

Week One

Day	Main Course
Monday	<p>Italian Cheese &amp; Meatball Pizza</p> <p>Vegetable Country Bake</p> <p>Jacket Potato with Tuna</p> <p>Ham Wrap</p>
Tuesday	<p>Chicken Tikka Curry</p> <p>Vegetarian Savoury Mince</p> <p>Jacket Potato with Beans</p> <p>Tuna Sandwich</p>
Wednesday	<p>Roast Pork &amp; Apple Sauce</p> <p>Vegi Pie</p> <p>Jacket Potato with Beans</p> <p>Cheese Sandwich</p>
Thursday	<p>Beef Spaghetti Bolognese</p> <p>Boston Bean Vegi Sausage</p> <p>Jacket Potato with Cheese</p> <p>Chicken Tikka Wrap</p>
Friday	<p>Fish Fingers</p> <p>Quornburger</p> <p>Jacket Potato with Beans</p> <p>Ham Sandwich</p>