Friday 22\textsuperscript{nd} March 2019

Thank you to Mrs Langston and Miss Kelly for arranging the book fair this week. It was our first time using 'The Book People' company instead of Scholastic book fair - so please do let me know your thoughts and feedback, via the Comments and Suggestions box in the school office. Thank you to everyone who attended the RSE and Year 6 SATS meetings this week.

Miss Kondo

NEW ARRIVALS to Nursery
Nursery have had a fabulous time watching the chicks hatch this week.

1KK entertained us with a fun and fact filled assembly about George and the Dragon last week!

The Big Pedal
Next week is the start of the Big Pedal. Every day the number of children's journeys to school by bike, scooter or walking will be logged onto the Big Pedal website. West Acton Primary will be competing against other schools in Ealing and from around the U.K for prizes. So if at all possible, please travel to school all next week by bike scooter or by walking to give us the best chance to win lots of prizes!

200 Million Minutes Reading Challenge!
Keep on Reading and filling in your minutes.

IMPORTANT DATES
29/3 - 4SS Assembly 9am, Jubilee Hall
29/3 - Drop in Session with Pupil and Family worker-Ruth Cullinan
Please sign up at the school office to make an appointment

Parent/Carer Book Look
02/04 – 3:30pm to 4pm & 6:30pm to 7pm
03/04 – 8:30am to 8:55am

Parent/ Carer Forum:
03/04 – 9am in the Victoria Hall

It’s that time of year again! Time for us all to dust off our dancing shoes, blow the cobwebs out of our vocal chords and wow everyone with our incredible magic tricks! What hidden talents do you harbour? Start practicing now ready to audition on your year group’s audition day. Auditions are held during lunch time. Anyone interested should sign up outside the music room. Let’s make this the most talented year yet!!

Audition dates:
Friday 22\textsuperscript{nd} March: Year 6
Friday 29\textsuperscript{th} March: Year 5
Friday 26\textsuperscript{th} April: Year 4
Friday 3\textsuperscript{rd} May: Year 3

WAGT FINAL:
6pm Thursday 23\textsuperscript{rd} May
Tip of the week from Lia the school counsellor

Dinner: Nurturing Family Connection
Often, dinner can feel like such a chore, even a mission, that you just want to get through. However, studies show that having dinner together as a family is a top predictor for how well children will do in school and in adolescence. The ritual of sharing food with those we love offers children the security of belonging, being nurtured and a space to talk and share.

How can parents help?
Try to have at least a few nights a week when you can all eat together. Keep that space sacred, safe and positive and, most importantly, switch off the TV and all devices- including your own phones! It is helpful to keep dinner fun and playful and to engage everyone in preparing the meal and/or setting the table. Think of rituals you can put in place and try to make the discussions interesting for everyone. And the first secret is to keep the food healthy but simple: look after yourself and save your energy for connecting with your family.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

World Water Day is celebrated on 22nd March every year. This day focuses on taking action to tackle the water crisis. Today, 1.8 billion people use a source of drinking water contaminated with faeces, putting them at risk of contracting cholera, dysentery, typhoid and polio. Wherever you are and whatever you do on March 22nd, make it about water.

Why not visit the World Water Day website to find out more.

www.worldwaterday.org

EASTER BONNET PARADE
Reception
2.40pm - Thursday 4th April

EASTER BONNET PARADE
Year 1 and Year 2
12.40 pm - Friday 5th April

SPRING SING
Year 3 and Year 4
9.00am - Thursday 4th April

SPRING SING
Year 5 and Year 6
9.00am - Friday 5th April