

NEW

Partner Support Clinic



Brighton & Hove Parenting Team are pleased to offer this new service to support families to help enhance their teamwork as parenting partners. These sessions will cover:

Learn a variety of positive communication tools,
Work together to problem solve,
Understand conflict resolution skills.



What?

We offer each couple a course of 3 sessions at our weekly clinic with a Triple P trained Parenting Practitioner (attending as a couple every other week for 6 weeks).

Where?

Wednesdays - 4.00 to 5.30pm or 6 to 7.30pm Dates: 24 Apr, 8 May, 22 May,	Tarner Children's Centre, Ivory Place, BN2 9QE
Wednesdays - 4.00 to 5.30pm or 6 to 7.30pm Dates: 1 May, 15 May, 5 Jun	Hangleton Community Centre, Harmsworth Crescent, Hove BN3 8BW
Thursdays – 9.30 to 11am or 11.30 to 1pm Dates: 20 Jun, 4 Jul, 18 Jul	Moulsecoomb Children Centre, Hodshrove Lane, Brighton BN24SE
Wednesdays - 9.30 to 11am or 11.30 to 1pm 12 Jun, 26 June, 10 Jul	1 Regency Road, Brighton BN1 2RU

How?

- Ask a professional worker currently involved with your family to refer you into this service
- Discuss this further when talking to the Front Door for Families
- When attending an Introduction session for Triple P work -request this work via a preference form.

Or call the Parenting Team for further details on 01273 294471