

PE Curriculum Map

Sept 2019	AUTUMN TERM		SPRING TERM		SUMMER TERM	
RECEPTION	Autumn 1 st	Autumn 2 nd	Spring 1 st	Spring 2 nd	Summer 1 st	Summer 2 nd
	LTPE Fundamental Movement Skills Travelling, under, over, through, adjusting speed and direction		LTPE Fundamental Movement Skills Catching/Throwing/Jumping/Balancing		LTPE Fundamental Movement Skills Sprints/Throwing/Jumping/Balancing	
	Fine motor skills/safe use of environment & resources Hygiene/Dressing	Dance: DDMIX to include Christmas Production	Health and Self-care: Hygiene/Dressing Safety/Exercise	Catching/Throwing: LTPE	Team Building Games	Dance: DDMIX
YEAR 1/2	Autumn 1 st	Autumn 2 nd	Spring 1 st	Spring 2 nd	Summer 1 st	Summer 2 nd
	Ball Skills LTPE Focus: Volleyball Team Building Games	Movement Skills LTPE Focus: Tag Rugby	Invasion Games: Focus: Quicksticks	Strike/Field: Bat Skills LTPE Focus: Rounders	Athletics Sprints/Throwing/Jumping	
	Gymnastics: LTPE	Dance: DDMIX to include Christmas Production	Gymnastics: LTPE	Ball Skills LTPE Focus: Volleyball	Net/Wall: Racket Skills LTPE	Dance: DDMIX
YEAR 3/4	Autumn 1 st	Autumn 2 nd	Spring 1 st	Spring 2 nd	Summer 1 st	Summer 2 nd
	Net/Wall: Focus: Volleyball Team Building Games	Invasion Games: Focus: Tag Rugby	Swimming Outdoor Ed: Residential	Swimming	Strike/Field: Rounders	Athletics Sprints/Throwing/Jumping
	Gymnastics: LTPE	Dance: DDMIX to include Christmas Production	Swimming	Swimming	Net/Wall: Focus: Tennis	Dance: DDMIX
YEAR 5/6	Autumn 1 st	Autumn 2 nd	Spring 1 st	Spring 2 nd	Summer 1 st	Summer 2 nd
	Net/Wall: Focus: Volleyball Team Building Games	Invasion Games: Focus: Tag Rugby	Invasion Games: Focus: Quicksticks	Net/Wall Focus: Volleyball	Athletics Sprints/Throwing/Jumping	
	Gymnastics: LTPE Outdoor Ed: Residential	Dance: DDMIX to include Christmas Production	Gymnastics: LTPE	Strike/Field: Rounders	Net/Wall: Focus: Tennis	Dance: DDMIX

LTPE is a scheme of work which provides a whole school approach to PE containing the fundamentals for every activity and progressive planning for every year group,

DDMIX is an inspiring dance fitness programme created by Dame Darcey Bussell DBE which provides schemes of work for all years.