





### Week 1 - Thursday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Sticky chicken					✓	✓								
Sweet potato curry							✓							
Hovis bread			✓			✓	✓							
Wholegrain rice														
Artic roll			✓		✓	✓	✓							

### Week 1 - Friday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Youngs fish finger						✓				✓				
Quorn southern fried burger			✓			✓	✓						✓	
Chips														
Peas														
Spaghetti hoops						✓								
Cranberry and coconut biscuit						✓	✓							

### Week 2 - Monday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Pepperoni pizza						✓	✓							
Cheese and tomato pizza						✓	✓							
Sweetcorn														
Raspberry apple crumble						✓	✓							
Custard			✓	✓			✓							



### Week 2 - Thursday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Harry Ramsden fish						✓				✓				
Folded omelette			✓			✓								
Mash potato							✓							
Peas														
Jam Sponge			✓			✓	✓							

### Week 2 - Friday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Chicken nugget						✓								
Quorn dippers			✓			✓	✓							
Chips														
Baked beans														
Spaghetti						✓								
Shortbread biscuit						✓	✓							

### Week 3 - Monday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Mediterranean cheese and tomato pasta bake						✓	✓							
Mediterranean vegetable tart						✓	✓							
Chocolate cake			✓			✓	✓							
Chocolate sauce							✓							

### Week 3 - Tuesday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Roast gammon														
Yorkshire pudding			✓			✓	✓							
Gravy					✓	✓		✓						
Omelette muffin			✓				✓							
Roast potatoes														
Carrots														
Cabbage														
Fresh fruit salad														

### Week 3 - Wednesday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Chicken korma							✓							
Quorn meatballs in a rustic sauce			✓			✓	✓							
Whole grain rice														
Naan bread						✓	✓							
Peas														
Apple crumble						✓	✓							
Custard			✓	✓			✓							

### Week 3 - Thursday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Pork sausage						✓							✓	
Vegetarian sausage			✓			✓	✓							
Mini waffles														
Spaghetti hoops						✓								
Baked beans														
Strawberry jelly														
Ice cream							✓							

### Week 3 – Friday

Menu item	Peanuts	Tree nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Birds Eye chunky fish finger			✓			✓				✓				
Vegetable dipper						✓								
Chips														
Sweetcorn														
Honey oat cookie						✓	✓							

\* Please note that milk is used on the sausage roll for browning the pastry, but the sausage roll can be made without milk on request.