

Friday 3rd May 2019

We are very much back into the busy bustle of school now – the children have been enjoying not only their normal lessons but other activities which have been planned for them. A highlight this week is our Nursery children going to Kew Gardens! Well done to Mr Murch and all the staff and parent/carers who made that possible. Enjoy the three day weekend.

Miss Kondo

Healthy Lunches and Snack

Assembly this week was by the NSPCC and children's right to be safe. We reminded pupils of all the people in school and at home who can help keep them safe.

Pupils were told that they could contact Childline 24/7 or by emailing the NSPCC at help@nspcc.org.uk



The Lunchtime champions have reported to me that children have not been sticking to our healthy lunchbox policy.

Please do remember it is only on Friday that children should be bringing a treat.

KS2 snacks should only be fruit or raw vegetables.

Year 4 Cooking Workshop

Last week



Perform Drama Workshop

On Thursday and Friday this week, children from Nursery up to year 3 flew off with Peter Pan for the adventure of a lifetime whilst taking part in class workshops. Using drama, dance and singing, the children were trained up as 'Mermaids and Pirates' and went on a thrilling voyage where they rescued the treasure from Captain Hook, all whilst meeting some of J.M.Barrie's much loved characters on the way. Each session aimed to encourage the children to use their imaginations and to develop their confidence and communication skills.

Parent Events this week

Monday 6th May - School Closed Bank Holiday Monday

w/c 6th May - Reception stay and learn - Literacy focus

Wednesday 8th May at 2.40pm and 6.30 pm - Supporting your child with Writing and Grammar (Years 1 to 6) with Miss Kondo (repeated from Spring)

Thursday 9th May at 9.00am and 6.30pm - Year 1 and Year 2 Phonics Screening meeting with Mrs Livingstone

Assemblies this term

3/5 - 4MM

10/5 - 4PP

17/5 - 3RR

24/5 - 3HH

**West Acton's Got Talent Final
Wednesday 23rd May at 6.00pm**

**School Closed Thursday 23rd May
- Polling Day**

**Aktiva camp available
Thursday 23rd May 2019.**

Tip of the week from Lia the school counsellor

Routines

Children go through changes every day, which can cause anxiety. However they can handle change best if they know it is coming and if it happens within a familiar routine. Routines help children feel safe and secure. It also helps them to develop self-discipline.

How can routines help?

Routines help to avoid power struggles. You are not bossing your child around: doing your homework before you get to watch TV and brushing your teeth before bed is just what we do at this time of day. Routines also reduce anxiety, which means that children are more likely to listen and cooperate with you. They also help children become more independent and feel empowered, leading to less power struggles. Having routines at home that are clear to everyone also helps you to build in some very precious quality time to connect with your child.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

Polite reminder about sharing Birthday treats

Pupils cannot eat birthday treats during the school day and staff cannot prepare the treat either.

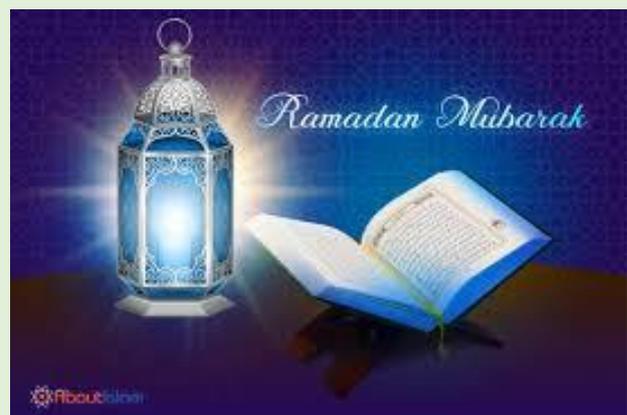
If your child wishes to share birthday treats with their classmates - please keep it to small individual items that can be carried home and given out at the end of the day.

May - the month of Reading

Our Month of Reading in May has started. Ask your child what reading challenges they should complete this weekend - see the calendar on our website.

We will be launching a 'Readathon'. For more details please take a look here: <https://readforgood.org/>

Thank you to Mrs Langston and Miss Kelly for organizing.



Happy Start of Ramadan to our Muslim families starting their fast this weekend. Please see my letter from earlier in the week - we need written permission for children to fast.

Please return the permission slips to the school office by 9am on Tuesday 7th May if you have not done so already.