

# GILDERSOME PRIMARY SCHOOL

## Swimming Policy



Agreed by the Governing Body: March 2019

Review Date: March 2022

## **Main Objective**

For all children to be able to swim competently, confidently and proficiently over a distance of 25 metres using a range of strokes effectively and be able to perform safe self-rescue in different water-based situations by the time they leave school.

## **Aims:**

In order to meet the statutory requirement, the following aims have been identified:

- To provide a safe and caring environment for pupils to learn to swim.
- To teach pupils to appreciate what is good practice in relation to safety of themselves and others.
- To develop pupils' confidence in aquatic activities.
- That all pupils to meet the minimum 25 metre swimming requirement without difficulty by the end of KS2.

Funding is provided for all children to have the opportunity to meet the requirements of the National Curriculum for Physical Education related to swimming.

## **Pupils should be taught to:**

- Pace themselves in floating and swimming challenges related to speed, distance and Personal survival.
- Swim unaided for a sustained period-of-time over a distance of at least 25 metres.
- Use recognised arm and leg actions, lying on their front and back.
- Use a range of recognised strokes and personal survival skills (e.g. front crawl, back crawl, breaststroke, sculling, floating and surface diving.)

## **Health and Personal effects**

- All staff are to be aware of any special educational needs, disabilities and medical conditions of pupils in their care.
- For the safety of individuals and the group as-a-whole, no jewellery should be worn during school swimming lessons.
- If a pupil has an asthma inhaler in school it must be brought to the pool and kept at poolside.
- Pupils with a verruca may swim unless excluded by a doctor.
- Pupils must wear a one-piece swimming costume or swimming trunks or lycra swimming shorts, not loose Bermuda type shorts.

## **Safety**

- Leeds City council will ensure that qualified swimming coaches are available to deliver swimming lessons.
- A Lifeguard who holds a current National lifeguard Qualification will be present at poolside whilst pupils are in the swimming pool facility.
- It is the responsibility of the Head teacher to ensure a member of the school staff is nominated as 'school staff member-in-charge'.
- All pupils are counted on arrival and departure and on entering and leaving the pool;
- Schools are responsible for the supervision of pupils in the changing rooms. Whenever possible supervision of pupils changing should be undertaken by staff of the same gender.
- The swimming ability of all pupils must be assessed by a qualified swimming coach on their first visit to the pool. Pupils will then be placed in appropriate teaching groups and reassessed at regular intervals in order to monitor their progress against the required standard. Pupils swimming groups can be adjusted accordingly. Once a pupil achieves the required standard they will not attend any further swimming sessions if there are other non-swimmers in Years 5 & 6.
- From September 2018 children in Year 4 will attend swimming lessons on either a Tuesday or Friday morning. The groups will be split on ability rather than class basis to ensure that quality first teaching is experienced by all pupils. Whilst one group is swimming the other group will have their PE session at school.