

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Ladygrove Park
Menu 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main Spaghetti Bolognese Vegetable Bolognese	Sauces with Baked Potato Wedges and Gravy Quorn Sauces with Baked Potato Wedges and Gravy	Roast Chicken with Roast Potatoes & Gravy Roast Quorn with Roast Potatoes & Gravy	Chicken and Bean Fajitas with Rice Vegetable Fajitas with Rice	Fish Fingers, Chips and Tomato Sauce Cheese and Pepper Whirl with Chips
Vegetarian	Carrots Garden Peas Slicky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Sweetcorn Green Beans Chocolate and Beefroot Brownie Yoghurt Fresh Fruit Salad	Fresh Mixed Seasonal Vegetables Chocolate Cocoa Cookie Yoghurt Fresh Fruit Platter	Carrots & Cauliflower Iced sponge Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Fruit and Yoghurt Station
22nd April 13th May 10th June 1st July	Dessert				
Week 2	Main Beef Burger in a Bun with Baked Jacket Wedges	BBQ Chicken with 50/50 Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers, Chips, Tomato Sauce
Vegetarian	Quorn Burger in a Bun with Baked Jacket Wedges Carrot & Peas	Macaroni Cheese Green Beans Sweetcorn	Roast Quorn with Roast Potatoes & Gravy Fresh Mixed Seasonal Vegetables	Vegetable Lasagne with Garlic Bread Broccoli Sweet corn	Vegetable Pasty with Chips Baked Beans Garden Peas
29th April 20th May 17th June 8th July	Dessert Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Peach Upside Down Cake with Custard Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station
Week 3	Main Wholemeal Chicken & Sweetcorn Pizza with New Potatoes	Beef Meatballs with Mashed Potato and Gravy	Roast Chicken with Roast Potatoes & Gravy	Chicken Tikka Masala with Rice & Curry Bread	MSC Fish Fingers, Chips, Tomato Sauce
Vegetarian	Wholemeal Cheese and Tomato Pizza with New Potatoes Sliced Carrots & Green Salad	Jacket Potato with Tuna, Cheese or Baked Beans Sweetcorn Diced Peppers	Quorn Roast with Roast Potatoes & Gravy Green Cabbage & Cauliflower	Lentil and Sweet Potato Curry with Rice & Curry Bread Tomato & Onion Salad Broccoli	Red Pepper and Cheese Frittata with Chips Garden Peas Baked Beans
6th May 3rd June 24th June 15th July	Dessert Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Salad	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Apple Pie with Custard Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station

