



Dear Parents/Carers,

Do you have a child or young person at school in Brighton & Hove?

If you have any concerns about their Emotional Mental Health and Wellbeing you are invited to talk to a Primary Mental Health Worker from the Schools Wellbeing Service.

- Telephone consultations are available during the Easter holidays on:

01273 293331

A Primary Mental Health Worker will be available between
10am -4pm.

- **Wednesday 10th April**
- **Thursday 11th April**
- **Friday 12th April**
- **Tuesday 16th April**
- **Wednesday 17th April**
- **Thursday 18th April**

Primary Mental Health Workers will also be available in person to talk to you at,

- **11-1pm Portslade Town Hall, Novus Room on Thursday 11th April**
- **1-3pm Hove Town Hall, room G89 on Tuesday 16th April**
- **3-5pm Barts House, room 1A on Thursday 18th April**