



# West Acton PRIMARY SCHOOL

Friday 29<sup>th</sup> March 2019

On Tuesday we were visited by three other Ealing Headteachers as part of a 'Peer Review' process, whereby we visit each other's schools and investigate areas that the school is working on. I asked them to look at our work on writing, assessment and Wellbeing. The feedback we received about our pupils and staff was fantastic and not to mention well deserved. They recognised all our efforts in these areas and were particular impressed with the children's handwriting and vocabulary and how well our staff support their learning. A very proud day for West Acton and huge thank you to staff and the children for all their hard work.

Miss Kondo



1AA gave us a real treat of an assembly last week - how it is wonderful to be unique.

School is out for  
Spring!  
Last day of term

Friday 5<sup>th</sup> April at  
1.30pm.

## Toilet Behaviour

Unfortunately I have had too many reports of bad behaviour in the toilets.

School Council have worked on a toilet charter and we would like every child to sign it and contribute 50p towards buying a toilet block in a school in Africa.

We hope that by encouraging our pupils to think about children who not have clean water or toilets they will be more respectful of ours.

It is vital the behaviour in the toilets improves – please do speak to your child about this. Thank you.

## IMPORTANT DATES

### Parent/Carer Book Look

02/04 – 3:30pm to 4pm & 6:30pm to 7.00pm

03/04 – 8:30am to 8:55am

### Parent/ Carer Forum:

02/04 – 2.45pm -3.15pm & 6.30pm -7.00pm

03/04 – 9am in the Victoria Hall



### Audition dates:

Friday 26<sup>th</sup> April: Year 4

Friday 3<sup>rd</sup> May: Year 3

### WAGT FINAL:

6pm Thursday 23<sup>rd</sup> May

## Tip of the week from Lia the school counsellor

### What to do when you feel your temper rising...

We all have triggers- our children certainly do and so do we! So what can you do when you feel your temper rising? We often feel an urgent need to DO something, but that is our emergency response system operating. Quite often, however, you do not need to DO anything... other than notice what you are feeling, breathe your way through it and restore yourself to calm before you act.

### How can parents help?

First of all, know your triggers. Notice them, as well as what happens in you when your buttons have been pushed. If you can catch it early, you are more likely to feel you have a choice in your response. If no physical intervention is absolutely required (in safety situations), just hold still and breathe. Resist taking action for now and work hard to see things from your child's point of view: what do they need your help with? Finally, always choose love, not fear: set a limit but do it with empathy, move into a playful mode and always be ready to offer a hug.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Tuesdays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at [younl206.307@lgflmail.net](mailto:younl206.307@lgflmail.net).



### Please joins us next week for...

#### EASTER BONNET PARADE

Reception

2.40pm - Thursday 4<sup>th</sup> April

#### EASTER BONNET PARADE

Year 1 and Year 2

12.40 pm - Friday 5<sup>th</sup> April

(Reception, Years 1 & 2 are encouraged to make Easter Bonnets for the Parades)



#### SPRING SING

Year 3 and Year 4

9.00am - Thursday 4<sup>th</sup> April

#### SPRING SING

Year 5 and Year 6

9.00am - Friday 5<sup>th</sup> April

Parents/carers welcome.

