



**RUSKIN
JUNIOR SCHOOL**

Ruskin Junior School

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24th April 2019

Dear Parents and Carers,

As we approach the final term, the children will be due to start their final piece of their Jigsaw (PSHE) learning 'Changing Me.' This final topic deals with many changes that the children will experience, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. The topic 'Changing Me' is taught sensitively and is designed to meet the children's needs and aims to prepare them for changes that they will experience when growing up.

As well as this, each year group thinks about looking ahead, moving year groups or the transition to secondary school.

In Year 3, children will learn:

- That humans and animals change from babies to adults and will discuss what changes a new baby brother or sister could have in their home.
- That babies grow inside the mother and need nutrients to help them to live. Also, that babies need love, affection as well as physical needs such as milk, nappies, clothes and a cot.
- How girls' and boys' bodies will gradually change on the outside from a child's body into an adult's body.
- How girls' and boys' bodies will gradually change on the inside during the growing up process and this is so their bodies can make babies when they grow up into adults.
- To understand that there can be stereotypical ideas about parenting and family roles.
- To look forward to the changes that they might experience when joining Year 4 e.g. going up a reading level or joining a new club etc.

As mentioned before, all of these topics will be taught in a sensitive manner and will be taught by your child's class teacher. If you would like to see further information regarding the content of what your child will be learning, I will be holding a meeting to share examples of lesson planning and resources. A reminder about the SRE Jigsaw lessons will also be sent to you via email.

If you have any further questions and are interested in attending a meeting to find out more about the 'Changing Me' topic, please indicate below and return the slip to the school office. If you have any queries but are unable to make the meeting, please indicate below and I will contact you to answer any questions.

Kind regards,

Francine Powderhill

(PSHE Lead)

SRE information meeting. Tuesday 7th May @ 5.00pm

Child's name _____ Class _____

I will be attending the meeting

I am unable to attend the meeting but would appreciate a call

Signed _____ Date _____