

Gildersome Primary Weekly Menu

Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal, local produce wherever possible

Week 1: 25.02.19, 18.03.19, 22.04.19, 13.05.19, 10.06.19, 01.07.19, 22.07.19

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--------------------------------------|--|
| Dish of the Day | Chicken Curry with Rice or Chapatti | Savoury Mince with Dumplings | Spaghetti with Meatballs in a Tomato Sauce | Fish Fingers with Diced Potatoes | Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes |
| Dish of the Day 2 (v) | Cheesy Pasta with Homemade Tomato Garlic Bread | Vegetarian Sausage Hotpot | Vegetable Curry with Rice | Cheesy Bean Wrap with Diced Potatoes | Vegetarian Cottage Pie with Yorkshire Pudding and Roast Potatoes |
| Fresh Seasonal Vegetable Selection | Sweetcorn and Peas | Broccoli and Carrots | Cauliflower and Peas | Peas | Carrots and Seasonal Greens |
| Daily Salad Bar Selection | | | | | |
| Sandwich of the Day | Ham | Cheese (v) | Tuna | Egg Mayonnaise (v) | Hot Roast Baguette |
| Oven Baked Jacket Potato | Chicken Curry | Tuna | Cheese (v) | Baked Beans (v) | |
| Desserts | Seasonal Fruit Crumble with Custard | Cheese and Crackers with Apples Wedges and Grapes | Lemon Cake | Chocolate Yoghurt Slice | Fun Fruit Friday |

Please note all sandwiches are served with potato of the day or if this is not appropriate then served with pasta or rice salad from the salad bar

If you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321










yoghurts & fresh fruit available daily
 PRODUCE FROM LOCAL GROWERS
 freshly prepared
 red tractor standards
 Free Range Eggs - Locally sourced
 FRESH FRUIT & VEGETABLES
 MSC & Sustainable Fish
 Locally sourced UK farm assured meat
 All menu items are subject to availability

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Week 2: 04.03.19, 25.03.19, 29.04.19, 20.05.19, 17.06.19, 08.07.19

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------------------------|---|--|---|--|
| Dish of the Day | Chicken Curry with Naan | Pulled Pork Wrap with Rice Salad | Chicken and Broccoli Pasta | Crispy Salmon Fillet with Homemade Jacket Wedges | Roast Beef with Yorkshire Pudding, Mashed and Roast Potatoes |
| Dish of the Day 2 (v) | Omelette with Crusty Bread | Homemade Cheese and Onion Roll served with New Potatoes | Margarita Pizza with Homemade Herby Diced Potatoes | Crispy Vegetable Grill with Tomato Salsa and Homemade Jacket Wedges | Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes |
| Fresh Seasonal Vegetable Selection | Sliced Green Beans and Sweetcorn | Carrots and Broccoli | Peas and Cauliflower | Peas and Sweetcorn | Roasted Seasonal Vegetables |
| Daily Salad Bar Selection | | | | | |
| Sandwich of the Day | Cheese (v) | Egg Mayonnaise (v) | Tuna Wrap | Cheese (v) | Hot Roast Baguette |
| Oven Baked Jacket Potato | Chicken Curry | Baked Beans (v) | Cheese (v) | Tuna | |
| Desserts | Vanilla Ice Cream with Sliced Peaches | Cheese and Oatmeal Biscuits served with Dried Apricots and Grapes | Oaty Apple Crumble with Custard | Butterscotch Cookie with Fresh Fruit Wedges | Fun Fruit Friday |

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Week 3: 11.03.19, 15.04.19, 06.05.19, 03.06.19, 24.06.19, 15.07.19

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---------------------------------------|--|--|--|
| Dish of the Day | Chicken Curry with Rainbow Rice | Pork Sausage with Mashed Potato | Chicken Breast Fillet served in a Bun served with Homemade Potato Wedges | Battered Fish and Chips | Roast Turkey with Yorkshire Pudding, Mashed and Roast Potatoes |
| Dish of the Day 2 (v) | Vegetarian Meatball Sub with Rainbow Rice | Vegetarian Sausage with Mashed Potato | Vegetable Lasagne | Tortilla Pizza served with Chips | Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes |
| Fresh Seasonal Vegetable Selection | Peas and Sweetcorn | Carrots and Broccoli | Cauliflower and Sliced Green Beans | Peas or Baked Beans | Broccoli, Carrot and Swede |
| Daily Salad bar Selection | | | | | |
| Sandwich of the Day | Wholemeal Egg Mayonnaise (v) | Tuna | Cheese Bap (v) | Ham | Hot Roast Baguette |
| Oven Baked Jacket Potato | Chicken Curry | Cheese (v) | Tuna | Baked Beans (v) | |
| Desserts | Fruity Oat Slice | Apple Sponge with Custard | Cheese and Crackers with Apple Wedges and Sultanas | Chocolate Brownie Bite with Fresh Fruit Wedges | Fun Fruit Friday |

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 Soil Association
 
 Locally sourced UK farm assured meat
 
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