

*Warriors of learning and challenge***ANDERTON PARK NEWSLETTER****Issue No. 26****0121 464 1581****27th March 2019****www.andertonparkschool.org.uk, Twitter: @AndertonPark****Messages of love & peace to New Zealand**

Thank you for the incredible messages you have created. You should be really proud of your children, their thoughts, maturity & kindness. I have copied them all and will post them to Al Noor Mosque, Christchurch tomorrow. There are no prizes this week. It wasn't about prizes it was about kindness and selflessness. We will be putting some around school. "When the world says 'give up', hope whispers 'try one more time'". Thank you Hayyan in 5MI for these words.

Comic Relief

We raised an amazing £620 for Comic Relief! Thank you to everyone for all your contributions.

Y6 Trip to National Memorial Arboretum

On Monday and Tuesday next week Y6 classes will be visiting the National Memorial Arboretum in Staffordshire 6KE & 6EL will visit on Monday and 6EL & 6BA will visit on Tuesday. We look forward to hearing about all the things they have learnt.

World Autism Awareness Day - 2nd April 2019

On Tuesday next week it is World Autism Awareness Day, an internationally recognised day taking place every year to raise awareness for the National Autistic Society. Autism is a lifelong, developmental disability that affects how a person communicates with and relates to other people, and how they experience the world around them. Visit <https://www.autism.org.uk/> for more details.

Emergency Inhaler Consent Forms

Some parents will have had a form given to them to ask whether they give consent for an emergency inhaler to be administered in the event their child has a medical emergency. Please return this form as soon as possible. Thank you.

INSET Day change

We have made a change to one of our INSET days which was due to be on Friday 26th May. This will now be a normal school day for children and the INSET day will instead be on Friday 14th June.

Equality at APS

Some parents, Mrs Evans and Mrs Hewitt-Clarkson have met and talked about all the aspects of equality we talk about at APS. We've created a grid that we will send out to be clear what we talk about. Thanks to all the parents who have helped with this. We are in school about 32 hours a week. On average we spend about 3 minutes per we discussing the LGBT part of the Equality Act, which is about 1% of the time. Many days or weeks we won't talk about it all. It's the same with disability or age. We spend more time on equality of girls & boys than other areas because that effects everyone.

Parents who are protesting - I've met with a lot of you, but I see some of you protesting who have not ever met with me or asked to meet with me or any Senior Leaders. Please come and see us, you know we are always around to talk. Please consider the distress your shouting is having on the children, parents and staff, for something we talk about 1% of the time and have a legal duty to do so. Come and talk to us. Thank you.

Mothers' Day events - Reception & Y1

Reception classes are having a Mother's Day celebration tomorrow afternoon & Year 1 children are having a celebration on Friday afternoon. The children are so excited and mums we can't wait for you to come in to see what the children have organised.

Coffee mornings & afternoons

Come and join us for a hot drink and a biscuit at our upcoming coffee mornings & afternoons that will be in the Shared Area in main school -

- Nursery & Reception parents - Tuesday 9th April, 2.45 - 3.30pm
- Y5 & 6 parents - Thursday 4th April, 2.45 - 3.30pm
- Y3 & 4 parents - Tuesday 2nd April, 9.00 - 9.45am
- Y1 & 2 parents - Wednesday 10th April, 9.00 - 9.45am

Growth Mindset Quote of the Week

"It is hard to fail, but it is worse never to have tried to succeed" - Theodore Roosevelt

Foodbank

We know that having enough food over the holiday period can be difficult for some families. We are working with a foodbank to help provide some support over the holiday periods. If you feel that receiving some food and other shopping over the Easter holidays would be helpful please get in touch with the school office or talk to one of the Learning Mentors.

Games Café

Once again the Games Café was a great success. Thank you to everyone who attended, we hope you found it a great opportunity to meet each other and have some fun. We look forward to seeing you there again next week! The next Games Café will be on Tuesday 2nd April 2019 3.30pm - 4.15pm. Collect your children from their classes and join us in the Small Hall. All children must be accompanied by an adult who is responsible for them. Have a look at our Twitter page for photographs.

Concord Youth Centre, Sparkbrook

You may have already heard of Concord Youth Centre, a centre for young people aged 11 - 25 years old run by Birmingham City Council that is open after 4pm on weekdays. They have loads to offer - education & career support, sports activities, music & arts projects, trip & visits, study spaces and lifestyle & fitness projects. The centre is on Claremount Road, Sparkbrook, B11 1LF. Contact Adill on 07712436319 or Natalie on 07712436324 for more information.

