

Sept 2018	AUTUMN TERM		SPRING TERM		SUMMER TERM	
RECEPTION	Autumn 1st	Autumn 2nd	Spring 1st	Spring 2nd	Summer 1st	Summer 2nd
	LTPE Fundamental Movement Skills Travelling, under, over, through, adjusting speed and direction		LTPE Fundamental Movement Skills Travelling, under, over, through, adjusting speed and direction		LTPE Fundamental Movement Skills Sprints/Throwing/Jumping	
	Fine motor skills/safe use of environment & resources Hygiene/Dressing	Dance: DDMIX to include Christmas Production	Health and Self-care: Hygiene/Dressing Safety/Exercise	Catching/Throwing: LTPE	Team Building Games	Dance: DDMIX
YEAR 1/2	Autumn 1st	Autumn 2nd	Spring 1st	Spring 2nd	Summer 1st	Summer 2nd
	Strike/Field: Bat/Stick Skills LTPE including Team Building Games	Ball Skills LTPE Focus: Netball	Movement Skills LTPE Focus: Football	Ball Skills LTPE Focus: Volleyball	Athletics Sprints/Throwing/Jumping/Long Distance	
	Dance: DDMIX (To be replaced with Gymnastics from 2020)	Dance: DDMIX to include Christmas Production	Gymnastics: LTPE	Strike/Field: Bat Skills LTPE Focus: Kwik Cricket	Net/Wall: Racket Skills LTPE	Dance: DDMIX
YEAR 3/4	Autumn 1st	Autumn 2nd	Spring 1st	Spring 2nd	Summer 1st	Summer 2nd
	Strike/Field: Tri-Golf including Team Building Games	Invasion Games: Focus: Netball	Swimming	Swimming	Athletics Sprints/Throwing/Jumping/Long Distance	
	Dance: DDMIX (To be replaced with Gymnastics from 2020)	Dance: DDMIX to include Christmas Production	Swimming	Swimming	Net/Wall: Focus: Tennis	Dance: DDMIX
YEAR 5/6	Autumn 1st	Autumn 2nd	Spring 1st	Spring 2nd	Summer 1st	Summer 2nd
	Strike/Field: Tri-Golf including Team Building Games	Invasion Games: Focus: Netball	Invasion Games Focus: Football	Net/Wall Focus: Volleyball	Athletics Sprints/Throwing/Jumping/Long Distance	
	Dance: DDMIX (To be replaced with Gymnastics from 2020)	Dance: DDMIX to include Christmas Production	Gymnastics: LTPE	Strike/Field: Focus: Kwik Cricket	Net/Wall: Focus: Tennis	Dance: DDMIX

LTPE is a scheme of work which provides a whole school approach to PE containing the fundamentals for every activity and progressive planning for every year group,

DDMIX is an inspiring dance fitness programme created by Dame Darcey Bussell DBE which provides schemes of work for all years.