



West Acton Primary
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Head Teacher: Ms K Kondo

Wednesday 1st May 2019

Dear Parent/Carers ,

Re: Ramadan

The holy month of Ramadan begins on Sunday 5th May, so I am writing to inform you of the arrangements that West Acton Primary School has made to support your child's learning at this time.

Muslims who have reached puberty are required to fast, but we understand that many younger children will also want to join their friends and family, which may involve fasting for part-days, selected days or at weekends. However, the National Health Service considers fasting under the age of eight inadvisable.

As you are aware we have a legal duty to make sure your children are safe while they are in our care and we also wish to ensure they can continue to learn.

If your child is in Year 4, Year 5 or Year 6, and you feel that your child is able to fast and they choose to do so, we can arrange for them to sit quietly at lunchtime. Alternatively they can join their friends in the playground, as long as they conserve their energy by taking part in less energetic activities. Our new Prayer room will also be open. Also please consider that Year 6 children will have their SATs during the Ramadan period and fasting may not be appropriate for these four days.

We ask you to bear in mind the following:

- The school will support those in Years 4, 5 and 6 who choose to take part with their parents' permission, but will not enforce the fast.
- If a child looks or starts to feel unwell then they will be offered food and if dehydrated, will be given water.
- For health and safety reasons, no child will be allowed to fast unless we have their parents' written consent.
- If we have significant concerns about your child's health, we will need to be able to contact you during the school day.
- Please ask your children to respect the choices of other families about this and not to pressure other children to fast.

If you wish for your child to fast at school then, please complete and return the reply slip at the back of this letter to the **school office by Friday 3rd May 2019**, the latest. Please note that, unless we receive your signed permission for your child to fast at school, we will assume that they are **not** taking part.

Finally, I wish all our Muslim families 'Ramadan Mubarak'.

Yours faithfully,
Karen Kondo
Headteacher



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Ramadan

My child will be fasting from Tuesday 7th May 2019: **YES** [] or **NO** []

Child's name:.....

Class:.....

Parent/Carer name:.....

Telephone number -----

Please hand in to the school office by Friday 3rd May 2019