

*Warriors of learning and challenge***ANDERTON PARK NEWSLETTER****Issue No. 25****0121 464 1581****20<sup>th</sup> March 2019****www.andertonparkschool.org.uk, Twitter: @AndertonPark****Foodbank**

We know that having enough food over the holiday period can be difficult for some families. We are working with a foodbank to help provide some support over the holiday periods. If you feel that receiving some food and other shopping over the Easter holidays would be helpful please get in touch with the school office or talk to one of the Learning Mentors.

**Times tables**

Times tables are a vital piece of knowledge that all of us need to learn. Next year national times table tests will be introduced for all Year 4. To help children in Years 3-6 learn their times tables, we now have access to a fantastic and fun tool called Times Tables Rockstars. Letters will be going home this week that contain each individual child's login details to login to Times Table Rockstars. You can access it on any tablet, phone or computer with internet access can use it. Just search for 'Times table Rockstars'.

**Games Café**

Once again the Games Café was a great success. Thank you to everyone who attended, we hope you found it a great opportunity to meet each other and have some fun. We look forward to seeing you there again next week! The next Games Café will be on Tuesday 26<sup>th</sup> March 2019 3.30pm - 4.15pm. Collect your children from their classes and join us in the Small Hall. All children must be accompanied by an adult who is responsible for them. Have a look at our Twitter page for photographs.

**Nursery places for September 2019**

If your child was born between September 2015 and August 2016, you can now apply for nursery places for them. Speak to Mrs Bi for an application form for our nursery.

**Concord Youth Centre, Sparkbrook**

You may have already heard of Concord Youth Centre, a centre for young people aged 11 - 25 years old run by Birmingham City Council that is open after 4pm on weekdays. They have loads to offer - education & career support, sports activities, music & arts projects, trip & visits, study spaces and lifestyle & fitness projects. The centre is on Claremount Road, Sparkbrook, B11 1LF. Contact Adill on 07712436319 or Natalie on 07712436324 for more information.

**Want to hire our Sports Hall?**

We have a new lettings policy agreed by the governors which enables people to hire the Sports Hall from 3.30 - 6.00pm, on weekdays. It can only be used for sports or arts purposes. So if you know any aerobics, Zumba or karate teachers, who are looking for a space, please let them know about our Sports Hall. It may be possible to let the hall later in the evening. Please contact school if you are interested. The rates are as follows - £20 per hour, £50 per session (am or pm) or £100 all day.

**Quotes from staff**

We asked staff for their favourite quotes so each week we will give you one of them. This week we have...Mrs Akhtar (4AK) whose favourite quote is "Educating the mind without educating the heart is no education at all" - Aristotle

**Celebration assemblies**

Assemblies for Y1 - 6 take place on Wednesdays at 1.45pm. Y5 & 6 - Large Hall, Y1 & 2 - Sports Hall, Y3 & 4 - Small Hall. Nursery and Reception's assembly will be at **11.00am on Friday 22<sup>nd</sup> March**, in the Sports Hall.

**INSET Day change**

We have made a change to one of our INSET days which was due to be on Friday 26<sup>th</sup> May. This will now be a normal school day for children and the INSET day will instead be on Friday 14<sup>th</sup> June.

**Knife crime concerns**

I'm sure we all share concerns about what we've heard in the news about the recent killings in Birmingham. If anyone would like to work with school to help our community with the prevention of knife crime, please let me know and we can set up a parents' working party. Thank you.

**Y1 Trip to Warwick Castle**

On Tuesday 26<sup>th</sup> March Y1 children will be visiting Warwick Castle. We look forward to hearing about what they've learnt about this wonderful British castle that was originally built in 1068!

**Y4 Trips to Southfields Farm**

Some Y4 children will visit Southfields Farm on Tuesday 26<sup>th</sup> March to add to all the great learning they've already done on Facetime a Farmer.

**World Water Day**

Friday 22<sup>nd</sup> March is World Water Day. This day is aimed at bringing awareness to the issue of the water crisis and addressing the reasons why so many people are being left behind. Find out more here - <https://www.worldwaterday.org/>

**Growth Mindset Quote of the Week**

"You may have to fight a battle more than once to win it" - Margaret Thatcher

**Thankful Thursday - healthy minds**

Gratitude helps to keep our minds healthy and so we have started 'Thankful Thursday.' This involves taking just a little time each Thursday to stop and think about the things you are thankful for. The aim is to help us make thankfulness a habit and cultivate a culture of gratitude. What will you think about tomorrow? Try the exercise below:-

**A MOMENT OF GRATITUDE**

1. Sit or stand straight and still. Close your eyes or look downward.
2. Take three deep breaths in and out.
3. Think of something you feel grateful for today. This is your 'gratitude moment'.
4. Think about how this moment affects your life, or the life of people around you.
5. Notice how you feel when you think about your 'gratitude moment'.
6. Let the feeling grow bigger, spreading from where it is until it fills your entire body.

**Suggested Gratitude Prompts**

- something that someone else did for you today
- a person in your life that you appreciate
- an activity or hobby you are grateful to be able to do
- a positive quality of someone that can sometimes be hard to get along with
- a skill or ability you have
- a part of your body you are grateful for and why
- an item that you love
- something that made you laugh
- what you have learned from something that was hard.

