

# REINWOOD JUNIOR & INFANT SCHOOL DINNERS

(Fortnightly menu - as at May 2019)

W E E K  1	Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i>	Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Tikka Masala (B)	Oven Baked Sausages (B)	Chicken Roast with trimmings (B)	Salmon Fish Cake (R)	Crispy Crumbed Fish (R)
		Halal Chicken Tikka Masala (R)	Vegetarian Sausages (R)	Halal Chicken Roast with trimmings (R)		
		Wholegrain Rice and Naan Bread	Creamed potatoes, garden peas, sweetcorn & gravy	Oven roast & creamed potatoes, seasonal vegetables	New potatoes & summer salad	Chunky chips & mushy peas
Main Meal 2 <i>(G) Vegetarian option</i>	Jacket potato (G)	Vegetable Lasagne (G)	Cheese and Onion Quiche (G)	Homemade Loaded Vegetable Pizza (G)	Quorn Spaghetti Bolognese (G)	
With tuna mayo or cheesy baked beans	Garden peas and sweetcorn	Oven roast potatoes & seasonal vegetables	Mega wedges, summer salad & coleslaw	Garlic Bread		
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Desserts	Sponge of the day served with creamy custard. Ice Cream Sundae OR fresh fruit salad	Homemade Biscuits served with fresh milkshake. Lemon drizzle cake OR fresh fruit kebabs	SUGAR SMART: A selection of reduced sugar desserts OR organic yoghurts	Assorted Cupcakes Fruit in jelly  Chunky fruit pots	Seasonal Fruit Crumble served with custard. Selection of home baking OR Chunky fruit pots	

W E E K  2	Main Meal 1 <i>(B) Meat option</i> <i>(R) Halal option</i>	Monday	Tuesday	Wednesday	Thursday	Friday
		Beef & Onion Pie (B)	Jacket potato with tuna/cheesy beans (G)	Chicken Roast with trimmings (B)	Homemade Sausage Rolls (B)	Crumbed Fish Fingers (R)
		Halal Beef & Onion Pie (R)		Halal Chicken Roast with trimmings (R)	Vegetarian Sausages (R)	
		Herby diced potatoes & carrot batons	Crispy mixed salad	Oven roast & creamed potatoes, seasonal vegetables	Crispy sliced potatoes & baked beans	Chunky chips & garden peas
Main Meal 2 <i>(G) Vegetarian option</i>	Quorn Dippers & Barbecue Dip (G)	Organic Penne Pasta (R)	Breaded Salmon (G)	Quorn Balti (G)	Selection of Wraps (G)	
Herby diced potatoes & Crudities	Italian tomato sauce & garlic bread	Oven roast & creamed potatoes, seasonal vegetables	Wholegrain Rice and Naan Bread	Chunky chips & apple coleslaw		
Salad bar / Bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	Salad bar & bread	
Desserts	Homemade Biscuits served with fresh fruit juice. Fresh fruit kebabs OR organic yoghurts	Hot sweet of the day Fruit filled meringues Fresh fruit salad	SUGAR SMART: A selection of reduced sugar desserts OR organic yoghurts	Chocolate sponge with chocolate sauce. Fruit jelly & icecream OR chunky fruit pots	Selection of home baking Fresh fruit kebabs	