SQUIBB (U20)	B&B 04:03.84
4	B	Chloe ERRINGTON (U20) Hannah BROWN Fleur HOLLYER (U20) Tabitha PROUDLEY (U20)	Soton 04:20.77
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