Quotes from staff

We asked staff for their favourite quotes so each week we will give you one of them. This week we have...Miss Dahele whose favourite quote is *"It does not do to dwell on dreams & forget to live"* - Albus Dumbledore (JK Rowling)

Celebration assemblies

Assemblies for Y1 - 6 take place on Wednesdays at 1.45pm. Y5 & 6 - Large Hall, Y1 & 2 - Sports Hall, Y3 & 4 - Small Hall. Nursery and Reception's assembly will be at 1.30pm on Friday 29th March, in the Sports Hall.

Nursery places for September 2019

If your child was born between September 2015 and August 2016, you can now apply for nursery places for them. Speak to Mrs Bi for an application form for our nursery.

Want to hire our Sports Hall?

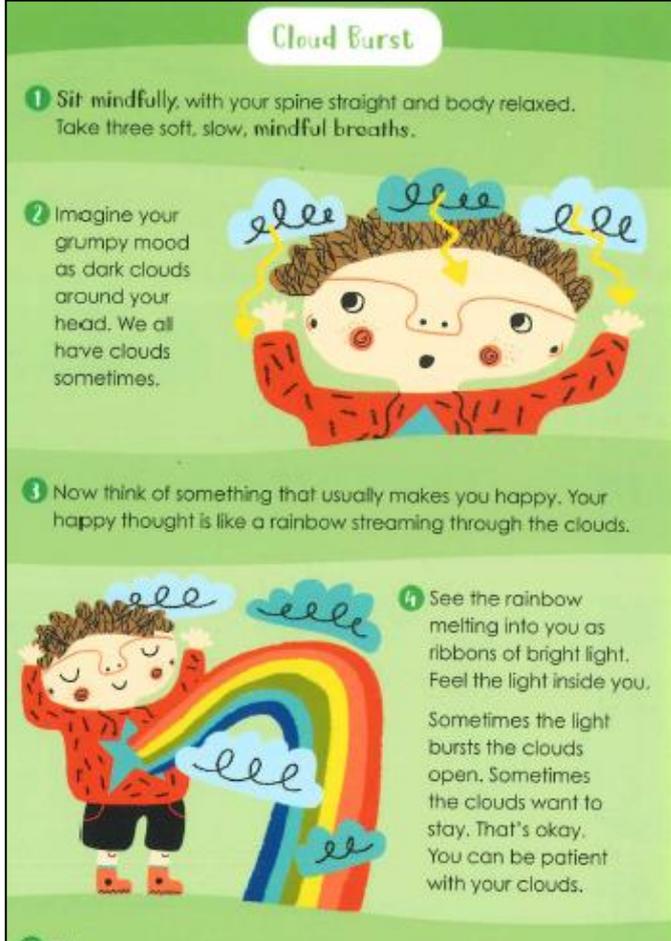
We have a new lettings policy agreed by the governors which enables people to hire the Sports Hall from 3.30 - 6.00pm, on weekdays. It can only be used for sports or arts purposes. So if you know any aerobics, Zumba or karate teachers, who are looking for a space, please let them know about our Sports Hall. It may be possible to let the hall later in the evening. Please contact school if you are interested. The rates are as follows - £20 per hour, £50 per session (am or pm) or £100 all day.

Knife crime concerns

I'm sure we all share concerns about what we've heard in the news about the recent killings in Birmingham. If anyone would like to work with school to help our community with the prevention of knife crime, please let me know and we can set up a parents' working party. Thank you.

Thankful Thursday - healthy minds

Gratitude helps to keep our minds healthy and so we have started 'Thankful Thursday.' This involves taking just a little time each Thursday to stop and think about the things you are thankful for. The aim is to help us make thankfulness a habit and cultivate a culture of gratitude. What will you think about tomorrow? Try the exercise below:-



Cloud Burst

- 1 Sit mindfully, with your spine straight and body relaxed. Take three soft, slow, mindful breaths.
- 2 Imagine your grumpy mood as dark clouds around your head. We all have clouds sometimes.
- 3 Now think of something that usually makes you happy. Your happy thought is like a rainbow streaming through the clouds.
- 4 See the rainbow melting into you as ribbons of bright light. Feel the light inside you. Sometimes the light bursts the clouds open. Sometimes the clouds want to stay. That's okay. You can be patient with your clouds.
- 5 Either way, end this exercise when you feel ready to face the day.