



School Meals Menu - Nutritional Standard Monthly Menu for May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1 W/C 6 th May	P1 – P3	Fish fingers, chips & beans	Savoury chicken rice & naan bread	Pasta bolognese & crusty bread	Steak burger (in bun), homemade savoury diced potatoes & coleslaw	
	School Closure					
	P4 – P7	Fish fingers or french bread / homemade pizza, chips or baked potato wedges, beans or salad & sweetcorn	Savoury chicken rice & naan bread Or Filled baked potato (cheese / beans) & salad	Pasta bolognese & crusty bread Or Chicken wrap & tossed salad & baked potato wedges	Steak burger (in bun), homemade savoury diced potatoes, salad & coleslaw Or Chilli chicken pasta, wheaten bread & salad	
Whole School	Fresh fruit salad & yoghurt		Jelly & ice cream	Fruit portions & yoghurt	Chocolate sponge, pears & chocolate sauce	
Week 2 W/C 13 th May	P1 – P3	Sausages, chips & peas	Breaded fish, creamed potatoes & beans	Roast beef & pork, roast potatoes, cabbage, turnip & gravy	Mild chicken curry, rice & crusty bread	Irish stew & crusty or wheaten bread
	P4 – P7	Sausages, chips & peas Or Chilli chicken penne pasta & crusty bread	Breaded fish, creamed potatoes & beans Or Spicy beef, noodles & stir fry vegetables & crusty bread	Roast beef & pork, roast / creamed potatoes, cabbage, turnip & gravy Or Egg & cheese salad	Mild chicken curry, rice & crusty bread Or Homemade broth & hot filled baquette (BBQ chicken or chilli chicken), salad & coleslaw	Irish stew & crusty or wheaten bread Or Lasagne, potato wedges, salad, coleslaw & crusty bread
	Whole School	Fresh fruit portions & yoghurt	Creamed rice & fruits	Fresh fruit & yoghurt	Chocolate cookie, fruit	Sponge, apple puree & custard

Please turn over for weeks 3 and 4

Week 3 W/C 20 th May		Monday	Tuesday	Wednesday	Thursday	Friday
	P1 – P3	Hot dog, chips & sweetcorn	Buffet: Homemade pizza, assorted sandwiches (chicken / cheese), cocktail sausages & carrot batons	Chicken supreme & rice with naan bread		
	P4 – P7	Hot dog or chicken wrap, chips or creamed potatoes & sweetcorn or salad	Buffet: Homemade pizza, assorted sandwiches (chicken / tuna / cheese), cocktail sausages & carrot batons Or Filled baked potatoes	Chicken supreme & rice with naan bread Or Sweet chilli chicken, stir fry vegetables, noodles & naan bread		
Whole School	Fresh fruit & yoghurt	Fruit muffin & milkshake	Sponge & custard			School Closure for Election

Week 4 W/C 27 th May		Monday	Tuesday	Wednesday	Thursday	Friday
	P1 – P3		Chicken bites, chips & coleslaw	Salmon fish cakes, creamed potatoes & beans	Mild chicken curry, rice, naan bread & carrot batons	
	P4 – P7		Chicken bites or tuna baguette, chips or potato wedges, coleslaw or salad	Salmon fish cakes, creamed potatoes & beans Or Chicken pasta topped with cheese & crusty bread	Mild chicken curry, rice, naan bread & carrot batons Or Shepherds pie, cabbage, carrots & gravy	
Whole School		Melon boat & yoghurt	Fruit sponge & custard	Chocolate brownie & fresh fruit		

Milk, Salad, Bread, Fresh Fruit and Yoghurts available daily

We must be notified if a child has an allergy. We cannot guarantee that all our supplies are 100% allergen free – please contact the school kitchen if you have any menu queries on [02893 350830](tel:02893350830)

To avoid disappointment, please look over the weekly menu with your children as they make their choices.